

# Assessing Transfer Entropy in cardiovascular and respiratory time series: A VARFI approach

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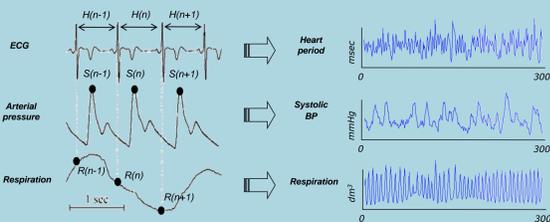
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## INTRODUCTION

Cardiovascular and respiratory time series exhibit a variability produced by different physiological coupled control mechanisms and operate across multiple time scales that result in the coexistence of short-term dynamics and long-range correlations [1]. In this work we apply a Vector Autoregressive Fractionally Integrated (VARFI) framework to estimate the **Transfer Entropy (TE)**, in the cardiovascular and respiratory systems. This allows to quantify the information flow and assess directed interactions accounting for the simultaneous presence of short-term and long-range dynamics.



## Simulation Study

We investigated the theoretical proprieties of the Transfer Entropy measures incorporating long range correlations in a benchmark trivariate VAR model [2]:

$$\begin{aligned} R_n &= 2\rho_r \cdot \cos 2\pi f_r \cdot R_{n-1} - \rho_r^2 \cdot R_{n-2} + U_{r,n} \\ S_n &= 2\rho_s \cdot \cos 2\pi f_s \cdot S_{n-1} - \rho_s^2 \cdot S_{n-2} + a \cdot H_{n-2} + e \cdot R_{n-1} + U_{s,n} \\ H_n &= 2\rho_h \cdot \cos 2\pi f_h \cdot H_{n-1} - \rho_h^2 \cdot H_{n-2} + b \cdot S_{n-1} + c \cdot R_{n-1} + U_{h,n} \end{aligned}$$

We set the parameters to reproduce oscillations and interactions commonly observed in cardiovascular and cardiorespiratory variability [2]. Specifically, to mimic the self-sustained dynamics typical of respiratory activity (process  $R$ ,  $\rho_r = 0.9$ ,  $f_r = 0.25$ ) and the slower oscillatory activity commonly observed in the so-called low-frequency (LF) band in the variability of systolic arterial pressure (process  $S$ ,  $\rho_s = 0.8$ ,  $f_s = 0.1$ ) and heart rate (process  $H$ ,  $\rho_h = 0.8$ ,  $f_h = 0.1$ ). The remaining parameters were set as  $a = 0.1$ ,  $b = 0.4$ ,  $c = 1$ ,  $e = c$ , [2].

## Experimental Data

The  $H$ ,  $S$  and  $R$  time series were measured in a group of 62 healthy subjects (19.5 ± 3.3 years old, 37 females) monitored in the resting **supine position (SU)** and in the **upright position (UP)** reached through passive head-up tilt [1].

## CONCLUSIONS

Both simulations and real data analysis revealed that the proposed method highlights the dependence of the information transfer on the balance between short-term and long-range correlations in coupled dynamical systems.

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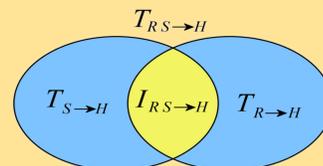
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## METHODS

Decomposition of the joint TE, in a network of 3 interacting processes  $R, S, H$ , considering  $H$  as target and  $S, R$  as sources.

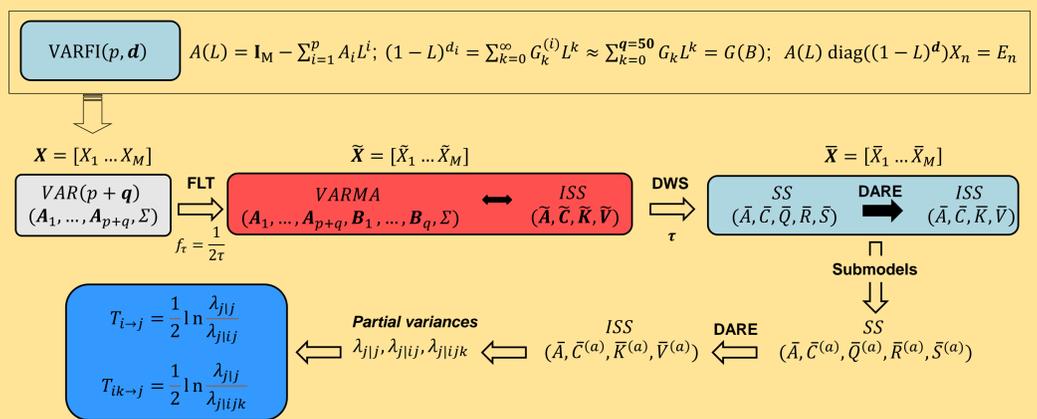


$$T_{RS \rightarrow H} = T_{R \rightarrow H} + T_{S \rightarrow H} + I_{RS \rightarrow H}$$

Joint TE Individual TE Interaction TE

- $I_{R,S \rightarrow H} > 0$  - Synergy
- $I_{R,S \rightarrow H} < 0$  - Redundancy.

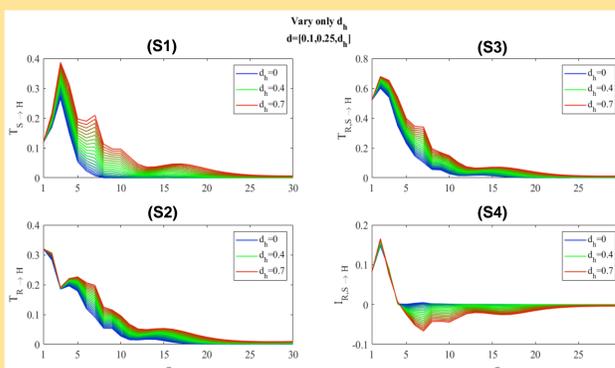
Exact expressions of the information transfer are obtained using **state space models for coupled Gaussian processes** observed at multiple temporal scales [3]. Recently this framework was extended to VARFI processes [1].



Multiscale representation obtained through filtering (FLT) and downsampling (DWS) steps. The downsampled process has an innovations form state space model (ISS) representation from which submodels can be formed to compute the **partial variances** needed for the computation of the **Transfer Entropy** [3].

## RESULTS

### Simulation Study



Illustrative theoretical profiles of the multiscale TE,  $T_{S \rightarrow H}$ ,  $T_{R \rightarrow H}$ ,  $T_{RS \rightarrow H}$  and of the interaction  $I_{RS \rightarrow H}$  for a VARFI process and varying  $d$  of the target.

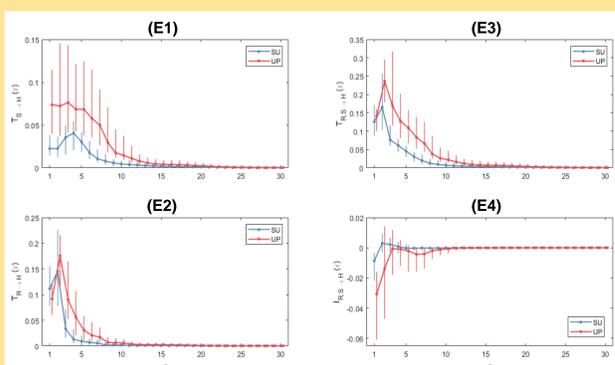
- Generally, the information transfer at long time scales increases with  $d$  of target (S1 and S2);
- The joint information transfer at long time scales also increases with  $d$  of the target (S3);
- At increasing  $d$  of the target, ITE decreases (S4), suggesting an increased redundancy.

Theoretical profiles of the multiscale TE varying  $d$  of the sources (not shown here for brevity) suggest opposite trends: TE increases with  $d$  and increase of synergy regarding ITE.

### Experimental Data

The **decomposition** of the joint information transfer evidences different types of contributions with **physiological meaning**.

Multiscale TE measures during **Supine rest (SU)** and **Head Up Tilt (UP)**.



Plots represent the distributions (median and interquartile range) of (E1)  $T_{S \rightarrow H}$ , (E2)  $T_{R \rightarrow H}$ , (E3)  $T_{RS \rightarrow H}$  and (E4)  $I_{RS \rightarrow H}$ , computed as a function of the time scale  $\tau$ .

- For SU at  $\tau = 1$ ,  $T_{R \rightarrow H} > T_{S \rightarrow H}$ , indicating prevalence of Respiratory Sinus Arrhythmia (RSA) [4];

- The postural stress induced by UP is associated with a markedly higher  $T_{S \rightarrow H}$  at lower scales up to  $\tau \approx 5$  reporting baroreflex activation with UP in agreement with previous works [4-7];

- The postural stress induced by UP is associated with a lower information transfer RESP to RR at  $\tau = 1$ . This finding agrees with previous works reporting weakening of RSA with UP [4-7];

- At  $\tau = 1$   $T_{R \rightarrow H}$  in SU is higher than in UP, while at  $\tau > 1$   $T_{R \rightarrow H}$  in UP is higher than in SU. The multiscale representation highlights that RSA for slow oscillations is enhanced by tilt; this may be an effect of long-range correlations, as suggested by the simulation results in of  $T_{R \rightarrow H}$  (S2) where the information transfer at long time scales increases with  $d$  of target.

- The two previous effects determine a higher joint information transfer  $T_{RS \rightarrow H}$  during UP for scales up to  $\tau \approx 10$ .

- The interaction transfer decreases significantly with tilt, denoting stronger redundancy, as expected from previous works [4].