Alternative Proteins in Pet Food: A Sustainable, Nutritious Future or Just a Trend?

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The pet food industry is undergoing significant transformation as sustainability concerns, ethical considerations, and nutritional advancements necessitate the transition to alternative protein sources



100

Dogs Cats

Minimum Maximum

56-151 Mt of CO₂ ~ 2.9%

Traditional protein ingredients contribute to environmental degradation and resource depletion

41-58 Mha land ~ 1.2%

5-11 km³ freshwater ~ 0.4%

Nutrient Component	Traditional Proteins (Beef, Poultry, Fish)	Insect-Based Proteins (Black soldier fly, Cricket)	Single-Cell Proteins (Yeast, Algae, Fungi)
Crude Protein (%)	18–30%	25–70%	30–60%
Crude Fat (%)	10–20%	10–50%	5–20%
Essential Amino Acids	Complete profile	Often complete, may vary by species	Often complete, may need supplementation
Digestibility (%)	80–90%	75–90%	70–90%
Fiber (%)	1–5%	5–10% (chitin content)	3–8%
Ash (%)	4–8%	3–10%	5–12%
Omega Fatty Acids	Rich in omega-3 and -6 (fish)	Variable; high in lauric acid (BSFL)	Algae can be rich in omega-3
Environmental	High (CO ₂ , land, water	Low	Low to moderate

Low

These alternatives match conventional proteins in nutrition and digestibility, but safety and regulation pose challenges, including allergenicity, anti-nutritional compounds, contamination risks, and stringent standards for single-cell proteins

use)

Impact

Single-cell proteins
may require
fermentation or
treatment to remove
anti-nutritional factors

depending on substrate

Chitin in insect
exoskeletons acts
as fiber but can
reduce digestibility
if not processed