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# Neuroprotective Effects of Selected Natural Ergogenic Antioxidant Poly(ADP-Ribose)Polymerase-1 Inhibitors Against Experimentally Induced Alzheimer's Disease in Aged Rats

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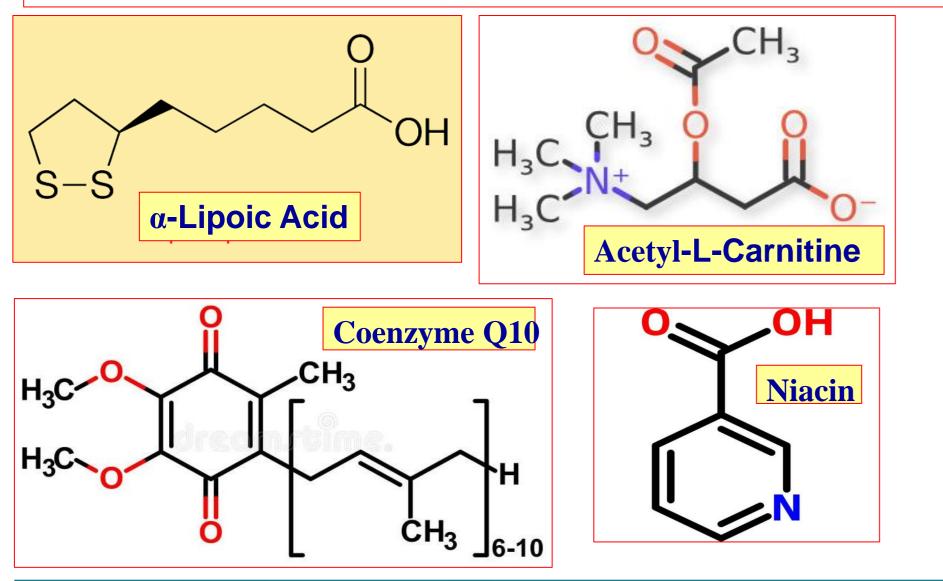
## INTRODUCTION & AIM

Oxidative stress (OS), inflammation, and ultimate irreversible membrane molecular mitochondrial damages and genome instabilities are implicated in aging and age-related progressive neurodegenerative diseases (NDDs), such as Parkinsonism, Senile Dementia and Alzheimer's Disease (AD). α-Lipoic acid, acetyl-L-carnitine, coenzyme-Q10, and niacin are iron-chelating antioxidant ergogenic-aids which play a pivotal role and exert cytoprotective effects against innumerable neurodegenerative diseases (NDDs). The ICV injection of streptozotocin (STZ) leads to neurodegeneration. This present study is used to estimate the neuroprotective effect of selected natural poly(ADP-ribose) polymerase-1 (PARP-1) inhibitors on the biomarkers of OS and genome instability, inflammation, and DNA repair enzymes in STZ-induced neurotoxicity.

#### **RESULTS & DISCUSSION**

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The combined application of ergogenic antioxidants mitigated the toxic onslaught of SZN-induced neurotoxicity and exerted neuroprotection by significantly reducing MDA, 8-OHdG, AChE activity, IL-6, TNF- $\alpha$ , XO, NOS, the augmentation of antioxidants, ATP, DNA and NTs, and the modulation of PARP-1. PARP-1 expression was found to increase exponentially with the severity of OS and was found to decrease significantly with decreased OS.



#### METHOD

Male aged albino rats (24 months old, 350 gm body wt) were pretreated with  $\alpha$ -lipoic acid and/or, acetyl-L-carnitine, coenzyme-Q10 and niacin (started 3 days prior to STZ) (100mg/kg b.wt, i.p for 21 days), followed by bilateral i.c.v injection with the DNA-destabilizing genotoxin STZ (100mg/kg b.wt). At the end of the 21 days, the hippocampus was dissected-out, and relevant biochemical parameters were estimated in brain and serum samples.

No	Parameters	Group-1 Control	Group-2 STZ	Group-3 STZ + ALA	Group-4 STZ + ALC	Group-5 STZ + CoQ10	Group-6 STZ + Niacin	Group-7 STZ + ALA + ALC + CoQ 10+ Niacin
2	8-OHdG (fmol/μg DNA)	18±1.14	39±1.32 <sup>†</sup>	32±1.34 <sup>†</sup>	29.5±1.28*	27.4±1.28†	26.80±1.30 <sup>†</sup>	23.80±1.30 <sup>†</sup>
3	AChE activity (µm of substratehydrolyzed/g/min)	1.28±0.12	1.05±0.12 <sup>†</sup>	1.32±0.14 <sup>†</sup>	1.36±0.14*	1.39±0.15 <sup>†</sup>	1.46±0.15 <sup>†</sup>	1.83±0.15 <sup>†</sup>
4	IL-6 (pg/mg)	28±1.8	42±2.33 <sup>†</sup>	39±2.35 <sup>†</sup>	34±2.85*	35.5±3.16 <sup>#</sup>	34±2.65 <sup>†</sup>	32±2.65 <sup>†</sup>
5	TNF-α (pg/ml)	243±14.30	336±19 <sup>†</sup>	328±20 <sup>†</sup>	286±17*	274±18 <sup>#</sup>	271±20 <sup>†</sup>	267±19 <sup>†</sup>
6	XO (μM/mg protein)	3.23±0.03	4.97±0.04 <sup>†</sup>	4.88±0.05 <sup>†</sup>	3.61±0.07*	3.71±0.06 <sup>#</sup>	3.65±0.03	3.23±0.03
7	NOS (nmol of Nox/g wet tissue/hr)	123±8.5	247±9.3 <sup>†</sup>	243±9.2†	232±10.8*	238±11.6 <sup>†</sup>	234±9.60 <sup>†</sup>	229±9.60 <sup>†</sup>
8	ATP (mM/kg wet tissue wt)	3.35±0.23	2.56.±0.19 <sup>†</sup>	2.89±0.18 <sup>†</sup>	3.24±0.23*	3.20±0.27 <sup>†</sup>	3.45±0.24 <sup>†</sup>	3.52±0.26 <sup>†</sup>
9	DNA (mg of DNA/gm tissue)	1.38±0.12	1.18±0.17 <sup>†</sup>	1.29±0.19 <sup>†</sup>	1.26±0.15*	1.29±0.17#	1.87±0.13 <sup>†</sup>	1.93±0.15 <sup>†</sup>
10	Dopamine (ng/g tissue)	3360±116	2376±122 <sup>†</sup>	2870±132 <sup>†</sup>	3126±108*	3228±132 <sup>†</sup>	3239±137 <sup>†</sup>	3286±137 <sup>†</sup>
11	NE (ng/g tissue)	342±18	267±17 <sup>†</sup>	317±19 <sup>†</sup>	372±14*	380±15†	386±16 <sup>†</sup>	397±18 <sup>†</sup>
2	PARP-1 (Units/mg protein)	6.74±0.34	9.58±0.37†	8.78±0.43 <sup>†</sup>	8.23±0.0.3 *	7.85±0.28 <sup>†</sup>	7.14±0.29 <sup>†</sup>	5.84±0.39 <sup>+</sup>

Values are expressed as mean± SD for 6 animals in each group. On comparing groups, Group 2 with Group-1 ; Groups-3-6 with Group 2; Group-7 compared with Group-2. \*P<0.05, #P< 0.01, \*P<0.001.

#### CONCLUSION

The combined application of ergogenic antioxidant poly(ADP-ribose ) polymerase-1 inhibitors such as  $\alpha$ -Lipoic acid and/or, Acetyl-L-carnitine, Coenzyme-Q10, Niacin, will be effective in the treatment and/or management of progressive NDDS such as Alzheimer's Disease (AD).

**Key Words:** Alzheimer's disease, Oxidative stress, Neurodegeneration, Dementia, Antioxidant, Ergogenic aids, Mitochondrial medicines, Ironchelating antioxidants, ATP, Neuroprotection.

#### FUTURE WORK

The potential of PARP-inhibitor (PARP-i) therapy in a variety of neurodegenerative diseases has been highlighted by the significant numbers of preclinical studies and clinical trials, demonstrating their superior efficacy over traditional chemotherapies in such as dementia. However, although the clinical relevance of PARP-i is clear, the underlying mechanisms of PARP-i activity remain elusive; therefore, limiting our understanding of potential targets for PARP-i neurodegenerative biomarkers and pathways of genome stability. Further studies of the mechanism of action of natural PARP-i are required, along with the validation and approval of additional biomarkers to ensure that PARP-i therapy is utilized to provide maximal AD patient benefit.

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