# Emerging nanomaterials applications for food packaging and preservation. Safety issues and risk assessment S. Agriopoulou<sup>1\*</sup>, E. Stamatelopoulou<sup>1</sup>, V. Skiada<sup>1</sup>, P. Tsarouhas<sup>2</sup> and T. Varzakas<sup>1</sup>

<sup>1</sup>Department of Food Science and Technology, University of the Peloponnese, Antikalamos, 24100 Kalamata, Greece; sagriopoulou@gmail.com (S.A); vpskiada@yahoo.gr (V.S.); estamatel@gmail.com (E.S.); t.varzakas@us.uop.gr (T.V.)

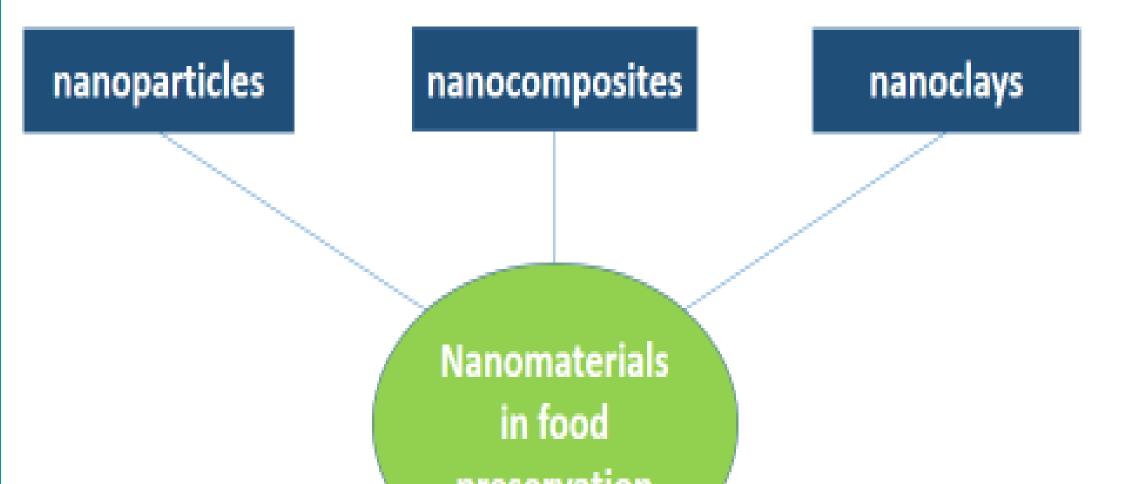
<sup>2</sup>Department of Supply Chain Management (Logistics), International Hellenic University, Kanellopoulou 2, 60100 Katerini, Greece; ptsarouhas@ihu.gr (P.T.)

\*Correspondence: sagriopoulou@gmail.com (S.A.)

## Introduction

Nanotechnology or "nanoscience" uses materials and structures, in the nanoscale range, usually 100 nm or less in at least one dimension, with a nanometer being 10<sup>-9</sup> meters. Nanomaterial defined as material having one or more dimensions in the range 1–100 nm. The materials used in food packaging are intended to reduce or delay the deterioration of food quality, preventing the transportation of gases such as oxygen from the external environment to foods, for a specific period of time until it is used by the consumer. The contribution of nanotechnology to the development of food packaging systems has been enormous in last years. Concerning the acceptance of nanotechnology by the public in the field of foodstuffs, from studies related to consumer behavior, there is a greater acceptance of nanotechnology in the external environment such as food packaging than inside the food. The purpose of this work is to provide recent advances in the development of efficient nano-preservatives, multifunctional devices and systems that could be used to maintain food quality as well as contribute to extending the shelf life through food packaging as well as risk and safety issues.

Recent studies of the use of nanomaterials in active food packaging applications **Emerging nanomaterials in food preservation** 



		Food Matrix	Nanomaterials	Effect
nanoparticles nanocomposites Nanomaterials in food preservation	nanoclays	Grapes	Nanocomposites of chitosan/gelatin and silver nanoparticles	Extend the shelf life for two weeks
		Fresh-cut apple	Poly-lactic acid film incorporated with ZnO nanoparticle	Maintain the quality for two weeks
		Peach	Chitosan-rice starch/ Nano-ZnO nanocomposites	Control the microbial growth and spoilage
		Lamb meat	Cellulose nanofiber/whey protein/ containing TiO <sub>2</sub> nanoparticles and rosemary essential oil	Reduced microbial growth, extend the shelf life for 6 to 15 days
		Fruits and vegetables	Silver nanoparticles	Absorption and decomposition of ethylene emitted
		Chicken meat	Polylactide films and bimetallic Ag-Cu nanoparticles and and essential oil	Maximum antibacterial action during 21 days at 4 °C
nanoemulsions nanosensors	nanostructures	Salmon	Chitosan/montmorillonite / α-tocopherol film	Inhibition of oxidation reactions
Fig. 1. Nanomaterials in food preservation		Bread	Carboxymethyl cellulose-chitosan-ZnO NPs nanocomposite	Extend the shelf life by 15 days
		Lamb meat	Nano-composite films containing TiO <sub>2</sub> nanoparticles and rosemary essential oil	Extend the shelf life by 12–15 days

## Regulations and safety issues-Risk assessment

- Regulatory systems are necessary to manage the potential risks posed by the use of nanotechnology in the food sector.
- The application of specific legislative framework of nanotechnology in food could lead to the widespread use of nanomaterials in food packaging.
- In the United States, Regulation 258/97 stipulates that if a nanomaterial is used as a primary ingredient, then it must be considered as "fresh food". According to European Commission Regulation no. 2015/2283, EFSA must verify that for the involvement of mechanically engineered nanoparticles in food production, their safety assessment was performed using the latest generation of analytical techniques. EFSA has recently published its Risk Assessment Guidelines for the Application of Nanosciences and Nanotechnologies in the Food Chain. Long-term exposure to nanoparticles can cause
  - oxidative stress in human cells, kidney and liver damage, and DNA damage.

### Conclusions

- The mechanism of action of most nanomaterials used in food preservation is not fully understood.
- Additional research is needed to assess the safety of nanomaterials, to characterize them and to measure their reactivity.
- The toxicological risk involved in the use of nanomaterials in food packaging, especially in the case of edible nano-packaging, is significantly linked to the phenomenon of migration as well as to the occurrence of toxic effects on the exposed human body.

### References

1. Agriopoulou, S. Nanotechnology in food packaging. *EC Nutr.* **2016**, 42,118–142.

- 2. Adeyeye, S.A.O.; Fayemi, O.E. Nanotechnology and food processing: between innovations and consumer safety. J. Culin. Sci. Technol.2019, 17, 435–52.
- 3. Naseer, B.; Srivastava, G.; Qadri, O. S.; Faridi, S. A.; Islam, R. U.; Younis, K. Importance and health hazards of nanoparticles used in the food industry. Nanotechnology Reviews 2018, 7, 623–641.
- 4. Dos Santos, C.A.; Ingle, A.P.; Rai, M. The emerging role of metallic nanoparticles in food. Appl Microbiol. Biotechnol. 2020, 104, 2373-2383.
- 5. Wang, L.; Chen, C.; Wang, J.; Gardner, D.J.; Tajvidi, M.. Cellulose nanofibrils versus cellulose nanocrystals: Comparison of performance in flexible multilayer films for packaging applications. Food Packag. Shelf Life 2020, 23, 100464.
- 6. Ramos, O.L.; Pereira, R.N.; Cerqueira, M.A.; Martins, J.R.; Teixeira, J.A.,; Malcata, F. X.; Vicente, A.A. Bio-Based Nanocomposites for Food Packaging and Their Effect in Food Quality and Safety. In: Food Packaging and Preservation (eds). Elsevier Inc. 2018 pp. 271-306.
- 7. Mei, L.; Wang, Q. Advances in using nanotechnology structuring approaches for improving food packaging. Annu. Rev. Food Sci. Technol. 2020, 11,339–364.
- 8. Singh, P. Nanotechnology in food preservation. Food Sci. Res. J. 2018, 9,435-441.
- 9. Gallocchio, F.; Belluco, S.; Ricci, A. Nanotechnology and food: brief overview of the current scenario. *Procedia Food Sci.* 2015, 5,85–88.
- 10. Regulation (EU) 2015/2283 of the European parliament and of the Council of 25 November 2015 on novel foods, Amending Regulation (EC) No 258/97 of the European Parliament and of the Council and repealing Regulation (EC) No 258/97 of the European Parliament and of the Council of 25 November 2015 on novel foods, Amending Regulation (EU) No 1169/2011 of the European Parliament and of the Council and repealing Regulation (EC) No 258/97 of the European Parliament and of the Council and repealing Regulation (EC) No 258/97 of the European Parliament and of the Council and repealing Regulation (EC) No 258/97 of the European Parliament and of the Council and repealing Regulation (EC) No 258/97 of the European Parliament and of the Council and Commission Regulation (EC) No 1852/2001, Off. J. Eur. Union L 2015, 327, 1–22.
- 11.EFSA (European Food Safety Authority), Scientific Committee, Hardy, A., Benford, D., Halldorsson, T., Jeger, M.J., Knutsen, H.K., More, S., Naegeli, H., Noteborn, H., Ockleford, C., Ricci, A., Rychen, G., Schlatter, J.R., Silano, V., Solecki, R., Turck, D., Younes, M.,
- Chaudhry, Q., Cubadda, F., Gott, D., Oomen, A., Weigel, S., Karamitrou, M., Schoonjans, R., and Mortensen, A. Guidance on risk assessment of the application of nanoscience and nanotechnologies in the food and feed chain: Part 1, human and animal health. EFSA Journal **2018**, 16,5327.
- 12. Rovera, C.; Ghaani, M.; Farris, S. Nano-inspired oxygen barrier coatings for food packaging applications: an overview. Trends Food Sci. Technol. 2020, 97, 210–220.