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# "Green" Nanozymes: Synthesis, Characterization and Application in Amperometric (Bio)sensors <sup>+</sup>

# Galina Z. Gayda <sup>1,\*</sup>, Olha M. Demkiv <sup>1</sup>, Yanna Gurianov <sup>2</sup>, Roman Ya. Serkiz <sup>1</sup>, Mykhailo V. Gonchar <sup>1</sup> and Marina Nisnevitch <sup>2,\*</sup>

- <sup>1</sup> Institute of Cell Biology, National Academy of Sciences of Ukraine, Drahomanov Street 14/16, 79005 Lviv, Ukraine; demkivo@nas.gov.ua (O.M.D.); rserkiz@gmail.com (R.Y.S.); gonchar@cellbiol.lviv.ua (M.V.G.)
- <sup>2</sup> Department of Chemical Engineering, Ariel University, Kyriat-ha-Mada, Ariel 4070000, Israel; yannag@ariel.ac.il
- \* Correspondence: galina.gayda@nas.gov.ua (G.Z.G.); marinan@ariel.ac.il (M.N.); Tel.: +380-226-2144 (G.Z.G.); +972-3914-3042 (M.N.)
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**Abstract:** Nanozymes (NZs) are catalytically active nanomaterials, which have enzyme-like activity, but possess increased stability and greater availability due to simpler preparation technologies. NZs as nanoscale artificial enzymes demonstrate various catalytic specificities as oxidoreductases, such as peroxidase, catalase, laccase and others, as well as hydrolases, proteases, endonucleases, DNAases, NO synthases, etc. A broad variety of NZs exhibits dual- or multienzyme mimetic activity. NZs as stable low-cost mimetics of natural enzymes have a high potential for application in different branches of biotechnology, including scientific investigations, industry and ecology. NZs can be applied in medicine as diagnostic tools and components of therapeutic drugs. Since NZs have high catalytic activity and chemical and biological stability, they are very promising in construction of biosensors and biofuel cells. For these reasons, the search for simple methods of synthesis and characterization of different NZs is a very important and actual problem. The "green" synthesis of Prussian blue analogous as peroxidase-like NZs using oxido-reductases was described in this study. The obtained green-synthesized hexacyanoferrates (gHCF) of transition metals were characterized by structure, size, composition, catalytic properties, electro-mediator activities and substrate specificity. Copper hexacyanoferrate (gCuHCF) was studied in more detail. When immobilized on a graphite electrode (GE), gCuHCF under special conditions of pH and tension, gave amperometric signals on hydrogen peroxide and can be used as a peroxidase mimetic in oxidase-based biosensors. Under other conditions, gCuHCF/GE reacts to other analytes. We propose, that gHCF of transition metals synthesized via enzymes may become prospect platforms for construction of multifunctional amperometric (bio)sensors.

**Keywords:** Nanozymes; green synthesis; copper hexacyanoferrate; peroxidase mimetic; amperometric (bio)sensor

# 1. Introduction

Artificial enzymes which are effective stable low-cost mimetics of natural enzymes have a great potential for application in industry and medicine. Nanozymes (NZs) are the newest class of functional nanomaterials with enzyme-like activity, that possess increased stability and greater availability due to simpler preparation technologies. To date, over 300 types of NZs were described that include catalysts with different reaction specificities. They are mainly oxidoreductases (peroxidase, haloperoxidase, catalase, laccase, different oxidases, superoxide dismutase,

monoxygenase), proteases, as well as hydrolases, endonucleases, DNA-ases, NO synthases, etc. A large variety of NZs simultaneously exhibit multienzyme mimetic activity [1–4]. Thus, "nanozymology", as a new field of science connecting nanotechnology and enzymology, has great potential for further development and for many practical future applications [4–7]. The search for novel effective NZs, the development of simple methods for their synthesis and characterization, as well as the selection of novel branches for their application are currently booming problems in different fields of biotechnology.

Peroxidase (PO)-mimetics are the most investigated NZs [2–4]. One of the most effective PO-like NZ is Prussian blue (PB). PB or iron(III) hexacyanoferrate(II) is a member of a well-documented family of synthetic coordination compounds with an extensive 300-year history. It was produced commercially in the past and used as a pigment for paints, lacquers, printing inks and laundry dyes [8,9]. PB and its analogues (PBAs) are easy to synthesize, cheap, environmentally friendly and have potential applications in a large variety of fields, including basic research and industrial purposes [3,10–12], and particularly in medicine [5,7,13–15]. Despite their multifunctionality, PBAs have complicated compositions, which are largely dependent on the synthesis methods and storage conditions [3,16]. Insoluble PB can be described by the formula  $Fe_4[Fe(CN)_6]_3$ , and  $KFe[Fe(CN)_6]$  corresponds to a colloidal solution of PB [8–10]. The general formula of hexacyanoferrate (HCF) is  $M_k[Fe(CN)_6] \times H_2O$ , where M is a transition metal.

In two last decades, PBAs have gained extensive worldwide attention. Metal-to-metal charge transfer between the two transition metal ions in the complex-compound salt as well as the nanosize of HCF particles are the reasons for PBAs' redox activity and super-magnetic properties. Due to these remarkable properties, PBAs are widely applied in optics, molecular magnets, electrochemistry [3,6,7,9–11] and in bioreactors for detoxification of the environment from dangerous chemicals [12].

Due to their capability of inserting various ions as counter-ions during the redox process, PB and PBAs gained increasing interest as electrode materials for energy storage in fuel cells [9–10,17]. PB and PBAs are successfully used in optical biosensors as a result of their PO-like properties [17–19]. The first communications concerning electrochemical reduction of H<sub>2</sub>O<sub>2</sub> on PB-modified glassy carbon electrode were done by Itaya and colleagues [20]. Numerous reports on the use of PB as an artificial PO in amperometric biosensors were published by Karyakin and colleagues over the last 25 years [17,21–24]. In 2000, this group named PB an "artificial PO" [21]. At the same time, a large number of other scientific groups, especially from China, worked hard on this problem [1–5,9–15].

PBAs are usually obtained via various techniques, including chemical [9–11,17] and alternative biological methods [25,26]. The biosynthesis of nanoparticles (NPs) using plants, microorganisms and their metabolites, including polysaccharides, proteins, polypeptides and other compounds, is called "green" synthesis. The advantages of green synthesis methods are the use of nontoxic reactants derived from living organisms, including plants, algae, microorganisms, mammalian cells and their metabolites [27,28]. Purified enzymes [29–31] were also shown to be capable of reducing metal ions for obtaining metallic NPs.

Green synthesis of various PBAs with plant extracts as biosurfactants was described, much of the data were reported by Shanker and colleagues [25,26]. The green-synthesized nanocomposites were used for sunlight-mediated photocatalytic degradation of toxic chemicals in water solutions, including phenolic compounds and organic dyes [32]. These PBAs can therefore be prospective for detoxification of industrial wastes.

Application of PBA obtained with green synthesis for construction of amperometric biosensors is not well documented. The main benefits of green-synthesized nanomaterials are the low energy cost of their synthesis, lack of toxic chemicals, simplicity of procedure, high adaptability of the synthesized NPs and the presence of functional groups on their surface. These functional groups can be used without any additional activation and functionalization of the NPs surface for immobilization of bioorganic molecules, including enzymes, for biosensor construction [28]. If green NPs have additional enzyme-like properties, they may play a dual role in biosensors, serving at the same time as carriers of biorecognition elements and as enzyme mimetics. In the present study we used purified yeast enzyme flavocytochrome *b*<sub>2</sub> (Fc*b*<sub>2</sub>; L-lactate: ferricytochrome c oxidoreductase, EC 1.1.2.3) for reduction of potassium ferricyanide for green synthesis of PBAs. In our earlier works, we described the development of analytical methods based on enzyme-catalyzed formation of PB: to visualize the activity of Fc*b*<sub>2</sub> in polyacrylamide gel [33] and to quantify L-lactate concentrations in solutions [34]. In the current manuscript we report green synthesis of PBAs or hexacyanoferrates (gPBAs or gHCFs) of several transition metals, their characterization as well as demonstration of the potential application of gHCFs as amperometric sensors. It is concluded that gHCF of transition metals synthesized via enzymes may be prospective platforms for construction of oxidase-based amperometric biosensors.

# 2. Materials and Methods

#### 2.1. Reagents

Potassium ferricyanide (K<sub>3</sub>Fe(CN)<sub>6</sub>), potassium ferrocyanide (K<sub>4</sub>Fe(CN)<sub>6</sub>), iron(III) chloride (FeCl<sub>3</sub>×4H<sub>2</sub>O), copper(II) sulfate (CuSO<sub>4</sub>), cobalt(II) chloride (CoCl<sub>2</sub>×6H<sub>2</sub>O), zinc(II) sulfate (ZnSO<sub>4</sub>), manganese(II) chloride (MnCl<sub>2</sub>×4H<sub>2</sub>O), cadmium(II) chloride (CdCl<sub>2</sub>), neodymium(III) chloride (NdCl<sub>3</sub>), 2,2'-azinobis (3-ethylbenzothiazoline-6-sulfonate) diammonium salt (ABTS), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>, 30%), sodium ethylenediaminetetraacetate (EDTA), sodium L-lactate, and all other reagents and solvents used in this work were purchased from Sigma-Aldrich (Steinheim, Germany). All reagents were analytical grade and were used without further purification. All solutions were prepared with ultra-pure water prepared with Milli-Q<sup>®</sup> IQ 7000 Water Purification system (Merck KGaA, Darmstadt, Germany). Nafion (5% solution in 90% low-chain aliphatic alcohols) was obtained from Sigma-Aldrich (Steinheim, Germany).

# 2.2. Enzymes

Flavocytochrome  $b_2$  (Fc $b_2$ ) was isolated from the yeast *Ogataea* (*Hansenula*) polymorpha 356 and purified as described earlier [33,34]. Fc $b_2$  (20 U·mg<sup>-1</sup>) was stored at –10 °C in a suspension of 70% ammonium sulfate, prepared with 50 mM phosphate buffer, pH 7.5, containing 1 mM EDTA and 0.1 mM DTT. To prepare a fresh solution, the enzyme was precipitated from the suspension by centrifugation (10,000 rpm, 10 min, 4 °C) and dissolved in 50 mM phosphate buffer, pH 7.5, up to 50 U·mL<sup>-1</sup>. Assay of Fc $b_2$  activity in solution and visualization in PAAG were performed as described earlier [33]. One unit of the enzyme activity is defined as the amount of enzyme which oxidizes 1 µmol of L-lactate in 1 min under standard assay conditions (20 °C; 30 mM phosphate buffer, pH 7.5; 0.33 M L-lactate; 0.83 mM K<sub>3</sub>(Fe(CN)<sub>6</sub>; 1 mM EDTA).

A commercial lyophilized horseradish peroxidase (PO or HRP, EC 1.11.1.7) from *Armoracia rusticana* (Aster, Lviv, Ukraine) with 600 U·mg<sup>-1</sup> activity was dissolved in 20 mM phosphate buffer, pH 6.0, up to 400 U·mL<sup>-1</sup>.

A commercial lyophilized glucose oxidase (GO, EC 1.1.3.4) from *Asperigillus niger* (Sigma, St. Louis, MO) with an activity of 100 U·mg<sup>-1</sup> was dissolved in 20 mM phosphate buffer, pH 6.0, up to 100 U·mL<sup>-1</sup>. GO activity was assayed in a reaction mixture containing 0.16 mM o-dianisidine, 1.61% (w/v) glucose, and 2 U/mL of PO in 50 mM sodium acetate buffer, pH 5.0, as described earlier [35].

# 2.3. Synthesis of Hexacyanoferrates

Synthesis of gHCFs was carried out according to the scheme presented in Figure 1. A reaction mixture containing 6 mM K<sub>3</sub>[Fe(CN)<sub>6</sub>], 20 mM sodium lactate, 0.03–0.15 U/mL Fcb<sub>2</sub> in 50 mM phosphate buffer, pH 8.0, was prepared and incubated at 37 C for 10–30 min up to discoloration of the yellow solution. Formation of gPBA (or gHCF) was initiated by addition of salt to a final concentration of 10–100 mM.



**Figure 1.** Scheme of gHCF synthesis using Fc*b*<sup>2</sup> due to enzymatic (1) and chemical (2) reactions; M – transition metal.

To obtain chemically synthesized HCFs (chHCFs), a solution of 6 mM K<sub>3</sub>[Fe(CN)<sub>6</sub>] and 60 mM transition metal salt in 50 mM phosphate buffer, pH 8.0, was mixed with H<sub>2</sub>O<sub>2</sub> added dropwise up to 100 mM. After 0.5–10 min incubation, the resulting mixture was fractionated by centrifugation at 13,000 rpm for 1 min and the precipitate was re-suspended in water. The centrifugation-redispersion procedure was repeated 2–4 times. The obtained HCFs were re-suspended in water and kept at –20 °C until used.

#### 2.4. Assay of Enzyme-Like Activities of the Synthesized HCFs

10  $\mu$ L of the aqueous suspension of HCF was incubated in a 1 mL quartz cuvette with 1 mM ABTS in 50 mM NaOAc buffer, pH 4.5 (as a chromogenic substrate for oxidase), and with the same substrate in the presence of 12 mM H<sub>2</sub>O<sub>2</sub> (as a substrate for PO). Addition of HCF to the correspondent substrate (ABTS – for oxidase, ABTS with H<sub>2</sub>O<sub>2</sub> – for PO) stimulates the development of a green color over time, as in an enzymatic reaction. The enzyme-mimetic activity can be assessed qualitatively with the naked eye. It can also be measured quantitatively with spectrophotometer. The speed of appearance of a green color was monitored over time at 420 nm, thus enabling calculation of the enzyme-like activity [17].

# 2.5. Characterization of the Synthesized HCFs

#### 2.5.1. Optical Properties

The optical properties of the synthesized gHCFs and chHCFs, their concentrations and Fcb<sub>2</sub> activity, were characterized using a Shimadzu UV1650 PC spectrophotometer (Kyoto, Japan).

#### 2.5.2. Scanning Electron Microscopy (SEM)

Morphological analyses of the samples were performed using a SEM-microanalyzer REMMA-102-02 (Sumy, Ukraine). The samples of different dilutions (2  $\mu$ L) were dropped on the surface of a silicon wafer and dried at room temperature. The distance from the last lens of the microscope to the sample (WD) ranged from 17.1 mm to 21.7 mm. The accelerator voltage was in the range of 20 to 40 eV.

#### 2.5.3. FTIR Analysis

The infrared spectra were prepared using the KBr pellet technique, by thoroughly mixing 3 µL of a particle suspension with 0.2 g of KBr and pressing at 5 ton<sup>f</sup> using a hydraulic press (Carver<sup>®</sup> Inc., Wabash, USA). The samples were dried in a desiccator overnight and analyzed by the SpectrumTM One FTIR Spectrometer (Perkin Elmer, Waltham, MA, USA) at room temperature in the 4000-400 cm<sup>-1</sup> range at an operation number of 20 scans, a resolution of 4.0 cm<sup>-1</sup> and a scanning interval of 1 cm<sup>-1</sup>.

# 2.5.4. Particle Counter Analysis

Particle concentration was measured using a particle counter (Spectrex Corp., Redwood, CA) in round-shaped 150 mL transparent glass bottle with a wall thickness of 2 mm. 10  $\mu$ L of sample were

added into the bottle with 99 mL of water (HPLC grade, Bio-Lab Ltd., Jerusalem, Israel) under continuous stirring. Particle counting was operated with a laser diode at a wavelength of 650 nm.

# 2.5.5. Dynamic Light Scattering (DLS) Analysis and Zeta-Potential Measurements

DLS analysis and zeta-potential measurements were performed using a Litesizer 500 type BM10 instrument (Anton Paar GmbH, Graz, Austria) at 25 °C. For measurement of hydrodynamic diameters, the samples were diluted 1:150, 1:300 and 1:600 with HPLC grade water, placed into a semi-micro quartz cell and analyzed using laser at a wavelength of 660 nm and a side scatter of 90°. Zeta-potential was measured in diluted colloidal solutions at particle concentration of 1.33×10<sup>4</sup>, which was determined as described in Section 2.5.4. The solutions were injected into the omega-shaped cuvette and analyzed at an operating voltage of 200 V.

#### 2.6. Sensor Evaluation

#### 2.6.1. Apparatus and Measurements

The amperometric sensors were evaluated using constant-potential amperometry in a threeelectrode configuration with an Ag/AgCl/KCl (3M) reference electrode, a Pt-wire counter electrode and a working graphite electrode. Graphite rods (type RW001, 3.05 mm diameter) from Ringsdorff Werke (Bonn, Germany) were sealed in glass tubes using epoxy glue for disk electrodes formation. Before sensor preparation, the graphite electrode (GE) was polished on an emery paper and on a polishing cloth using decreasing sizes of alumina paste (Leco, Germany). The polished electrodes were rinsed with water in an ultrasonic bath.

Amperometric measurements were carried out using a potentiostat CHI 1200A (IJ Cambria Scientific, Burry Port, UK) connected to a personal computer and performed in a batch mode under continuous stirring in an electrochemical cell with a 20 mL volume at 25 °C.

All experiments have been carried out in triplicate trials. Analytical characteristics of the proposed electrodes were statistically processed using the OriginPro 8.5 software. Error bars represent the standard error derived from three independent measurements. Calculation of the apparent Michaelis-Menten constants ( $K_{M^{app}}$ ) was performed automatically by this program according to the Lineweaver–Burk equation.

#### 2.6.2. Immobilization of HCFs and the Enzyme onto Electrodes

In order to construct the enzyme-based electrode, the GE was modified by dropping 5  $\mu$ L gHCF or chHCF. For construction of the PO-based electrode, 5  $\mu$ L enzyme solution was dropped onto the surfaces of bulk GEs and gHCF/GEs. After drying for 10 min at room temperature, the layer of gHCF or enzyme on the electrodes was covered with Nafion. The modified electrodes were rinsed with corresponding buffers and kept in these buffers with 0.1 mM EDTA at 4 °C until used. The electrodes were washed with corresponding buffer solutions before and after each measurement.

3  $\mu$ L of GO solution (with activity 100 U·mL<sup>-1</sup>) were mixed with 3  $\mu$ L of gCuHCF suspension and dropped on the surface of GE. Dried composite was covered by a Nafion membrane. The coated bioelectrodes were rinsed with water and stored in PB before using.

# 3. Results

# 3.1. Green Synthesis of PBA

The purified microbial enzyme Fcb<sub>2</sub> from the yeast strain O. polymorpha 356 was used for the green synthesis of gHCFs. The advantages of this enzyme are its stability and non-selectivity for electron acceptors [33,34]. The scheme in Figure 1 presents the principle of PB and its analogues obtained via Fcb<sub>2</sub>.

According to the scheme presented in Figure 1, several gHCFs were obtained from the corresponding salts (Fe, Cu, Mn, Zn, Cd, etc.) and K<sub>4</sub>Fe(CN)<sub>6</sub>, a product of K<sub>3</sub>Fe(CN)<sub>6</sub> reduction by lactate in the presence of enzyme.

#### 3.2. gHCFs as Artificial Peroxidases

# 3.2.1. Development and Characterization of gHCFs-Modified Electrodes

According to the research literature, chemically synthesized HCFs (chHCFs) of Fe (III), Mn (II) and Cu (II) demonstrate significant PO-like activity in solution and on electrodes [9,10,17,21–24]. Our first task was to screen the obtained gPBAs for their sensitivity to H<sub>2</sub>O<sub>2</sub> on amperometric GEs and to select the best compounds as PO-mimetics. For this purpose, the optimal conditions for the amperometric experiments were investigated. The amperometric characteristics of the control GE (not modified with gHCF) as a chemosensor for H<sub>2</sub>O<sub>2</sub> were tested using cyclic voltammetry (CV) analysis. Selection of the optimal pH, working potential and scan rate was carried out according to the CV results (data not shown).

Under the chosen conditions (50 mM NaOAc buffer, pH 4.5 and -50 mV as the working potential), numerous electrodes, modified with the synthesized gHCFs, were screened for their ability to decompose hydrogen peroxide. A low working potential is necessity in order to avoid the effect of potential interfering substances on the electrode's response in the presence of oxygen. This requirement will be relevant for the construction of biosensors and their exploitation for analysis of real samples (food products, biological liquids and others). The electrocatalytic activities of the synthesized gPBAs, immobilized on the surface of GEs were tested by CV and chronoamperometry, as described in 2.6.1. The amperometric responses of different gPBA/GEs to the added H<sub>2</sub>O<sub>2</sub> (up to a final concentration of 1 mM) were compared. Following the chronoamperograms, calibration curves were plotted for H<sub>2</sub>O<sub>2</sub> determination by the developed electrodes. The linear ranges and sensitivities of the electrodes modified with gHCF were calculated. The analytical characteristics of the synthesized gHCF/GEs, as deduced from the graphs, are summarized in Table 1. gCuHCF/GE and the gFeHCF/GE were found to be the most effective gHCFs, this conclusion is based on sensitivity values.

Sensitive Film	$K_{M^{app}}$ , mM	*Imax, μA	Linear Range, up to, mM	Sensitivity, A M <sup>-1</sup> m <sup>-2</sup>
gCuHCF	$31.0 \pm 4.4$	$138.0\pm8.5$	0.8	1620
gPB	$8.0 \pm 1.1$	$27.8\pm1.0$	0.4	1090
PO	$4.9 \pm 1.1$	$5.0 \pm 0.2$	0.4	352
chCuHCF	$20.0\pm3.5$	$6.5 \pm 0.4$	0.8	110
gMnHCF	$92.3 \pm 15.2$	$21.1 \pm 2.1$	0.8	98
gCoHCF	$26.1 \pm 2.9$	$5.5 \pm 0.2$	3.5	29
gZnHCF	$25.5 \pm 2.2$	$4.0 \pm 0.2$	6.5	22
gNdHCF	$21.3 \pm 1.7$	$3.1 \pm 0.1$	6.5	16
gCdHCF	$40.0 \pm 5.4$	$2.6 \pm 0.2$	1.5	15

Table 1. Comparative analytical characteristics of gHCF as a PO-mimetic on GEs.

\* measured for the electrode area 7.30 mm<sup>2</sup>.

# 3.2.2. Characterization of the Most Effective Electrodes

The gCuHCF/GE and the gFeHCF/GE with the highest PO-like activity were studied in detail. The results of these investigations are illustrated in Figure 2. The gCuHCF/GE and the gFeHCF/GE demonstrated the highest PO-like activities compared with other gHCFs as well as with native PO (Table 1, Figure 2) and chemically synthesized chCuHCF (Table 1). The highest current response (*Imax*) on the tested analyte at substrate saturation of the gCuHCF/GE is 5-fold higher and the sensitivity is 29-fold higher than that of the PO/GE (Table 1). It is worth mentioning that gCuHCF has PO-like ability but lacks oxidase-like properties (data not shown). This conclusion was reached from the

results of colorimetric tests using ABTS in the presence of  $H_2O_2$  as a substrate for PO, and with ABTS only as a substrate for oxidase (see 2.4). The gCuHCF specificity to  $H_2O_2$  is the important valuable characteristic for applying it as a selective PO-mimetic element in biosensors.

The CV analyses were performed in order to characterize gCuHCF and gFeHCF. Modification of GEs with these gHCFs improved the efficiency of electron transfer due to an increase in the electrochemically accessible electrode surface area. The enhancement of signals of the electrodes modified with other gHCFs was insignificant (data not shown). Results presented in Figure 2 and Table 1 support that the gCuHCF/GE was the most effective PO-mimetic. It was therefore studied more particularly.



**Figure 2.** Amperometric characteristics of the modified electrodes: chronoamperograms (**a**), dependence of the response on increasing concentrations of H<sub>2</sub>O<sub>2</sub> (**b**) and calibration graphs (**c**) for PO/GE (1), gFeHCF/GE (2) and gCuHCF/GE (3). Conditions: working potential –50 mV vs. Ag/AgCl (reference electrode), 50 mM NaOAc buffer, pH 4.5 at 23 °C.

3.2.3. Application of gCuHCF as a PO-Mimetic in Amperometric (Bio)sensors

Analysis of the commercial disinfectant Famidez-Sanosil was carried out in order to demonstrate the applicability of gCuHCF as a chemosensor for H<sub>2</sub>O<sub>2</sub> detection (Figure 3). Sanosil is a versatile simple water disinfectant that can be used for effective biological control, whether for drinking water or in air-conditioning plants, in the pharmaceutical industry or on livestock farms. The manufacturer (Dezomark, Ukraine) claims that the H<sub>2</sub>O<sub>2</sub> concentration in the product is 2%, which corresponds to

approximately 600 mM. SAT-approach was used to avoid undesirable effects of additives in the tested solution on the analysis result.

Graphical SAT is a type of quantitative analysis often used in analytical chemistry when a standard is added directly to the aliquots of the analyzed sample. Estimation of  $H_2O_2$  in the initial sample was performed using the equation C = AN/B where A and B are parameters of a linear regression and N is a dilution factor. The average  $H_2O_2$  concentration determined from the data in Figure 3 was 548 mM. This result is well-correlated with the manufacturer's data (600 mM) with an error less than 10%.



**Figure 3.** Analysis of a real sample of disinfectant using gCuHCF/GE with the SAT method. Red and black lines correspond to analytes diluted 8,000 and 4,000 times, respectively. H<sub>2</sub>O<sub>2</sub> aliquots were added to the diluted sample up to final concentrations of 0.1, 0.3, 0.7 and 1.5 mM. Conditions: working potential –50 mV vs. Ag/AgCl (reference electrode), 50 mM NaOAc buffer, pH 4.5 at 23 °C.

We performed preliminary experiments on construction of amperometric mono-enzyme biosensor with gCuHCF as the PO-mimetic based on the commercial glucose oxidase (GO) model (Figure 4). Under the tested conditions, the control gCuHCF/GE did not have any amperometric output on glucose. Figure 4 presents the amperometric characteristics of the constructed GO/gCuHCF/GE biosensor:  $I_{max} = 1.15 \pm 0.15 \,\mu\text{A}$ ;  $K_{M^{app}} = 1.80 \pm 0.47 \,\text{mM}$ ; sensitivity = 75.6 A·M<sup>-1</sup>·m<sup>-2</sup>.



**Figure 4**. Characteristics of GO/gCuHCF-GE: (**a**)—dependence of the amperometric response on increasing concentrations of glucose and chronoamperogram (inset); (**b**)—calibration graph for glucose determination. Conditions: working potential –50 mV vs. Ag/AgCl (reference electrode), 50 mM K-Na phosphate buffer, pH 6.0 at 23 °C.

# 3.3. Study of Structure, Morphology and Size of the gCuHCF Composite

The size, morphology and composition of any materials, especially of NPs, are considered as their basic parameters. A number of non-invasive label-free methods were developed for characterization of different materials, namely SEM, transmission electron microscopy (TEM), dynamic light scattering (DLS), Fourier transform infrared spectroscopy (FTIR), Raman spectroscopy, atomic force microscopy (AFM) and other approaches. FTIR spectroscopy enables rapid acquisition of a biochemical fingerprint of the sample under investigation and yields data on its main biomolecule content. DLS allows rapid determination of diffusion coefficients and provides information on relaxation time distribution for the macromolecular components of complex systems and their hydrodynamic diameters. SEM produces images of a sample by scanning the surface with a focused beam of electrons and affords information on the surface topography and composition of the sample. The diversity and ambiguity of green-synthesized materials are the reason why it is necessary to use multiple techniques for their valid characterization.

In our study, the synthesized catalytically active organic-inorganic composite gCuHCF was examined using FT-IR, DLS and SEM. The FTIR spectrum of the sample is presented in Figure 5a. The spectrum proves the presence of the following groups: O-H, N-H, C=N, C-H, C-O, C-N, Fe-C=N and H<sub>2</sub>O-Cu-CN. Hydroxyl groups were identified by the bands at 3456 and 3050 cm<sup>-1</sup> related to O-H stretching vibrations and 1398 cm<sup>-1</sup> which corresponds to O-H bending [49]. Amine groups were determined by 3437 and 2994 cm<sup>-1</sup> bands (primary amine stretching) and 1638 cm<sup>-1</sup> assigned to N-H bending [36]. The 2875 cm<sup>-1</sup> band was attributed to C-H stretching and the 1476, 790 and 719 cm<sup>-1</sup> bands were corresponded to C-H bending [36]. The signals at 1122 and 1109 cm<sup>-1</sup> can be explained by stretching vibrations of C-O and C-N groups, respectively [36]. The presence of C=N groups was proven by the band at 2105 cm<sup>-1</sup> reflecting stretching vibrations of this group [37]. The bands in the fingerprint region in the 509–6667 cm<sup>-1</sup> range can be related to Fe-CN linear bending and the band at 468 cm<sup>-1</sup> to Fe-C stretching [37]. The 2010 cm<sup>-1</sup> band indicates the presence of a H<sub>2</sub>O-Cu-CN moiety [37]. The results show the presence of copper cyanoferrate particles enveloped by an organic layer with hydroxyl and amine groups, probably of protein origin.

The studied gCuHCF sample contained microsized, but not nanosized, particles. These observations were confirmed by different methods: means of particle counting, dynamic light scattering and zeta-potential analysis. Particle concentration and mean size of the gCuHCF fraction, estimated by the particle counter, are  $2.00 \times 10^6$  mL<sup>-1</sup> and  $3.04 \pm 1.98$  µm, respectively.





**Figure 5.** Characterization the gCuHCF: (**a**)—FTIR spectrum; (**b**)—DLS plots of particle hydrodynamic diameter of the sample at various concentrations: the green line represents  $1.3 \times 10^8$  mL<sup>-1</sup>, yellow line  $6.6 \times 10^7$  mL<sup>-1</sup> and the red line  $3.3 \times 10^7$  mL<sup>-1</sup> particle concentration.

DLS demonstrated heterogeneous mean hydrodynamic diameters of the particles in a tested gCuHCF. It worth mentioning that very large differences in hydrodynamic diameters were found for various dilutions of the sample (Figure 5b). In the most concentrated sample only one size fraction was detected. There were probably larger agglomerates of particles in the concentrated suspensions, which cannot be measured by the used instrument since the upper limit of measurement was 10,000 nm. After dilutions under gentle agitation, large aggregates disintegrated, and two fractions of particles were obtained.

In concentrated suspensions, the hydrodynamic diameter in the fraction of smaller particles was 445 nm (Table 2), whereas after dilution of the sample two fractions were detected (Table 2). The polydispersity index, calculated as PDI =  $\left(\frac{st.dev}{peak}\right)^2$ , exceeded 10% for all dilutions. This result proved that the tested sample is not monodisperse. The zeta-potential was negative and estimated as -20.9 mV (Table 2). This value characterizes the suspension state of gCuHCF as the threshold of delicate dispersion.

Particle Concentration, mL <sup>-1</sup>	Hydrodynamic Diameter of the Peak 1, nm	Hydrodynamic Diameter of the Peak 2, nm	Polydispersity Index, %	Mean Zeta Potential, mV
$1.3 \times 10^{8}$	445	* ND	33.2	-20.9
6.6×10 <sup>7</sup>	419	4876	43.2	ND
3.3×10 <sup>7</sup>	212	2635	35.9	ND

Table 2. DLS data and zeta-potential for the gCuHCF.

\* ND—not determined.

Thus, the different analytical approaches demonstrated that the synthesized gCuHCF is a suspension of micro-particles.

gCuHCF was characterized by SEM coupled with X-ray microanalysis (SEM-XRM). SEM can afford information on the size, distribution and shape of the tested sample. Figure 6a–d present the overall morphology of the formed flower-like particles. The XRM images of the gCuHCF film show the characteristic peaks for Cu and Fe (Figure 6e).

Unfortunately, we have no rule for naming the synthesized PO-like catalytically active organicinorganic material by the popular word "nanozyme". However, according to the SEM results, this material may be named "organic-inorganic micro-flowers" (hNFs). Proceedings 2020, 4, x FOR PEER REVIEW



**Figure 6.** Characteristics of gCuHCFs: SEM images at magnifications of ×1500 (**a**), ×2000 (**b**), ×4000 (**c**) and ×8000 (**d**) and X-ray spectral characteristics of gHCFs (**e**).

# 4. Discussion

In the current research, we demonstrate the possibility of developing reagentless amperometric (bio)sensors with artificial peroxidases - hexacyanoferrates of transition metals, that were synthesized via green synthesis using oxidoreductase Fcb<sub>2</sub>. The present work is based on our previous studies on green synthesis of nanomaterials [28,33,34], obtaining and applying PO-like PtRu-containing NZs [38], as well as construction of amperometric enzymatic biosensors using the synthesized nanoparticles (NPs) of noble metals [28,38,39].

We previously studied various aspects of Fc*b*<sub>2</sub>-mediated synthesis of PB and developed several highly sensitive and selective methods. One proposed method was a semi-quantitative method for visual detection of Fc*b*<sub>2</sub> activity in PAAG [33]. This method was based on an interaction between ferrocyanide (generated during the enzymatic reaction) and Fe<sup>3+</sup>, resulting in the formation of intensely colored precipitates of PB in the gel. The main advantages of this method were its high sensitivity (3 mU Fc*b*<sub>2</sub> could be detected within a reasonable time period) and stability of the formed

dye. Another method enabled quantification of the L-lactate concentration in solution. This method was based on Fcb<sub>2</sub>-catalyzed formation of PB, followed by its solubilization [34]. In addition, we demonstrated the possibility of using green-synthesized NPs (gNPs) of Au and Pd as enzyme carriers on the surface of graphite electrodes (GE) in amperometric laccase- and alcohol oxidase-based biosensors [28]. The extracellular metabolites of the yeast Ogataea polymorpha were used as reducing agents for obtaining gNPs from the corresponding inorganic ions. Several gNPs were synthesized, characterized and tested on the surface of GEs. The most effective Pd-based gNPs were applied for construction of biosensors for assays of phenolic compounds and alcohols. We previously described glucose-selective bi-enzyme amperometric biosensors based on GO and PO [39]. The bi-enzyme glucose-selective biosensor consisted of a combination of GO-and PO, co-immobilized with monoand bi-metallic NPs of noble metals. NPs served as the enzyme stabilizers and as electron transfer mediators. Using PO in tandem with NPs enables decreasing the working potential of the sensor to -50 mV, which is important for preventing interfering effects of a real sample's background. All developed NPs-based biosensors exhibited higher sensitivities, wider linear ranges, lower limits of detection and higher stabilities compared to biosensors without NPs. The most effective AgNPscontaining biosensor was used for glucose analysis in wine samples. A high correlation between glucose values estimated by the biosensor and by a commercial enzymatic kit was demonstrated [39]. We also previously reported on the development of oxidase-based bioelectrodes for food analysis using NZs as PO mimetics [38]. Bimetallic chemically synthesized PtRuNPs coupled with microbial alcohol oxidase and methylamine oxidase were chosen for constructing amperometric biosensors for primary alcohols and methylamine. Both biosensors showed high sensitivities, broad linear ranges and satisfactory storage stabilities. The practical feasibility of the constructed biosensors was demonstrated on food samples.

In the current research, the structure, size, composition, electro-catalytic properties, electromediator activity and PO-like properties of the obtained PB and its analogues, synthesized via enzyme and incorporated with it, were characterized. A more detailed study was performed on copper hexacyanoferrate (gCuHCF or gCuPBA), which was found to be the most effective PO mimetic. When immobilized on a GE, gCuHCF under special pH conditions and working potential gave the intrinsic amperometric response to hydrogen peroxide. We demonstrated that the synthesized gCuHCF may be successfully used as an artificial PO for sensor analysis of hydrogen peroxide in a real disinfectant sample.

A comparison between the analytical characteristics of several reported PBA-based sensors for  $H_2O_2$  having similar sensitivities and the developed gCuHCF/GE is presented in Table 3. PO-like PBA-based sensors coupled with other nanomaterials (carbon, graphene, natural polysaccharides or synthetic polymers) demonstrated a significantly higher (from 3-5 [11,21,40–43] up to 300-fold [44]) sensitivity than the gCuPBA-based sensor. The main peculiarities of the reported sensors are high stability, sensitivity and selectivity to  $H_2O_2$  in extra-wide linear ranges. These properties led to the successful use of the PBAs in oxidase-based biosensors [21–24,40,42,44–47,49].

An amperometric GO-based biosensor with gCuHCF as a PO mimetic was developed in the present study. Although the sensitivity of the GO/gCuHCF/GE was rather low (75.6 A·M<sup>-1</sup>·m<sup>-2</sup>), the obtained result indicated that gCuHCF and other gPBAs can be used as PO-like composites for the construction of oxidase-based amperometric biosensors. Additional research is necessary for optimization of the biosensor construction, stabilization and exploitation methods in order to improve the sensitivity and other characteristics of the gPBA-based biosensor. First, it is necessary to screen working electrodes with different properties and to choose the optimal one. It is known that the electrode material, as well as the morphology of its surface, have significant effects on the analytical characteristics, especially on the sensitivity, of the developed biosensor. Second, it is necessary to optimize the methods for construction of the gPBA/oxidase-based electrode: the method of electrode modification with gPBA must be improved; the most effective fixing polymers/electromediators should be screened and selected; the enzyme/gHCF ratio should be determined experimentally; the modes of enzyme immobilization and stabilization on the gPBA surface needs to be studied, and so on. Third, it is necessary to improve the conditions of the biosensor's exploitation:

the optimal buffer, pH, working potential and other parameters should be determined. The obtained results indicate that gCuHCF and other gHCF may have a potential for use as PO-like composites for construction of amperometric biosensors with any oxidase.

Electrode	PO Mimetic	Sensitivity, A M <sup>-1</sup> m <sup>-2</sup>	LOD, μM	Linear Range, µM	Ref.	
<sup>1</sup> GCE	PB	2000			[48]	
GCE	Ni–Fe PBA-4HNCs	361		0.1-20000	[49]	
GCE	MnPBA	1472		3-8610	[50]	
GCE	Ni-PB	3500		0.1-1000	[51]	
Graphite paste	Ni-FePBA	1130	2	2-1000	[52]	
	Cu-FePBA	2030	0.2	0.5-1000	[32]	
<sup>2</sup> DBD	PB	2100	0.5	0 5 1000	[50]	
DBD	Ni-FePBA	1500	0.5	0.5-1000	[55]	
<sup>3</sup> GE	gCuPBA	1620	2	10-800	Current paper	

**Table 3.** Analytical characteristics of several H<sub>2</sub>O<sub>2</sub>-sensitive sensors having similar sensitivities based on PBA as artificial PO This is a table.

 $^1\,GCE-glassy$  carbon electrode;  $^2\,DBD-Diamond$  Boron-doped;  $^3\,GE-graphite$  electrode;

<sup>4</sup> HNCs-hollow nanocubes.

SEM imaging shows that gCuHCF has a flower-like structure and can be related to a class of flower-like hybrid materials (hNFs) that self-assemble from metal ions and organic components (for example enzymes, DNA and amino acids) into flower-like micro/nano superstructures [54,55]. hNFs are widely used for the development of stable, robust, reusable, efficient and cost-effective systems for immobilization of biomolecules [55–57]. Some hNFs were shown to exhibit an intrinsic PO-like activity. Due to their remarkable performances, namely the simplicity of their synthesis, their high surface area, excellent thermal, storage and pH stability and catalytic activity, hNFs may become promising platforms for biosensor construction. gHCFs of transition metals, including hNFs, synthesized using different enzymes, may be effectively applied for construction of amperometric (bio)sensors.

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#### Abbreviations

ABTS	2,2'-azinobis (3-ethylbenzothiazoline-6-sulfonate) diammonium salt
chMHCF	Chemically synthesized HCF of a transitional metal M
CV	Cyclic voltammetry
DLS	Dynamic light scattering
DTT	Dithiothreitol
Fcb <sub>2</sub>	Flavocytochrome <i>b</i>
FTIR	Fourier transform infrared spectroscopy
gMHCF	Green-synthesized hexacyanoferrate of a transitional metal M
gMHCF/GE	Green-synthesized hexacyanoferrate of a transitional metal M immobilized on GE
gNPs	Green-synthesized NPs
GE	Graphite electrode
GO	Glucose oxidase
gPBA	Green synthesized Prussian blue analogue
HCF	Hexacyanoferrate
hNFs	Organic-inorganic hybrid nanoflowers
Imax	Maximal current response on tested analyte at substrate saturation
$K_{\mathcal{M}^{app}}$	Apparent Michaelis-Menten constant
NaOAc	Sodium acetate buffer
NZs	Nanozymes
NPs	Nanoparticles
PAAG	Polyacrylamide gel
PB	Prussian blue
PBA	PB analogue
PO	Peroxidase
SAT	Standard addition test
SEM	Scanning electron microscope

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