

Abstract

# Graphene Nanoflakes Incorporating Natural Phytochemicals Containing Catechols as Functional Material for Sensors <sup>†</sup>

Filippo Silveri<sup>1</sup>, Flavio Della Pelle<sup>1</sup>, Daniel Rojas<sup>1</sup> and Dario Compagnone<sup>1</sup>

Faculty of Bioscience and Technology for Food, Agriculture and Environment University of Teramo, Via Renato Balzarini 1, 64100 Teramo, Italy, fsilveri@unite.it

<sup>†</sup> Presented at the 1st International Electronic Conference on Chemical Sensors and Analytical Chemistry, 01–15 July 2021 ; Available online: <https://csac2021.sciforum.net/>.

**Abstract:** Phytochemical products start to be employed to assist 2D nanomaterials exfoliation. However, a lack of studies regarding the molecules involved and their capacity to give rise to functional materials is evident. In this work, a novel green liquid-phase exfoliation strategy (LPE) is proposed wherein a flavonoid namely catechin (CT) exclusively assists the exfoliation of bulk graphite in conductive water-soluble graphene nanoflakes (GF). Physicochemical and electrochemical methods have been employed to characterize the morphological, structural, and electrochemical features of the GF-CT. Surprisingly, the obtained GF-CT integrates well-defined electroactive quinoid adducts. The resulting few-layers graphene flakes intercalated with CT aromatic skeleton ensure strict electrical contact among graphene sheets, whereas the fully reversible quinoid electrochemistry ( $\Delta E = 28$  mV,  $I_p, a/I_p, c = \sim 1$ ) is attributed to the residual catechol moieties, which work as an electrochemical mediator. The GF-CT intimate electrochemistry is generated directly during the LPE of graphite, not requiring any modification or electro-polymerization steps, resulting in stable (8 months) and reproducible material. The electrocatalytic activity has been proven towards hydrazine (HY) and  $\beta$ -nicotinamide adenine dinucleotide (NADH), a pollutant and a coenzyme, respectively. High sensitivity in extended linear ranges (HY: LOD = 0.1  $\mu$ M, L.R. 0.5–150  $\mu$ M; NADH: LOD = 0.6  $\mu$ M, L.R. 2.5–200  $\mu$ M) at low overpotential (+0.15 V) was obtained using amperometry, avoiding electrode-fouling. Improved performances compared with graphite commercial electrodes and graphene exfoliated with a conventional surfactant, were obtained. The GF-CT was successfully used to perform the detection of HY and NADH (recoveries 94–107%, RSD  $\leq$  8%) in environmental and biological matrices, proving the material exploitability even in challenging analytical applications. On course studies, aim to combine the intrinsic conductivity of the GF-CT with flexible substrates, to construct flexible electrodes/devices able to housing GF-CT-exclusively composed conductive films. In our opinion, the here proposed GF-CT elects itself as a cost-effective and sustainable material, particularly captivating in the (bio)sensoristics scenario.

**Keywords:** Nanostructured-functional-material; grapheme; 2D-materials; mediator; phytochemicals; catechol-moieties; liquid-phase-exfoliation

Published: 06 July 2021

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