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Melatonin loaded lipid nanoparticles for the treatment of glaucoma

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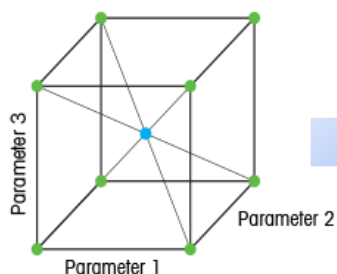
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Melatonin loaded lipid nanoparticles for the treatment of glaucoma

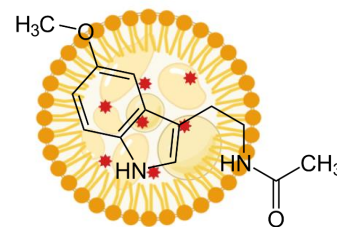
Graphical Abstract



Preparation of NLC



DoE



Optimized MEL-NLC



HET-CAM-TBS



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Abstract:

Glaucoma is a multifactorial optic neuropathy, and its most important risk factor is the elevated intraocular pressure (IOP). In this sense, melatonin (MEL), is a neurohormone synthesized in ocular tissues, which regulates IOP. Incorporation of MEL into the last generation of lipid nanoparticles (NLC) constitute a suitable strategy to enhance its efficacy in the retinal tissues.

Therefore, the purpose of this work is the encapsulation of MEL into NLC to decrease IOP. MEL-NLC production was carried out by hot high-pressure homogenization and their optimization was performed using the design of experiments approach by examining independent parameters and their influence on MEL-NLC properties (size, polydispersity index, zeta potential and encapsulation efficiency). *In vitro* ocular tolerance was studied using embryonated eggs by means of a quantitative-modified HET-CAM test using trypan blue staining (HET-CAM-TBS) to measure membrane damage.

The optimized formulation had a mean average size below 150 nm, a polydispersity index lower than 0.3, a zeta potential around 20 mV and an encapsulation efficiency above 50%. The *in vitro* ocular tolerance of MEL and MEL-NLC was studied by HET-CAM-TBS test. The results revealed an optimal ocular tolerance for both MEL-NLC and MEL solution, which can be classified, according to the trypan blue adsorption, as a non-irritant.

In conclusion, a novel formulation of MEL-NLC has been developed and optimized with suitable physicochemical parameters for glaucoma treatment showing an optimal ocular tolerance.

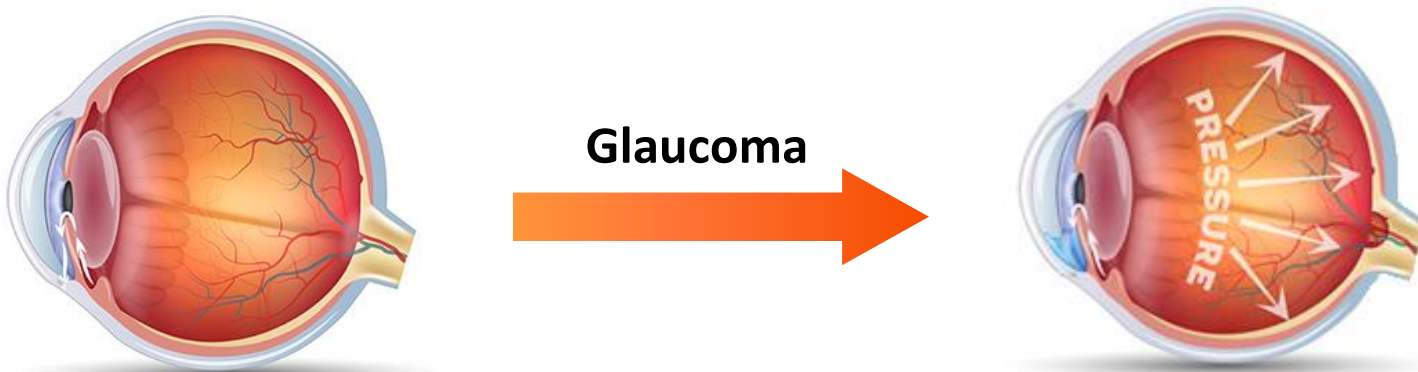
Keywords: lipid nanoparticles; glaucoma; drug delivery



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Introduction



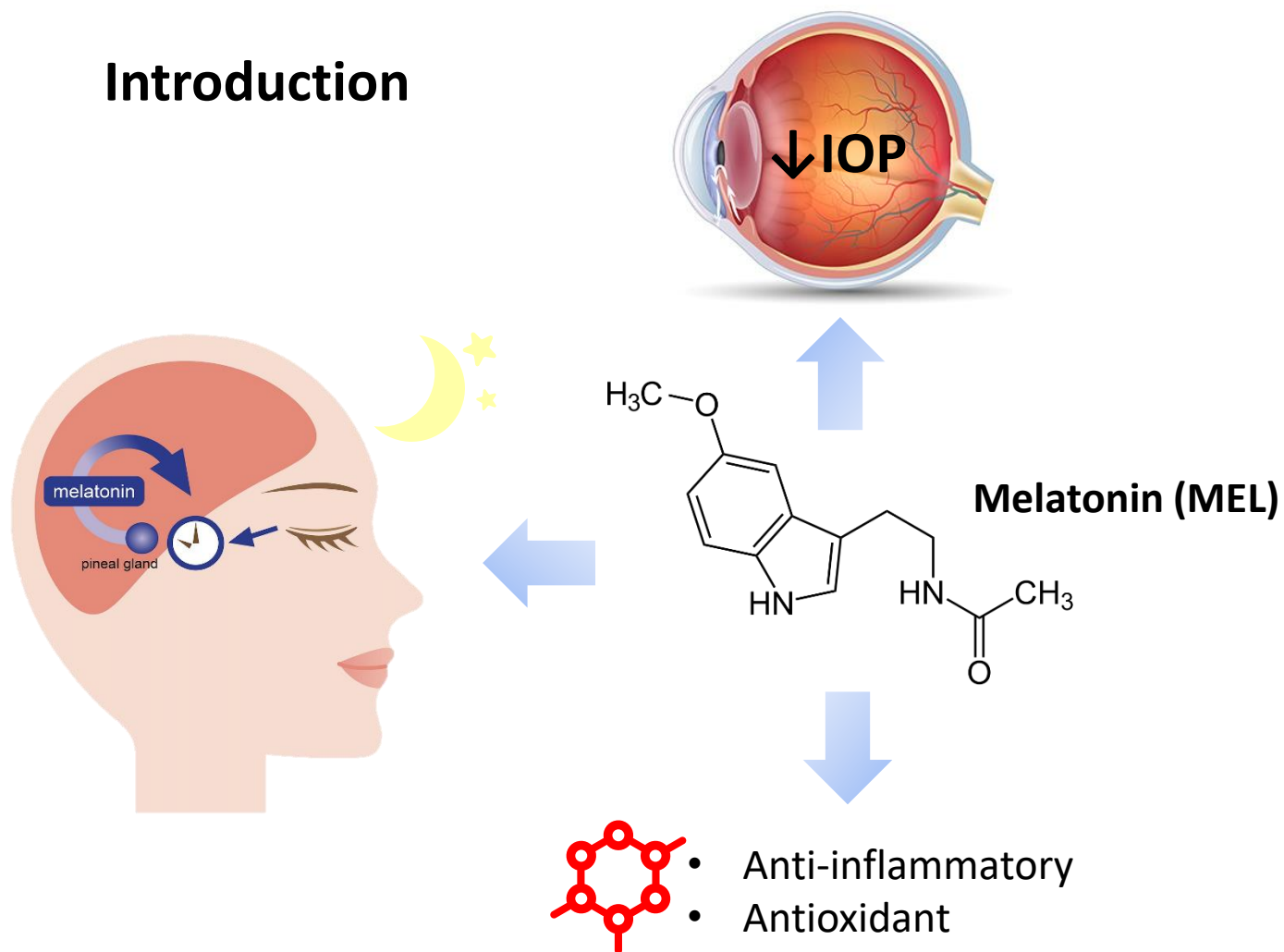
- One of the leading causes of blindness worldwide
 - Multifactorial disease
 - Elevated intraocular pressure (IOP)
 - Non-effective treatment available



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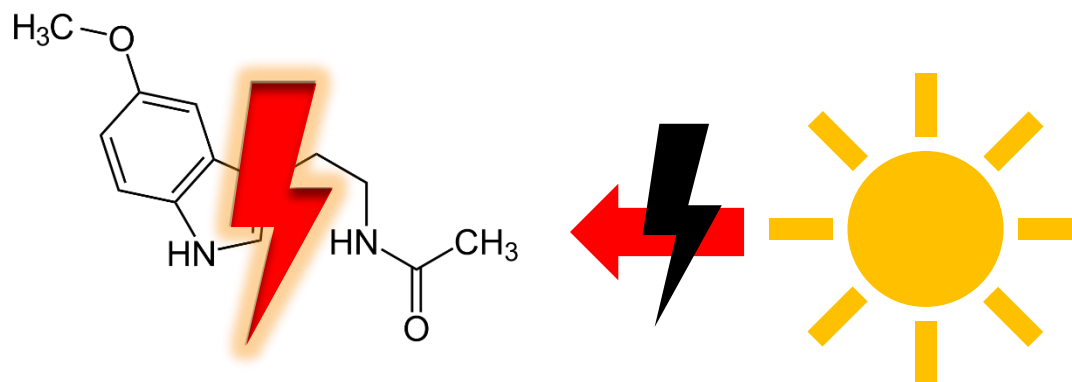
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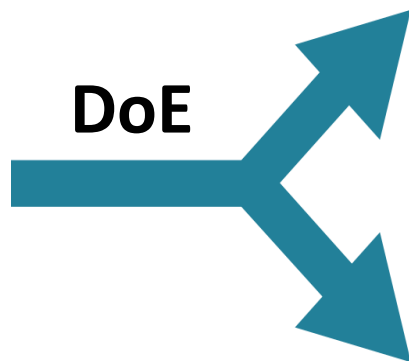


Results and discussion



Preparation method

Hot high-pressure homogenization



Independent parameters



- Size (nm)
- PDI
- ZP (mV)

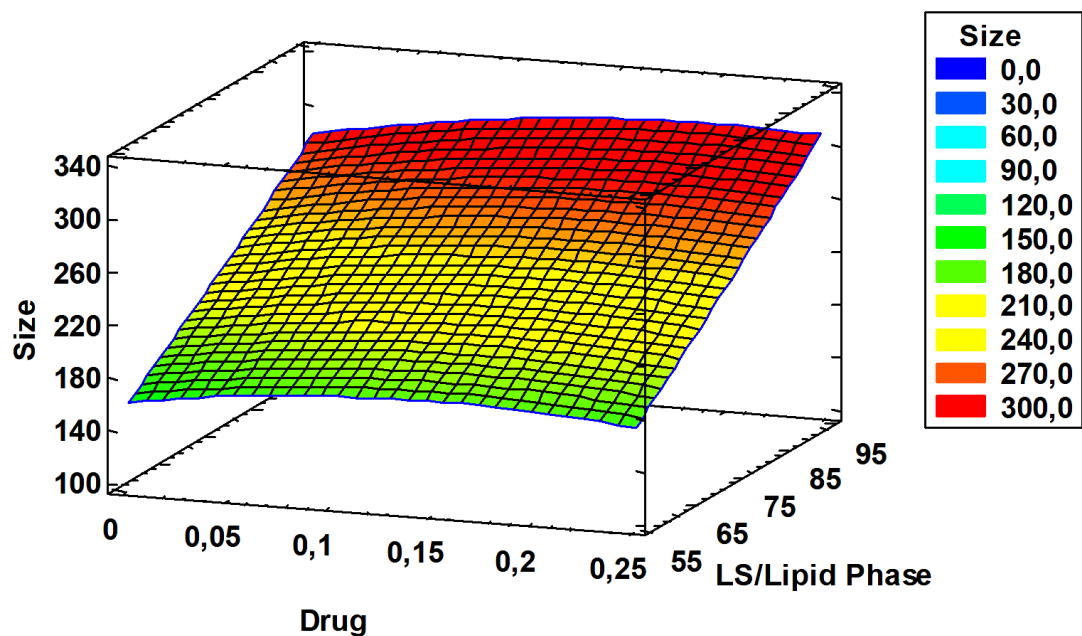


- EE (%)



Results and discussion

Surface response plot of the effect of the lipid solid and drug on the average size.

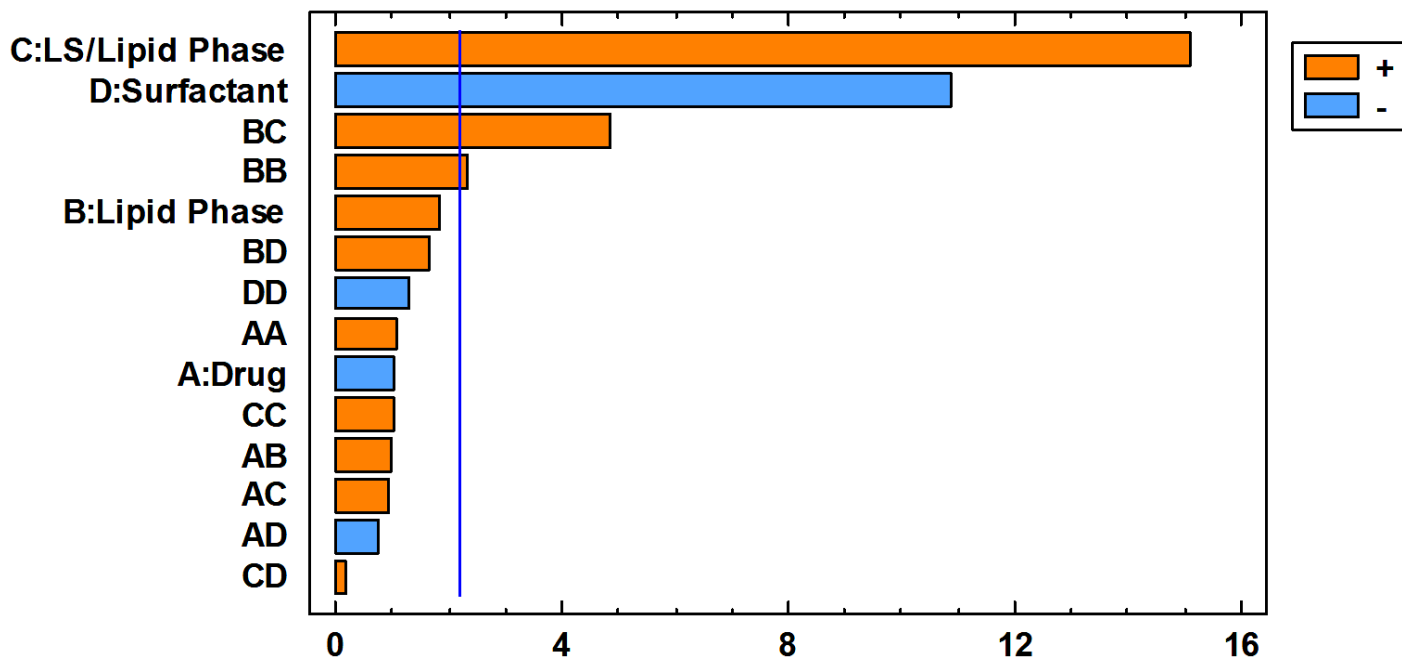


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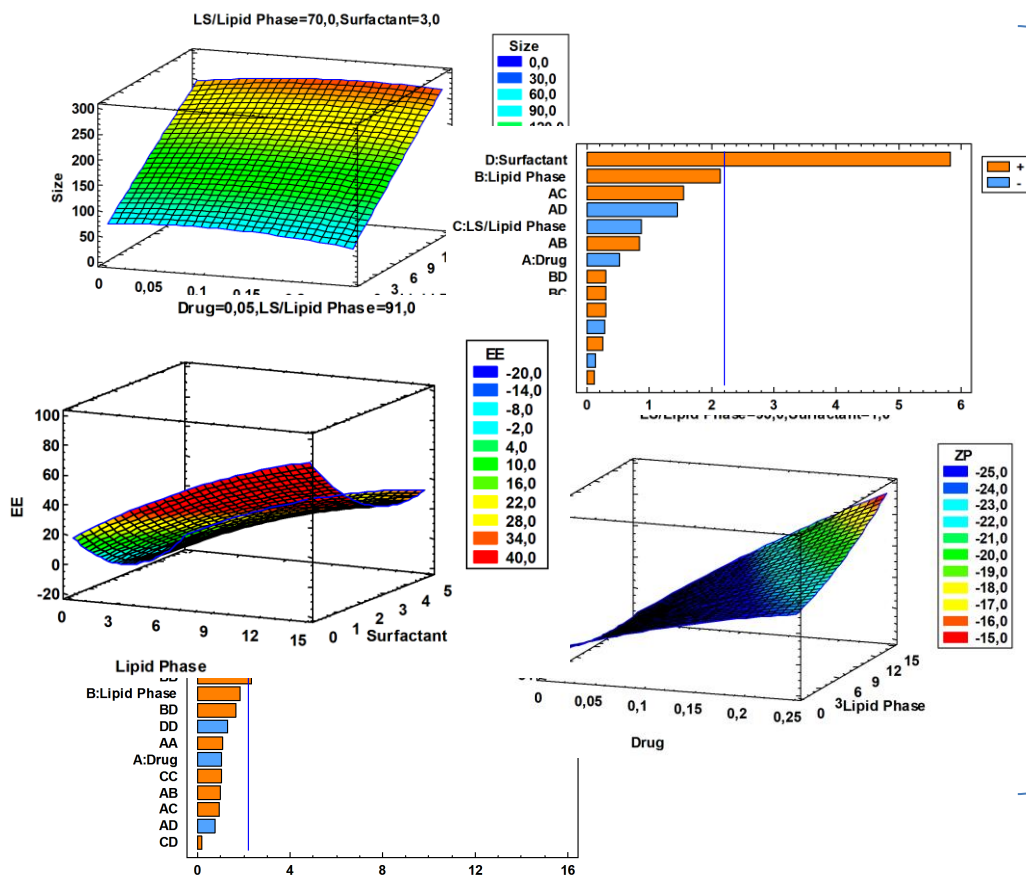
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Results and discussion

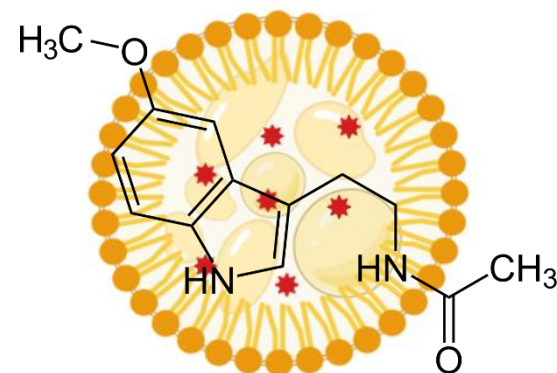
Pareto's diagram of significant effects on NLCs PI



Results and discussion



Optimized formulation



Size \approx 150 nm

PDI $<$ 0.3

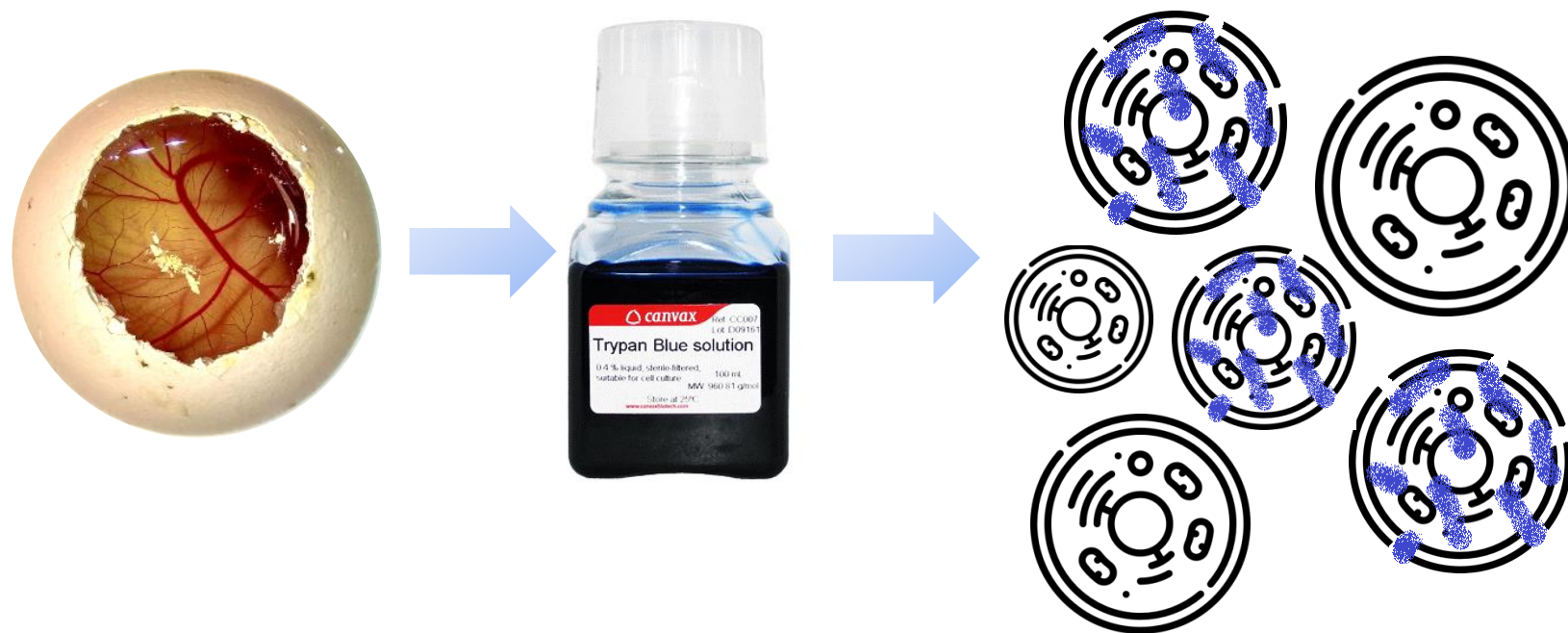
ZP \approx 20 mV

EE \approx 50 %



Results and discussion

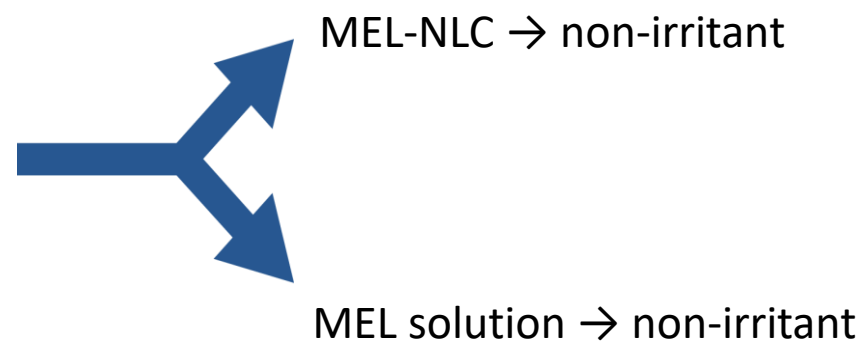
In vitro ocular tolerance: HET-CAM-TBS



Results and discussion

In vitro ocular tolerance: HET-CAM-TBS

QA (nmol/mg)	Classification
≤ 0.10	Non-irritant
0.10 – 0.15	Moderately irritant
≥ 0.15	Irritant



Conclusions



Encapsulation of MEL into NLC



Optimized with suitable physicochemical parameters



Optimal ocular tolerance



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Acknowledgments



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