

Uncertainty Relations in Non-Hermitian Systems

Yanet Alvarez, Mariela Portesi, Romina Ramírez, Marta Reboiro

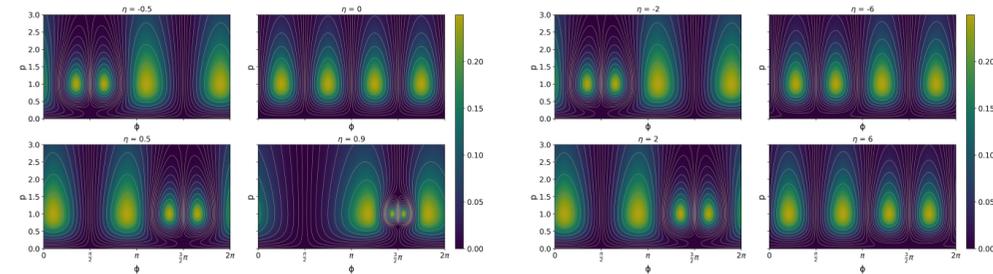
Instituto de Física La Plata (IFLP), CONICET-UNLP, Argentina
Instituto Argentino de Matemática (IAM), CONICET-UNLP, Argentina

INTRODUCTION & GOALS

- ▶ In non-Hermitian dynamics (open systems / gain-loss), standard means and variances can be inconsistent if the usual inner product is not physically appropriate.
- ▶ For pseudo-Hermitian Hamiltonians (including PT symmetry), a metric S is required to define expectation values, variances, and uncertainty relations consistently.
- ▶ **Main challenge:** S can become indefinite (broken phase) or singular (exceptional points), motivating a unified framework.
- ▶ **Goal:** Construct suitable metrics in each spectral regime (exact phase, broken phase, EPs) within a **Krein-space approach**, and derive a Heisenberg-Robertson-type inequality valid across all regimes.
- ▶ **Key:** changing the inner product forces a consistent change of representation: the adjoint changes, and with it the effective form of operators and the representation of states, if physical matrix elements are to remain invariant.

RESULTS & DISCUSSION

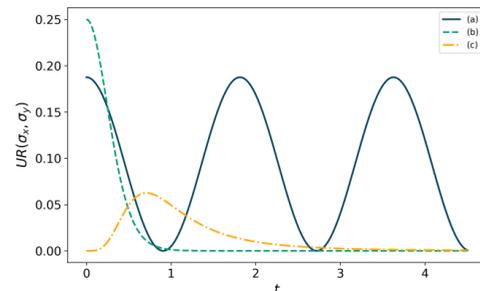
Initial state $|\varphi_0\rangle = (1 + p^2)^{-1/2}(|0\rangle + pe^{i\phi}|1\rangle)$



Contour plots of $UR(\sigma_x, \sigma_y)$ in the (ϕ, p) plane at $t = 0$ for different η : left, PT-symmetric region $\eta^2 < 1$; right, broken-symmetry region $\eta^2 > 1$.

Dynamics of uncertainty

- ▶ **Unbroken phase:** $UR(t)$ oscillates as a function of time t .
- ▶ **Broken phase & EP:** $UR(t)$ relaxes to a **minimum-uncertainty** steady state.

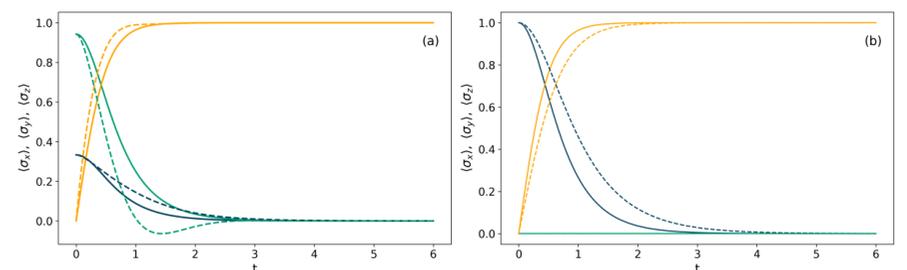


Time evolution of $UR(\sigma_x, \sigma_y)$: (a) exact PT phase ($\eta = 1/2, s = 1$), (b) broken PT phase ($\eta = \sqrt{2}, s = 1$), (c) EP ($\eta = 1, s = 1$). Initial state $(\phi, p) = (\pi, 1)$.

Steady-state predictions match the Lindblad master-equation description (differences only at early times: jumps / postselection).

$$\frac{d\rho}{dt} = -\frac{i}{\hbar}[h, \rho] + \sum_k \gamma_k \left(L_k \rho L_k^\dagger - \frac{1}{2} \{L_k^\dagger L_k, \rho\} \right).$$

- ▶ Hamiltonian: $h = r \cos \theta \mathbb{I} + s \sigma_x$.
- ▶ Collapse operators: $L_\pm = (\sigma_x \pm i\sigma_y)/2, \gamma_k = \sqrt{|r \sin \theta|}$.
- ▶ Non-Hermitian evolution \sim effective/no-jump (postselected) trajectory.
- ▶ Lindblad includes *quantum jumps* \Rightarrow short-time deviations.



Behavior of the mean values of the components of spin, $\langle \sigma_i \rangle_{S_K}$, as a function of time (blue, green and yellow dashed lines correspond to $\langle \sigma_x \rangle_{S_K}, \langle \sigma_y \rangle_{S_K}, \langle \sigma_z \rangle_{S_K}$ respectively). Solid lines show the effective (no-jump) evolution.

CONCLUSION

- ▶ The metric determines physically meaningful expectation values, variances and uncertainty relations in exact, broken and EP regimes within a single prescription.
- ▶ In pseudo-hermitian dynamics, Krein-space tools show oscillations in the exact phase; relaxation to stationary minimum-uncertainty states in the broken phase and at EPs.
- ▶ Lindblad benchmarking supports the steady-state predictions. At early stages of time evolution, the differences support the role of postselection.

OUTLOOK & REFERENCES

Establish a constructive equivalence between the broken-PT Krein-space formulation and the metric-operator canonical-inner-product approach, including an explicit dictionary for metrics, adjoints, observables, and states.

- A. Mostafazadeh, Int. J. Geom. Methods Mod. Phys. 7, 1191 (2010).
S. Dey and A. Fring, Phys. Rev. D 86, 064038 (2012).
F. Bagarello, J.P. Gazeau, F.H. Szafraniec, M. Znojil. (Eds.). (2015).
R. Ramírez and M. Reboiro, J. Math. Phys. 60, 012106 (2019).
N. Shukla, R. Modak, and B. P. Mandal, Phys. Rev. A 107, 042201 (2023).
C. M. Bender and D. W. Hook, Rev. Mod. Phys. 96, 045002 (2024).

Framework: positive metric, observables, and evolution

Pseudo-Hermiticity: $H^\dagger S = SH, S = S^\dagger$

Indefinite form: $[x, y]_S := \langle x | S | y \rangle, A^\# := S^{-1} A^\dagger S$

Positive metric from S ("flip signs"):

$$S = PDP^{-1}, D = \text{diag}(\mu_j), \mu_j \in \mathbb{R}, S_K := P|D|P^{-1} = |S| > 0, \langle x | y \rangle_{S_K} := \langle x | S_K | y \rangle$$

Factorization & operator transport:

$$S_K = \gamma^\dagger \gamma \Rightarrow \langle x | y \rangle_{S_K} := \langle x | S_K | y \rangle = \langle \gamma x | \gamma y \rangle$$

For canonical $\hat{\delta} = \hat{\delta}^\dagger$, let $\hat{O} := \gamma^{-1} \hat{\delta} \gamma$

$$\langle \cdot | \hat{O} | \cdot \rangle_S = \langle \cdot | S \hat{O} | \cdot \rangle = \langle \cdot | \gamma^\dagger \gamma \hat{O} | \cdot \rangle = \langle \cdot | \gamma^\dagger \hat{\delta} \gamma | \cdot \rangle = \langle \gamma \cdot | \hat{\delta} | \gamma \cdot \rangle$$

Time evolution (normalized in S_K):

$$|I(t)\rangle = \mathcal{N}(t) e^{-iHt/\hbar} |I(0)\rangle, \langle I(t) | I(t) \rangle_{S_K} = 1 \\ \langle \hat{\delta}(t) \rangle = \langle I(t) | \hat{O} | I(t) \rangle_S = \langle \gamma I(t) | \hat{\delta} | \gamma I(t) \rangle$$

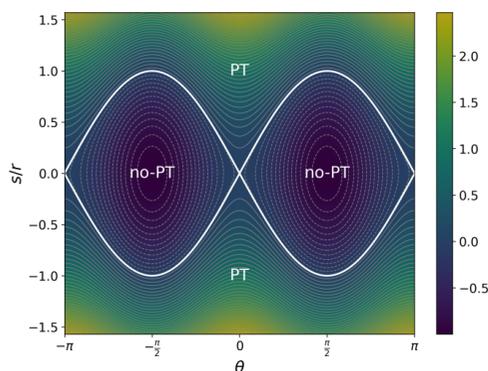
Unified prescription across regimes (overview)

Regime	Spectrum	Metric / inner product
Exact (unbroken)	Real, diagonalizable	$S > 0$ (pseudo-Hermitian metric)
Broken	Complex-conjugate pairs	Krein construction S_K from indefinite S
Exceptional points (EP)	Jordan blocks	Jordan-metric S_J + positive structure

- ▶ **The metric is not optional:** it fixes physical means/variances/uncertainty bounds.

MODEL

$$H = \begin{pmatrix} re^{i\theta} & s \\ s & re^{-i\theta} \end{pmatrix} \quad d = (s/r)^2(1 - \eta^2) \quad \eta = \frac{r}{s} \sin \theta$$



Phase map from $d(s/r, \theta)$: unbroken ($\eta^2 < 1$), broken ($\eta^2 > 1$), EP ($\eta^2 = 1$).

Main inequality (metric form, all regimes)

For two non-commuting observables A, B ,

$$UR(A, B) := \Delta_{S_K}^2 A \Delta_{S_K}^2 B - \frac{1}{4} |\langle [A, B] \rangle_{S_K}|^2 \geq 0$$

- ▶ **Same inequality, same look:** the regime-dependence is only in the choice of metric (unbroken: $S > 0$; broken: Krein metric S_K ; EP: Jordan-based S_J).