Proceeding Paper

Simultaneous Detection of *Salmonella Typhimurium* and *Escherichia coli* O157:H7 in Drinking Water with Mach-Zehnder Interferometers Monolithically Integrated on Silicon Chips †

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Abstract: The consumption of water contaminated with bacteria can lead to foodborne disease outbreaks. For this reason, the development of rapid and sensitive analytical methods for bacteria detection is of primary importance for public health protection. Here, a miniaturized immunosensor based on Mach-Zehnder Interferometry for the simultaneous, real-time determination of *S. typhimurium* and E. coli in drinking water is presented. For the assay, mixtures of bacteria solutions with anti-bacteria-specific antibodies were run over the chip, followed by biotinylated anti-species specific antibody and streptavidin solutions. The assay was fast (10 min), accurate, sensitive (LOD: 3×10^2 cfu/mL for S. *typhimurium*; 2×10^2 cfu/mL for E. *coli*) and reproducible. The analytical characteristics achieved combined with the small chip size make the proposed biosensor suitable for on-site bacteria determination in drinking water samples.

Keywords: bacteria; *Salmonella typhimurium*; Escherichia *coli*; Mach-Zehnder Interferometry; immunosensor

1. Introduction

The consumption of food and water contaminated with pathogens is of global interest as it leads to 48×10^6 infections annually, resulting in 128,000 hospitalizations and 3000 deaths [1]. According to CDC, the estimated incidents of foodborne illness caused by 31 pathogenic bacteria in the US amount to a total of 9 million cases per year, from which 20% is attributed to *Salmonella* spp., Escherichia *coli* O157:H7, Staphylococcus *aureus*, Clostridium perfringens, *Campylobacter* spp. and *Shigella* spp. [2]. Among them, *Salmonella typhimurium* (S. *typhimurium*) and Escherichia *coli* O157:H7 (E. *coli* O157:H7) are both facultatively anaerobic, rod-shaped, gram-negative bacteria, belonging to the Enterobacteriaceae family and are most frequently associated with foodborne illnesses. The ingestion of *S. typhimurium* causes fever, nausea, diarrhea, stomach discomfort, vomiting, dehydration, and weakness, while E. coli may cause except from the aforementioned symptoms, potentially life-threatening complications known as hemolytic uremic syndrome and hemorrhagic colitis. In both cases, the clinical symptoms may last from 5 to 7 days [3,4].

The number of outbreaks due to *S. typhimurium* and E. *coli* O157:H7 infections in combination with the economic loss associated with these foodborne illnesses due to medical costs, loss of work hours and product recalls have imposed the need for rapid diagnostic methods for pathogen detection [5].

The conventional methods for bacteria detection and identification are based on culturing and plating. Those methods are reliable but include several steps such as pre-enrichment, selective enrichment, isolation and confirmation through biochemical and serological tests, which are rather time-consuming and require at least 5–7 days to complete. In order to shorten the analysis time to 2–4 days, ELISA- and DNA-based methods have been employed for bacteria identification, thus replacing the selective plating steps [6,7].

In recent years, biosensors based on electrochemical, piezoelectric or optical transducers are gaining ground in foodborne bacteria detection. Concerning electrochemical immunosensors, devices employing amperometric, potentiometric, impedemetric and conductimetric detection principles have been developed for detection of bacteria [8–10]. Although these sensors claim inexpensive analysis and potential for miniaturization, they often require labels for signal enhancement to improve detection limits. Similarly, immunosensors based on piezoelectric phenomena are capable for label-free detection but they lack in sensitivity [11]. On the other hand, optical biosensors utilizing different transduction principles such light absorbance, SPR, fluorescence, light polarization, and Raman scattering are powerful tools for foodborne bacteria detection [12]. Optical detection provides several advantages over other transduction principles such as less interference from the sample and ability for direct determination of pathogens in complex matrices with minimal sample treatment. Although SPR biosensors are widely used for label-free bacteria detection, their limit of detection is usually higher than 10^3 cfu/mL, [13,14]. Among the label-free biosensors, interferometric ones are the most promising bacteria detection systems, as they offer high sensitivity and multiplexing capability for real-time determinations. Recently, a bi-modal interferometric sensor, an interferometric reflectance imaging sensor and a microcavity in-line Mach-Zehnder Interferometer have been employed for the detection of E. *coli* with detection limits of 40, 2.2 and 100 cfu/mL, respectively [15–17]. Moreover, another interferometric sensor based on white light reflectance spectroscopy has been developed for the detection of *S. typhimurium* in drinking water samples, exhibiting a detection limit of 320 cfu/mL [18].

In this work, a label-free optical immunosensor based on arrays of Mach-Zehnder Interferometers (MZIs) monolithically integrated onto silicon chips, which are appropriate for multi-analyte determinations is employed. The MZIs chips have been successfully utilized for the determination of allergens and mycotoxins in foodstuffs, as well as for the detection of goat milk and PDO cheeses adulteration with bovine milk [19–22]. Here, the MZIs chips are employed, for the first time, for the simultaneous determination of *S. typhimurium* and E. *coli* in drinking water samples. The detection of bacteria was based on the competitive immunoassay principle through biofunctionalization of the sensing arm of the MZIs with the lipopolysaccharides (LPS) of the two bacteria (Figure 1). Biomolecular reactions on the LPS modified sensing arm change the effective refractive index, causing a blue shift of the interference spectrum. The spectral shift is transformed to phase shift and the signal is expressed in radians. Several assay parameters have been optimized aiming to fast and sensitive simultaneous determination of both bacteria in drinking water.

2. Experimental

2.1. Materials

Salmonella enterica serovar *typhimurium* (S. typhimurium, ATCC 14028) and Escherichia *coli* O157:H7 (E. *coli* O157:H7, NCTC 12900) were kindly provided from Delta Foods S.A. (Athens, Greece). E. *coli* LPS was obtained from Creative Diagnostics (USA). The goat polyclonal antibody against E. *coli* LPS was from Kirkegaard & Perry Lab Inc. (Gaithersburg, MD, USA). The rabbit polyclonal antibody against S. typhimiurim LPS,

donkey anti-goat IgG antibody and donkey anti-rabbit IgG antibody were purchased from Bio-Rad (UK). Salmonella LPS, bovine serum albumin (BSA), and 3-aminopropyl-triethoxysilane (APTES) were purchased from Sigma-Aldrich (Darmstadt, Germany). Streptavidin was from Thermo-Scientific (Waltham, MA USA). The water used in the study was doubly distilled. Donkey anti-goat IgG and donkey anti-rabbit IgG antibodies were biotinylated according to a previously published protocol [22].

2.2. *Chip Fabrication and Signal Processing*

Fabrication of the chips was performed following mainstream silicon technology as described previously [21,22]. The chip consists of an array of ten silicon nitride MZIs, each one of them coupled with a respective silicon LED. The ten LEDs are serially turned on and off using a multiplexer. The chip is covered by a silicon oxide cladding layer that has been selectively removed from a 600 μm long area over the sensing arm of each MZI to allow for interaction of the waveguided photons with the spotted biomolecules onto the sensing arm. The ten MZIs converge in a single output at the edge of the chip where the transmitted light is collected by an external spectrometer (QE65000, Ocean Optics). The spectral shifts caused by the immunoreactions over the sensing arm of the MZIs are continuously recorded and converted to phase shifts through discrete Fourier transform.

2.2. *Chemical and Biological Functionalization of the Chip*

For the chemical activation, the chips were cleaned and hydrophylized through O_2 plasma treatment for 30 s. Then, they were immersed for 2 min in a 0.5% (v/v) APTES solution, rinsed, dried under nitrogen stream and heated at 120 °C for 20 min. The biological activation of the chips was performed using the BioOdyssey Calligrapher Mini Arrayer. Hence, 3 MZIs per chip were spotted with 100 μg/mL of *S. typhimurium* LPS solution, 4 MZIs with 50 μg/mL of E. coli LPS solution, and the remaining 3 with 100 μg/mL of BSA solution for the determination of non-specific binding. After the completion of spotting, the chips were incubated overnight at 4 °C in humidity chamber. Then, the biofunctionalized chips were washed, and incubated for 1 h in 1% (w/v) BSA in 0.1 M NaHCO$_3$ solution to block the non-specific binding sites on the sensing arm, rinsed with water and dried under nitrogen stream.

2.3. *Immunoassay for Bacteria Detection with MZI Immunosensor*

The delivery of the samples over the chip surface was achieved through attachment of an appropriate microfluidic module onto the chip. Then, the chip was placed on a handling frame and inserted in the docking station of the measuring device. Prior to assay, calibrators/samples were mixed with the antibodies against *S. typhimurium* and E. coli LPS at 1:1 volume ratio, and incubated for 30 min. After chip equilibration with assay buffer, 100 μL of these mixtures were run over the chip at a rate of 35 μL/min, followed by 100 μL of biotinylated anti-species specific antibodies and 100 μL of streptavidin solution (Figure 1). After assay completion, a regeneration step was followed in order to remove the bound antibodies from the biofunctionalized surface and reuse the chip for the next sample. Thus, 100 μL of 0.05 M HCl solution and 100 μL of 0.05 M NaOH solution were pumped over the chip sequentially, and finally 100 μL of assay buffer were flown for chip equilibration.
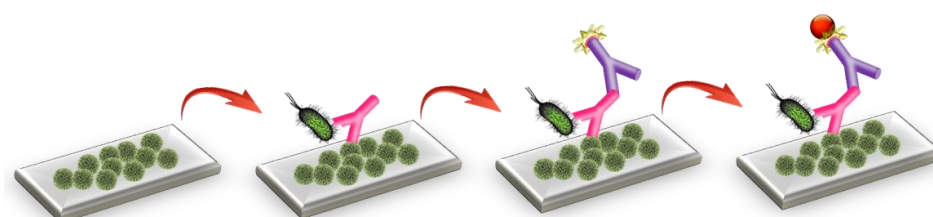

Figure 1. 3D schematic of assay configuration for bacteria detection using the MZI sensor.

3. Results

3.1. Optimization of Assay Parameters

The detection of bacteria in drinking water samples was based on the competitive immunoassay principle. Thus, several parameters have been optimized with respect to the maximum signal and the percent signal drop obtained for certain bacteria calibrators. Firstly, the optimum concentration of bacteria LPS for immobilization onto the sensor's surface was determined by running for 1 h zero calibrators over chips spotted with LPS solutions with concentrations ranging from 5 to 200 µg/mL. As shown in Figure 2a, indicatively for E. coli LPS, the signal increased and reached a maximum at a concentration of 50 µg/mL, whereas for concentrations higher than 100 µg/mL the signal started to decline. Furthermore, the sensor-to-sensor and the chip-to-chip signal variation was significantly improved (CV < 5%) when the concentration of LPS used for coating was equal or higher than 50 µg/mL compared to the signal variations obtained from chips spotted with lower concentrations. Thus, 50 µg/mL concentration of E. coli LPS was selected for further experimentation. In a similar way, the optimum concentration for immobilization regarding the *S. typhimurium* LPS was determined to be 100 µg/mL.

Another parameter optimized was the concentration of the anti-bacteria antibodies in order to select the one providing adequate signal in combination with detection sensitivity. The concentrations tested were ranged from 0.25 to 2 µg/mL for E. coli LPS, and 0.5 to 3 µg/mL for S. typhimurium. As it is presented in Figure 2b, indicatively for E. coli, adequate signal (≥1 rad) was achieved for anti-E. coli LPS concentrations ≥ 0.5 µg/mL. However, although higher signals were obtained by increasing the antibody concentration, the higher detection sensitivity was achieved for antibody concentration of 0.5 µg/mL. For *S. typhimurium* the optimum antibody concentration was 1 µg/mL.
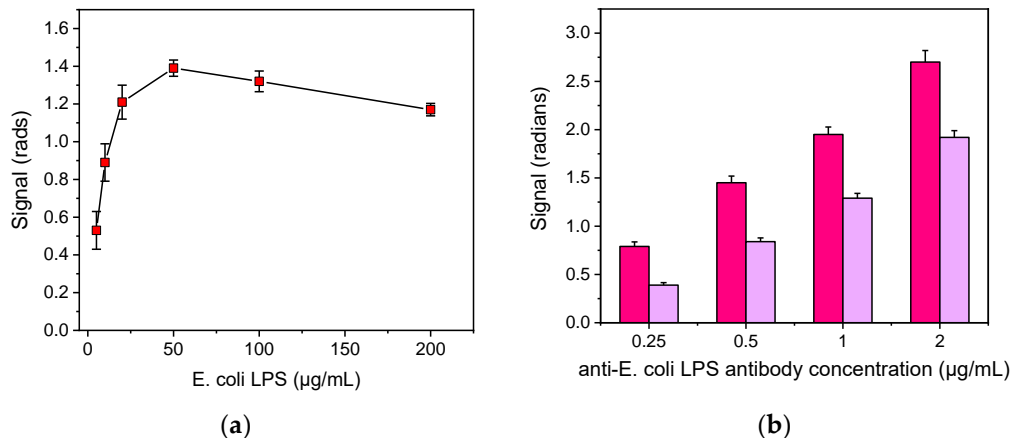

(a) (b)

Figure 2. (**a**) Signal values for zero calibrator vs. E. *coli* LPS concentrations used for coating and (**b**) signals corresponding to zero calibrator (magenta columns) or an E. coli LPS calibrator with concentration of 0.025 µg/mL (purple columns) obtained using different concentrations of anti-E. coli antibody. Each point is the mean value of ten waveguides per chip ± SD.

3.2. Matrix Effect

For the determination of bacteria in drinking water samples the effect of tap water on the signal was investigated. For this reason, E. coli and *S. typhimurium* zero calibrators were prepared in assay buffer as well as in tap water. As it is shown in Figure 3 indicatively for S. typhimurium, the signal obtained from zero calibrator prepared in tap water was similar to that of the zero calibrator prepared in assay buffer. Moreover, the calibration curves obtained with calibrators prepared in both matrices were almost identical. Thus, the calibrators were prepared in assay buffer.
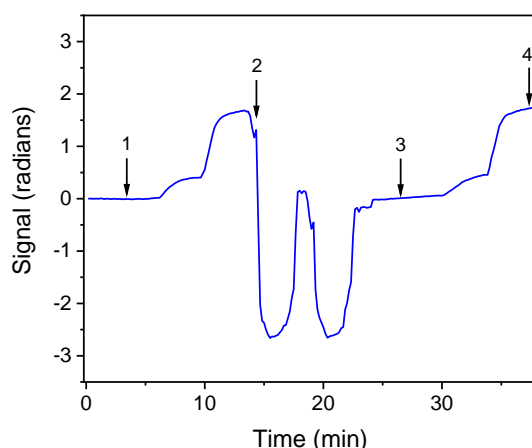
Figure 3. Real-time response obtained for *S. typhimurium* zero calibrator prepared in: assay buffer (arrow 1 to 2); regeneration and equilibration (arrow 2 to 3); and zero calibrator in tap water (arrow 3 to 4).

3.3. Analytical Characteristics and Calibration Curves Using the MZI Chip

In Figure 4, the calibration curves for *S. typhimurium* and E. *coli* LPS are provided. The dynamic range of *S. typhimurium* and E. coli LPS assays ranged from 0.005 to 1 µg/mL and from 0.005 to 0.5 µg/mL, respectively. The limit of detection of the assays was determined as the concentration corresponding to signal equal to -3SD of the mean zero calibrator signals (28 replicate values from 4 chips; 7 MZIs per chip) and was 0.004 µg/mL for both bacteria. Moreover, the limit of detection was 3×10^2 cfu/mL and 2×10^2 cfu/mL for *S. typhimurium* and E coli, respectively. The accuracy of the assay was also determined through recovery experiments. For this reason, tap water was spiked with three different bacteria concentrations. The recovery values ranged from 91 to 112%, indicating the high accuracy of the assay performed using the MZI chip. The repeatability of the assay was determined using tap water samples spiked with four different concentrations of the bacteria. The intra-assay coefficients of variation (CVs) were calculated after repetitive measurements of the tap water samples during the same day, whereas the inter-assay CVs were determined by measuring the tap water samples in seven different days in a period of one month and were less than 5% and 7%, respectively.
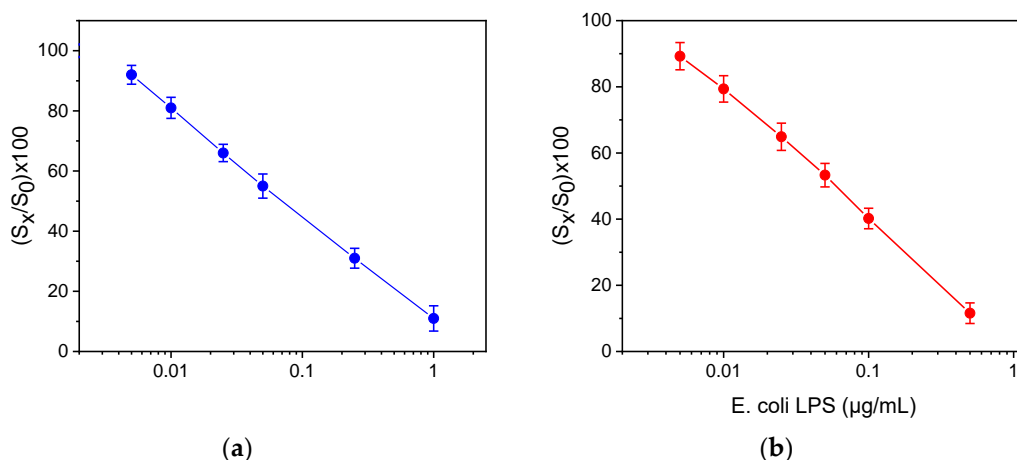

(**a**) (**b**)

Figure 4. Calibration curves of (**a**) *S. typhimurium* LPS and (**b**) E. *coli* LPS. $(S_x/S_0) \times 100$ represents the percent ratio of each calibrator signal (S_x) to the zero calibrator signal (S_0). Each point is the mean value of seven waveguides per chip ± SD.

4. Conclusions

The simultaneous determination of *S. typhimurium* and E. coli in drinking water using the MZI immunosensor chips was presented. The sensor provided real-time detection of the two bacteria in 10 min, employing a 3-step assay configuration. The assay was accurate, repeatable and sensitive with detection limits at the order of 10^2 cfu/mL. Thus, it is expected that the proposed sensor could find wide application in Drinking Water Distribution System and in low resources environment for the fast on-site monitoring of bacteria.

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