

# A Combination of Vitamin C with DNA methylation inhibitor Decitabine Preserves the Colon Immunogenicity and Overcomes the Chemo-resistance <sup>†</sup>

Takwa Bedhiafi <sup>1</sup>, Varghese Philipose Inchakalody <sup>1,2</sup>, Queenie Fernandes <sup>1,3</sup>, Fairooz Sahir <sup>1</sup>, Shahab Uddin <sup>4,5</sup>, Maysaloun Merhi <sup>1,2,\*</sup> and Said Dermime <sup>1,2,6,\*</sup>

<sup>1</sup> Translational Cancer Research Facility, Translational Research Institute, Hamad Medical Corporation, Doha, Qatar. takwabedhiafi@gmail.com; VInchakalody@hamad.qa; MPanayampilly@hamad.qa.

<sup>2</sup> National Center for Cancer Care and Research, Hamad Medical Corporation, Doha, Qatar. mmerhi@hamad.qa.

<sup>3</sup> College of Medicine, Qatar University, Doha, Qatar. queenie.fernandez@gmail.com.

<sup>4</sup> Translational Research Institute and Dermatology Institute, Academic Health System, Hamad Medical Corporation, Doha, Qatar. SKhan34@hamad.qa.

<sup>5</sup> Laboratory Animal Research Center, Qatar University, Doha, Qatar. SKhan34@hamad.qa.

<sup>6</sup> College of Health and Life Sciences, Hamad Bin Khalifa University, Doha, Qatar. sdermime@hamad.qa.

\* Correspondence: sdermime@hamad.qa (SD) ; mmerhi@hamad.qa (MM)

<sup>†</sup> Presented at IECC 2023.

**Abstract:** Decitabine (DAC) is an anti-cancer hypomethylating drug which is able to activate silenced genes by promoter demethylation. DAC upregulates the expression of the New York esophageal squamous cell carcinoma (NY-ESO-1), a highly immunogenic cancer testis antigen known to induce both humoral and cellular immune responses. However, DAC also upregulates the expression of Programmed Death Ligand-1 (PD-L1) in tumor cells leading to resistance to cancer therapy. Vitamin C (Vit-C) is a novel epigenetic regulator of DNA demethylation and is capable of downregulating transcription factors involved in the modulation of PD-L1 expression. Therefore, our major aim is to investigate whether Vit-C could improve the effect of DAC by reducing PD-L1 and to determine the effect of a combination of Vit-C and DAC in colorectal cancer cells. We treated the HCT-116 colon cancer cell line with DAC (20  $\mu$ M) and Vit-C (1 mM) alone or in combination for 48h, then cell proliferation was assessed using the CCK-8 assay. The differential expression of immune-regulatory and pro-apoptotic markers was quantified using western blotting and quantitative real-time polymerase chain reaction (PCR). Additionally, we analyzed cell apoptosis and cell cycle profile using flow cytometry (FACS). Treatment of HCT-116 cells with DAC alone induces the expression of NY-ESO-1 and upregulates the expression of PD-L1 at mRNA and protein levels compared to untreated cells. Interestingly, the combination of Vit-C with DAC significantly decreased PD-L1 expression compared to DAC alone. Further, the cytotoxic effect of DAC was primarily linked to apoptosis confirmed by the overexpression of caspase 8 and cleavage of PARP and caspase 3. This apoptotic effect was confirmed by FACS and was enhanced when Vit-C was used in combination with DAC. Vit-C prevented the upregulation of PD-L1 and enhanced the cytotoxic effect of the chemotherapeutic drug DAC. Our findings suggest Vit-C as an attractive adjuvant therapy that will promote the immune response and help to overcome immune resistance to DAC in colon cancer patients.

**Keywords:** Vitamin C; Decitabine; cancer; chemoresistance; immune regulation; immune checkpoints

**Citation:** To be added by editorial staff during production.

Published: 16 March 2023



**Copyright:** © 2023 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim

responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.

1  
2