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# Ionic liquids as an innovative solution to improve the delivery of phenolic compounds

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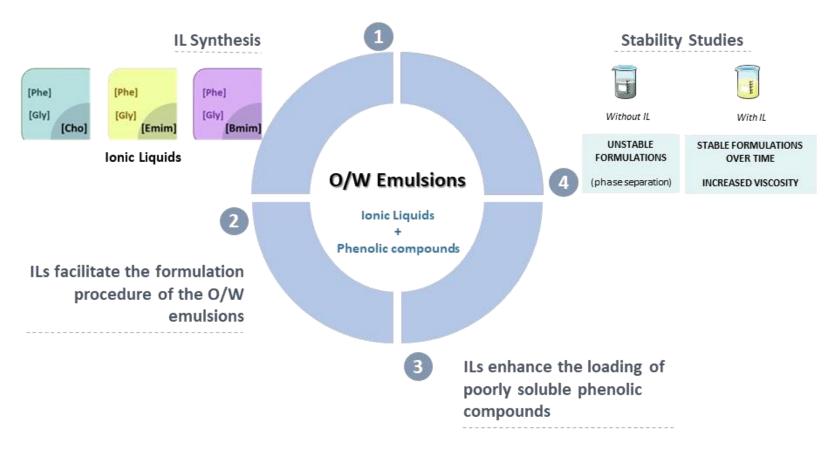








# Ionic liquids as an innovative solution to improve the delivery of phenolic compounds



#### **Abstract:**

Phenolic compounds, such as ferulic, caffeic and *p*-coumaric acids and rutin, are commonly present in natural resources, for example plants (e.g. eggplant), cereals (e.g. rice), vegetables (e.g. beans) and fruits (e.g. oranges). Several studies have already demonstrated their potential on the pharmaceutical and cosmetic fields, as antioxidant, anti-inflammatory and anticancer. However, these compounds have a low aqueous solubility, restricting their applicability.

Ionic liquids (ILs) can act as multifunctional excipients, namely, to enhance drug solubility and incorporation into various delivery systems.

In this work six ILs containing natural amino acids, (2-hydroxyethyl)trimethylammonium phenylalaninate [Cho][Phe], (2-hydroxyethyl)trimethylammonium glycinate [Cho][Gly], 1-ethyl-3-methylimidazolium phenylalaninate [Emim][Phe], 1-ethyl-3-methylimidazolium glycinate [Emim][Gly], 1-butyl-3-methylimidazolium phenylalaninate [Bmim][Phe] and 1-butyl-3-methylimidazolium glycinate [Bmim][Gly], were prepared and their impact on the incorporation of the four phenolic compounds, in O/W emulsions, was evaluated.

The use of ILs allowed the incorporation of higher amounts of the studied drugs, since their solubility was enhanced. They also led to more viscous emulsions, improving the stability of the formulations.

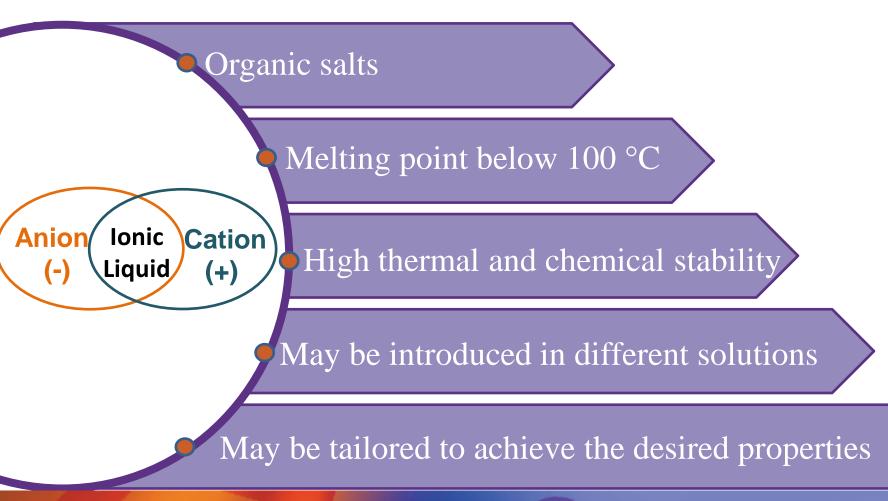
**<u>Keywords</u>**: ionic liquids; O/W emulsions; phenolic compounds; upgraded formulations.

#### Phenolic compounds

Present in natural resources

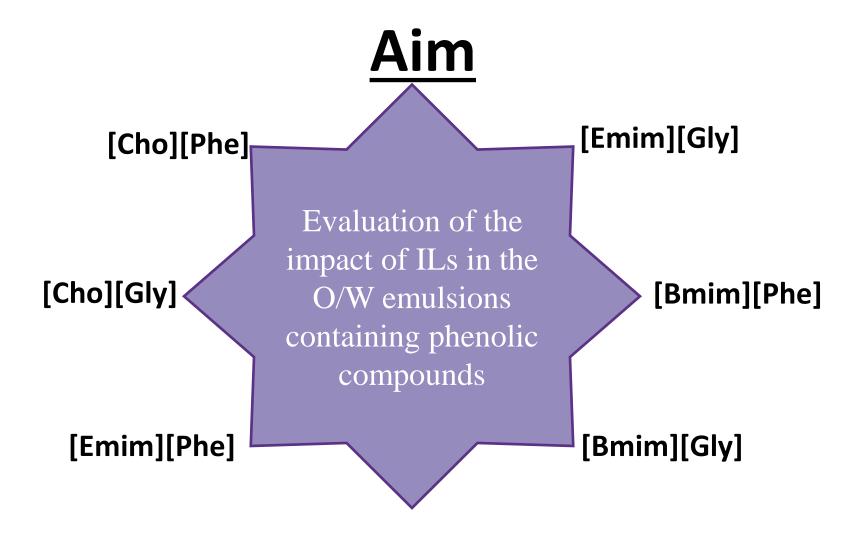
Several applications in the pharmaceutical and cosmetic fields

#### **Ionic Liquids**





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#### **Results and Discussion**

**Table 1**: Results from the stability studies of the O/W emulsions prepared in the presence and absence of 0.2% (v/v) of each of the ILs (n = 3). Viscosity values were measured after formulation and following six temperature cycles (at -5 °C and 45 °C).

| IL          | % IL | After Formulation  |                     | Stability Studies    |                          |  |  |
|-------------|------|--------------------|---------------------|----------------------|--------------------------|--|--|
|             |      | Visual<br>Analysis | Viscosity<br>(mPas) | After Centrifugation | After Gradual<br>Heating | Viscosity (mPas) after 6<br>Temperature Cycles |  |
| Control     | -    | Stable             | 5170 ± 90           | Unstable             | Unstable                 |  |  |
| [Cho][Phe]  | 0.2  | Stable             | 12,700 ± 102        |                      |                          | 15,400 ± 100                                   |  |
| [Cho][Gly]  | 0.2  | Stable             | 11,800 ± 52         |                      |                          | 13,100 ± 105                                   |  |
| [Emim][Phe] | 0.2  | Stable             | 10,000 ± 132        | - C. 11              | Ct 11                    | 12,400 ± 129                                   |  |
| [Emim][Gly] | 0.2  | Stable             | 10,400 ± 188        | - Stable             | Stable                   | 13,100 ± 77                                    |  |
| [Bmim][Phe] | 0.2  | Stable             | $9100 \pm 80$       |                      |                          | 11,000 ± 85                                    |  |
| [Bmim][Gly] | 0.2  | Stable             | 9200 ± 120          | -3                   |                          | 11,400 ± 112                                   |  |

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#### **Results and Discussion**

**Table 2**: Results from the stability studies of O/W emulsions the prepared in the presence of each drug individually and in the presence or absence of the glycinate derived ILs (n = 3). Viscosity values were measured after formulation and following six temperature cycles (at -5 °C and 45 °C).

|                            |             |      | After Formulation  |                     |                     | Stability studies           |   |
|----------------------------|-------------|------|--------------------|---------------------|---------------------|-----------------------------|---|
| Drug                       | IL          | % IL | Visual<br>Analysis | Viscosity<br>(mPas) | After<br>Centrifuge | After<br>Gradual<br>Heating | Viscosity (mPas)<br>after 6 Temperature<br>Cycles |
| Ferulic Acid               | Control 2a  | -    | Stable             | 8000 ± 80           | Unstable            | Unstable                    | -   |
|                            | rct1rct1    | 0.2  | Stable             | 12,000 ± 75         |                     | Stable                      | 12,500 ± 100                                      |
|                            | [Cho][Gly]  | 0.5  | Stable             | 13,700 ± 110        | C4-1-1-             |                             | 15,000 ± 90                                       |
|                            | [Emim][Gly] | 0.2  | Stable             | 11,300 ± 100        | Stable              |                             | 12,000 ± 100                                      |
|                            | [Bmim][Gly] | 0.2  | Stable             | 10,000 ± 130        |                     |                             | 12,600 ± 100                                      |
|                            | Control 2b  | -    | Stable             | 8500 ± 100          | Unstable            | Unstable                    | -   |
| Caffeic Acid               | [C]1[C]1    | 0.2  | Stable             | 11,000 ± 95         |                     | Stable                      | 12,000 ± 90                                       |
|                            | [Cho][Gly]  | 0.5  | Stable             | 12,000 ± 100        | Stable              |                             | 15,500 ± 95                                       |
|                            | [Emim][Gly] | 0.2  | Stable             | 11,200 ± 90         | Stable              |                             | 14,100 ± 80                                       |
|                            | [Bmim][Gly] | 0.2  | Stable             | 11,000 ± 80         |                     |                             | 14,500 ± 90                                       |
|                            | Control 2c  | -    | Stable             | $8200 \pm 100$      | Unstable            | Unstable                    | -   |
|                            | [ChallChr]  | 0.2  | Stable             | $12,000 \pm 100$    |                     | Stable                      | $15,500 \pm 100$                                  |
| <i>p</i> -Coumaric<br>Acid | [Cho][Gly]  | 0.5  | Stable             | $13,500 \pm 100$    | Stable              |                             | 17,000 ± 90                                       |
| Acid                       | [Emim][Gly] | 0.2  | Stable             | 10,300 ± 90         | Stable              |                             | 14,600 ± 100                                      |
|                            | [Bmim][Gly] | 0.2  | Stable             | 10,200 ± 100        |                     |                             | 14,000 ± 100                                      |
|                            | Control 2d  | -    | Stable             | $7500 \pm 150$      | Unstable            | Unstable                    | -   |
|                            | [ChallChr]  | 0.2  | Stable             | 12,800 ± 100        |                     | Stable                      | 13,100 ± 105                                      |
| Rutin                      | [Cho][Gly]  | 0.5  | Stable             | 13,400 ± 90         | Stable              |                             | 16,000 ± 100                                      |
|                            | [Emim][Gly] | 0.2  | Stable             | 10,400 ± 188        | Stable              |                             | 13,100 ± 77                                       |
|                            | [Bmim][Gly] | 0.2  | Stable             | 9220 ± 50           |                     |                             | 11,140 ± 52                                       |

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## Results and Discussion

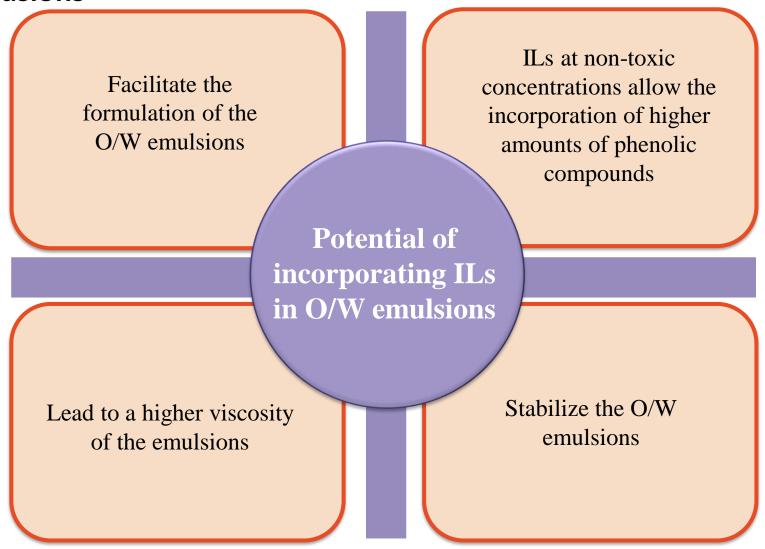
**Table 3**: Results from the accelerated and shelf-life stability studies of the O/W emulsions prepared in the presence of 0.2% (v/v) of each of the ILs and without the drug, in the presence of each drug individually with and without the glycinate derived ILs (n = 3). Viscosity values were measured after 90 days in an oven  $(40 \pm 2 ^{\circ}C)$ , in a refrigerator  $(5 \pm 2 \, ^{\circ}\text{C})$ , or at room temperature.

|                    |             | % IL | Viscosity after 90 days (mPas) |                |                  |  |
|--------------------|-------------|------|--------------------------------|----------------|------------------|--|
|                    | IL          |      | Accelerat                      | ed Stability   | Shelf Test       |  |
| Drug               |             |      | Heating at                     | Cooling at     |                  |  |
|                    |             |      | Oven                           | Refrigerator   | Room temperature |  |
|                    |             |      | $(40 \pm 2  ^{\circ}\text{C})$ | (5 ± 2 °C)     |                  |  |
|                    | [Cho][Phe]  | 0.2  | 15,500 ± 85                    | $14950 \pm 80$ | 16,200 ± 65      |  |
|                    | [Cho][Gly]  | 0.2  | 15,220 ± 50                    | $15000 \pm 80$ | 16,050 ± 100     |  |
| Without Drug       | [Emim][Phe] | 0.2  | 12,200 ± 100                   | 11950 ± 50     | 13,450 ± 70      |  |
|                    | [Emim][Gly] | 0.2  | $12,450 \pm 100$               | 12320 ± 100    | 14,120 ± 90      |  |
|                    | [Bmim][Phe] | 0.2  | 10,300 ± 50                    | 10220 ± 100    | 11,000 ± 100     |  |
| _                  | [Bmim][Gly] | 0.2  | 10,175 ± 50                    | 10300 ± 70     | 11,110 ± 50      |  |
|                    |             | 0.2  | 15,500 ± 100                   | 15,410 ± 50    | 16,250 ± 100     |  |
| Ferulic Acid       | [Cho][Gly]  | 0.5  | 16,300 ± 50                    | 16,570 ± 110   | 17,120 ± 120     |  |
|                    | [Emim][Gly] | 0.2  | 12,320 ± 80                    | 12,200 ± 50    | 14,200 ± 110     |  |
|                    | [Bmim][Gly] | 0.2  | 11,000 ± 50                    | 10,900 ± 50    | 12,100 ± 100     |  |
| Caffeic Acid       | 101 1101 1  | 0.2  | 13,100 ± 50                    | 13,310 ± 80    | 14,850 ± 50      |  |
|                    | [Cho][Gly]  | 0.5  | 13,300 ± 60                    | 13,140 ± 100   | 15,680 ± 50      |  |
|                    | [Emim][Gly] | 0.2  | 12,520 ± 100                   | 12,600 ± 100   | 14,200 ± 150     |  |
|                    | [Bmim][Gly] | 0.2  | 12,100 ± 100                   | 11,990 ± 100   | 14,620 ± 80      |  |
| p-Coumaric<br>Acid |             | 0.2  | 13,250 ± 50                    | 13,500 ± 100   | 16,000 ± 100     |  |
|                    | [Cho][Gly]  | 0.5  | 13,900 ± 50                    | 14,540 ± 100   | 17,120 ± 150     |  |
|                    | [Emim][Gly] | 0.2  | 11,950 ± 50                    | 12,000 ± 100   | 14,850 ± 100     |  |
|                    | [Bmim][Gly] | 0.2  | 11,400 ± 50                    | 11,355 ± 100   | 14,700 ± 100     |  |
| Rutin              | •           | 0.2  | 15,800 ± 50                    | 16,000 ± 100   | 16,550 ± 120     |  |
|                    | [Cho][Gly]  | 0.5  | 16,750 ± 60                    | 17,010 ± 100   | 18,225 ± 115     |  |
|                    | [Emim][Gly] | 0.2  | 12,450 ± 50                    | 12,800 ± 100   | 14,780 ± 100     |  |
|                    | [Bmim][Gly] | 0.2  | 11,500 ± 50                    | 11,650 ± 100   | 12,380 ± 100     |  |

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#### **Conclusions**





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#### **THANK YOU**



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