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## Basil (*Ocimum basilicum* L.) cultivated in Serbia: antioxidant and antibacterial activity of essential oil and extracts

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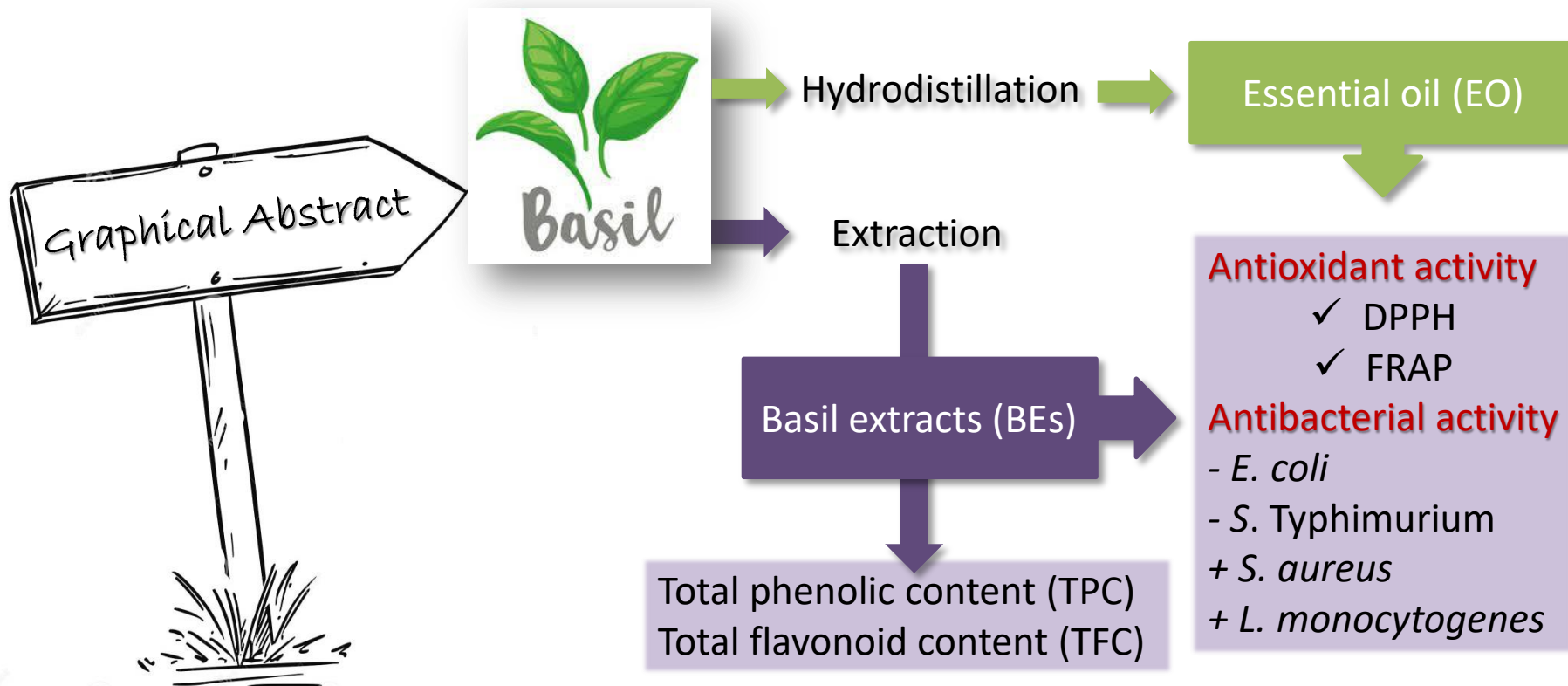
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BEOGRAD

# Basil (*Ocimum basilicum* L.) cultivated in Serbia: antioxidant and antibacterial activity of essential oil and extracts



## Abstract

**Basil** (*Ocimum basilicum* L.) has a long traditional use as spice in both folk and conventional medicine. Basil **extracts** (BEs) as well as **essential oil** (EO) represents a rich source of phytochemicals, many of which possess diverse biological activities. The objectives of this study were to assess antioxidant and antibacterial activities of BEs and EO, obtained from plants cultivated in Republic of Serbia. EO was isolated by **hydrodistillation**, while BEs were obtained by **Soxhlet extraction** and **ultrasound-assisted maceration**, using 70% and 96% ethanol. In prepared BEs total phenolic (TPC) and total flavonoid content (TFC) were determined spectrophotometrically. Antioxidant activity was evaluated by DPPH and FRAP assays. A higher TPC was obtained using 70% ethanol, while 96% ethanol proved to be more effective for the extraction of flavonoids.

In both antioxidant assays, BEs showed remarkable antioxidant properties compared to EO. Also, regardless the extraction method and assay applied, the 70% ethanol extracts proved to be more potent than 96% ethanol ones. Both antioxidant assays strongly correlated with TPC than with TFC. For antibacterial activity assay, minimal inhibitory concentrations (MIC) and minimal bactericidal concentrations (MBC) were obtained by the microdilution method. Tested Gram-negative bacteria (*E. coli* and *S. Typhimurium*) were more resistant than Gram-positive (*S. aureus* and *L. monocytogenes*). Opposite to results of antioxidant activity, EO expressed superior antibacterial activity. Based on the obtained results, it can be concluded that **basil represents powerful source of biologically active components which can express strong antioxidant and antibacterial activity**.

**Keywords:** basil, essential oil, extract, biological activity

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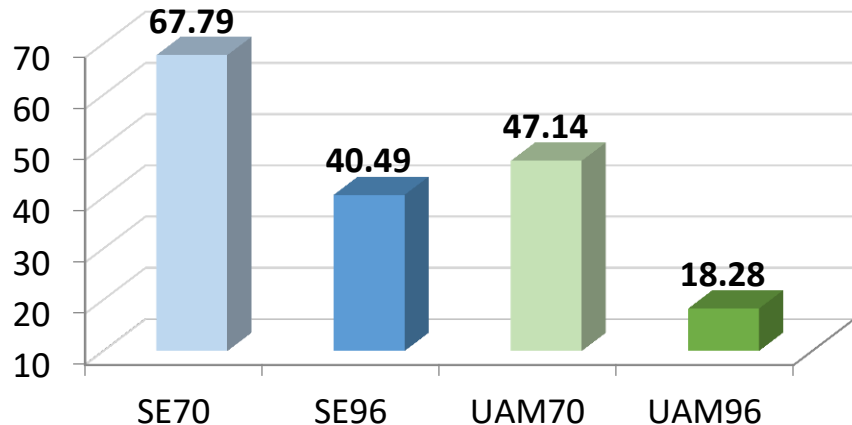
## Introduction

- The **Lamiaceae** family include **medicinal plants** and **spices** widely used as food ingredients as well as home remedies in the treatment of different diseases.
- **Basil** is a widely known member of Lamiaceae family which has been grown traditionally as a decorative, medicinal, seasoning and ritual herb.
- Numerous studies have confirmed the significant biological activity of basil extracts and essential oils, including **antioxidant** and **antibacterial**.
- The aim of this study was to assess antioxidant and antibacterial activities of BEs and EO as well as total phenolic and flavonoid content in prepared BEs.

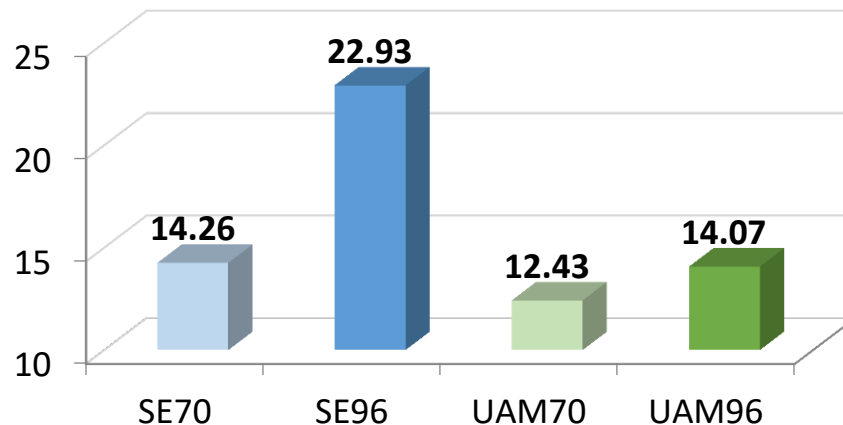


# Results and discussion

## TPC



## TFC



- A higher TPC was obtained using 70% ethanol.
- 96% ethanol proved to be more effective for the extraction of flavonoids.

*SE70* – extract obtained by Soxhlet extraction with 70% ethanol

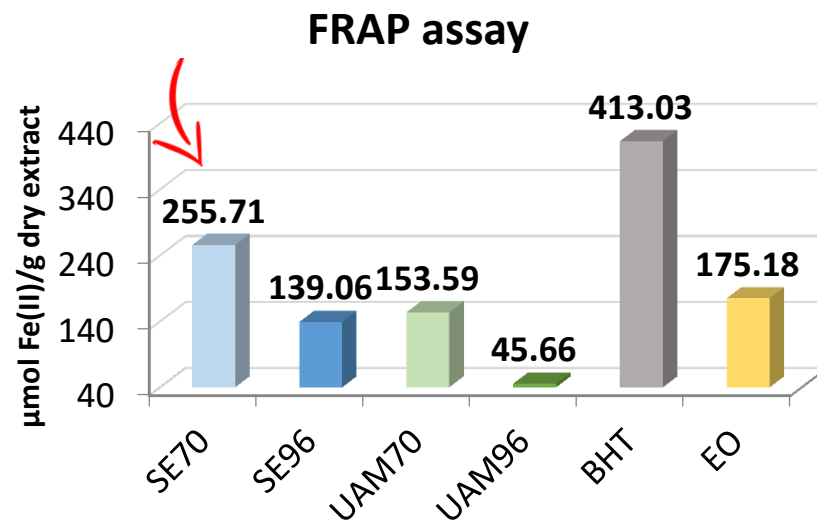
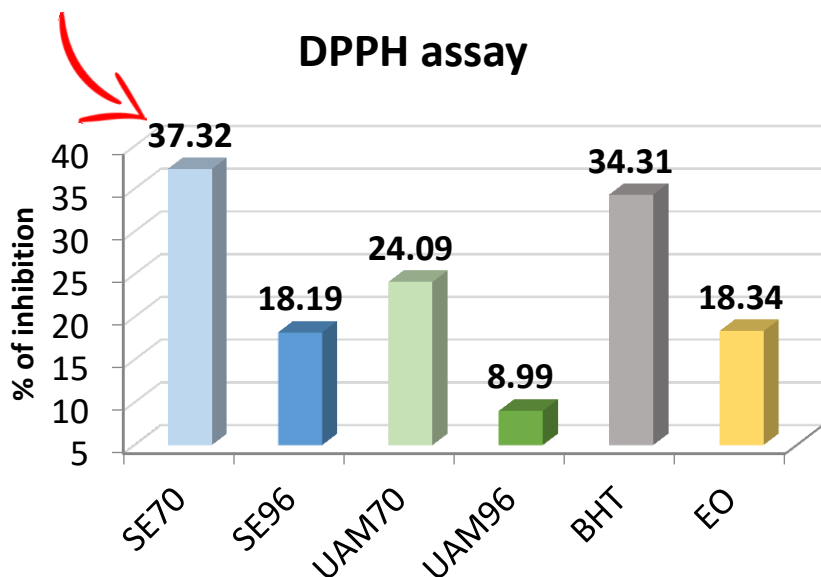
*SE96* - extract obtained by Soxhlet extraction with 96% ethanol

*UAM70* - extract obtained by ultrasound-assisted maceration with 70% ethanol

*UAM96* - extract obtained by ultrasound-assisted maceration with 96% ethanol

\*concentration of the tested extracts and standards was 0.1 mg/mL

## Results and discussion



- In comparison to control – synthetic antioxidant BHT, only SE<sub>70</sub> extract has achieved significant antioxidant activity.
- UAM96 was the weakest extract.
- In both antioxidant assays, BEs showed remarkable antioxidant properties compared to EO, even it was tested in higher concentration.
- Also, regardless the extraction method and assay applied, the 70% ethanol extracts proved to be more potent than 96% ethanol ones.

\*concentration of the tested extracts and standards was 0.1 mg/mL; EO was tested in concentration of 5 mg/mL.

## Results and discussion

BE / EO	G (+) bacteria				G (-) bacteria			
	<i>S. aureus</i> ATCC 25923		<i>L. monocytogenes</i> ATCC 1911		<i>E. coli</i> ATCC 25922		<i>S. enterica ser.</i> Typhimurium ATCC 14028	
	MIC*	MBC*	MIC	MBC	MIC	MBC	MIC	MBC
SE70	0.156	0.156	5.0	5.0	10.0	10.0	5.0	10.0
SE96	0.313	0.313	10.0	10.0	20.0	20.0	20.0	40.0
UAM70	0.313	0.625	20.0	20.0	20.0	40.0	10.0	40.0
UAM96	0.313	1.250	0.313	0.313	10.0	10.0	10.0	10.0
EO	0.078	0.313	0.313	1.250	5.0	>5	5.0	5.0

- Tested Gram (-) bacteria were **more resistant** than Gram (+).
- *S. aureus* **was the most sensitive** of all tested bacteria.
- Although the BEs showed significant inhibitory activity, the **EO proved to be a superior antibacterial agent**.



- ✓ BEs showed remarkable antioxidant properties compared to EO.
- ✓ The 70% ethanol extracts proved to be more potent antioxidant than 96% ethanol ones.
- ✓ Both antioxidant assays strongly correlated with TPC.
- ✓ Opposite to results of antioxidant activity, EO expressed superior antibacterial activity.
- ✓ Basil represents powerful source of biologically active components which can express strong antioxidant and antibacterial activity



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Institut “**Dr Josif Pančić**”

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