The 5th International Electronic Conference on Foods

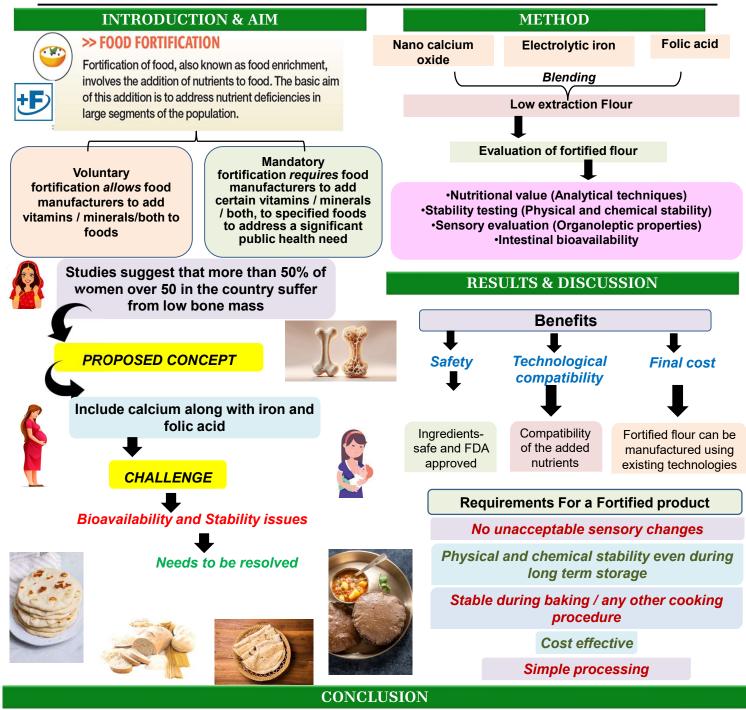
28-30 October 2024 | Online

Foods

Conference

## Nano Fortification of Flour for The Effective Management of Nutritional Deficiencies Amruthavarshini S N\*, Sindhu Abraham, Sharon Furtado

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Edible flours blended with this nutrient premix can be used in the preparation of bread, flat bread/ rotis or any other dishes as per the food habits of various consumers.

## **FUTURE WORK / REFERENCES**

1.ICMR-NIN Expert Group on Nutrient Requirement for Indians, Recommended Dietary Allowances (RDA) and Estimated Average Requirements (EAR) - 2020.

2.www.fssai.gov.in. Food Safety and Standards (Fortification of Foods) Regulations- 2018;

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