

1 *Conference Proceedings Paper*

2 **Overview of Agro-food waste and by products**  
3 **valorization for polymer synthesis, and modification**  
4 **for bio-composite production**

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15  
16 **Abstract:** The world economy growth and global population rising push for a more efficient  
17 management of the Earth's natural resources. The combined plastic and food sector form an  
18 important part of the EU economy, accounting for 15 million jobs. Unlocking the innovation  
19 potential in the field of packaging, and cosmetics will significantly contribute to job creation and  
20 competitiveness. Sustainable synthesis of polyhydroxyalkanoates from agro-food by-products as  
21 well as synthesis of lactic acid co-polymers constitute a pathway to performing and sustainable  
22 polymeric matrices.

23 Natural fibers as well as polysaccharides (starch, cellulose, chitin, chitosan), cutin and protein rich  
24 by-products are abundantly available from the agrofood industry. Natural fibres may be modified  
25 chemically, with enzymes or treating their surface with natural waxes with a significant  
26 improvement in adhesion and impact resistance.

27 An overview on the availability, collection, treatment and approach to valorization of largely  
28 available agro-food waste biomass for both polymers and biocomposites production, is hereby  
29 reported with examples of case studies and product developed in our research units, such as  
30 sustainable pots, rigid containers, active films, non-woven tissue.

31 **Keywords:** Biomass; Bio-based polymers; active molecules, coatings, packaging, cosmetic,  
32 biomedical  
33

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34 **1. Introduction**

35 With the growth of world economy and rising of global population (9 billion by 2050) the Earth's  
36 natural resources need to be managed more efficiently throughout their life cycle, from extraction,  
37 transport, transformation and consumption, to the disposal of waste. [1] Global production of plastics  
38 has increased twentyfold since the 1960s, reaching million tonnes in 2015 and is expected to double  
39 again over the next 20 years. The combined plastic and food sector form an important part of the EU  
40 economy, accounting for 15 million jobs (7.6% of total employment) [2].

41 In the last decade efforts were dedicated by academics and industries to investigate and  
42 formulate new bioplastics products, but their effective presence in the market, which is increasing,  
43 needs to be promoted in a wide spectrum of applications and petro-based plastics should be more  
44 and more replaced with renewable counterparts mainly employing bioplastics and natural polymers.  
45 Bioplastics may address polymers produced from biomass, being carbon dioxide neutral, but not  
46 necessarily biodegradable, or biodegradable polymers whose biodegradability needs to be related to  
47 a precise environment and conditions as clearly stated by normative and standards. Misleading labels  
48 may raise when the two definitions of biobased and biodegradable are confused or not related to a  
49 precise and official standard [3].

50 The global bioplastic utensils sales was estimated of about 845 million pieces in 2016, and a  
51 projection consider it to become 1274 million pieces in 2022 [4]. A number of bio-based materials are  
52 available on the market from companies spread worldwide, based mainly on starch or polylactic acid  
53 (PLA) addressing products produced mainly by injection moulding, for cutlery, by thermoforming  
54 for plates or cups, then by thermo-foaming for foamed trays or shells, this latter enabling to save up  
55 to 60% less plant-based raw material than traditional plastic or paper products [5,6].

56 Another main issue in products such as trays is the low properties of barrier to gas, and in the  
57 case of starch based materials the low resistance to water and any juicy food. For starch, and sometime  
58 even for trays with minor PLA amount, coating of the tray with a second material, to enhance  
59 resistance to gas and moisture.

60 In personal care applications, where petro-based tissues are often used in hygienic products,  
61 such as wipes, the cellulosic version needs to be promoted by improving its performances thanks to  
62 proper coatings. The presence of anti-microbial coatings based on natural biopolymers that can also  
63 improve cells vitality and their regeneration, can suggest the possibility of transforming some general  
64 hygienic products in more sophisticated products promoting health and beauty of skin.  
65 Polysaccharides such as chitin and chitosan can be considered an optimum basis for this product,  
66 because of their anti-microbial and skin regenerative properties, as in development in the  
67 ECOFUNCO and PROLIFIC projects, where chitin derived from shrimps, or mushrooms will be  
68 valorized for anti-microbial properties by coating, melt-processing with bio-polyesters and  
69 electrospinning technology.

70 In general, the plant starch utensils are made from 70% renewable resources and 30% fillers.  
71 Non-biodegradable (PE, PP) or non biobased additives (inorganic fillers such as talc and calcium  
72 carbonate) extensively used in PLA or other bio-polyesters, such as most expensive  
73 polyhydroxyalkanoates (PHAs) based materials should be progressively reduced and replaced by  
74 biobased additives, such as natural fillers. One case study reported as example of biocomposites  
75 production is addressed in the experimental section reporting biocomposites with PHAs and the effect  
76 of fibres compatibilization with waxes.  
77

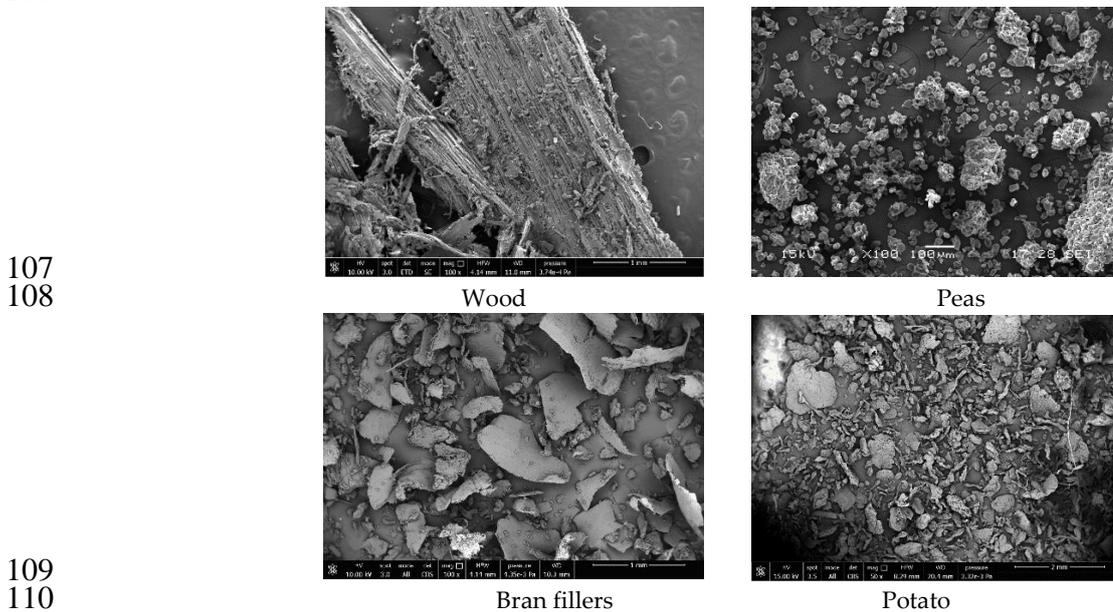
## 78 2. Experiments for Biocomposites Production

79 PHBV was PHI002 from Natureplast, with 1% valerate, density 1.25 g/cm<sup>3</sup> melting point of 145-  
80 150°C, and a melt flow index of 10-20 g (10 min)<sup>-1</sup> (190°C, 2.16 kg). Acetyltributylcitrate (ATBC) from  
81 Sigma Aldrich (Sigma Aldrich, St. Louis, MS, USA) was used as plasticizer for PHBV,  
82 OMYACARB®2 provided by OMNYA® (Oftringen, Switzerland) as filler with fine grain size  
83 distribution (12 µm) was used to reduce the cost of the final product and facilitate the removal of the  
84 product from the mold. A PHBV/CaCO<sub>3</sub>/ATBC 85/5/10 by weight polymeric matrix was used to  
85 produce biocomposites with different natural fibers without and with a surface treatment to  
86 compatibilise with the polymeric matrix. Wood fibres, legume, potato and bran fibres were used to  
87 produce biocomposites with PHA based polymeric matrix. Sawdust was a commercial product from  
88 softwood, pea fibres were provided by Stazione Sperimentale per l'Industria Conserve Alimentari  
89 SSICA, Parma, Italy, as by-products of pea's protein extraction from discarded pea, Bran fibres were  
90 by-products of wheat flour production, potato fibres were by-products of starch production. All

91 natural fibres were dried at 80°C in an electric oven for 24 h, then milled using a lab-scale mill and  
92 sieved with a 500 µm sieve. Aquacer T561 (non-ionic aqueous emulsion of beeswax) and Aquacer  
93 T581 (non-ionic aqueous emulsion of carnauba wax) purchased from BYK (Wesel, Germany) were  
94 used to wet bran fibres to improve their adhesion with the matrix and dispersion in the matrix.  
95 Mixtures were processed in a Thermo Scientific Haake Minilab Micro-compounder (Minilab), a  
96 co-rotating conical twin-screw extruder, Haake III type dog-bone tensile bars (90 × 4.8 × 1.35 mm) were  
97 produced feeding the molten material from the Minilab, directly to a Thermo Scientific HAAKE  
98 MiniJet II (Karlsruhe, Germany), and used for tensile test.  
99

### 100 3. Results and Discussion

101 Wood fibres have a typical fibrous shape, with length up to 3 mm, while pea's solid residue, as  
102 well as bran and potato fillers remaining after respectively extraction of proteins, starch or flour  
103 production are composed even by platelets and round shaped fraction as residue of protein and  
104 starch (Figure 1). Thus these last biomasses has a shape more typical of a filler than of a fibre, as  
105 reflected by the mechanical performance of the produced composites [7].  
106



**Figure 1.** Scanning Electron Microscopy Image of respectively wood fibres, peas, bran and potato fillers

113 In all the biocomposites, with increasing the fibres content regardless of type fibres used (wood,  
114 bran, wheat, or pea) the Young's modulus slightly increased and the elongation at break significantly  
115 decreased due to the stiffening effect induced by the lignocellulosic fillers. The observed behaviour  
116 is typical for particle-filled polymeric matrices with poor or no compatibility between the  
117 components, thus weak interfacial interactions are typical for wood flour filled composites, because  
118 the surface free energy of both the filler and the polymer is very small so that stress transfer  
119 phenomena cannot occur and the filler particle becomes a stress concentrator leading to early  
120 fracture.

121 To predict the behavior of materials as the amount of fibre varies, models have been studied that  
122 take into account the length of the fibers, their orientation and geometric factors such as aspect ratio  
123 (ar). For examples the The Pukanszky's model is developed to predict the behavior of composite  
124 materials in which the dispersed phase consists of particulate or short fibers taking into account  
125 geometric factors, the quantity of fiber contained within and the adhesion between matrix and filler  
126 [8] where the reinforcing effect of filler is expressed quantitatively by considering the effect of the  
127 decrease in effective load-bearing cross-section of the polymer

128

129 
$$\ln \sigma_{c,red} = \ln \frac{\sigma_c(1+2.5V_p)}{1-V_p} = \ln \sigma_m + BV_p \quad \text{eq. 1}$$

130

131  $\sigma_{c,red}$  is the reduced tensile strength, i.e., the tensile strength normalized to the cross-section  
 132 perpendicular to the load direction,  $\sigma_c$  and  $\sigma_m$  are the break stress of the composite and the matrix,  
 133 respectively,  $V_p$  is the filler volume fraction and  $B$  is a parameter connected to the matrix/filler  
 134 interaction. From the slope of the logarithm of  $\sigma_{c,red}$  against  $V_p$ , the value of the B parameter can be  
 135 evaluated.  $B$  has no direct physical meaning, but it is connected with the interfacial properties of the  
 136 system. In a simplified way the higher is B better is the adhesion.

137 The B parameters calculated for the prepared composites are sumamrised in Table 1.

138

139

**Table 1.** Parameter B for each type of filler used.

By product	B
Wood Fibres	2.47
Potato Fibres	2.33
Peas fibre	1.98
Bran fibres	0.67
Bran fibres T581	0.45
Bran Fibres T561	1.53

140

<sup>1</sup> Tables may have a footer.

141

142 These results confirmed the better mechanical performances of the composites containing wood  
 143 fibres, and the improvement of adhesion between the bio-polyester matrix and the natural fibres,  
 144 when treated with beeswax

145 **5. Conclusions**

146 Biomass from agro-food industries, can be valorsed in several applications from the simplet us of  
 147 natural fibres abd fillers in biocomposites production to biomolecules extraction and use for  
 148 advanced materials to be applied in packaging, cosmetics, agriculture.

149 Composites based on PHA and fibres showed a good processability by injection moulding up to 20%  
 150 to 30% of fibre content. The elongation at break decreased significantly with increasing fibres loading,  
 151 while the Tensile strength decreased slightly. Young’s modulus increased with increasing the fibre  
 152 loading, as well as impact test energy absorbed The Pukànzsky’s model predicts with good accuracy  
 153 the tensile behavior of the composites showing a medium intensity adhesion between fibres and  
 154 polymer matrix in both cases analyzed (Wood, peas, potato and wood Fibres). Improvement of  
 155 adhesion can be achieved with fibres surface treatment with natural waxes, to compatibilize with the  
 156 polymeric matrix. The presence of fibres lowers cost of the biocomposites and promotes  
 157 biodegradation and sustainability

158

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163 **Author Contributions:** PC coordinated research, analysed the literature and wrote the paper, M.SE. F.S,  
 164 performed literature seach and analysis, M.B.C; S.D. participated to research design, M.C.R. performed thermal  
 165 analysis and discussed the data, M.SA. performed the experiments; V.G. Analysed the data, L.A. provided  
 166 facilities and research inputs.

167 **Conflicts of Interest:** "The authors declare no conflict of interest." the decision to publish the results".

## 168 **Abbreviations**

169 The following abbreviations are used in this manuscript:

170 EU: European Community

171 PHA: polyhydroxyalkanoates

172 PLA: Poly lactic acid

173 PE: Polyethylene

174 PP: Polypropylene

175 SEM: scanning electron microscopy

176

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