

High definition tDCS effect on postural control in healthy individuals: entropy analysis of a crossover clinical trial

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Abstract: Objective: The identification of dose-response effects of transcranial direct current stimulation (tDCS) on postural control after stroke has highlighted this strategy as promising for post-stroke rehabilitation. Nonetheless, spatial-temporal dependence data have not been investigated using entropy analysis. Thus, we performed a nonlinear time series analysis of ground reaction force during and after the application of the high-definition transcranial direct current stimulation (HD-tDCS), over the right temporo-parietal junction (TPJ). Materials and Methods: We conducted a randomized, double-blind, placebo-controlled, crossover clinical trial. Twenty-one healthy young adults received the HD-tDCS and sham protocols. We evaluated the exchanging information (causal direction) between both force plates, using the summarized time series of transfer entropy, and compared the dose-response across the healthy subjects by a generalized linear mixed model (GLMM). Results: We found significant variation during the dynamic information flow ($p < 0.001$) among the dominant bodyside. Specifically, all participants were right-handed, and a greater force transfer was observed from the right- to the left-side during the experiment. We observed a causal relationship in the information flow (equilibrium force transfer) from right to left and a decrease in entropy over time. Conclusions: HD-tDCS intervention induced a dynamic influence over time on postural control. Right-TPJ stimulation using HD-tDCS can induce an asymmetry of body weight distribution, leaning to the contralateral side of the stimulation, and thus a plausible post-stroke treatment.

Keywords: high-definition transcranial direct current stimulation; postural control; entropy; nonlinear time series.

1. Introduction

Stroke is a cerebrovascular disease being of the second leading cause of death and disability worldwide [1]. About 30-50% of patients become dependent in activities of daily living (ADL) [2]. The postural imbalance leads to functional deficits in this population. It may occur due to changes in mechanical components such as muscle weakness, limitation of joint movement, changes in muscle tone as well as sensory damage [3]. The visual verticality perception (VV) disorder, the incapacity to judge the orientation of the body or environment in relation to Earth vertical within normal limits,

29 is commonly observed after stroke and associated with poor balance [4] due to a weight
30 asymmetry towards the same side of the VV tilt [5–8].

31 Lesions of the temporoparietal junction (TPJ), a hub area for multisensory integration,
32 can cause VV disorder and postural imbalance [9]. NIBS techniques, such as conven-
33 tional and high-definition transcranial direct current stimulation (HD-tDCS) are current
34 therapeutic resources with potential modulation on the pathophysiology and behavior
35 of brain mechanisms [10]. Recently we verified the effects of conventional noninvasive
36 transcranial stimulation (tDCS) [11] and HD-tDCS [12] applied over the TPJ in both
37 healthy subjects and patients after stroke.

38 Clinical findings observed in patients after stroke in VV and weight-bearing asym-
39 metry (WBA) [4,12,13] were reproduced in healthy individuals after using our stim-
40 ulation protocol. We found action dependent on the cathode center condition with
41 induction of asymmetry in the discharge of body weight towards the side of brain
42 stimulation [12]. However, we did not demonstrate to be dependent on the intensity of
43 the electrical current. Other studies evaluated electroencephalography (EEG) after our
44 HD-tDCS protocol in healthy subjects and suggested entropy (nonlinear analysis) as a
45 robust alternative for data analysis complementing linear [14,15].

46 We hypothesized that the HD-tDCS would induce a sequence of events on postural
47 control demonstrated by an influence in the discharge of weight. Thus, we analyzed the
48 ground reaction force in each platform through the flow of information using transfer
49 entropy.

50 2. The Data

51 This study was conducted according to the Helsinki Declaration requirements for
52 human investigation, and was approved by the local ethics committee. All participants
53 provided written informed consent. This article followed the guidelines of the Checklist
54 of Information to include when reporting a randomized trial followed the Consolidated
55 Standards of Reporting Trials (CONSORT) for randomized trials.

56 2.1. Participants

57 The study included a distinct sample population blinded to the HD-tDCS approach
58 for assessing ground reaction force. The study candidates were healthy subjects aged
59 20 to 28 years, male and female, right-handed, non-smokers, with no evidence of brain,
60 vestibular or orthopedic dysfunction, with normal or corrected vision. To ensure the
61 absence of vestibular deficits, was accomplished oculomotor tests, the head shake and
62 head thrust test. Inclusion and evaluation period of study participants was 10 months.

63 2.2. Intervention

64 We used the HD-tDCS protocol organized in the 3 × 1 standard. The assembly was
65 composed of a central electrode on the right cerebral hemisphere TPJ and 3 peripheral
66 electrodes located at EEG coordinates P4, C4 and T8. We used a Soterix HD-tDCS device
67 (Soterix Medical®, NY-USA). During and after the application of the electric current we
68 assessed the body movement kinetics measured by two force plates (Bertec 4060-NC,
69 Columbus, OH, USA) in the static orthostatic posture of each individual.

70 2.3. Outcome Measure

71 Each volunteer underwent 3 different randomized HD-tDCS conditions (cathode-
72 central, anode-central and sham) on 3 different days. Each HD-tDCS condition was
73 applied in a sequence of 3 stimulation intensities (1, 2 and 3 mA) repeated 3 times. Each
74 stimulation intensity was conducted for 2 minutes with rest interval of 5 minutes. The
75 intervention of this study followed the stimulation protocol previously validated and
76 published by our group [12]. Detailed analysis of the stimulation protocol as well as dose
77 calculation for each stimulation session, HD-tDCS computational modeling, induced

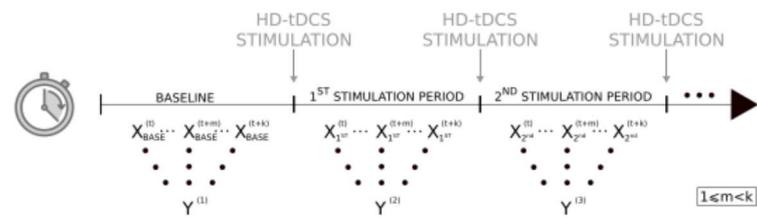


Figure 1. Visual data transformation whereas a time series (X) data is summarized into a entropy index (Y). For each experiment period, before or after the electrical stimulation, and during the clinical trial, the transfer entropy calculation segmentation into a complexity measure value (entropy index) the exchanging information (causal direction) between both force plates.

78 current flow, safety and tolerability criteria, randomization protocol and allocation
79 concealment of this study was published elsewhere [12].

80 2.4. Statistical Analyses

81 In the statistical context, entropy is a measure of complexity between signal data or
82 time series (TS) that links the amount of information to a probability distribution [16,17].
83 One option for analyzing and modeling the entire TS is to apply as summary statistics.
84 This can be, for example, the processor average.

85 We have previously outlined a dose-response model testing the intensity and
86 polarity-dependent effect of HD-tDCS in which we compared the effect of anodal and
87 cathodal stimulation polarity at different intensities (1 mA, 2 mA and 3 mA) in VV,
88 electroencephalogram (EEG) and WBA [12]. Moreover, an entropy study was performed
89 and discussed on the same protocol using only the EEG results [14].

90 We adopted the usage of entropy in our data analysis. The time series process was
91 initially performed using entropy index for all data acquired towards the complexity
92 of the vertical force component (Fz) of the force plates before, during and after the
93 stimulation protocol application, as shown in the data pre-processing procedure in
94 Figure 1.

95 We evaluated the effect of HD-tDCS applied in TPJ on postural control, observing
96 the intensity for each condition and the condition for each intensity. Thus, using as an
97 entropy measure the transfer entropy [18,19], enabled to encompass if past state of one
98 Fz signal could improves the prediction of the other Fz signal on each force plate (right-
99 and left-side), addressing the causal inference among the Fz components.

100 Therefore, we sought to compare the summarizations across the different TS mo-
101 ments, using a Mixed-Effect Models, as a Longitudinal study, to distinguish between
102 stimulus types versus intensity, and quantify the differences in regularity between the
103 force plates.

104 As the hypotheses were defined a priori we used a global test between comparison
105 treatments complexity. In all tests, a significance level of 5% (front and back) was
106 used. Statistical analyzes were performed using R software for Statistical Computing
107 and Analysis. The descriptive results of the figures are presented as the difference from
108 baseline. We describe Transfer Entropy (TE) and Generalized Linear Mixed Effect Models
109 (GLMM).

110 3. Results

111 A total of 21 consecutive healthy subjects were included in the study, a mean age 24.2
112 \pm 4.1 years. There were 13 women and 8 men all right-handed. All volunteers finalized
113 the three days of HD-tDCS stimulation protocol with posturography evaluations.

114 In the literature, it is often common to find only discussion towards functional
115 connectivity. This limits on inferences related only with the statistical covariation of
116 signals, typically revealed by cross-correlograms or coherence measures. Therefore,

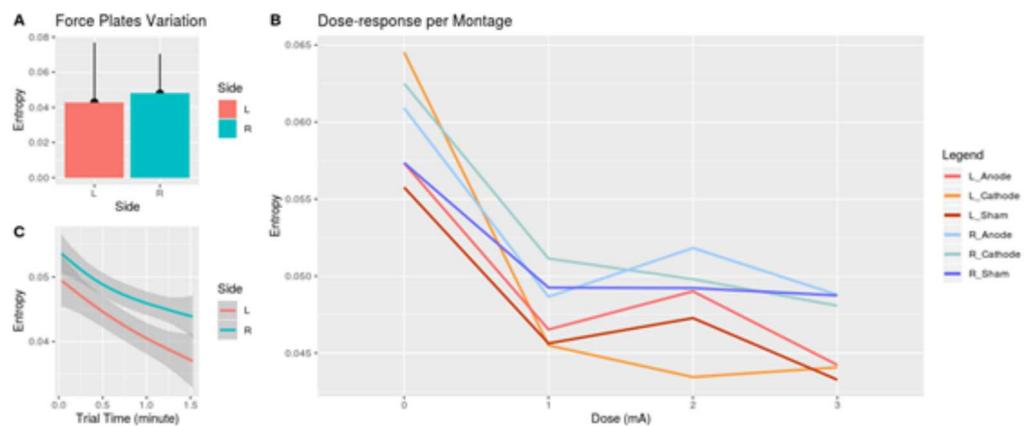


Figure 2. Comparison across the Fz measurements from the force plates and dose-response on each montage. Panel A represents the mean causal entropy from the left side to the right side (L) and from right-side to left- (R). The black lines represent one standard error. Panel B shows the evolution across the dose-response, regarding its transfer entropy of each force plate per montage. Visual results indicate a decay in the causal entropy highlighting the greatest variation on the left-side across cathodal baseline - 2mA. Panel C displays the complexity dynamic of each force plate across time, smoothing the entropy trials evolution through a generalized additive model (GAM) and considering a confidence interval of 95%.

117 effective connectivity is more suitable to be used in explaining causal relationships, that
 118 is, the time dependence across the Force plates signals.

119 Analyzing the HD-tDCS dose-response effects on the weight bearing asymmetry
 120 we found a decrease of the entropy on each force plate (suggesting an addition of
 121 determinism in the system, that is, creating a pattern among the post-stimulation period),
 122 as shown in Figure 2-C. Moreover, visually an increase in the variability (across the
 123 montages) on 2mA (Figure 2-B). As well, a causal effect from the right-side on the left-
 124 (Figure 2-A).

125 The robustness in the dominant side (causal effect from the right-side to the left-),
 126 where the right-hand panel presents smaller transfer entropy variation on the dose-
 127 response. Moreover, the baseline seems to have higher entropy (associated with the
 128 randomness), than reduction as an electrical stimulation is applied (1, 2 and 3mA) or
 129 after that (as offline dose).

130 The transfer entropy analysis presented here contributes to the findings reported
 131 by our group that described the effects of HD-tDCS protocol on postural control, now
 132 looking for the predictive information between the right and left sides of the weight
 133 bearing discharge on the force plates showing a causal relationship from the right side
 134 to the left side. Therefore, empirical evidence related with the HD-tDCS on postural
 135 control over right-hemisphere TPJ is statistically noticeable, as a modulator, in healthy
 136 subjects.

137 4. Conclusions

138 This work supported our previous research that showed the transfer entropy as a
 139 strategy to explore the dynamic time-variable parameter through stimulus (intensity)
 140 versus condition (polarity). Here we addressed the causal inference between weight
 141 support asymmetry in two separate forces plates in healthy subjects. We complemented
 142 the evidence of the effects elucidated by our stimulation protocol [12] with a nonlinear
 143 time-series analysis. Thus, we showed that past states of the right Fz component can
 144 improve the prediction of the left Fz component. The effects induced an asymmetry in
 145 body weight distribution with a decrease in entropy over time. That is, the process is
 146 becoming more deterministic was influenced by the electrical stimulation. The visually
 147 observed greater variability of the entropy on the left side can suggest that our HD-tDCS

148 montage with the cathodal polarity and intensity of 2mA promoted a greater effect on
149 the postural control. Here, the intensity and the polarity-dependent effects did not show
150 a statistical difference that can be related to the short time of stimulation.

151 Future studies are necessary to explore random effects related to personal char-
152 acteristics to promote a broader knowledge involving causality on dynamic entropy
153 data.

154 **Author Contributions:** D.B.F: study concept and design of the clinical trial, data acquisition, anal-
155 ysis and interpretation of the clinical trial, and manuscript writing. EB: data acquisition, analysis
156 and interpretation of the clinical trial, and manuscript writing. D.C.N: statistical analysis and
157 interpretation of data of the clinical trial, and manuscript writing. FL: supervision of the statistical
158 analysis and interpretation of data of the clinical trial, and critical revision of the manuscript for
159 intellectual content. T.W.L: data supervision, analysis and interpretation of the clinical trial, and
160 critical revision of the manuscript for intellectual content. R.A.B: data acquisition, analysis and
161 interpretation of the clinical trial, and critical revision of the manuscript for intellectual content.
162 R.M: data supervision and interpretation of the clinical trial, and critical revision of the manuscript
163 for intellectual content. J.P.L: study concept and design of the clinical trial, data supervision
164 and interpretation, and critical revision of the manuscript for intellectual content. D.J.E: study
165 concept and design of the clinical trial, interpretation of computational modeling, data analysis
166 and interpretation of the clinical trial and critical revision of the manuscript for intellectual content.
167 T.S: study concept and design of the clinical trial, interpretation of computational modeling, data
168 acquisition, analysis and interpretation of the clinical trial, and manuscript writing.

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175 informed consent to participate in this study.

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177 study.

178 **Data Availability Statement:** The datasets generated for this study are available on request to the
179 corresponding author.

180 **Conflicts of Interest:** The authors declare no conflict of interest.

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