

**Old antibiotics, new solutions :  
old narrow spectrum bétalactamine and cotrimoxazole with PK/PD optimization  
as a treatment for gram négative bactéria in ICU.**

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# Introduction

- Use of Broad-spectrum antibiotics with anti-anaérobic activities
  - > Increase of antimicrobial resistance
- In Intensive Care Unit, High antibiotics volumes, High ecological pressure
- Limitation of ecological impact is necessary
- Use narrow spectrum molecules with PK/PD optimization is an alternative to Carbapenems, third and fourth generation Cephalosporin or fluoroquinolones.

# Notion of ecological impact

- Spectrum species sensitivity : the lesser, the better
- Activities against anaerobics bacteria : a Shield to protect
- Association with antibioresistance in-vitro : with misuse of every antibiotics.
- Association with antibioresistance in vivo : carbapenem and fluoroquinolones are the worst.

# Proof of concept : Antibio stewardship can reduce antibioresistance

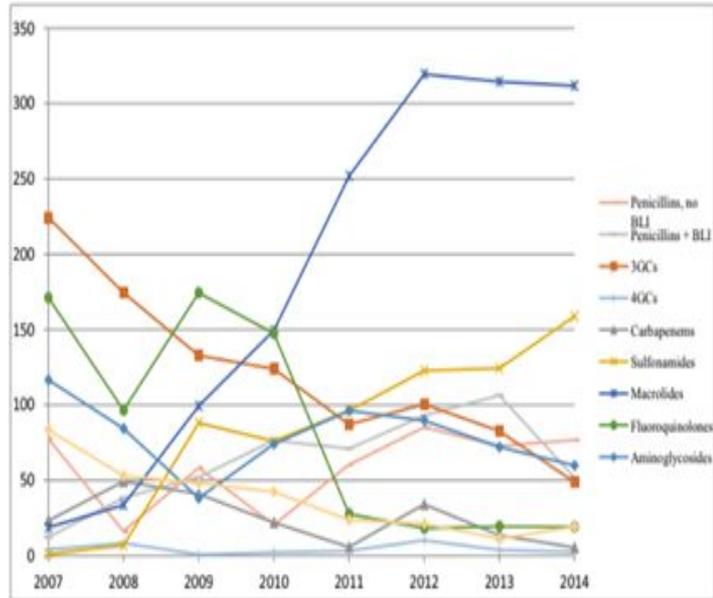


Fig. 1. Evolution of total consumption of different classes of antibiotics as a function of the year. The results are expressed in defined daily doses (DDD) per 1000 patient-days. Standard DDD are presented for all antibiotics, except for penicillins for which DDD divided by 6 are presented. BLI,  $\beta$ -lactamase inhibitor.

## Antimicrobial stewardship: local guidelines.

Systematic microbiological sampling prior to initiation of empirical antibiotherapy.

Selection of empirical antibiotherapy according to local bacterial epidemiology and patient's colonisation status.

Tracking of microbiological samples by the medical team of the ICU.

Fast reporting of positive results, including the pattern of resistance of the pathogen, to the medical team by the microbiologist.

Determination of the MIC to antibiotics, if needed.

Carbapenems used in empirical treatment only when the patient had septic shock plus either proof of urinary tract carriage of ESBL-producing micro-organisms in the last 6 months or a history of urinary tract infection with ESBL-producing micro-organisms in the last 6 months.

Fluoroquinolones restricted to documented infections only, mainly osteoarticular infections.

Empirical treatment of pulmonary infections in the case of septic shock included a macrolide and a  $\beta$ -lactam with a  $\beta$ -lactamase inhibitor, or piperacillin/tazobactam if *Pseudomonas aeruginosa* was suspected.

Third-generation cephalosporins were restricted as empirical treatment for urinary tract infections in men.

Adapted treatment favoured penicillins, sulfonamides and macrolides over other possibilities.

De-escalation whenever the clinical condition of the patient and microbiological results allowed it.

Duration of antibiotherapy was shortened, following similar rules as later described by Bretonnières et al. [12]

ICU, intensive care unit; MIC, minimum inhibitory concentration; ESBL, extended-spectrum  $\beta$ -lactamase.

# PK/PD antibiotics optimisations : 10 commandements

- Better efficacy with less mortality :  $[C] > 5 \text{ MIC}$  (piperacillin+tazobactam)
- Less antibioresistance :  $[C] > \text{MBC}$  (carbapenem)
- Depend of the diagnosis of comorbidities, diseases,organs and bacterias
- Time dependance antibiotics = continuous infusion
- Continuous infusion always begin with a Bolus
- In ICU, frequent Hyper clairance need High doses
- Acute Kidney Injury = first 24h of full dose, and then doses adapted to GFR
- Doses adapted to BMI and albuminemia
- Use bactericidic's antibiotics firstly, bacteriostatic secondarily
- In cases of doubt, make a dosage and MIC

# Old antibiotics

- Cotrimoxazole
- Cefoxitin
- Temocillin
- Aztreonam
- Piperacillin with tazobactam
- Aminosid
- Amoxicillin with clavulanic acid

# Old antibiotics : cotrimoxazole

- Bacteriostatic > bactericidal
- Inoculum effect
- Time dependant effect
- Dilution in G5% or in Nacl 0.9% : 1/20
- Stability 4h at 25°C
- DOSES max in adults :
  - Sulfamethoxazole 1200 mg + trimethoprim 240mg x4/ day
  - IV in 4 hours
- Volumetric pump

# Old antibiotics : cefoxitin

- Bactericidal
- No Inoculum effect
- Time dependant effect
- Dilution in Nacl 0.9% : 1g in 10ml
- Stability 24h at 25°C
- DOSES max in adults :
  - 12g/day
  - IV in 24 hours
- Volumetric pump

# Old antibiotics : temocillin

- Bactericidal
- Inoculum effect
- Time dependant effect
- Dilution in Nacl 0.9% : 80mg/ml
- Stability 24h at 25°C
- DOSES max in adults :
  - 8 g/day
  - IV in 24 hours
- Volumetric pump

# Old antibiotics : aztreonam

- Bactericidal
- Inoculum effect
- Time dependant effect
- Dilution in Nacl 0.9% : 100mg/ml
- Stability 24h at 25°C
- DOSES max in adults :
  - 12g/ day
  - IV in 24 hours
- Volumetric pump

# Old antibiotics : Piperacilline 4g + Tazobactam 500mg

- Bactericidal
- Inoculum effect
- Time dependant effect
- Dilution in Nacl 0.9% or G5% : 4g in 50ml
- Stability 24h at 25°C
- DOSES max in adults :
  - 24 g/day
  - IV in 24 hours
- Volumetric pump

# Old antibiotics : aminosid

- Bactericidal
- Post antibiotic effect
- Concentration dependant effect
- Dilution in Nacl 0.9% or G5% : 20mg/ml
- Stability 24h at 25°C
- DOSES max in adults :
  - 30mg/kg/day
  - IV in 30 min
- Syringe pump

- Old antibiotics : Amoxicillin 1g + clavulanic acid 200mg
- Bactericidal
- Inoculum effect
- Time dependant effect
- Dilution in Nacl 0.9% : 20mg/2ml
- Stability 4h at 25°C
- DOSES max in adults :
  - 8 g/day
  - IV in 4 hours x4/day
- Volumetric pump

| Prescribed daily dose | Minimum dilution volume | Dilution and administration volumetric pump |
|-----------------------|-------------------------|---|
| 3g                    | 150ml                   | 1g in 50ml sur 4h x3/j                      |
| 6g                    | 300ml                   | 2g dans 100ml sur 4h00 x3/j                 |
| 8g                    | 450m                    | 2g dans 100ml sur 4h00 x4/j                 |

# Conclusion

Old antibiotics with PK/PD optimisation is an efficient, low cost, and high ecological solution to the major problem of bacterial infections and antibiotic resistances.