

# Proceedings Feasibility of Total White Blood Cells Counts by Visible-Near Infrared Spectroscopy<sup>†</sup>

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- Abstract: Total white blood cells (WBC) count is an important indication for infection diagnosis,
- <sup>2</sup> in both human and veterinary medicine. State-of-the-art WBC counts are performed by flow
- <sup>3</sup> cytometry combined with light scattering or impedance measurements, in the clinical analysis
- <sup>4</sup> laboratory. These technologies are complex and difficult to be miniaturized into a portable point-of-
- care (POC) system. Spectroscopy is one of the most powerful technologies for POC miniaturization
  due to its capacity to analyze low sample quantities, little to no sample preparation, and 'real-time'
- results. WBC is in the proportion of 1:1000 to red blood cells (RBC), and the latter dominate visible-
- near infrared (Vis-NIR) information due to their large quantities and hemoglobin absorbance. WBC
- are difficult to be detected by traditional spectral analysis because their information is contained
- within the interference of hemoglobin bands. Herein, we perform a feasibility study for the direct
- within the interference of hemoglobin bands. Herein, we perform a feasibility study for the direct
   detection of WBC counts in canine blood by Vis-NIR spectroscopy for veterinary applications,
- benchmarking current chemometrics techniques with self-learning artificial intelligence a new
- advanced method for high-accuracy quantification from spectral information. Results show
- that total WBC counts can be detected by Vis-NIR spectroscopy to an average detection limit of
- $_{15}$  7.8× 10<sup>9</sup> cells/L, with an R<sup>2</sup> of 0.9880 between impedance flow cytometry analysis and spectral
- quantification. This result opens new possibilities for reagent-less POC technology in infection
- diagnosis. As WBC counts in dogs range from 5 to  $45 \times 10^9$  cells/L, the detection limit obtained
- <sup>18</sup> in this research allows concluding that the combined use of spectroscopy with this SL-AI new <sup>19</sup> algorithm is a step towards the existence of portable and miniaturized Spectral POC hemogram
  - algorithm is a step towards the existence of portable and miniaturized Spectral POC hemogram analysis.
- 21 Keywords: Point-of-care; Spectroscopy; White blood cells; Artificial Intelligence

## 1. Introduction

Total white blood cells (WBC) count is one of the most requested hematology parameters because of its broad diagnostic value, including for infection and leukemia. Leukocytosis and leukopenia, which are abnormal values (high/ low, respectively) in WBC counts, are more frequently associated with neutrophil changes, although other leukocytes and neoplastic cells can also cause fluctuations. Neutrophilia is usually related to inflammation, and neutropenia to greater peripheral use or reduced bone marrow production [1].

Most common methods for WBC differential are based on electrical impedance, laser light scattering, radiofrequency conductivity, and/or flow cytometry [2]. The basic principles of operation for automated hematology analyzers are based on cell size affecting directly impedance and scattering angle. This approach has disadvantages for WBC differential, because cell sizes for each type of leukocyte are highly dependent on

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**Figure 1.** Total white blood cell counts: (a) current laboratory methods - automated cell counting using electric impedance or laser scattering, and manual smear count at the microscope by trained hematologist; and (b) Point-of-care approach - single blood drop spectroscopy counts using artificial intelligence.

<sup>35</sup> the development stage and differentiation, leading to inaccurate counts in current auto-

mated equipment [3]. Despite laser scattering technology provides better accuracy than

impedance technology, the latter is widely adopted in Veterinary Medicine. Impedance
 counting is a cheaper technology and the best hematology practices recommend that

<sup>39</sup> blood smear microscope counts are performed on abnormal cases [4].

Spectroscopy is one of the leading technologies for the development of reagentless point-of-care (POC) devices [5,6], capable of providing comprehensive clinical information from a single drop of blood ( $<10\mu$ l), with little or no sample preparation and real-time results.

Visible short-wave near-infrared (Vis-SWNIR) spectroscopy is an information-rich
technology that carries both physical and chemical information, where the information
about blood cells and constituents is distributed across the different wavelengths. Dominant spectral information in blood comes from highly absorbent constituents in the
Vis-SWNIR region, such as hemoglobin present in red blood cells (RBC) and bilirubin in
serum.

WBC is present in significantly lower quantities than RBC (~1:1000), being considerably more difficult to be detected because the information about WBC is a small interference effect on the hemoglobin bands. State-of-the-art chemometrics and artificial intelligence technologies are unable to deal with small-scale interference and non-dominant spectral information sample constituents with good accuracy [6]. Such may lead to non-causal correlation in spectroscopy quantification, where the quantification is not obtained by direct relationship to the spectral absorbance bands, but rather by intrinsic correlations of the dataset [7], which may lead to erroneous diagnosis [6].

In this research, we study the capacity of WBC quantification by Vis-SWNIR spec-58 troscopy and a new algorithm based on Self-Learning Artificial Intelligence [6]. This new 50 approach isolates spectral interference by searching consistent covariance between WBC 60 and spectral features - the covariance mode (CovM). CovM is a set of samples that allow 61 the direct relationship between spectral features and WBC, by sharing the same latent 62 structure information [6]. Ideally, the relationship between WBC and spectral features is 63 given by a single eigenvector or latent variable (LV), allowing to unscramble spectral 64 interference in complex samples such as blood. 65



Figure 2. Total white blood cell counts spectral quantification: (a) PLS and (b) SL-AI.

Herein, we provide a feasibility study on using Vis-SWNIR spectroscopy for the
 quantification and diagnosis of WBC, by providing a benchmark between a common
 chemometrics technique - partial least squares (PLS), and our new methodology (SL-AI).

#### 69 2. Materials and Methods

### 70 2.1. Hemogram analysis

Dog blood samples from routine clinical practice were collected by qualified personnel by standard venipuncture, at the Centro Hopitalar Veterinário do Porto. WBC
was determined by Beckman-Coulter capillary impedance [?] using a Mindray B-2800
vet auto-hematology analyzer.

#### 75 2.2. Spectroscopy

Blood spectra were recorded using a POC prototype using a 4500K power LED as
light source, and an USB-based miniaturized spectrometer (Ocean Insight STS-vis) with
an optical configuration and plug-in capsule system according to [5]. LED temperature
and spectrometer integration times were automatically managed to maintain result
consistency. Three replicates measurements were made for each blood sample.

#### 81 2.3. Chemometrics

Spectral records were subjected to scattering correction (Mie and Rayleigh) before modeling. A feasibility benchmark is performed between PLS and SL-AI methods. PLS maximizes the global covariance between spectral features and WBC, by determining the orthogonal eigenvectors of the covariance matrix. The relationship between WBC and signal features is derived by the latent variables (LV), at each deflation. The number of LV is determined by cross-validation at the minimum value of the predicted residuals sum of squares (PRESS) [8].

SL-AI searches for stable covariance in spectral datasets, finding covariance modes (CovM). CovM is a group of samples that hold the same interference information characteristics, carrying proportionality between WBC and spectral features. Ideally, the CovM relationship between WBC and spectral features is given by a single eigenvector or latent variable (LV). The CovM is validated by leave one-out cross-validation [6].

#### 94 3. Results and Discussion

PLS attains a correlation of 0.5687 and a SE of 11.60×10<sup>9</sup> cell/L (Table 1). PLS
analysis demonstrates that there is a significant correlation between spectral features
and WBC, and the small-scale interference of WBC is present in the spectra records.
PLS model is obtained with 5 LV. Such means that the interference information about
WBC in the blood Vis-SWNIR spectra is present in a significant number of differentiated
covariance modes, where the non-dominant spectral interference can be related to WBC.

Method	SE	LV	<b>R</b> <sup>2</sup>	MAPE(%)	<b>R</b> <sub>Pearson</sub>
PLS	11.06	5	0.3234	44.62	0.5687
SL-AI	2.16	3	0.9473	20.00	0.9733

**Table 1.** This is a table caption. Tables should be placed in the main text near to the first time they are cited.

PLS collapses the 5 LV into a single linear coefficient, which relates the WBC to the recorded spectra, leading to an averaged representation of all covariance modes present in the dataset. Such results in a high SE and MAPE of 44.62%. The PLS model is unable to estimate WBC values above  $45.00 \times 10^9$  cell/L, misdiagnosing severe infection cases (Figure 2).

The minimal total error criteria established by the American Society for Veterinary Clinical Pathology (ASVCP) for WBC is 20%. PLS shows to be unable to provide the necessary accuracy for WBC spectral POC technology.

SL-AI has a significantly higher correlation (R=0.9733), a SE of  $2.16 \times 10^9$  cell/L, and a MAPE of 20.00%. SL-AI covariance modes are obtained with 3 LV (Table 1). Results show that the different covariance modes (CovM) hold spectral interference proportional to WBC. Such demonstrates that it is possible to search non-dominant spectral interference from WBC and correlate it to total WBC count.

SL-AI CovM relationships are obtained with 3LV. This is an indication that inter-114 ference with other constituents and WBC differential population are incorporated in 115 total WBC count, and that this higher complexity is not completely unscrambled in the dataset. In ideal conditions, CovM is obtained with a single LV (one eigenvector), 117 directly relating the constituent concentration to spectral interference. The results show 118 that non-dominant WBC spectral interference information has high complexity, which 119 can be attributed to complex immune response, where differentiated cell types act at 120 different stages and levels of infection or inflammation. The LV number re-assures the 121 need for further studies, in order to investigate the source of non-dominant spectral 122 interference attributed to WBC. Results may be improved by: 123

i. Larger dataset - more data can help to complement the information of consistent
 CovM, allowing detection of single LV CovM;

ii. Feature space optimization - optimize the search for a feature space that better
 discriminates the small variation of WBC interference (e.g. Fourier or Wavelets
 decomposition).

Despite the limitations shown in this feasibility study, WBC quantification using Vis-SWNIR spectroscopy in conjunction with the new SL-AI algorithm can attain a total error estimate of 20%. Such result is following the ASVCP total allowable error for WBC in dog blood [4], but is above the 15% total allowable error in humans defined by CLIA [9].

#### 134 4. Conclusions

This feasibility study has shown that low intensity, non-dominant, and multi-scale interferent spectral information is possible to be accessed by unscrambling information with the CovM principle included in our SL-AI method. The smaller quantities of WBC and corresponding interference with dominant constituents such as erythrocytes, hemoglobin, and bilirubin, are detectable in each CovM. The results allow us to conclude that a spectral POC in the Vis-SWNIR for measuring WBC is achievable, for the application in both veterinary and human medicine.

Author Contributions: Barroso TG, Ribeiro L, and Gregório H: Investigation, methodology,
 validation, writing - review & editing; Santos F.: investigation, hardware and firmware; Martins



**Figure 3.** Percentage Total Error for PLS and SL-AI predictions: (1) ASVCP acceptable error limit (20%) and (2) CLIA acceptable error limit (15%)

- RC: conceptualization, software and hardware, funding acquisition, writing original draft,
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