

# Effects of RF Currents on Cytokines Production in Human Keratinocytes <sup>†</sup>

María Luisa Hernández-Bule <sup>1,\*</sup>, Elena Toledano-Macías <sup>1</sup>, María Antonia Martínez-Pascual <sup>1</sup>, Alejandro Úbeda <sup>1</sup> and Montserrat Fernández-Guarino <sup>2</sup>

<sup>1</sup> Bioelectromagnetic Lab, Instituto Ramón y Cajal de Investigación Sanitaria (Irycis), Crta. Colmenar Viejo, km. 9.100, 28034 Madrid, Spain; elena.toledano@hrc.es (E.T.-M.); maria.antoniamartinez@hrc.es (M.A.M.-P.); axumaeso@gmail.com (A.Ú.)

<sup>2</sup> Dermatology Service, Hospital Ramón y Cajal, Madrid, Instituto Ramón y Cajal de Investigación Sanitaria (Irycis), Crta. Colmenar Viejo, km. 9.100, 28034 Madrid, Spain; drafernandezguarino@gmail.com

\* Correspondence: mluisa.hernandez@hrc.es

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**Abstract:** Wound healing consists of a sequence of coordinated phases: inflammation, proliferation, and remodeling. In skin lesions, neutrophils and keratinocytes are the main cell types participating in the inflammatory phase, during which release of mediators intervening in the regulation of the subsequent regenerative phases takes place. These mediators are involved in tissue regeneration through induction of transendothelial migration, enzyme secretion, cell adhesion and T-Cell activation and cytotoxicity, as well as neutrophil accumulation at the wound site. Among these mediators, the keratinocyte synthesized chemokines RANTES, MCP-1, MIP-1 and IL-8 stand out. Although therapies applying electromagnetic fields or electric currents have been shown to have anti-inflammatory effects in a variety of experimental models and in patients through reduced production of proinflammatory cytokines such as IFN- $\gamma$  and increased production of IL-10, the knowledge on the biological basis of these effects is still limited. Previous studies by our group have shown that sub-thermal treatment with radiofrequency (RF) currents used in capacitive-resistive electric transfer (CRET) therapy promotes proliferation and migration of various cell types, such as human ADSC (stem cells), fibroblasts or keratinocytes, involved in skin regeneration. This study investigates the effects of in vitro treatment with CRET currents on cytokine production by HaCat human keratinocytes. The results reveal that, compared to sham-exposed controls, RF stimulation induces decreased production of IL-8 and RANTES and increased MCP-1, without significantly affecting other chemokines such as MIP-1. Taken together, our results indicate that due to the RF effects on the production of chemokines involved in the modulation of the inflammatory phase of wound regeneration, CRET therapy could be effective in the treatment of skin wounds.

**Keywords:** wound healing; keratinocytes; chemokines; physical therapies; CRET therapy and inflammation

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## 1. Introduction

Inflammation is an early critical phase of wound regeneration, and results from the interaction between cells of the immune system, endothelial cells, fibroblasts, and keratinocytes. The latter, whose proliferation and migration are crucial for the inflammatory process, synthesize cytokines involved in the regulation of inflammation in skin diseases, as well as chemotaxis-inducing cytokines. Keratinocytes also synthesize a set of proteins relevant to the inflammatory process, since they induce transendothelial migration and leukocyte accumulation. These are the monocyte inflammatory protein (MIP-1),

the monocyte chemoattractant protein (MCP-1), and IL-8 [1]. In fact, since severe or prolonged inflammatory processes lead to defective and delayed tissue regeneration, it is foreseeable that inhibition of proinflammatory cytokine synthesis has relevant clinical applications.

Although various modalities of anti-inflammatory physical therapies for tissue regeneration have been assayed recently, the molecular mechanisms underlying the response of acute or chronic inflammatory processes to the applied physical stimuli are generally poorly studied and insufficiently characterized. For instance, it has been reported that in patients with Crohn's disease, treatment with low-frequency pulsed fields can increase the production of anti-inflammatory IL-10 and decrease that of proinflammatory INF- $\gamma$  [2]. Also, subthermal treatment in mice with ultrahigh frequency signals has been shown to reduce inflammation and neutrophil production of reactive oxygen species (ROS) [3].

Another anti-inflammatory physical strategy [4], based on the non-invasive application of radiofrequency currents at 448 kHz, is capacitive resistive electrical transfer (CRET). Although the biomechanisms involved in the potential anti-inflammatory CRET effects are not yet sufficiently investigated, previous studies by our group have revealed that intermittent, subthermal CRET stimulation promotes the proliferation of various types of human cells, including stem cells [5], keratinocytes and fibroblasts, as well as migration of human fibroblasts [6]. The objective of the present work is to investigate whether subthermal CRET stimulation is also capable of affecting human keratinocyte cytokine expression.

## 2. Methods

### 2.1. Cell Culture

Human epidermal keratinocytes HaCaT (CLS Cell Lines Service, 300493, Heidelberg, Germany). were maintained in medium composed of high-glucose D-MEM (Biowhitaker, Lonza, Verviers, Belgium) supplemented with 10% inactivated foetal bovine serum (Gibco, MA, USA), 1% glutamine and 1% penicillin-streptomycin (Gibco). Cells were subcultured once a week and plated on the bottom of 60 mm Petri dishes (Nunc, Roskilde, Denmark). Depending on the aim of the corresponding experiment, a total of 8 or 10 Petri dishes were used per experimental replicate.

### 2.2. Electric Treatment

The procedure for RF exposure has been described in detail elsewhere [5,7]. Briefly, 4 days after seeding, pairs of sterile stainless steel electrodes designed ad hoc for in vitro stimulation were inserted in all Petri dishes and connected in series. Only the electrodes of dishes for electrical stimulation were energized using a signal generator (Indiba Activ HCR 902, INDIBA®, Barcelona, Spain), while the remaining plates were sham-exposed simultaneously inside an identical, separate CO<sub>2</sub> incubator. The intermittent stimulation pattern consisted of 5-min pulses of 448 kHz, sine wave current delivered at subthermal densities of 100  $\mu\text{A}/\text{mm}^2$ , separated by 4-h interpulse lapses and administered for a total of 48 h.

### 2.3. XTT Assay

Cell proliferation was determined by XTT assay (Roche, Switzerland). The cells were seeded at densities 5500 cells/cm<sup>2</sup> and incubated for 3 days. After 48 h of CRET- or sham-treatment, the cells were incubated for 3 h with the tetrazolium salt XTT in a 37 °C and 6.5% CO<sub>2</sub> atmosphere. The metabolically active cells reduced XTT into coloured formazan compounds that were quantified with a microplate reader (TECAN, Männedorf, Switzerland) at a 492 nm wavelength.

## 2.4. ELISA Assay

IL-8/CXCL8, CCL2/MCP-1, CCL3/MIP-1 alpha and CCL5/RANTES human cytokines were analyzed using the ELISA technique (RyDBiosystems, UK). HaCaT cells (6800 cells/cm<sup>2</sup>) were seeded and maintained in high glucose D-MEM medium supplemented with 10% inactivated fetal bovine serum (Gibco), 1% glutamine and 1% penicillin-streptomycin (Gibco) at 37 °C during 4 days. Next, cultures were exposed to CRET for 48 h, while the remaining plates were sham exposed for the same time. At the end of each experimental replicate, cells were mechanically detached, centrifuged, and lysed in lysis standard buffer. Protein concentration was determined using a Pierce BCA protein assay (Thermo Fisher Scientific, Inc.). The ELISA technique was carried out following the manufacturer's recommended protocol.

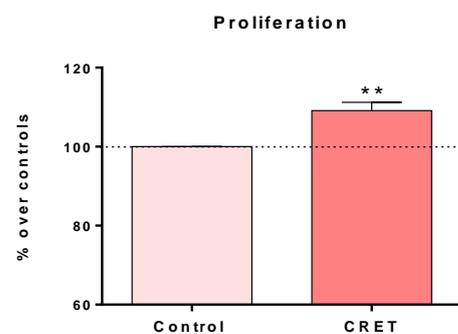
## 2.5. Statistical Analysis

All procedures and analyses were conducted in blind conditions for treatment. At least three independent replicates were conducted per experiment, cell type or treatment. Two-tailed unpaired Student's *t*-test was applied using GraphPad Prism 6.01 software (GraphPad Software, San Diego, CA, USA). Differences  $p < 0.05$  were considered significant statistically.

## 3. Results and Discussion

### 3.1. Cell Proliferation

The results of the XTT assay show that compared to controls, a 48-h intermittent treatment at a subthermal current density of 100  $\mu\text{A}/\text{mm}^2$  significantly increase keratinocyte proliferation (10% over controls;  $p < 0.05$ ) (Figure 1), which confirms and reinforces previously reported CRET effects on keratinocyte proliferation [6]. Added to the existing body of data on CRET promotion of adipose derived human stem cells (ADSC) and human dermal fibroblast proliferation [5,6], these results conform a block of evidence sustaining the potential applications of CRET in tissue regeneration.



**Figure 1.** Cell proliferation after 48 h of intermittent CRET exposure at 100  $\mu\text{A}/\text{mm}^2$ . Data are means  $\pm$  SEM normalized over the corresponding sham-exposed controls (dash line 100%). Six experimental replicates. \*\*:  $0.001 \leq p < 0.01$ . Student's *t*-test.

### 3.2. Cytokine Expression

Electromagnetic fields of various frequency ranges have been reported to induce significant changes in the modulation of cytokine expression in keratinocytes of the HaCaT line [8,9]. The present results show that also subthermal treatment with RF CRET signal affects cytokine expression in HaCaT cells. Namely, 48-h electrical stimulation induced a statistically significant overexpression (18.56% over controls) of MCP-1 in the culture medium, whereas cytokines IL-8 and RANTES were underexpressed (11.11% and 13.56% over controls, respectively), although the differences with respect to controls did not reach levels of statistical significance (Table 1). No detectable levels of MIP-1 expression were found in the HaCaT cultures, either treated or controls.

**Table 1.** ELISA assay for MCP-1, IL-8 and RANTES expression after 48 h of intermittent CRET treatment at 100  $\mu\text{A}/\text{mm}^2$  current density. Percent over sham-exposed controls. Means  $\pm$  SEM of at least 3 experimental replicates per cytokine. Student's *t*-test.

	MCP-1	IL-8	RANTES
CRET	118.564 $\pm$ 3.483 *	88.884 $\pm$ 14.555	86.439 $\pm$ 12,395
Control	100.0 $\pm$ 0.00003	100.0 $\pm$ 0.00012	100.000 $\pm$ 0.0001

<sup>1</sup> \* *p* = 0.033.

Cytokine MCP-1 is synthesized in large amounts by resident cells (endothelial cells and keratinocytes located at the wound edge) as well as by macrophages involved in inflammatory processes. During wound regeneration, MCP-1 also intervenes in different phases of the process attracting cells such as monocytes and lymphocytes, capable of synthesizing cell-growth regulatory and promoting factors. This cytokine is also involved in angiogenesis, by promoting endothelial cell migration, and in wound regeneration, by favoring mast cell migration. Mast cells, in turn, synthesize high levels of IL-4 which stimulates fibroblast proliferation and has anti-inflammatory effects [1]. Thus, the increase in MCP-1 production in CRET-treated HaCaT could decrease inflammation through the promotion of mast cell migration and its mediation for IL-4 expression. Therefore, the overexpression of the anti-inflammatory cytokine MCP-1, together with the aforementioned effects of electrostimulation on the migration and proliferation of fibroblasts and keratinocytes, reinforces the evidence on the potential action of CRET in wound healing promotion.

IL-8 and RANTES are proinflammatory chemokines that act as neutrophil chemotactic factors at the inflammation site. IL-8 regulates the synthesis of adhesion molecules, amplifies local inflammation, and stimulates angiogenesis [1], while RANTES promotes T-cell proliferation or apoptosis, and the release of various proinflammatory cytokines [10]. The herein reported underexpression of these two cytokines is consistent with a potential local anti-inflammatory effect induced by CRET electrical stimulation. These results are also consistent with previous observations of HaCaT proliferation promotion and inhibition of the synthesis of proinflammatory cytokines such as IL-8 and RANTES, after a 48-h exposure to low-frequency electromagnetic fields [11].

#### 4. Conclusions

Together with previously reported data on the cellular response to CRET subthermal stimulation, the effects on keratinocyte proliferation and cytokine expression obtained in this preliminary study reinforce the existing evidence on the potential anti-inflammatory and skin regenerative action of CRET electrical stimulation. Additional research on the response of skin cells to CRET is necessary in order to identify and characterize potential applications of this therapy for anti-inflammatory treatments.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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