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Optimization and Synthesis of Perfluorocarbon Nanoemulsion with Fluorous Photosensitizer for Photodynamic Therapy

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Optimization and Synthesis of Perfluorocarbon Nanoemulsion with Fluorous Photosensitizer for Photodynamic Therapy

Graphical Abstract



Encapsulation efficiency 80%



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Abstract: Perfluorocarbon-based nanoemulsions (PFC-NEs) have been shown to be an effective tool for oxygen delivery in various therapeutic modalities, including photodynamic therapy (PDT) in cancer treatment. PFC droplets are able to transport and supply oxygen to hypoxic cells as well as enhance the singlet oxygen generation by the photosensitizer (PS), functions which make them a promising platform for PDT. To further enhance PDT efficacy, we synthesized PFC-NEs with fluorous PS that is soluble in the perfluorocarbon phase, creating a closer proximity of the PS to the dissolved oxygen in PFC. However, the fluorous PS used in this work had a high tendency to leak into the aqueous phase with a surfactant, leading to less than desirable encapsulation efficiency (EE%). Therefore, the main goal of this study is to develop a formulation to ensure high EE% of fluorous PS in PFC droplets. PFC-NEs were prepared by ultrasonic emulsification and were characterized using dynamic light scattering, UV-Vis and fluorescence spectroscopy. The optimization of the PFC-NE formulation did not significantly affect the nanoemulsion properties, such as hydrodynamic diameter, polydispersity index and colloidal stability, and successfully increased EE%, as well as improved dark cytotoxicity profile and enhanced photoinduced cytotoxicity of PFC-NE.

Keywords: drug formulation; encapsulation efficiency; nanoemulsion; perfluorocarbon; photodynamic therapy.



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Introduction

Photodynamic therapy (PDT) is a minimally invasive method of cancer treatment

Photodynamic processes are mostly **oxygen**-dependent

Hypoxia leads to tumor progression and resistance to oxygen-dependent therapies (radiotherapy, PDT)

Perfluorocarbons are able to dissolve 20- to 40-fold larger amounts of oxygen compared to water and temporarily alleviate hypoxia



The mechanisms of PDT

Source: Denis, T. G.; Aziz, K.; Waheed, A. A.; Huang, Y.-Y.; Sharma, S. K.; Mroz, P.; Hamblin, M. R. Combination approaches to potentiate immune response after photodynamic therapy for cancer. Photochemical & Photobiological Sciences **2011**, 10, 792–801. https://doi.org/10.1039/c0pp00326c



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Previous work: Synthesis of Fluorous Photosensitizers and Preparation of Perfluorocarbon Nanoemulsions









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Previous work:



This work:

| Components | Functions | Components | | |
|--|--|---|--|--|
| Fluorous chlorin 3b (FC-3b) 0.6507 mg | Photosensitizer | Fluorous chlorin 3b 1.952 mg | | |
| PFD 0.867 g | Oxygen carrier, PS solvent | PFD 2.6 g | | |
| РFMCР 0.433 g | Oxygen carrier, PS solvent, droplet stabilizer | РFMCР 1.3 g | | |
| Proxanol-268 0.2665 g | Surfactant | Proxanol-268 0.2665 g | | |
| 0.9% NaCl solution Up to 10 ml | Dispersion medium, buffer solution | Phosphate Buffer Saline (PBS) Up to 10 ml | | |

PFC/Proxanol-268 5:1

PFC/Proxanol-268 15:1



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Results and discussion

PFC/Proxanol-268 5:1



Sonication settings:

Mode: pulsed Duty cycle: 50% Power: 5 (50%) Duration: 4x2 min Rest: 1-2 min Ice bath

PFC/Proxanol-268 15:1



Translucent, slightly opalescent Grayish green o/w nanoemulsion Opaque Green o/w nanoemulsion







UV-Vis spectra of FC-3b in PFC-NEs and their supernatant



Less absorbance in the supernatant = higher EE% EE% = (AUC (emulsion) – AUC (supernatant))/AUC (emulsion) × 100%



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Characterization of PFC-NEs

| Emulsion Stor Tem | | z-average hydrodynamic diameter, nm | | | Polydispersity index (PDI) | | | EE% | |
|-------------------------|----------------------|-------------------------------------|-------------|-------------|----------------------------|------------------|------------------|-------|-----------|
| | Storage Temp., °C | Day 1 | Day 7 | Day 30 | Day 1 | Day 7 | Day 30 | Day 1 | Day 30 |
| PFC/Proxanol-268 5:1 | +4 | 200.6 ± 6.1 | 208.7 ± 5.6 | 221.1 ± 1.4 | 0.096 ± 0.01 | 0.027 ± 0.02 | 0.060 ± 0.04 | 63.8 | 44.1 |
| | -20 | | 214.9 ± 4.8 | 192.9 ± 2.5 | | 0.120 ± 0.03 | 0.089 ± 0.04 | | 69.6 |
| PFC/Proxanol-268 | +4 | 214.5 ± 8.5 | 221.5 ± 4.9 | 236.7 ± 0.3 | 0.070 ± 0.02 | 0.068 ± 0.02 | 0.025 ± 0.02 | 81.9 | 70.5 |
| | -20 | | 217.4 ± 5.9 | 206.7 ± 0.7 | | 0.083 ± 0.02 | 0.091 ± 0.02 | | 83.2 |

- Resulting **PFC/Proxanol-268 15:1** formulation is a **nanoemulsion**;

- Changes in droplet size and PDI are insignificant;
- Both formulations are stable during storage;
- Encapsulation efficiency has improved.



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Improved dark and photoinduced cytotoxicity profile





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Control experiment



HCT116 cells, 24h incubation + 24h after irradiation Irradiation: 660 nm, 8.3 mW/cm², 45 J/cm² FC-3b concentration: 10 μ M

Treatment groups:

1) Blank emulsion (PFC/Proxanol-268 15:1 without FC-3b) – no cell death

- 2) PFC-free (PFC/Proxanol-268 15:1 without PFC) no cell death
- 3) PFC-free + Blank emulsion 40% cell death
- 4) PFC/Proxanol-268 5:1 85% cell death
- 5) PFC/Proxanol-268 15:1 85% cell death

Encapsulated FC-3b is the main **photodynamically active** component of PFC-NEs



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Conclusions

Optimization of PFC-NE formulation resulted in:

- Higher encapsulation efficiency;
- Improved dark cytotoxicity profile;
- Enhanced photoinduced cytotoxicity.

Optimization process did not affect:

- Particle size and polydispersity index resulting o/w emulsion remained nanoscale;
- Colloidal stability optimized formulation is stable during storage.

Further research should and will be focused on:

- Optimizing PS concentration in PFC;
- Studying difference in physical and chemical properties of encapsulated and nonencapsulated PS in PFC-NEs;
- Effect of surfactant on photochemistry of PFC-NEs.



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