

A Sustainable Route to Iron Oxide Nanoparticles: A Plant-Based Approach Using Spinach

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Introduction & Aim

Background

- Conventional nanoparticle synthesis relies on toxic chemicals and energy-intensive processes.
- Green synthesis avoids hazardous chemicals & energy-intensive processes.
- Plant extracts = natural reducing & stabilizing agents (flavonoids, phenolics, ascorbic acid).
- Sustainable nanomaterials align with green chemistry principles and reduce environmental impact.

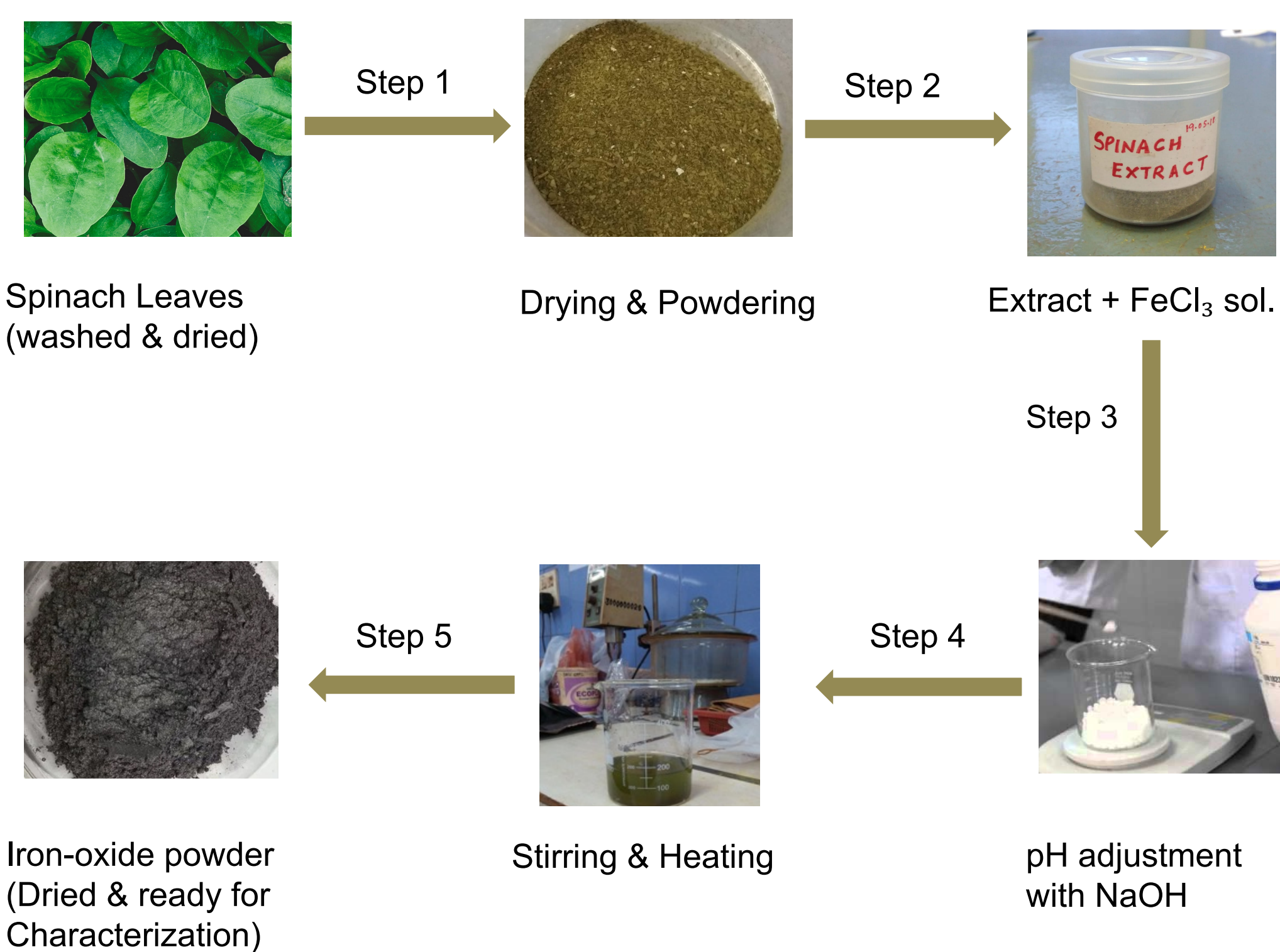
Why Spinach?

- Spinacia oleracea* = high iron content, easy to process.
- Rich in phytochemicals that assist nanoparticle formation.
- Widely available, low-cost, edible source.

Aim of Study

- Synthesize iron oxide nanoparticles using spinach leaf extract.
- Conduct preliminary characterization (XRD and TEM) with further analysis in progress.
- Explore potential applications as eco-friendly pigments with a minimal environmental footprint.

Method



References

- [1] Kavitha K. S., Baker S., Rakshith D., Kavitha H. U., Rao H. C., Harini B. P., and Satish S., Plants as green source towards synthesis of nanoparticles, *International Research Journal of Biological Sciences*. (2013) 2, no. 6, 66–76.
- [2] Devatha C., Thalla A. K., and Katte S. Y., Green synthesis of iron nanoparticles using different leaf extracts for treatment of domestic wastewater, *Journal of Cleaner Production*. (2016) 139, 1425–1435, <https://doi.org/10.1016/j.jclepro.2016.09.019>, 2-s2.0-84995612411.

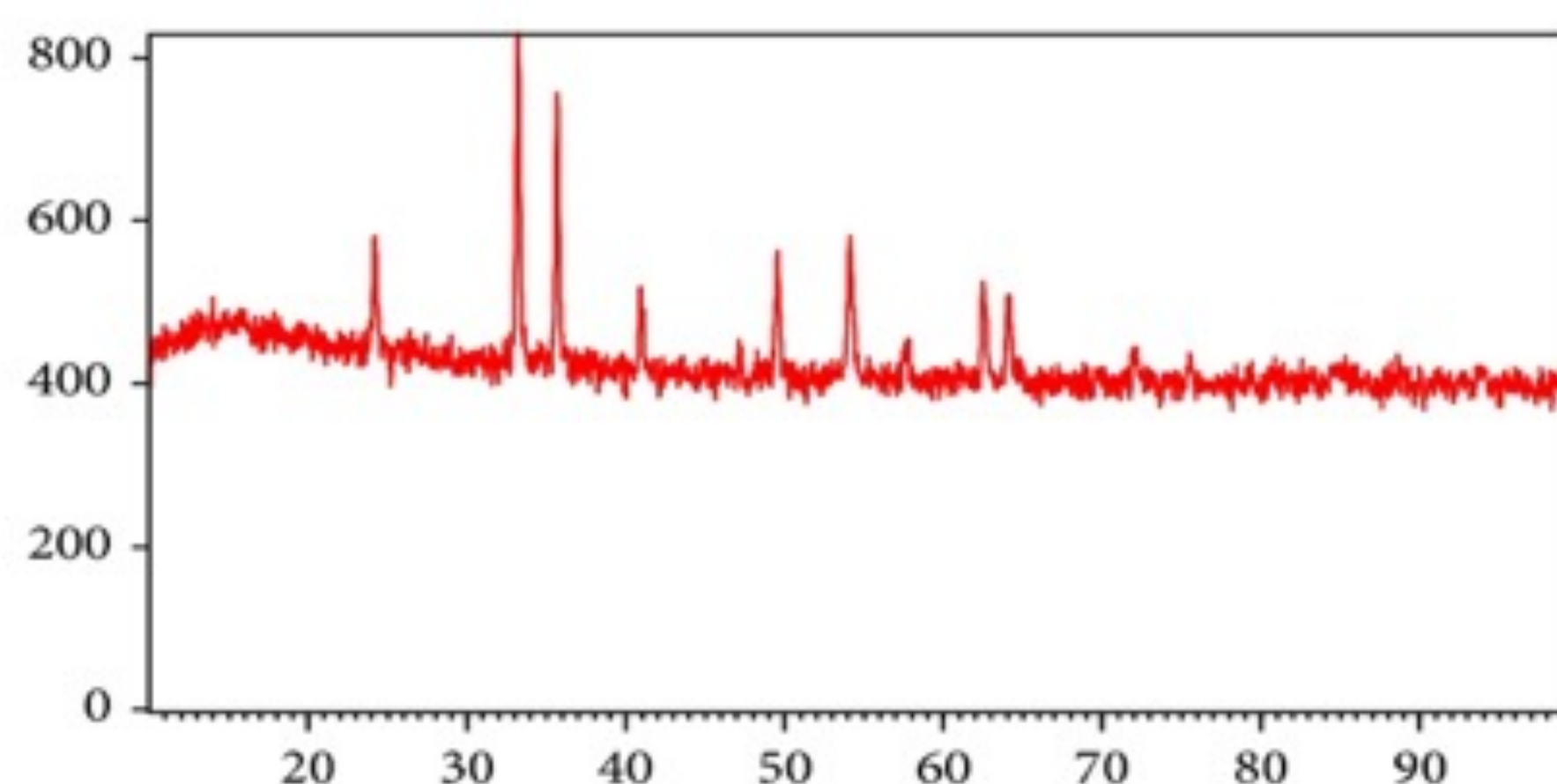
Results & Discussion

Visual Observation

- Distinct Color change (green → brownish-black) confirmed nanoparticle formation.
- Pigment-like appearance consistent with iron oxide nanoparticles.

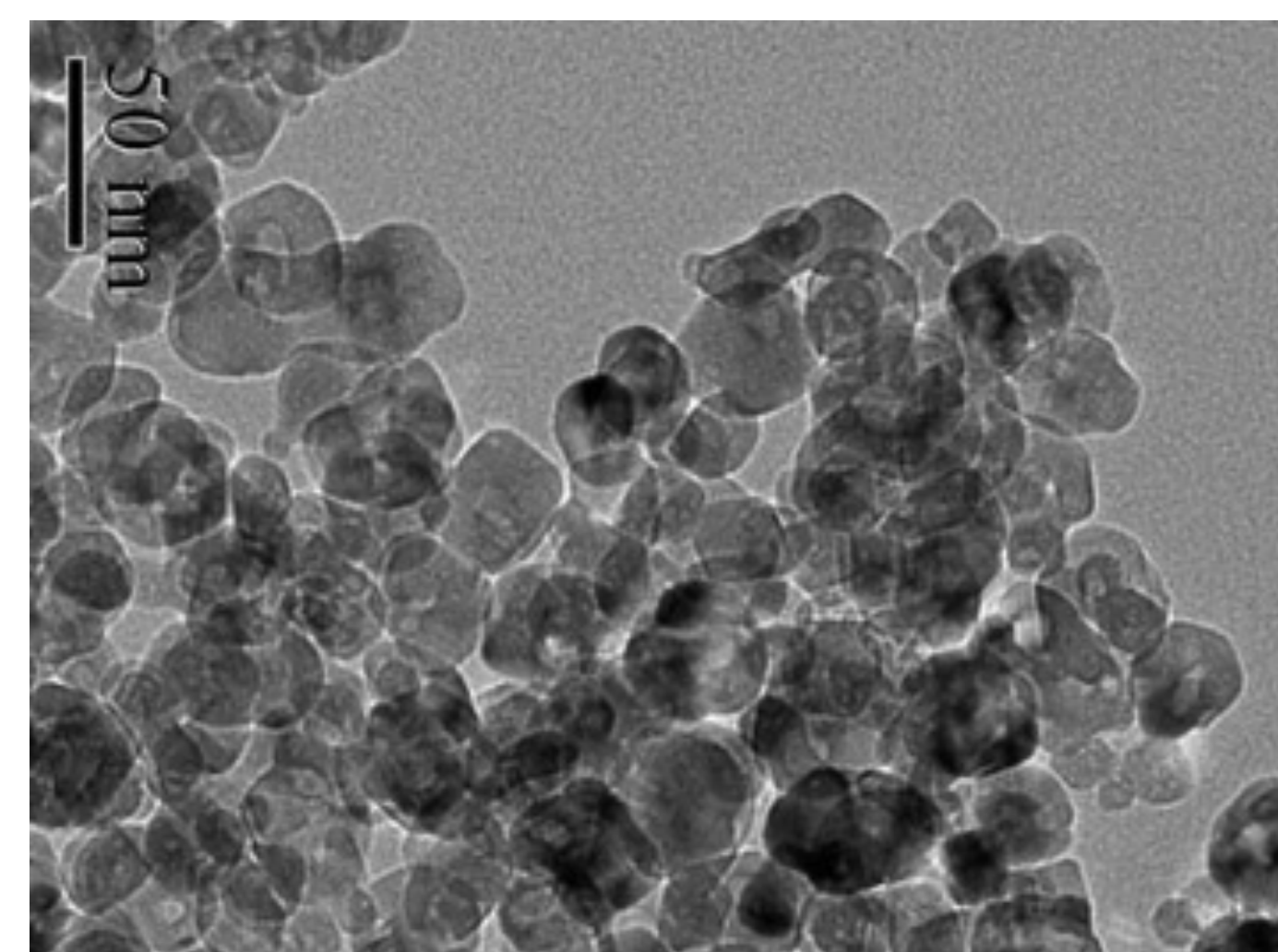
XRD Analysis

- XRD showed distinct peaks at $\sim 33^\circ$ and $\sim 35^\circ$ (2 θ), corresponding to the (104) and (110) planes of α -Fe₂O₃ (hematite, JCPDS standard).
- Peak broadness suggested nanoscale crystallite size (~ 20 – 40 nm, Scherrer's equation).



TEM Analysis

- Revealed nearly spherical nanoparticles.
- Average particle size: ~ 20 – 50 nm.
- Some agglomeration observed, typical of iron oxide nanoparticles.
- Nanoparticles well-dispersed after milling, though clustering still present.



Conclusion & Future Directions

Key Observations:

- Distinct Brownish-black color = high potential as natural pigment.
- Eco-friendly synthesis: avoided toxic by-products & high calcination temperatures.
- Spinach phytochemicals served as natural reducing & stabilizing agents.

Future Directions:

- Explore applications in pigments, catalysis, and biomedical fields.
- Investigate scalability of plant-based synthesis for industrial production.
- Compare with other plant extracts for improved efficiency and nanoparticle properties.