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# The role of non-selective beta-blockers in breast cancer treatment: An in vitro approach

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## The role of non-selective beta-blockers in breast cancer treatment: An in vitro approach

MCF-7

#### MDA-MB-231





Drugs tested:

- Propranolol
- Carvedilol
- Methotrexate
- 5-fluorouracil





## ECMC 2022

**Abstract:** Breast cancer is the second most diagnosed type of cancer in the world, although it is more prevalent in women and can affect both women and men. This type of cancer is the fifth leading cause of death. Even though there are multiple treatment protocols, there is a need to develop more effective alternatives. The current study explores the effects on breast cancer cell lines, MCF-7 (metastatic cell line) and MDA-MB-231 (non-metastatic), of pharmaceuticals like β-blockers already prescribed to treat other diseases. Thus, cell lines were exposed, up to 72h, to nonselective  $\beta$ -blockers, propranolol (10-250  $\mu$ M) and carvedilol (0.1-100  $\mu$ M), to antimetabolites, methotrexate (0.01-20  $\mu$ M) and 5-fluorouracil (0.1-50  $\mu$ M) and cell viability was assessed. The obtained results demonstrated higher sensitivity of MCF-7 to the tested drugs. Based on the estimated medium lethal concentration, carvedilol was the most toxic drug followed by propranolol and cytostatic drugs. Data support the potential application of  $\beta$ -blockers in the treatment of breast cancer.

**Keywords:** Propranolol; Carvedilol; β-blockers; Breast cancer



Cancer cells:

- **Oncogenic mutations**
- Tumor suppressor mutations
- Abnormal proliferative capacities
- Capacity of spreading through the bodymetastasis

## **Worldwide Cancer Cases**





2022

#### **Breast cancer**

- Affects younger women
- HER2-positive represents 20% of breast cancer cases 5 subtyps:
- ER/PR-positive Luminal A
- ER/PR-positive Luminal B
- ER/PR- negative HER2
- ER/PR- negative basal-like
- ER/PR- negative normal-like

## Treatments

- Active surveillance
- Surgery
- Radiation therapy
- Chemotherapy

- Hormone therapy
- Immunotherapy

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Targeted drug therapy



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**β-blockers** 

#### Carvedilol



β-AR antagonist drug Antagonist activity at  $\alpha$ 1 adrenergic receptors and β1 e β2.

#### Propranolol

Non-selective  $\beta$ -blocker

Adrenaline and noradrenaline blocking action on  $\beta 1$  and  $\beta 2$  adrenergic receptors.

#### Methotrexate

Used in cancer treatment and autoimmune diseases Acts by inhibiting folic acid metabolism.

#### 5-Fluorouracil

Acts by inhibiting the enzyme thymidylate synthase (TS) Can be incorporated into DNA and RNA, leading to cytotoxicity and cell death.





## есмс 2022

In this study:

The cytotoxicity of **propranolol** and **carvedilol** (non-selective β-blockers), **methotrexate** and **5-fluorouracil** (antimetabolites/ antineoplastic drugs) was assessed on **MDA-MB-231** (non-metastatic breast cancer cell line) and on **MCF-7** (metastatic breast cancer cell line).



#### **Results: beta-blockers**



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## **Results and discussion**

Propranolol	μM	24 h	48 h	72 h
	LD₅o	125.657	75.661	36.029
MDA-MB-231	LD <sub>25</sub>	101.567	49.000	20.162
	LD <sub>50</sub>	73.634	59.005	49.099
MCF-7	LD <sub>25</sub>	63.400	50.718	36.617

Carvedilol	μM	24 h	48 h	72 h
	LD <sub>50</sub>	57.650	46.494	31.926
MDA-MB-231	LD <sub>25</sub>	43.665	32.383	22.373
	LD <sub>50</sub>	32.308	28.717	15.570
MCF-7	LD <sub>25</sub>	23.086	20.822	5.694



#### **Results and discussion**



#### **Results: antimetabolites/ antineoplastics**



### **Results and discussion**

5-fluorouracil	μM	24 h	48 h	72 h
	LD₅o		351.387	8.674
MDA-MB-231	LD <sub>25</sub>		12.569	9.21
	LD <sub>50</sub>		140.327	12.652
MCF-7	LD <sub>25</sub>		6.946	3.749

## **Conclusions and future trends**

- β-blockers showed higher toxicity than antimetabolites to the cell lines in study.
- For both cell lines, MDA-MB-231 and MCF-7, the most cytototoxic drug was carvedilol, followed by propranolol and 5-flourouracil.
- Both cell lines demonstrated resistance to the antimetabolite methotrexate.
- As future work, a normal cell line should be added to the work, in order to compare the effects of the tested pharmaceuticals with cancer cell lines.



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