

Structural composition analysis of approved peptide therapeutics and diagnostics as a guide for future peptide drug candidates

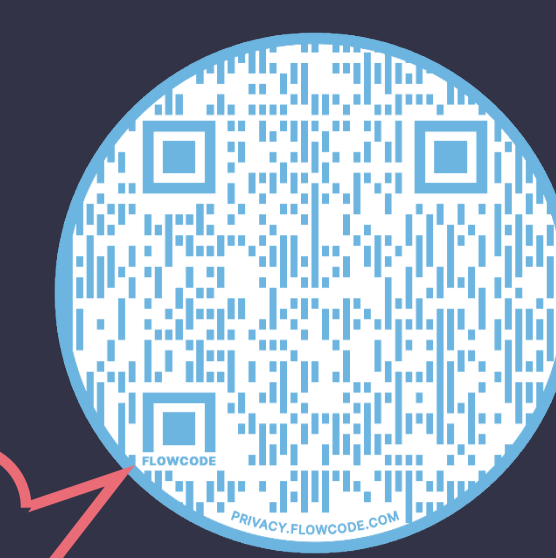
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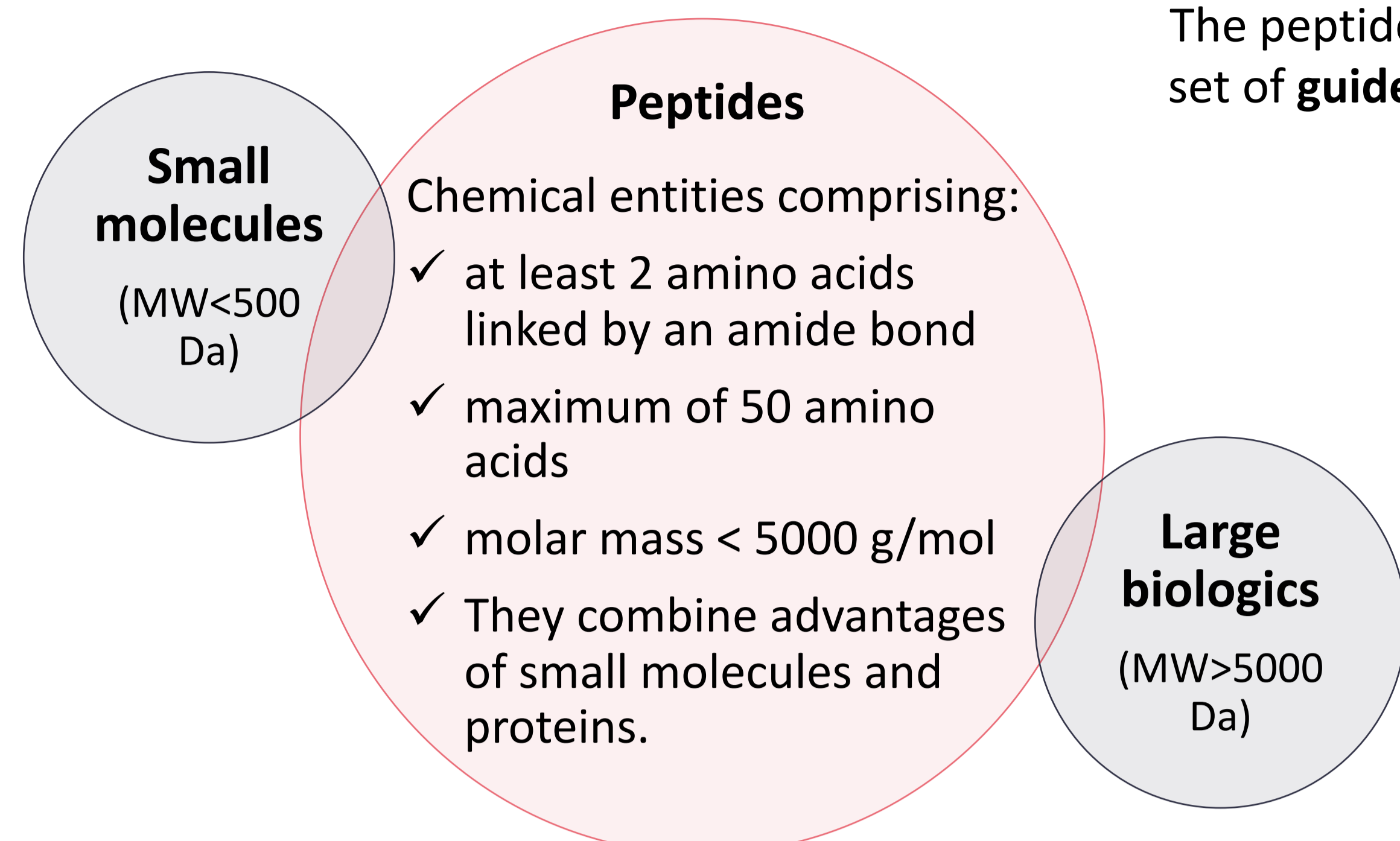
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PepTherDia



Introduction



The peptide pharmaceuticals market is growing rapidly (Fig 1) but there is no general set of guidelines that can increase the success rate of peptide-based drug approvals.

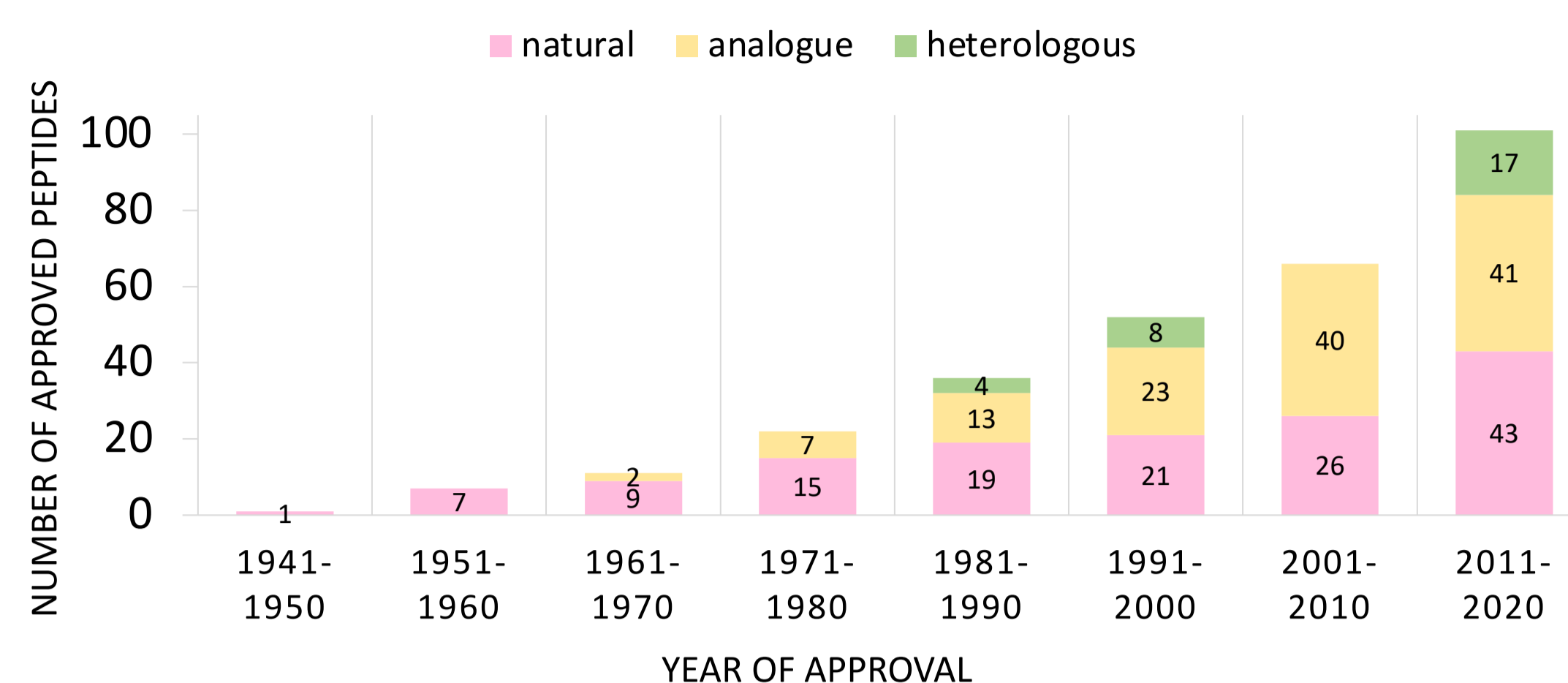
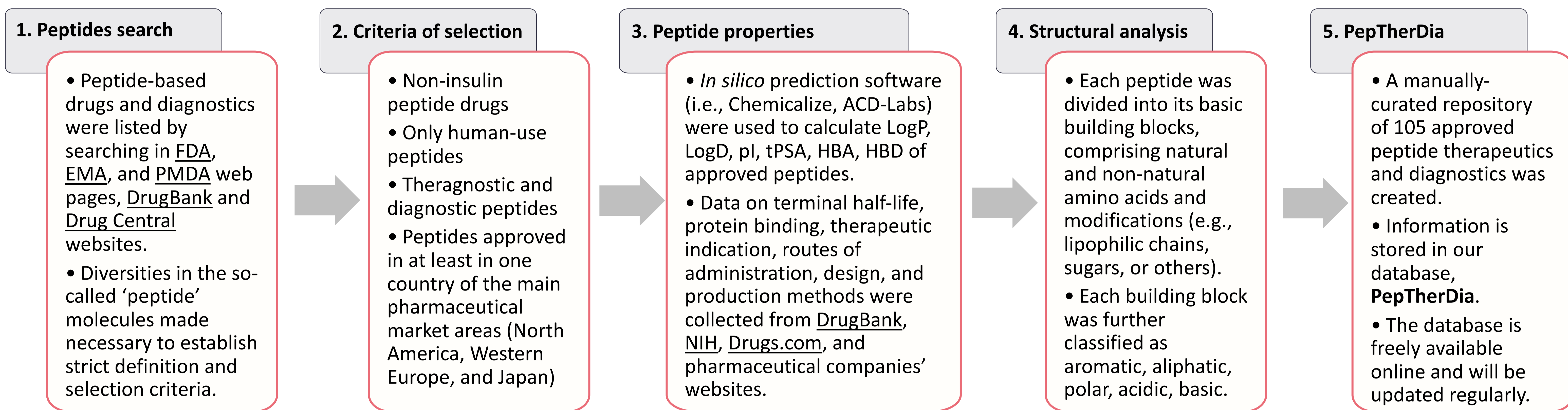


Fig. 1 Evolution of approved peptide medicines throughout the 20th and 21st centuries, colour-coded based on origin.

Aim

The aim of this study was to perform a detailed structural analysis on a database of approved peptide therapeutics and diagnostics and to evaluate their *in silico* physico-chemical properties. We aim to provide an overview of the key compositional trends of the peptides on the market to help guide the design of future peptide medicines.

Methods – data collection, structural analysis, and *in silico* predictions



Results – trends in peptide structure and *in silico* properties

From PepTherDia database (Fig 2):

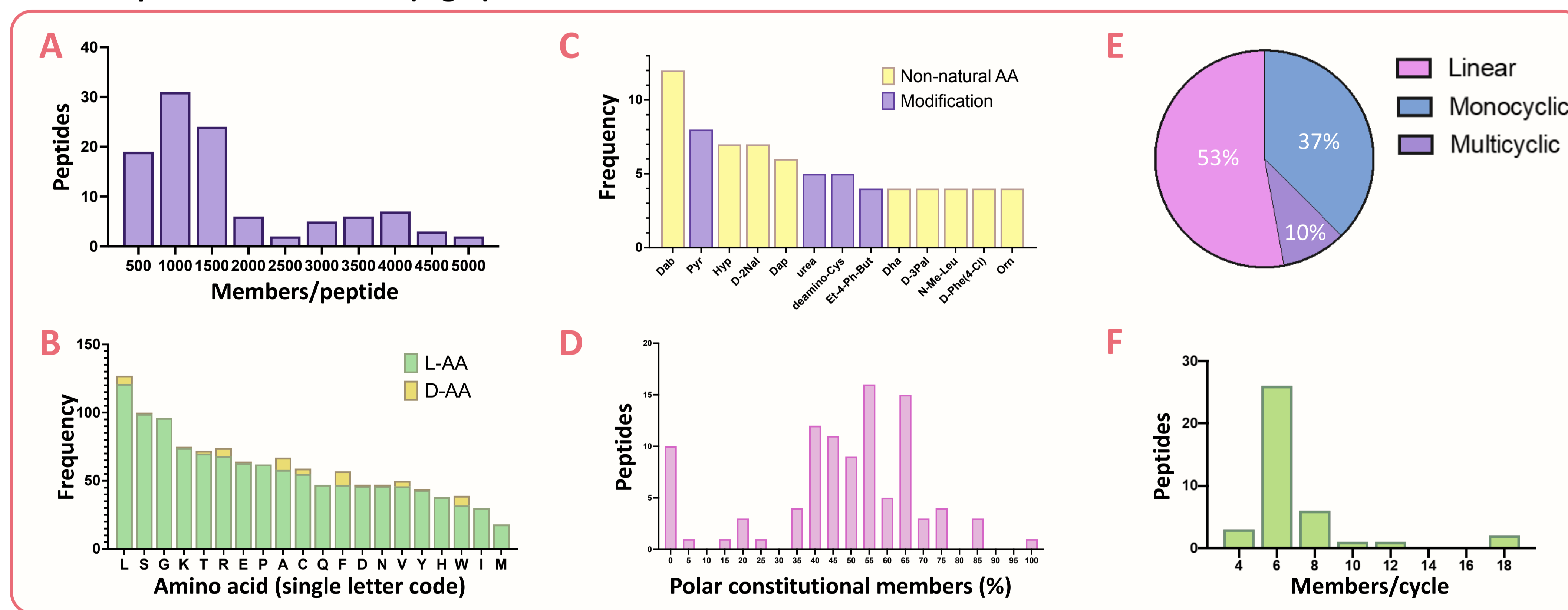


Fig. 2 Structural trends in the pool of approved peptide therapeutics and diagnostics. (A) Number of constitutional members distribution; (B) occurrence of L-amino acids (AAs) (light green) and D-AAs (yellow); (C) most frequently encountered non-natural AAs, in yellow, and modifications, in purple; Dab for (D) polarity distribution within the pool of approved peptides (E) peptide structure, divided into linear, monocyclic, and multicyclic; (F) macrocycle size, shown as the number of constitutional members per cycle [1].

In silico studies (Fig 3):

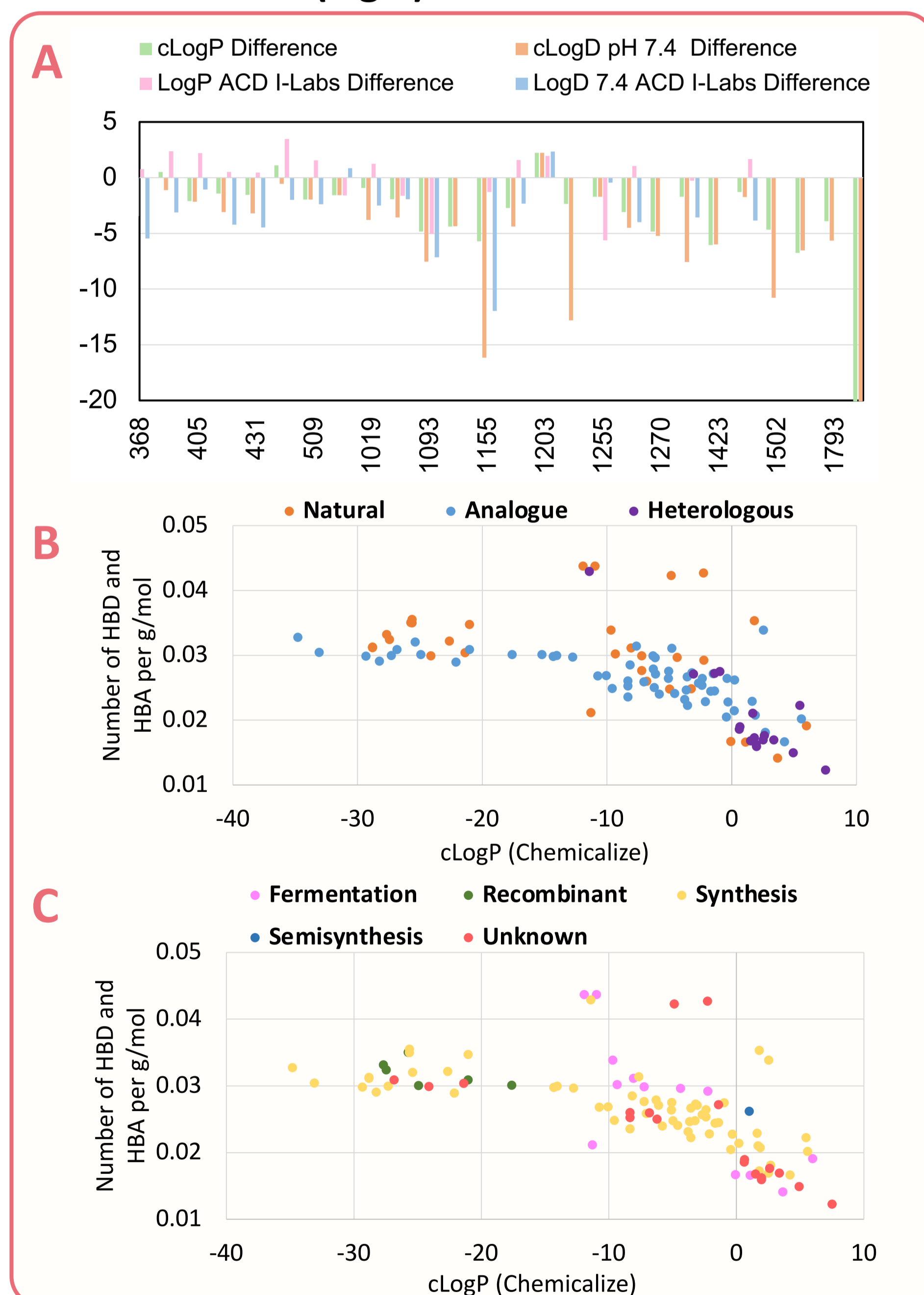


Fig. 3 *In Silico* trends in the pool of approved peptides. (A) Comparison of lipophilicity predicted values with literature values ranked by molar mass (g/mol); (B) density of hydrogen bond forming versus cLogP predictions colour-coded by peptide; (C) density of hydrogen bond forming versus cLogP predictions colour-coded by production method.

Conclusions

In this study, we provide an overview of the strategies most commonly used in peptide drug design, which have successfully brought these peptides to the market and we propose the use of *in silico* tools for small-size peptide ranking and evaluation.

A peptide most likely to become a drug or a diagnostic agent will have a molar mass < 2000 g/mol; comprise mainly natural amino acids (around 81%), with a balance between hydrophobic and polar building blocks; present mainly free or amidated C-terminal, free or acetylated N-terminal; and, finally, have small-size cycle (5-7 members), if present (47% of the cases).

In silico experiments showed good accuracy and proved to be useful tools for molecules lipophilicity ranking within a molar mass range from 300 to 1500 g/mol. In general, heterologous peptides appear to tend towards more lipophilic values of cLogP and lower density of hydrogen bonding groups, purposefully designed to increase chances of oral availability.

With expected upwards trend in peptide approvals there will be no lack of data to update and improve these guidelines to make them more and more accurate.

References

[1] Vera D'Aloisio, Paolo Dognini, Gillian A. Hutcheon, Christopher R. Coxon, PepTherDia: database and structural composition analysis of approved peptide therapeutics and diagnostics. Drug Discovery Today, 2021; <https://doi.org/10.1016/j.drudis.2021.02.019>.

