

1 Conference Proceedings Paper

2 A novel plant-based biostimulant improves plant 3 performances under drought stress in tomato

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11 **Abstract:** Abiotic stress adversely affects crop production, causing yield reductions in important
12 crops, including tomato (*Solanum lycopersicum*). Among different abiotic stresses, drought is
13 considered to be the most critical one since limited water availability negatively impacts plants
14 growth and development, especially in arid or semi-arid areas. The aim of this study was to
15 understand how biostimulants may interact with critical physiological response mechanisms in
16 tomato under limited water availability and to define strategies to improve tomato performances
17 under drought stress. We investigated physiological responses of the tomato genotype 'E42' grown
18 in open field under control condition (100% irrigation) and limited water availability (50%
19 irrigation) and treated or not with a novel plant-based biostimulant named CycoFlow (Agriges, BN,
20 Italia). Plants treated with the biostimulant showed an increase in stomatal conductance. The
21 highest yield *per* plant was registered under the 100% water regimens in biostimulant-treated plants.
22 Also, biostimulant-treated plants had higher pollen viability (+50.94% under water deficit) and
23 higher fruit weight (+56.13% under water deficit) compared to non-treated plants. The treatment
24 with the biostimulant had also an effect on antioxidants and pigments content in leaves and fruits.
25 Altogether, these results indicate that the application of the biostimulant CycoFlow to tomato plants
26 improved plant performances under limited water availability.

27 **Keywords:** bioassay; limited water availability; tomato yield; glycine betaine

28 1. Introduction

29 Transient or extended drought periods are common in agriculture of arid and semi-arid
30 environments and will become more frequent with climate change [1; 2]. Generally, plants respond
31 to drought with a series of physiological mechanisms including stomatal closure, repression of cell
32 growth and photosynthesis, activation of stress hormones and antioxidant mechanisms, which
33 overall lead to a reduction in plant biomass. The effects of transient water deficit are different from
34 those caused by severe drought [3;4]. Lack of water and increase competition for water resources
35 between agriculture and other sectors require exploring alternative and sustainable crop
36 management strategies that can allow saving water for irrigation and still maintain satisfactory levels
37 of crop production. One of the strategies that can be used to improve the responses of plants to stress
38 conditions could be the use of biostimulants. The application of biostimulants has a positive impact
39 on plant nutrition and growth, and also provides anti-stress effects [5]. This crucial role of
40 biostimulants highlights the importance of increasing our knowledge of their physiological functions,
41 which are still unclear. The aim of this study was to link physiological responses and agronomic

42 performance of tomato plants exposed to water deficit and treated with CycoFlow, a novel plant-
43 based biostimulant supplied by Agriges (Benevento, Italy).

44 2. Experiments

45 Experiments were carried out at the agronomy farm of the University of Naples “Torre Lama”
46 located in Bellizzi, (Salerno), Italy (latitude 40°31'N; longitude 14°58'E) on a clay-loam soil. Four weeks
47 after seeding, after the third true leaf was fully expanded, tomato plants (genotype E42, available at
48 the University of Naples, Department of Agricultural Sciences) were transplanted into open field on
49 June 19th 2019. The experimental design was a randomized block design with three replicates for
50 water treatment (well watered 100% *vs*- water deficit 50%) and biostimulant treatment (treated *vs*-
51 non treated). The biostimulant treatment was combined with two irrigation levels: irrigation with
52 50% and 100% of evaporation determined using a Class A evaporation pan between two irrigations.
53 The experimental field was irrigated every 10 days, using a drip irrigation system with 5 L/h (one
54 emitter/plant). Water deficit was induced at 22 DAT (days after transplant), when the plants were
55 fully formed and continued until the end of the experiment. The biostimulant was applied at the
56 moment of transplanting and thereafter every 15 days, until the end of the cultivation cycle for a total
57 of four applications, by fertigation with a 3 g *per* liter solution. CycoFlow is a plant extracts-based
58 biostimulant produced by the Agriges company (Benevento, Italy) rich in glutamic acid (including
59 glutamine) and glycine betaine, peptides, nucleotides, B vitamins, trace elements and other growth
60 factors. Its chemical composition contains total nitrogen of 4.5% and organic carbon of 19.5% The
61 biostimulant has a pH of 5.0, a density of 1200 kg/m³ and an EC value of 15 dS/m [6]. During the
62 experiment, stomatal conductance was measured with a steady state porometer (AP-4, Delta-T
63 Devices, Cambridge, UK) and the total leaf water potential (Ψ_t) was measured with a pressure
64 chamber (PMS Instrument Company, Albany, USA). Leaf dry matter content (LDMC) was measured
65 on five leaves from at least five different plants. The LDMC, a surrogate for leaf tissue density relates
66 to the nutrient retention within the plant [7], was expressed as the ratio between leaf dry mass and
67 saturated fresh mass. Pollen viability was analyzed using five flowers *per* plant sampled from three
68 different plants per replicate with DAB test according to Dafni et al., 1992 [8]. Harvesting started on
69 August 12th 2019, 54 days after transplanting (DAT). Six plants per treatment were collected for
70 biomass determination. Shoot biomass was calculated as the sum of aerial vegetative plant parts
71 (leaves + stems) and fruits were counted and weighted. Samples of freshly harvested fully ripened
72 tomato fruits and leaves were collected from each plot to determine antioxidant and pigments content
73 by a colorimetric assay on freeze dried and finely ground sub-samples. The evaluation of total
74 carotenoids, chlorophylls, lycopene and β -carotene was carried out according to the method reported
75 by Wellburn and by Zouari et al. as modified by Rigano et al. [9,10,11]. Measurements of the content
76 of reduced ascorbic acid (AsA) and total ascorbic acid (AsA + dehydroascorbate – DHA), were carried
77 out by using a colorimetric method [12], with modifications reported by Rigano et al. [13,14]. The
78 antioxidant capacity was analyzed by the FRAP assay carried out by using the ferric
79 reducing/antioxidant power method [15] with slight modifications. Data were analyzed by ANOVA
80 and means were compared by the Tukey's test.

81 3. Results

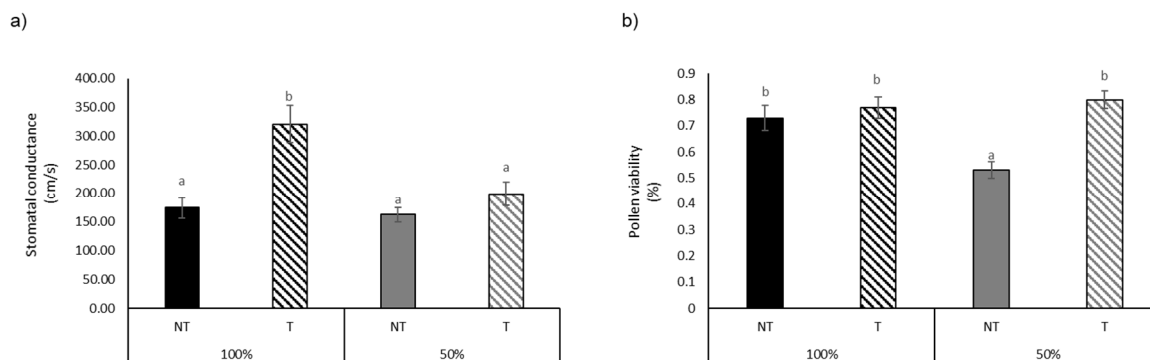
82 The water regimen significantly increased the leaf water potential compared to plants under full
83 irrigation, while the treatment with the biostimulant did not affect this parameter (**Table 1**). The
84 treatment with the biostimulant CycoFlow had a significant effect on stomatal conductance, which
85 under full irrigation increased by 84.01% after treatment (**Fig. 1a**). Leaf dry matter content (LDMC)
86 was significantly affected by the separate effect of water regimen and biostimulant treatments. The
87 treatment with the biostimulant caused an increase in leaf dry matter content under water deficit.
88 Only the water regimen had an effect on shoot biomass. Pollen viability decreased by 23.39% under
89 water deficit (**Table 1**). On the contrary, plants treated with Cycoflow and subjected to water deficit

90 showed an increase in pollen viability of 50.94% compared to non-treated plants (**Fig. 1b**).
 91 Interestingly, the treatment with the biostimulant increased fruit weights (up to 56.13% under water
 92 deficit) (**Table 1**). Water deficit had a significant effect on the number of fruits, that strongly decreased
 93 under stress. Although heter, both the water regimen and the biostimulant treatments had an effect on
 94 final yields. The highest yield *per plant* was registered under the 100% water regimen in biostimulant
 95 treated plants (**Table 1**).
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97 **Table 1.** Leaf water potential, stomatal conductance, pollen viability, leaf dry matter content and
 98 biometric parameters of E42 treated with the biostimulant CycoFlow under two irrigation regimens.
 99 Asterisks indicate significant differences according to ANOVA (ns = not significant; * = $p < 0.05$; ** =
 100 $p < 0.01$; *** = $p < 0.001$). Different letters indicate significant differences according to Tukey's post-
 101 hoc test ($p < 0.05$).

	100%		50%		Significance		
	Non-treated	Treated	Non-treated	Treated	W	B	WxB
Leaf water potential (Mpa)	8.67 ± 2.08 a	7.5 ± 0.87 a	13.33 ± 2.02 b	10.33 ± 1.53 ab	**	ns	ns
Stomatal conductance (cm/s)	174.17 ± 42.79 a	320.5 ± 79.35 b	162.17 ± 30.67 a	199 ± 51.27 a	***	**	*
Leaf dry matter content (g/g)	0.072 ± 0.008 bc	0.103 ± 0.015 c	0.019 ± 0.012 a	0.055 ± 0.008 b	***	**	ns
Shoot FW (kg)	2.55 ± 0.79 a	5.07 ± 1.85 b	0.50 ± 0.11 a	2 ± 0.48 a	**	ns	ns
Pollen viability (%)	0.73 ± 0.12 b	0.77 ± 0.1 b	0.53 ± 0.08 a	0.8 ± 0.08 b	***	**	***
Fruit weight (g)	7.13 ± 2.16 ab	8.30 ± 1.16 b	5.38 ± 1.38 a	8.40 ± 1.57 b	ns	**	ns
Number of fruit	123.17 ± 67.14 b	177 ± 59.58 b	36.33 ± 38.66 a	35.17 ± 22.18 a	***	ns	ns
Yield (kg/pt)	1.25 ± 0.27 b	1.76 ± 0.60 b	0.07 ± 0.02 a	0.44 ± 0.19 a	***	*	ns

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105 **Figure 1.** Effect of CycoFlow on (a) stomatal conductance, (b) pollen viability of 'E42'. Values are mean
 106 ± SE. Different letters indicate significant differences based on Tukey's test ($p \leq 0.05$).

107 **3.3 Leaf antioxidants and pigments content**

108 The treatment with the biostimulant had a significant effect on chlorophyll A content, that
 109 decreased in treated non-stressed plants (**Fig. 2a, Table 2**). A decrease in chlorophyll B content was
 110 also found (**Fig. 2b**). Interestingly, both the water regimen and the biostimulant treatments had an
 111 effect on ascorbic acid (AsA) content. The treatment with the biostimulant decreased the content of
 112 both reduced and total AsA under the 100% irrigation regimen (**Fig. 2c, d**). The antioxidant activity
 113 in the leaves increased by 98.09% after treatment with the biostimulant under limited water
 114 availability.

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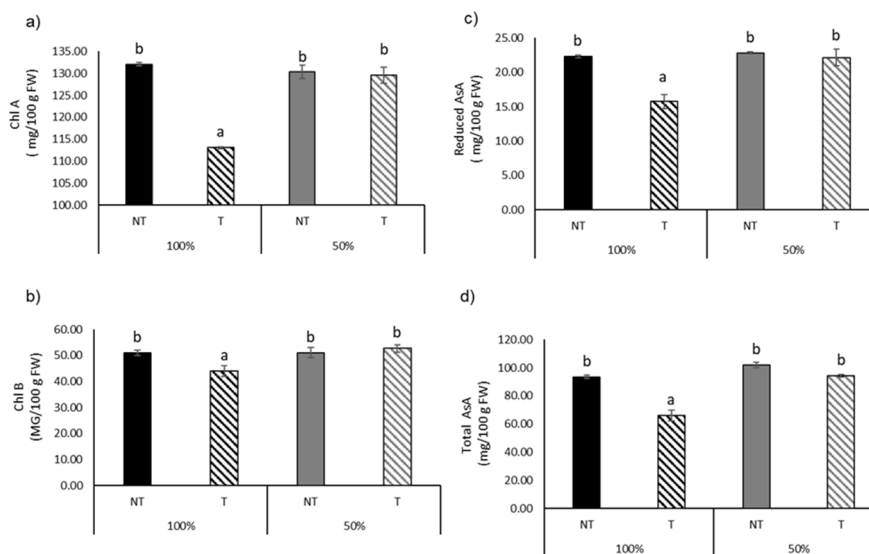
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Table 2. Content of total AsA, reduced AsA, carotenoids, chlorophyll A and B (Chl A, B) and total antioxidant activity (Frap) in leaves of E42 treated with the biostimulant CycoFlow under two irrigation regimens. Asterisks indicate significant differences according to ANOVA (ns = not significant; * = $p < 0.05$; ** = $p < 0.01$; *** = $p < 0.001$). Different letters indicate significant differences according to Tukey's post-hoc test ($p < 0.05$).

	100%		50%		Significance		
	Non-treated	Treated	Non-treated	Treated	W	B	WxB
Total Asa (mg/100 g FW)	93.51±2.53 b	65.96±9.58 a	101.82±4.80 b	94.35±2.24 b	***	***	***
Reduced AsA (mg/100 g FW)	22.26±0.47 b	15.73±2.47 a	22.81±0.42 b	22.14±2.90 b	***	***	**
Carotenoids (mg/100 g FW)	25.16±3.59 ab	24.11±2.32 b	26.22±0.33 ab	27.43±0.45 b	**	ns	ns
Chl A (mg/100 g FW)	132.04±0.92 b	113.097±0.60 a	130.27±3.76 b	129.54±4.45 b	***	***	***
Chl B (mg/100 g FW)	51.02±2.50 b	43.95±4.86 a	51.05±4.67 b	52.67±3.53 b	**	ns	**
Frap (mmol TE/ 100 g FW)	179.48±18.14 a	202.48±65.77 a	174.38±18.50 a	345.44±66.35 b	**	***	**

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Figure 2. Effect of CycoFlow on the content of (a) chlorophyll A (Chl A), (b) chlorophyll B (Chl B), (c) reduced AsA, (d) total AsA in leaves of 'E42'. Values are mean ± SE. Different letters indicate significant differences based on Tukey's test ($p \leq 0.05$).

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3.3 Fruit antioxidants and pigments content

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On fruits, water deficit increased the content of carotenoid by 42.80% compared to non stressed plants (Fig. 3a, b; Table 3). Reduced AsA, carotenoids and lycopene contents were significantly affected by the interaction between biostimulant treatments and water regimen (Fig.3; Table 3). The treatment with the biostimulant alone effected the content of Total Ascorbic Acid (Table 3).

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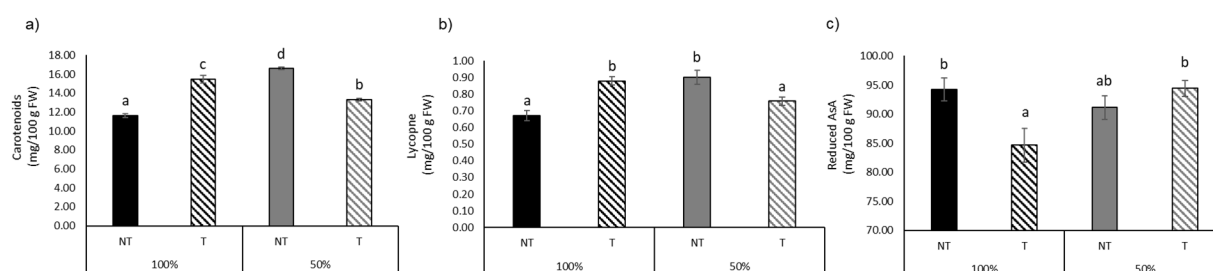
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Table 3. Content of total AsA, reduced AsA, carotenoids, β-carotene, lycopene and total antioxidant activity (Frap) in fruit of E42 treated with the biostimulant CycoFlow under two irrigation regimens. Asterisks indicate significant differences according to ANOVA (ns = not significant; * = $p < 0.05$; ** =

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$p < 0.01$; *** = $p < 0.001$). Different letters indicate significant differences according to Tukey's post-hoc test ($p < 0.05$).

	100%		50%		Significance		
	Non-treated	Treated	Non-treated	Treated	W	B	WxB
Total Asa (mg/100 g FW)	115.40±11.41 b	100.99±6.68 a	111.50±7.69 ab	102.70±8.38 ab	ns	**	ns
Reduced AsA (mg/100 g FW)	94.20±4.90 b	84.65±7.15 a	91.11±5.03 ab	94.43±3.37 b	ns	ns	**
Carotenoids (mg/100 g FW)	11.61±0.51 a	15.47±0.95 c	16.58±0.32 d	13.31±0.41 b	***	ns	***
β-Carotene (mg/100 g FW)	0.34±0.05 a	0.33±0.03 a	0.40±0.02 b	0.37±0.07 ab	**	ns	ns
Lycopene (mg/100 g FW)	0.67±0.08 a	0.88±0.06 b	0.90±0.10 b	0.76±0.06 a	ns	ns	***
Frap (mmol TE/ 100 g FW)	413.55±48.20 a	426.52±58.38 a	845.10±79.03 b	882.24±73.71 b	***	ns	ns

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Figure 3. Effect of CycoFlow on the content of (a) carotenoids, (b) lycopene, (c) reduced AsA in fruit of 'E42'. Values are mean ± SE. Different letters indicate significant differences based on Tukey's test ($p \leq 0.05$).

144 4. Discussion

145 In this study a tomato landrace was grown under water deficit in open field and was treated
 146 with a plant-based biostimulant named CycoFlow. Biostimulants have demonstrated to exert
 147 beneficial effects in alleviating stress in horticultural crops [16]. It has been reported that the positive
 148 effects of protein hydrolysates as stress protectant are increasingly important in the current global
 149 climate change scenario [17]. In this study, plant yield was reduced in water-stressed plants
 150 compared to well-irrigated ones, but after Cycoflow treatment both well-watered and water-stressed
 151 plants showed better performances in the field, in agreement with previous studies conducted on the
 152 same plant species and using the same biostimulant [6]. The presence of glycine betaine in CycoFlow
 153 may have enhanced the tolerance of tomato plants to water deficit. It has been previously
 154 demonstrated that glycine betaine applied exogenously by foliar application significantly increased
 155 stomatal conductance of tomato plants grown in well-watered, water-deficient or saline conditions
 156 [18]. Accordingly, a higher stomatal conductance was observed in tomato plants treated with the
 157 biostimulant. Moreover, the free amino acids present in the biostimulant may have acted as signaling
 158 molecules and may have promoted endogenous phytohormonal biosynthesis thus stimulating
 159 growth and also fruit setting [19]. Higher pollen viability was also observed after treatment with
 160 Cycoflow, which allowed water-stressed plants to have the same level of pollen viability as untreated
 161 well-watered plants. This result could be due to the high level of proline present in the biostimulant,
 162 an amino acid whose natural content in flower organs is 10 times higher compared to leaves.
 163 Moreover, it is known that the amino acid proline also favors the translocation of nutrients towards
 164 developing flowers (sink) [20]. The typical response to oxidative stress under drought is the reduction
 165 of chlorophyll content. Chlorophylls degradation and/or chlorophyll synthesis deficiency occur when
 166 plants are subjected to drought stress [21]. As reported also by Ma et al. [22], we did not observe any

167 significant changes in chlorophyll content under different irrigation regimens in non-treated samples.
168 The ability to maintain an optimal chlorophyll content during water deficit may be a key drought
169 tolerance trait in this tomato line. Interestingly, the treatment with the biostimulant had a clear positive
170 effect on the total antioxidant activities in the leaves of plant grown under limited water availability.
171 These results are consistent with previous work that demonstrated that CycoFlow treatment induced
172 the activation of the antioxidant defense system [6]. Fruit vegetables, in particular tomatoes, are
173 considered good sources of lipophilic and hydrophilic antioxidant molecules such as lycopene and
174 ascorbic acid, therefore the content of these compounds was here evaluated. In general, the content
175 of carotenoids and lycopene were higher in the fruit treated with the biostimulant compared to the
176 non-treated ones in well watered plants. The beneficial effects of Cycoflow on phytochemical
177 compounds (i.e., lycopene) could be related to the activation of specific molecular and physiological
178 mechanisms related to nitrogen metabolism [23]. The production and accumulation of lycopene with
179 biostimulant application could be considered as an extra value to support human health [24].

180 5. Conclusions

181 In this paper we investigated the effects of the application of one plant-based biostimulant
182 named CycoFlow on the nutritional quality and yield of tomatoes grown under limited water
183 availability. The application of the CycoFlow biostimulant had a clear effect on plant growth and
184 improved plant performances under stress conditions. Cycoflow application had also a clear effect
185 on antioxidant activity and tomato fruit quality. It can be concluded that this plant-based
186 biostimulant enhances defences mechanisms under water stress conditions, including the increase in
187 antioxidants content. Additional research is needed to fully understand the mechanisms of action of
188 this plant-based biostimulant.

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191 acquisition: AB, AM.; Writing—original draft: SF, MMR.; Writing—review and editing: SF, GR, VC, AM, AB,
192 MMR. All authors have read and agreed to the published version of the manuscript.

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