



Proceedings

# Preparation of Magnetic-Fluorescent Bifunctional Microrods as a Drug Delivery System via One-Step Electrospraying <sup>†</sup>

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Abstract: Magnetic-fluorescent bifunctional drug delivery system which possesses magnetic targeting and fluorescent tracing capabilities, effectively improves the delivery efficiency of drugs. With the in-depth study of the properties of non-spherical microparticles, it is found that the shape of the microparticles also plays a key role in drug delivery. Because of the unique shape, rod-like microparticles have exhibited great drug molecule metabolic dynamics and excellent anti-tumor effects during the process of treatment. In this study, Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA magnetic- fluorescent bifunctional microrods were prepared via one-step electrospraying. Unlike other methods that require complicated steps or expensive equipment, one-step electrospraying is a facile and lowenergy method. The prepared magnetic-fluorescent bifunctional microrods possessed uniform rodlike morphology. Compared with magnetic-fluorescent bifunctional microspheres in same volume, it was found that the microrods showed a lower water contact angle. The results of hysteresis curve and fluorescence spectrum suggested the excellent magnetic and fluorescent properties of magneticfluorescent bifunctional microrods. After co-cultured with A549 cells or endothelial cells, the cell viability testing results confirmed the wonderful biocompatibility of microrods. When the drug doxorubicin was loaded by the immersion method, the microrods showed a higher drug entrapment efficiency and drug-loading capacity in comprasion with microspheres. In addition, microrods loaded with the same drug in weight showed stronger cytostatic effects after two days of co-culture with A549 cells. In summary, the magnetic-fluorescent bifunctional microrods prepared via one-step electrospraying will be promising candidates for biomedical applications in drug delivery, targeting and tracking.

**Keywords:** one-step electrospraying; magnetic-fluorescent bifunctional; microrods; drug delivery system; A549 cells

#### 1. Introduction

In order to improve the efficiency of drug utilization, drug delivery system (DDS) was proposed and used for delivering and then releasing the drugs to the lesion as well as reducing the toxicity of drugs [1,2]. With the development of DDS, researchers paid more attention to the delivery targeting efficiency of DDS, especially that with magnetic targeting [3,4]. By wrapping the magnetic material in the DDS, the magnetic DDS would be guided to the diseased tissues or organs and realize the

targeted release of the drug under the action of an external magnetic field [5]. However, the magnetic DDS was poor in real-time tracking and observation and cannot be detected during the delivery process. Therefore, the method of combining fluorescent materials with magnetic targeting technology in DDS came into being, and the magnetic-fluorescent composite DDS received widespread attention [6–8]. With magnetic targeting and fluorescent labeling functions, the DDS could realize the integration of diagnosis and treatment such as biological imaging and drug delivery [9,10]. Cui et al. [11] designed a chitosan microcapsule, encapsulating oleic acid-modified Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles (MNPs) and green fluorescent dye coumarin 6, for targeted drug delivery and release. Li et al. [12] prepared a magnetic fluorescent bifunctional drug delivery system Fe<sub>3</sub>O<sub>4</sub>/TbBenzimidazole(Aspirin)<sub>2</sub>/Chitosan, which exhibited desirable fluorescent and magnetic properties.

For DDS, in addition to using magnetic or fluorescent materials to enhance targeting efficiency, the regulation in the morphology, size, and surface composition of the carrier also affects the therapeutic effect of the DDS [13]. For example, using liposomes as the carrier can help the DDS better reach to the lesions [14]. The strategy of preparing rod-shaped and urchin-like particles was also proposed to promote the cell phagocytosis efficiency by increasing the contact of DDS with cells [15]. Yi et al. [16] reported a self-sacrificing route for fabrication of the Ce/Tb co-doped GdPO hollow spheres under hydrothermal conditions, which showed excellent drug loading and release capabilities. Gratton et al. [17] indicated that the rate of Hella cells phagocytosed rod-like particles was four times than that of spherical particles of the same volume. However, compared with common spherical particles, the preparation of non-spherical particles is usually more difficult [15]. Previously, we prepared microrods by one-step electrospray. During the process of exploring DDS, it was found that rod-shaped DDS showed better drug molecular dynamics performance and better anti-tumor effects [18,19]. With the large specific surface area, high drug-loading capacity, long circulation time and high cell uptake efficiency, the rod-shaped DDS has a better effect than the spherical DDS in the treatment of cancer and other diseases [17,20,21].

In this study, we prepared magnetic-fluorescent bifunctional Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods via one-step electrospray. Embedding with Fe<sub>3</sub>O<sub>4</sub> MNPs and fluorescent material NaYF<sub>4</sub>:Eu<sup>3+</sup> nanoparticles (NPs), the obtained microrods showed a great rod shape in morphology. We studied the composition, magnetic and fluorescent properties, hydrophilic and hydrophobic properties and cytotoxicity of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods in detail. Subsequently, doxorubicin (DOX) was loaded in the Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres and the entrapment effciency (EE) and drug-loading capacity (LC) of the two kinds of microparticles were calculated. For further compare the drug loading capacity, the cancer cells killing efficiency of drug-loading Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres were explored with A549 lung cancer cells. The result suggested that the prepared magnetic-fluorescent bifunctional Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods were expected to be better used as the drug delivery carriers in the targeted therapy of tumors and other diseases.

## 2. Experiments

### 2.1. Materials

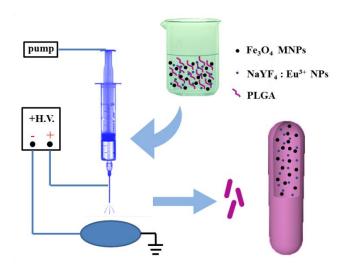
Poly (lactide-co-glycolide) (PLGA, Mw = 2 × 10<sup>4</sup>, LA:GA = 50:50) was bought from Jinan Daigang Biotechnology Co. Ltd. (Jinan, China). Tetrahydrofuran (THF) was provided by Shanghai Macklin Biochemical Technology Co. Ltd. (Shanghai, China). FeCl₃·6H₂O (≥99.0%) and FeCl₂·4H₂O (≥98.0%) were bought from Xilong Chemical Co. Ltd. (China). Diethylene glycol (DEG) was provided by Tianjin kwangfu Fine Chemicals Institute (Tianjin, China). Eu(NO₃)₃·6H₂O (99.99%), Hexafluoroisopropanol (HFIP) and doxorubicin (DOX) were bought from Aladdin Industrial Corporation (China). Y(NO₃)₃·6H₂O (99.0%), polyethyleneimine (PEI) and NaBF4 were purchased from Shandong Xiya Chemical Industry Co. Ltd. (China). Absolute ethyl alcohol was bought from Beijing Tongguang Fine Chemical Company (Beijing, China). All reagents involved in this work were of analytical grade and directly used as-received without further purification.

# 2.2. Preparation of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>: Eu<sup>3+</sup>/PLGA Microrods

Fe<sub>3</sub>O<sub>4</sub> MNPs was prepared according to the method of Lotfi et al. [22] Briefly, 2.91 g FeCl<sub>3</sub>·6H<sub>2</sub>O and 1.07 g FeCl<sub>2</sub>·4H<sub>2</sub>O were dissolved in 100 mL deionized water and stirred at 800 rpm/min at 80 °C. Moreover, 20 mL of 25% ammonium hydroxide was injected into the solution after 15 min and then the mixture was stirred for 3 h. Finally, the black precipitate was washed four times with deionized water and ethanol and dried in a freeze drier at -50 °C for 24 h.

NaYF<sub>4</sub>:Eu<sup>3+</sup> NPs was produced by using the hydrothermal method [23,24]. Briefly, under vigorous stirring, 0.69 g Y(NO<sub>3</sub>)<sub>3</sub>·6H<sub>2</sub>O, 0.09 g Eu(NO<sub>3</sub>)<sub>3</sub>·6H<sub>2</sub>O and 0.17 g NaCl were mixed in 10 mL deionized water, 30 mL DEG and 10 mL 10 wt.% PEI solution were added into the mixture. Then, 0.2 g NaBF<sub>4</sub> solved in 5 mL deionized water was added and the mixture was stirred for 1 h. After transferred into a Teflon autoclave at 180 °C for 6 h, the product was was washed four times with deionized water and ethanol and dried at 60 °C for 24 h.

Subsequently, for preparing Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods, as Figure 1 showed, 150 mg PLGA, 50 mg Fe<sub>3</sub>O<sub>4</sub>MNPs and 50 mg NaYF<sub>4</sub>:Eu<sup>3+</sup> NPs were mixed in THF as the precursor solution. As for preparing Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microspheres, HFIP was used. During electrospraying, the precursor solution was loaded into a syringe, and placed on a pump. The collector was placed at 15 cm away from the needle, the voltage was set at 6–8 kV and the flow rate of the precursor solutions was 0.6 mL/h.



**Figure 1.** Schematic illustration of the preparation of the Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA magnetic-fluorescent bifunctional microrods.

# 2.3. Drug Loading of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>: Eu<sup>3+</sup>/PLGA Microrods

For loading drug, 30 mg prepared microrods or microspheres in was added into 3 mL DOX/deionized water solution (1 mg/mL) for 12 h. DOX-loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods or microspheres was got after filtering and freeze-drying for 36 h. And EE and LC were calculated by using the followed formula, respectively.

$$EE (\%) = \frac{Total \ DOX - Free \ DOX}{Total \ DOX} \times 100\%$$
 
$$LC (\%) = \frac{Total \ DOX}{The \ weight \ of \ DOX} \times 100\%$$
 
$$The \ weight \ of \ DOX \ loaded \ microrods \ or \ microshperes$$

#### 2.4. Characterization

Scanning electron microscopy (Quanta<sup>™</sup> 250 FEG SEM, FEI, USA) was used to observe the morphology of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods. In the SEM images, the lengths and diameters of atleast 200 microrods were measured by using the software Image J. The composition of the

microrods was tested by FTIR spectrometry (FTIR-1650, Tianjin Gang Dong Technology Development Co. Ltd., Tianjin, China) and Simultaneous Thermal Analyzer (STA, ZCT-A, Beijing Jingyi Gaoke Instrument Co. Ltd., Beijing, China). The Hydrophobicity-hydrophilicity was tested by using a contact measurement (JC2000FM, Powereach, Shanghai, China). Vibrating sample magnetometer (VSM, Laker Shore 7307, USA) and fluorescence spectrophotometer (FS5, Edinburgh, UK) were used to measure the magnetic and fluorescent properties, respectively. The OD values of DOX were detected by UV/VIS/NIR spectrophotometer (GENESYS 180, Thermo, Waltham, MA, USA) to evaluate the content of DOX.

## 2.5. Cell Experiments

#### 2.5.1. Cell Culture

A549 cells were provided by Institute of Basic Medical Sciences of Chinese Academy of Medical Sciences. Human umbilical vein endothelial cells (HUVECs) were isolated from human umbilical cord veins collected from Peking University People's Hospital (Beijing, China). Informed consent was provided according to the Declaration of Helsinki. HUVECs were extracted and identified from umbilical cord vein tissue by using the published method [25]. HUVECs or A549 cells were grown in RPMI-1640 culture medium (Beijing Solarbio Technology Co. Ltd., Beijing, China) with 1% penicillin/streptomycin and 10% Fetal bovine serum (Zhejiang Tianhang Biotechnology Co. LTD., Zhejiang, China).

# 2.5.2. Cell Viability Assay

HUVECs or A549 cells with a density of  $2 \times 10^3$  cells per well were seeded 96-well plates and co-cultured with 1 mg/mL PLGA microrods or microspheres for 1, 3 or 5 days. In vitro cell viability was measured with Cell Counting Kit-8 (CCK-8, Dojindo Laboratories, Kumamoto, Japan) in accordance with the manufacturer's instructions. And at day 5, cell viability assay by acridine orange (AO) staining (Beijing Solarbio Technology Co. Ltd., China) was also performed. Briefly, 150  $\mu$ L phosphate buffer saline solution containing 1.5  $\mu$ L AO was added into each well for 5 min incubation at room temperature. And the cells were observed by a fluorescence microscope (IX71, Olympus Inc., Tokyo, Japan).

A549 cells with a density of  $5 \times 10^3$  cells per well were seeded in 96-well plates and co-cultured with DOX-loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods or microspheres at the concentration of 0.1, 0.2, 0.5, 1, 2 or 5 mg/mL for 48 h. And A549 cells were also co-cultured with 1 mg/mL DOX-loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods or microspheres for 12, 24, 48 or 72 h. The cell viabilities were performed by using CCK8.

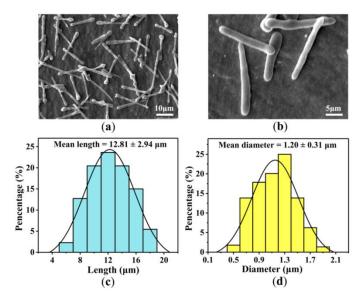
## 2.6. Statistical Analysis

The results are expressed as mean  $\pm$  standard deviation. The statistical significance of results between groups was carried out by one-way ANOVA at a confidence level of 95% with SPSS 19.0 software. Differences were considered to be statistically significant for values of \* p < 0.05 and \*\* p < 0.01.

#### 3. Results

#### 3.1. Morphology

The SEM images of the Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods were shown in Figure 1a,b. The microrods were successfully prepared and possessed uniform rod shape. The surface of the microrods was a bit rough because of the presence of Fe<sub>3</sub>O<sub>4</sub>/MNPs and NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods were shown in Figure 1c,d, respectively. The mean leghth was  $12.81 \pm 2.94 \mu m$  while the mean diameter was  $1.20 \pm 0.31 \mu m$ .

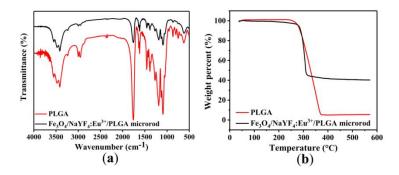


**Figure 2.** SEM images of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>: Eu<sup>3+</sup>/PLGA microrods at different magnifications, (**a**) ×5000, (**b**) ×10,000; (**c**) length distribution and (**d**) diameter distribution of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>: Eu<sup>3+</sup>/PLGA microrods.

# 3.2. Infrared Analysis and Thermal Stabilities

The FTIR spectra of PLGA and Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>: Eu<sup>3+</sup>/PLGA microrods were presented in Figure 3a. For the PLGA spectrum, the strong peak at 1754.9 cm<sup>-1</sup> was assigned to the stretching vibration of C-O. The two absorption peaks at 1187.9 cm<sup>-1</sup> and 1089.5 cm<sup>-1</sup> represented the C-O-C stretching vibration of PLGA. The characteristic peaks of PLGA all appeared in the FTIR spectrum of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>: Eu<sup>3+</sup>/PLGA microrods.

In Figure 3b, the TG curves of PLGA and Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods were similar and both of them experienced one loss stage of weight from 260 to 360 °C. Under 570 °C, the weight loss of PLGA reached 100%, while that of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods was about 59%. It is because that the ratio of Fe<sub>3</sub>O<sub>4</sub> MNPs and NaYF<sub>4</sub>:Eu<sup>3+</sup> NPs to PLGA was 4:5 in the microrods, indicating that the samples had great thermal stability.

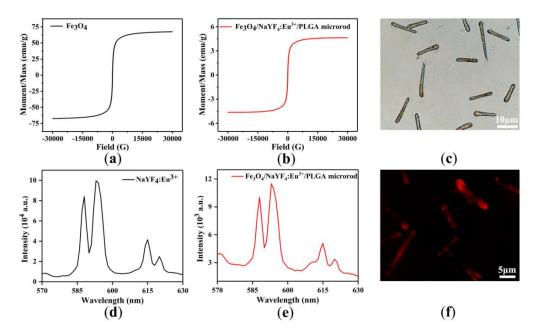


**Figure 3.** (a) FTIR spectra of PLGA and Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods; (b) TG curve of PLGA and Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>: Eu<sup>3+</sup>/PLGA microrods.

# 3.3. Magnetic and Fluorescent Properties

To study the magnetic property of the Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods, the hysteresis loops of the Fe<sub>3</sub>O<sub>4</sub> MNPs and Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods under an applied field of 30 kOe were shown in Figure 4a,b. The saturation magnetization of the pure Fe<sub>3</sub>O<sub>4</sub> MNPs was 67.4 emu/g. The Fe<sub>3</sub>O<sub>4</sub> MNPs were embedded in the micorrods, which could be observed under the optical microscope (Figure 4c), and the weight of Fe<sub>3</sub>O<sub>4</sub> MNPs was only 2/9 of microrods, so the saturation magnetization of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods was only 4.6 emu/g. Nevertheless, Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods still exhibited great magnetic properties.

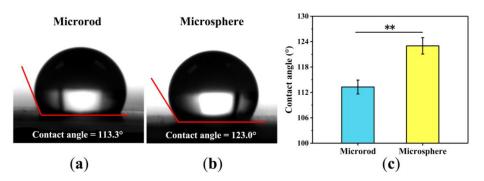
The fluorescent property of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods was studied at the excitation wavelength of 394 nm. The emission spectra of NaYF<sub>4</sub>:Eu<sup>3+</sup> NPs and Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods were showed in Figure 4d,e, respectively. The broad peaks at about 593 and 615 nm corresponded to the transitions of  ${}^5D_0 \rightarrow {}^7F_1$  and  ${}^5D_0 \rightarrow {}^7F_2$  of Eu<sup>3+</sup>, respectively. The intensity of emission spectra and the photograph in Figure 4f showed the red fluorescence suggested the excellent luminescent property of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods which would be a good candidate for bioimaging and drug tracer.



**Figure 4.** Hysteresis loop of **(a)** pure Fe<sub>3</sub>O<sub>4</sub> MNPs and **(b)** Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods. **(c)** Optical microscope images of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods. Emission spectra of **(d)** pure NaYF<sub>4</sub>:Eu<sup>3+</sup> NPs and **(e)** Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods. **(f)** Fluorescent photograph of the Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods.

# 3.4. Hydrophobicity-Hydrophilicity

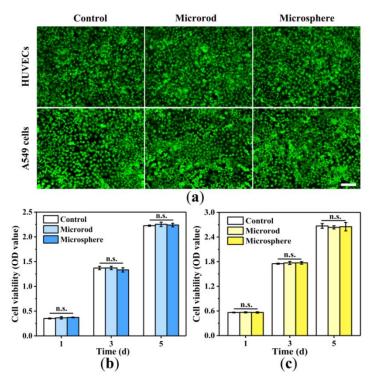
To examine the hydrophobicity–hydrophilicity of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods, the contact angles of microrods and microspheres were messured. As shown in Figure 5a,b, the contact angles of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres were 113.3° and 123.0°, respectively. The microrods exhibited a smaller contact angle of approximately 9.7° than the microspheres, which suggested that microrods were more hydrophilic than microspheres.



**Figure 5.** Images of water droplets on (**a**) Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and (**b**) Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres, n = 3.

# 3.5. Cytotoxicity

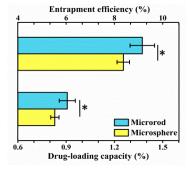
AO-stained fluorescence images showed that both normal cells (HUVECs) and tumor cells (A549 cells) were able to grow well in culture medium containing 1 mg/mL microrods or microspheres (Figure 6a). Cell viabilities in Figure 6b,c indicated that neither of microrods or microspheres showed significant cytotoxicity to HUVECs and A549 cells.



**Figure 6.** (a) Fluorescence images of HUVECs and A549 cells (stained with AO) cultured with microrods or microspheres at the concentration of 1 mg/mL for 5 d, scale bar:  $100 \mu m$ . In vitro cell relative viabilities of (b) HUVECs and (c) A549 cells co-cultured with Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods or microspheres at the concentration of 1 mg/mL for 1 d, 3 d and 5 d, n = 3.

# 3.6. Entrapment Efficiency and Drug-Loading Capacity

In order to compare the drug loading capacity of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microsphers, the EE and LC of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres were calculated. As showed in Figure 7, the EE and LC of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods were 9.153  $\pm$  0.506% and 0.907  $\pm$  0.050%, higher than 8.368  $\pm$  0.259% and 0.830  $\pm$  0.025% of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microspheres. The results suggested that the Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods possessed a better capacity for loading drugs than Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microspheres.

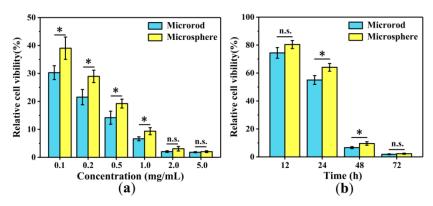


**Figure 7.** The calculated entrapment efficiency and drug-loading capacity of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres, n = 3.

# 3.7. Anti-Cancer Cell Efficiency

The anti-cancer cell efficiencies of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres were further evaluated. After co-cultured with DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods or microspheres at the concentrations from 0.1 to 5.0 mg/mL for 48 h, the viabilities of A549 cells were tested. As Figure 8a showed, the cell viabilities decreased with the concentration increment. At the concentrations from 0.1 to 1.0 mg/mL, the cell viabilities of A549 cells with DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods at 48 h were obviously lower than those of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microspheres.

The viabilities of A549 cells co-cultured with 1.0 mg/mL DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods or microspheres for 12, 24, 48 and 72 h were tested. As Figure 8b showed, the cell viabilities decreased with the time went by. Both at 24 and 48 h, the cell viabilities of A549 cells with DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods were significantly lower than those of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microspheres, which suggested the greater cnti-cancer cell efficiency of DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods.



**Figure 8.** (a) In vitro A549 cell relative viabilities normalized to the untreated control after co-cultured with DOX loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods or microspheres at different concentrations of 0.1, 0.2, 0.5, 1.0, 2.0 or 5.0 mg/mL for 48 h, n = 3. (C) In vitro A549 cell relative viabilities normalized to the untreated control at the concentration of 1.0 mg/mL for 12, 24, 48 and 72 h, n = 3.

## 4. Discussion

In this study, we developed a magnetic-fluorescent bifunctional Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA drug delivery carriers. Electrospray is a simple and facile method to prepare microparticles, but the microparticles obtained are usually spherical. The conditions for one-step preparation of microrods by electrospray were studied [13], which greatly simplified the preparation process compared with other methods such as stretching technology [26] and the method of cutting long fibers [27]. After embedding with fluorescent materials and MNPs, the prepared magnetic-fluorescent bifunctional microrods still showed a great rod shape in morphology. The microrods possessed magnetic and fluorescent properties, which could provide the drug delivery carrier with magnetic targeting and fluorescent tracing functions. Although the saturation magnetic intensity and fluorescence intensity of the microrods were much lower compared with pure MNPs and fluorescent materials, it was because the MNPs and fluorescent materials were wrapped in PLGA, and the mass proportion were low. In addition, although the presence of magnetic materials may have a quenching effect on fluorescent materials [28,29], the fluorescence image still shows good fluorescence performance. The prepared magnetic-fluorescent bifunctional microrods were sufficient to induce magnetic response and fluorescence response [30].

Interestingly, there was a significant difference in hydrophilicity between Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres after 30 min of electrospray, which may be related to the morphology of the microparticles. The study by Li et al. [30] pointed out that the water contact angle of microspheres is larger than that of red blood cell-like particles. Zhao et al. [31] fabricate surfaces with patterned multiscale roughness to render superhydrophobicity by

electrospraying technique. It might be due to the large number of microspheres spreading to form a shape similar to the hydrophobic array, so the water contact angle of the microspheres is larger. Generally speaking, proper hydrophilicity is conducive to enhancing cell affinity [32], indicating that rod-shaped particles should have better cell affinity than microspheres. In this study, PLGA, a kind of polymer with excellent biocompatibility, was used to as the material of carriers, and we also discussed the cytotoxicity of microrods and microspheres. The results showed that the microrods and microspheres had no obvious cytotoxicity to lung cancer cells and normal cells (HUVECs). This resulted indicated that the designed drug delivery carriers meet the basic requirements for drug delivery in vivo.

In order to ensure the same conditions as possible in the comparison between Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres, physical immersion was used to prepare DOX-containing DDS. The results showed that the Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods exhibited higher encapsulation efficiency and drug loading capacity, which might due to the larger specific surface area in comparasion with microspheres. Meanwhile, at the same concentration, the microrods showed a faster cell killing effects. On the one hand, this may be related to the relatively large amount of drug loaded. On the other hand, due to the higher specific surface area of the microrods, the release of the drug was relatively faster, which caused the faster cancer killing effect of DOX-loaded Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods.

#### 5. Conclusions

Magnetic-fluorescent bifunctional Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods have been successfully prepared via one-step electrospray. The obtained Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods showed a good rod shape in morphology. The results from hysteresis loop suggested that the microrods had outstanding magnetic properties. Fluorescence emission spectra and fluorescence images indicated the excellent fluorescence performance of the microrod. Compared with microspheres, microrods have better hydrophilic property, but both AO staining and CCK8 results indicated that there was no obvious cytotoxicity of Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods and microspheres, whether for A549 lung cancer cells or normal endothelial cells (HUVECs). Moreover, drug-loading experiments suggested that the microrods had a higher entrapment efficiency and drug-loading capacity for the drug, which promotes the drug-loading Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods to have stronger killing effects to cancer cells. In short, this rod-shaped drug carrier, Fe<sub>3</sub>O<sub>4</sub>/NaYF<sub>4</sub>:Eu<sup>3+</sup>/PLGA microrods, with magnetic-fluorescent bifunctional have a good prospect in the field of drug delivery.

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#### **Abbreviations**

The following abbreviations are used in this manuscript:

PLGA Poly (lactide-co-glycolide)

THF Tetrahydrofuran

DEG Diethylene glycol

HFIP Hexafluoroisopropanol

DOX doxorubicin
PEI polyethyleneimine
DDS drug delivery system
MNP magnetic nanoparticle

NP nanoparticle

EE entrapment efficiency LC drug-loading capacity

HUVEC human umbilical vein endothelial cell

CCK-8 Cell Counting Kit-8
AO Acridine Orange
PBS phosphate buffer saline

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