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Extended Abstract

# Detection of SARS-CoV-2 by plasmonic optical fibers and molecularly imprinted polymers <sup>+</sup>

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Abstract: A plasmonic sensor with a synthetic receptor for SARS-CoV-2 has been realized by com-17 bining a D-shaped plastic optical fiber (POF) with a specific molecularly imprinted polymer (MIP). 18 The used MIP was properly designed for the molecular recognition of the Subunit 1 of the SARS-19 CoV-2 Spike protein. In order to characterize the developed optical chemosensor, preliminary tests 20 were carried out using solutions spiked with the Subunit 1 of the SARS-CoV-2 Spike protein. After-21 wards, real nasopharyngeal (NP) swabs collected in UTM (universal transport medium) and phys-22 iological solution (0.9% NaCl) were tested. The proposed POF-MIP sensor proved to effectively de-23 tect SARS-CoV-2 virions in biological samples according to the obtained results. 24

Keywords: Surface Plasmon Resonance; Plasmonic sensors; Plastic Optical Fiber; Molecularly Imprinted Polymers; SARS-CoV-2.2526

### 1. Introduction

The pandemic of Coronavirus Disease 2019 (COVID-19), caused by the pathogen 29 SARS-CoV-2 (Severe Acute Respiratory Syndrome Coronavirus 2), has triggered a global 30 public health crisis. [1]. Reference diagnostic techniques for virus determination are based 31 on RT-PCR real time (Reverse Transcription Polymerase Chain Reaction) analysis that 32 must be performed in an equipped laboratory using reactive and implying at least 3-4 33 hours, with possible further extended times in case of samples storage before analysis 34 and/or lack of reagent. Thus, the availability of simple, low-cost, small-size, rapid and 35 point-of-care diagnostics has become of great interest [2,3]. Surface plasmon resonance 36 (SPR) sensors can be used to monitor specific interactions between an analyte in solution 37 and a molecular recognition element (MRE) immobilized on the SPR sensor [4,5]. 38

In this work, we report on an SPR-based optical fiber sensor with a specific molecularly imprinted polymer (MIP) receptor realized for the detection of SARS-CoV-2 virus in several aqueous solutions. In particular, a specific SARS-CoV-2 sensor has been developed from a plasmonic plastic optical fiber sensor [6] coupled with a synthetic MIP, able to molecularly recognize the Subunit 1 of the SARS-CoV-2 Spike protein [7]. 43

A preliminary experimental phase has consisted in testing buffer solutions containing increasing concentrations of the Subunit 1 of the SARS-CoV-2 Spike protein, obtaining 45

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**Copyright:** © 2021 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/license s/by/4.0/). a dose-response curve. Subsequently, tests on real samples were performed by testing nasopharyngeal (NP) swabs collected in two different media: UTM (universal transport medium) and physiological solution (0.9% NaCl) [7].

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The SPR platform is based on a D-shaped POF with 980 µm core of poly-methyl-7 methacrylate (PMMA) and a 10 µm cladding of fluorinated polymer. A polishing process 8 along half of the circumference of the POF, with 5  $\mu$ m and 1  $\mu$ m polishing papers, allowed 9 to obtain the D-shaped region [6]. Then, a Microposit S1813 photoresist layer was depos-10 ited on the exposed POF core by spin-coating and a gold film was deposited by sputtering 11 process, using a Bal-Tec SCD 500 machine to obtain a 60 nm thick film. In particular, the 12 sputtering process was repeated three times by applying a current of 60 mA, at 0.05 mbar 13 of pressure, for 35 s (20 nm of gold per step). The realized D-shaped sensing region was 14 about 10 mm long [6]. 15

#### 2.2. MIP for SARS-CoV-2 recognition

2. Materials and Methods

2.1. SPR-POF platform

First, a self-assembled monolayer with a terminal allyl group was formed on the gold surface of the SPR platform by incubating a 10% v / v solution of allyl thiol in 80% v / v ethanol solution and 10% v / v water for 12h. Subsequently, the platform was washed with Milli-Q water (flushing 3mL 5 times).

Then, the polymeric receptor specific for SARS-CoV-2 was synthetized by using functional monomers able to interact with the S1 subunit of SARS-CoV-2 spike protein, as explained in [7].

A small volume of 50  $\mu$ L of the pre-polymeric mixture was dropped over the planar D-shaped sensing region and let polymerize for 15 min at room temperature and then the surface was washed with Milli-Q water to stop the reticulation process. The template removal was obtained by incubating trypsin 4.2x10<sup>-8</sup> M for 2 h at room temperature on the sensor surface and then by washing with an SDS 5% (w/v) solution.

#### 2.3 Experimental setup

In order to test the developed sensor a very simple and low-cost equipment was used, 32 including a halogen lamp as white light source at the input and a spectrometer at the 33 output. The halogen lamp (HL-2000-LL, manufactured by Ocean Optics, Dunedin, FL, 34 USA) had an emission range from 360 nm to 1700 nm, whereas the spectrometer (FLAME-35 S-VIS-NIR-ES, manufactured by Ocean Optics, Dunedin, FL, USA) had a detection range 36 from 350 nm to 1023 nm. Two SMA connectors connected the POF sensor to the light 37 source and to the spectrometer. A software provided by Ocean Optics was used to display 38 on the computer screen and save the transmission spectra, along with data values, setting 39 the integration time at 1000  $\mu$ s and the averaging of the scans at 150. The SPR transmission 40 spectra were normalized to a reference spectrum, achieved with air as surrounding me-41 dium, using the Matlab software (MathWorks, Natick, MA, USA). 42

#### 2.4 Experimental protocol

All experiments were carried out by dropping about 50 µl of the sample (spiked or real) over the sensing region of the D-shaped POF SPR sensor and incubating at room temperature for ten minutes to let the interaction between the MIP sites and analyte occur. At the end of this incubation, a washing step with Milli-Q water was performed and subsequently the spectrum was recorded. By adopting this protocol, only the shift of the resonance wavelength determined by the specific analyte-receptor binding was measured, eliminating shifts due to bulk changes or non-specific interactions.

Before the analysis on real samples, a preliminary test was performed by incubating buffer solutions of SARS-CoV-2 Spike S1 subunit at increasing concentrations.

Subsequently real swab samples in both UTM and physiological solution were tested. 3 Serial dilutions performed with physiological solution were prepared for each sample and 4 a dose-response curve was obtained by incubating from the most diluted to the whole 5 sample [7]. 6

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A preliminary characterization of the sensor was performed by testing buffer solutions of 10 SARS-CoV-2 S1 Spike subunit at different concentration. Figure 1 shows the transmission 11 spectra normalized to the reference spectrum (spectrum achieved with air as the sur-12 rounding medium), obtained with the different concentrations of the SARS-CoV-2 S1 sub-13 unit Spike protein. 14



Figure 1. Response curves of Sars-Cov-2 Spike S1 subunit - MIP at different concentrations of pro-16 tein. 17

#### 1.1. Detection of SARS-CoV-2 in real samples

3. Experimental Results

3.1. Preliminary characterization of the sensor

After the preliminary analysis on the detection of the SARS-CoV-2 Spike S1 subunit 19 protein, SARS-CoV-2 real samples were tested in two different matrices (UTM and phys-20 iological solution). The samples were collected from a patient, previously diagnosed as 21 Covid-19 positive. Before testing, serial dilutions of the samples with physiological solu-22 tion were prepared to perform a dose-response curve. 23

Figures 2(a) and 2(b) report the SPR curves of the different dilutions of NP swabs collected in UTM (universal transport medium) and physiological solution (0.9% NaCl), respectively.

For NP swab in UTM, no resonance shifts are observed when the dilutions are higher 27 than 1:10. The SARS-CoV-2 sensor sensitivity is higher in physiological solution, probably 28 due to the complexity of the UTM formulation.

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**Figure 2.** (a) Response curves of different dilutions of a SARS-CoV-2 Positive swab (36th RT-PCR cycle) collected in UTM, tested with SARS-CoV-2 MIP-sensor. Physiological solution was used to make dilutions; (b) Response curves of different dilutions of a SARS-CoV-2 Positive swab (36th RT-PCR cycle) collected in physiological medium, tested with SARS-CoV-2 MIP-sensor. Physiological solution was used to make dilutions.

#### 4. Conclusions

An optical chemosensor based on D-shaped POF and MIP for SARS-CoV-2 selective 11 detection has been reported. After a preliminary characterization of the proposed sensor 12 with spiked solutions of SARS-CoV-2 S1 subunit, tests on real samples were reported. In 13 particular, nasopharyngeal swabs were tested in two different matrices (UTM and 14 physiological solution), in order to investigate the sensitivity in both media. 15

These preliminary results demonstrated the effectiveness of the proposed sensing16approach in detecting the virus in real samples within few minutes, making this kind of17sensor a promising tool for a more rapid detection system.18

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