# Anticancer activity of the seaweed compound fucoxanthin in breast cancer cell lines cultured as 2D and 3D models

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# Introduction

Breast cancer (BC) accounts for the most cancer-related deaths amongst women worldwide, implying an urgent need of finding new drugs more effective and less harmful than those currently in use [1]. Fucoxanthin (Fx) is a marine carotenoid derived from brown seaweed that has been showing antitumor effects on different cancer cell lines, mainly in 2D models [2]. However, 3D culture models have a better

predictive capacity of in vivo cellular responses against cytotoxic compounds [3]. This study aimed to evaluate the potential anticancer effects of Fx versus Doxorubicin (Dox) (a conventional anticancer drug) in a panel of three BC cell lines representative of different molecular subtypes (MCF-7, SKBR3 and MDA-MB-231), and in a nontumoral BC cell line (MCF-12A), cultured under 2D and 3D conditions.

# **Results and Discussion**

#### **2D cultures**

#### **Effects on cell viability and death**

 $\rightarrow$  Fx and Dox induced cytotoxic effects on all the cell lines tested.





Figure 1- Effect of Fx and Dox on cell viability in MCF-7 (a), SKBR3 (b), MDA-MB-231 (c) and MCF12A (d) cell lines assessed by the MTT assay. Cells treated with 0.1% DMSO were included as negative control. Values are presented as mean + SD of at least three independent experiments. Significant differences (\* P≤0.05 and \*\* P≤0.01) when compared with control were tested by one-way ANOVA, followed by posthoc Holm-Sidak's multiple comparison test.

#### **3D cultures**

## Effects on cell viability, proliferation and death

### $\rightarrow$ In 3D, cells were **less responsive to Fx and Dox (no** cytotoxic effects).





**Figure 3-** Effect of Fx (10  $\mu$ M) and Dox (1  $\mu$ M) on the viability of MCF-7 (a), SKBR3 (b), MDA-MB-231 (c) and MCF12A (d) cell lines assessed by the MTT assay. Cells treated with 0.1% DMSO were included as negative control. Values are presented as mean + SD of at least four independent experiments. No significant effects were detected by one-way ANOVA analysis.

#### $\rightarrow$ Dox affected the proliferation of SKBR3 and MCF-12 A cell lines. Also, there

 $\rightarrow$  **Dox** increased cell death in **MCF-12A** cells.

 $\rightarrow$  No cell death or genotoxic effects registered

in Fx-treated cells.



**Figure 2-** Effects of Fx (10  $\mu$ M) and Dox (0.1  $\mu$ M) on cell death in MCF-12A cells assessed by the nuclear condensation assay. Cells treated with 0.1% DMSO were included as negative control. Values are presented as mean + SD of at least three independent experiments. Significant differences (\*\*\* P≤0.001 and \*\*\*\* P≤0.0001) when compared with control were tested by one-way ANOVA, followed by post-hoc Holm-Sidak's multiple comparison test.



were less Ki67 positive cells in **SKBR3** 3D cultures treated with Dox.

 $\rightarrow$  Fx only caused antiproliferative effects on the SKBR3 3D models.



Figure 4- Effect of Fx (10 μM) and Dox (1 μM) on cell proliferation of SKBR3 (a) and MCF-12A (b) cell lines, assessed by the BrdU assay. Cells treated with 0.1% DMSO were included as negative control. Values are presented as mean + SD of four independent experiments. Significant differences (\* p < 0.05 and \*\* p < 0.01) when compared to the control were determined by one-way ANOVA, followed by a Holm-Sidak's multiple comparisons test. Representative sections (c) of the SKBR3 3D models stained with haemotoxylin and eosin (HE) and immunostained against caspase-3 and Ki67 (brown staining) to assess cell death and proliferation, respectively. Scale bar: 200 µm.

# Conclusion

SKBR3- HER2-enriched

**MDA-MB-231-** Triple-negative

Non-tumorigenic cell line

→ MCF-12A

 $\rightarrow$  MTT assay  $\rightarrow$  Comet assay  $\rightarrow$  Nuclear

Condensation

assay

ightarrow BrdU assay  $\rightarrow$  Histological processing  $\rightarrow$  Immunocytochemistry (Ki67 and caspase 3)

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The in vitro data revealed that Fx may be a potential anticancer agent against BC cells, with differential effects according to the cell subtype. Also, the comparison between the two cell culture models indicated that cells' resistance towards Fx and Dox anticancer activity increased under 3D conditions. The data warrants further studies on the underlying anticancer mechanisms.

# References

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