

# The Surging Function of Nanotechnology in the Management of Primary Biliary Cholangitis with Obeticholic Acid <sup>†</sup>

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<sup>†</sup> Presented at the 4th International Online Conference on Nanomaterials, 5–19 May 2023; Available online: <https://iocn2023.sciforum.net>.

**Abstract:** Obeticholic acid (OCA), also known as 6 $\alpha$ -ethyl-3 $\alpha$ ,7 $\alpha$ -dihydroxy-5-cholon-24-oic acid, is a semi-synthetic derivative of chenodeoxycholic acid (CDCA, 3 $\alpha$ ,7 $\alpha$ -dihydroxy-5-cholon-24-oic acid), a primary bile acid that is produced in the liver from cholesterol and is comparatively hydrophobic. OCA, a farnesoid X receptor (FXR) agonist, is crucial for the enterohepatic movement of bile acid. OCA has significantly improved biochemical outcomes in preliminary tests in individuals with Primary Biliary Cholangitis (PBC). PBC is an autoimmune disease of the liver characterised by cirrhosis, cholestasis, fibrosis, and destruction and inflammation of the intrahepatic bile ducts. The autoimmune reaction is mostly responsible for it. In order to reduce inflammation, OCA targets the physiological and immunological functions of PBC. Drug are used in immunological therapy. Targeting specific cytokines and chemokines associated with inflammation, as well as immunological molecules involved in B cell and T cell responses. We concentrate on numerous nanotechnology therapeutic modalities for liver illness in this review. Nanomedicine provides a novel strategy that focuses on tolerance induction rather than immunosuppression, offering significant promise for the treatment of autoimmune illnesses. Immune-modifying drugs can be incorporated into tolerogenic nanoparticles to safely and effectively target the antigen-specific immune response in autoimmune disorders. The anatomical characteristics and immunological uniqueness of PBC, these may be particularly effective.

**Keywords** obeticholic acid; primary biliary cholangitis; autoimmune diseases; nanotechnology; nanomedicine

**Citation:** Patil, D.; Patil, J.; Patil, M.; Girase, T.; Patel, K. The Surging Function of Nanotechnology in the Management of Primary Biliary Cholangitis with Obeticholic Acid. *Mater. Proc.* **2023**, *14*, x. <https://doi.org/10.3390/xxxxx> Published: 5 May 2023



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## 1. Introduction

Primary Biliary Cholangitis (PBC) is a chronic autoimmune illness that preferentially affects the interlobular bile channels (cholangitis), causing cholestasis, the retention of bile salts in the liver, and secondary hepatocyte damage. Although the disease can proceed to cirrhosis, liver failure, and death; the onset is frequently silent and sneaky [1]. It is a chronic, autoimmune, slowly progressing liver condition that primarily affects middle-aged women at a ratio of about 10:1 [2]. It has been discovered that genes associated with X-linked immunodeficiencies can cause granuloma formation and elevated immunoglobulin (Ig) M levels, which are frequent observations in PBC. X chromosome monosomy is observed in women with PBC, but the cause of this gender difference is not fully understood [3].

The onset of cirrhosis and its complications, however, play a significant role in the disease's outlook. All patients should begin and continue receiving ursodeoxycholic acid

because it is linked to a better prognosis. The clinical outcome of ursodeoxycholic acid is correlated with the biochemical reaction, but patients with incomplete responses still have a better prognosis than those who do not receive treatment. Before the US Food and Drug Administration's 2016 clearance of Obeticholic acid (OCA), UDCA was the only medication authorised for the treatment of PBC. Bezafibrate might work well as an off-label substitute for obeticholic acid, especially in patients with pruritus. Obeticholic acid was recently approved as a second-line treatment. Early results indicate a triple therapy using ursodeoxycholic acid, obeticholic acid, and bezafibrate, whereas other promising drugs are being evaluated in clinical trials [4].

Obeticholic acid is an endogenous ligand for the farnesoid X receptor (FXR) that is produced from the bile acid chenodeoxycholic acid. When it comes to activating FXR, obeticholic acid is roughly 100 times more potent than chenodeoxycholic acid. Hepatocytes are protected from bile acid toxicity by FXR signalling, which reduces bile acid production and promotes choleresis by up-regulating bile acid transporters. Additionally, FXR controls additional pathways with immediate anti-inflammatory and antifibrotic results [5].

Nanotechnology has been progressively incorporated into Numerous disciplines have gradually adopted nanotechnology [6,7]. For example, nanometer drugs, or granules of the nano dimension, always have the special ability to be quickly absorbed while maintaining low concentrations and immunogenicity. Additionally, serum longevity and the pattern of deposition in the primed objects will be impacted by the variation in particle size. These disciplines all demonstrate how promising nanotechnology is as a method of drug discovery and clinical application. As an illustration, nanometer medicines, or nano-size granules, always have the special Qualities of being readily taken while maintaining low Concentrations and immunogenicity. Additionally, the diversification of particle size will have an impact on the pattern of deposition in the primed objects as well as serum longevity. These diverse fields of study demonstrate that nanotechnology is a potent approach for drug discovery and clinical implementation [8,9].

## 2. Pathophysiology of Primary Biliary Cholangitis

Intrahepatic bile duct damage caused by inflammation and primarily T-cell mediated is a hallmark of PBC. The most widely accepted theory regarding the cause of PBC is that a genetically susceptible patient comes into contact with an autoimmune triggering event, despite the fact that there is no absolute surety regarding this. A virus, allergen, chemical, or medicine could be the cause of this triggering incident. There is no single cause, and each patient's immune system is triggered by different things. Genetic influences come from Major Histocompatibility Complex (MHC) class II genes (DR8, DQA1\*0102, DQ/1\*0402), MHC class III genes (C4 blank, C4B2), and non-MHC genes (Exon 1 of CTLA-4). Identified familial risk factors include PBC/positive Anti-mitochondrial antibodies (AMA), impaired T-cell regulation, extrahepatic autoimmune diseases, and a greater prevalence in individuals who have a family member with PBC, particularly an identical twin. Recurrent urinary tract infections (possibly linked to exposure to bacterial components or antibiotic use), exposure to toxic chemicals, and cigarette smoking are examples of potential environmental factors, particularly in genetically vulnerable people. No matter what triggers the immunological reaction in PBC, biliary epithelial cells are the target. The E2 subunit of the Pyruvate Dehydrogenase Complex (PDC) is the primary target of anti-mitochondrial antibodies (AMA), which are extremely disease-specific and directed against the 2-oxo acid dehydrogenase family of multi-enzyme complexes found on the inner mitochondrial membrane. In PBC cases, the expression of PDC-E2 or a molecule that interacts with specific anti-PDC-E2 antibodies is elevated on biliary epithelial cells. Additionally, a number of molecular mimicry peptides to PDC-ER (found in viral or bacterial proteins) have epitopes that are chemically related to self-peptides. Loss of humoral tolerance and a rise in autoreactive CD4+CD8+PDC-E2-specific T cells in the liver are both possible effects of elevated PDC-E2. The intrahepatic bile ducts' lining

biliary epithelial cells are harmed during the subsequent autoimmune T cell reaction, which also causes inflammation, scarring, and the destruction of the interlobular and septal bile ducts. Bile then leaks through bile channels and into the liver parenchyma as a result. Bile ions damage hepatocytes, causing necrosis, apoptosis, and leading to fibrosis, and cirrhosis [10].

### 3. Therapies

#### 3.1. First Line Transport

UDCA (Ursodeoxycholic acid) This medication, also known as ursodiol (Actigall, Urso), is commonly used first. It helps move bile through your liver. UDCA doesn't cure primary biliary cholangitis, but it seems to improve liver function and reduce liver scarring. It's less likely to help with itching and fatigue. Side effects may include weight gain, hair loss and diarrhea.

#### 3.2. Second Line Transport

The drugs used in second line transport are Obeticholic acid (OCA), Benzaifibrate, Triple therapy (UDCA, OCA, Benzaifibrate), and Liver transplant [10].

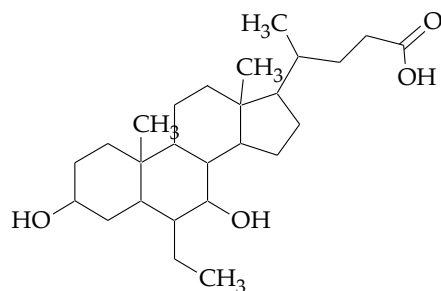
### 4. Obeticholic Acid

#### 4.1. Invention and Development

The farnesoid X receptor (FXR), which plays a role in numerous physiological and pathological processes, was discovered to have the most physiologically active ligand in 1999. This receptor is found in the natural bile acid chenodeoxycholic acid. Roberto Pellicciari and associates at the University of Perugia created, investigated, and patent a number of alkylated bile acid analogues, with 6 ethyl chenodeoxycholic acid emerging as the most powerful FXR agonist. FXR-dependent intestinal and liver functions have been suggested as potential therapeutic targets for human diseases. The first FXR agonist used in human drug trials is obeiticholic acid [11].

#### 4.2. Description

Obeticholic Acid, an orally bioavailable semi-synthetic bile acid derivative and agonist of the nuclear bile acid receptor farnesoid X receptor (FXR), may be used to reduce liver exposure to bile acids. Following oral administration, obeticholic acid targets and binds to FXR expressed in the liver and gut, triggering FXR-mediated bile acid, inflammatory, fibrotic, and metabolic pathways. This decreases hepatic exposure to bile acids by inhibiting bile acid synthesis in the hepatocytes and increasing bile acid transport out of the hepatocytes. FXR is implicated in liver fibrosis, hepatic and intestinal inflammation, and bile acid homeostasis [12]. The structure of obeticholic acid is shown in Figure 1.



**Figure 1.** Obeticholic acid

**Figure 1.**

- Category: Farnesoid X receptor agonists
- Structural name: Obeticholic acid

- Molecular formula: C<sub>26</sub>H<sub>44</sub>O<sub>4</sub>
- Chemical name: 6 $\alpha$ -ethyl-chenodeoxycholic acid.
- Molecular weight: 420.63 g/mol
- Description: White to off white powder
- Melting point: 108–110 °C (226–230° F)
- Solubility: Soluble in methanol, acetone, and ethyl acetate

#### 4.3. Mechanism of Action

Obeticholic acid is a brand-new variant of the main biliary acid in humans, chenodeoxycholic acid (BA). OCA is an FXR agonist, which plays a significant part in the enterohepatic circulation of BA. FXR is a nuclear receptor that is primarily expressed in the gastrointestinal tract (liver and intestine). The main intracellular BA receptor, or FXR, controls a number of metabolic procedures involved in BA synthesis, transport, and detoxification.

By inducing a change in transcription, FXR carries out its intended tasks. With different regions involved in DNA binding, ligand binding, and transactivation, the protein has a multidomain structure.

As a consequence of ligand binding, co-bound co-repressor proteins become dissociated, and co-activator proteins are recruited, which increases the expression of the target gene [13].

#### 5. Obeticholic Acid Action on Primary Biliary Cholangitis

OCA (6 $\alpha$ -ethyl-chenodeoxycholic acid) is a selective Farnesoid-X-receptor (FXR) agonist derived from the primary human bile acid chenodeoxycholic acid that has been modified chemically to make it 100 times more potent than chenodeoxycholic acid. The FXR nuclear receptor is expressed in the liver, intestine, adrenal glands and kidneys; This nuclear receptor has a significant role in the synthesis and enterohepatic circulation of the bile acids. FXR activation in the liver reduces the conversion of cholesterol to bile acids by down regulating cytochrome P450 7A1 (CYP7A1) and CYP8B1, the primary enzymes involved in the synthesis of bile acids, and increases the expression of bilirubin exporter pumps. In the ileum, activation of FXR receptor inhibits the uptake of bile acids by down regulating the sodium-dependent bile acid transporter and also decreased the production of bile acids by increasing the expression of fibroblast growth factor in the liver through inhibition of CYP7A1. Therefore, OCA increases bile flow in cholestatic conditions, and thereby protects the hepatocytes from accumulation of cytotoxic bile acids. In addition, various preclinical studies have found that OCA also has antifibrotic and anti-inflammatory properties [14].

#### 6. Approaches of Nanotechnology

Applications of nanotechnology to medicine and physiology entail the development of materials and tools with a high degree of specificity for subcellular (i.e., molecular) interactions with the body. This may translate into cellular and tissue-specific clinical interventions aimed at maximising therapeutic effectiveness with a minimum of adverse effects. Additionally, nanomedicine offers a novel strategy that concentrates on tolerance induction rather than immunosuppression, offering great promise for the therapy of autoimmune diseases. Immune-modifying agents can be engineered into tolerogenic nanoparticles to safely and efficiently target the antigen-specific immune response in autoimmune diseases. Given the anatomical characteristics and immunological sensitivity of PBC, these may be particularly effective.

There was a method put forth that specifically manipulates LSECs (liver sinusoidal endothelial cells) to activate NKT (natural killer T cells) cell-mediated liver cancer immunotherapy using obeticholic acid (OCA), a selective farnesoid X receptor (FXR) agonist that is clinically authorised. Studies on the in vivo biodistribution of the injected OCA-NE

(Obeticholic acid nanoemulsion) showed that it mostly collected in the liver, particularly in LSECs and Kupffer cells. As a result, OCA-NE treatment greatly inhibited the growth of the hepatic tumour in a murine orthotopic H22 tumour model, outperforming oral administration of free OCA. According to an immunologic study, the OCA-NE increased NKT cell populations inside the tumour as well as the secretion of CXCL16 (secretion of chemokine (C-X-C motif) ligand 16) and IFN (interferon). Overall, our study offers fresh proof of the antitumor activity of primary bile acid receptors, which should encourage the application of nanotechnology [15–18].

## 7. Conclusions

The recent approval of OCA in the treatment of PBC is an important advance for patients who are at an increased risk of liver-related complications despite UDCA therapy or are unable to tolerate UDCA, OCA is FXR agonist. OCA is registered for the treatment of primary biliary cholangitis. PBC is an autoimmune disease of the liver characterised by cirrhosis, cholestasis, fibrosis, and destruction and inflammation of the intrahepatic bile ducts. In this review we concentrate on numerous nanotechnology therapeutic modalities for liver illness or PBC. Immune-modifying drugs can be incorporated into tolerogenic nanoparticles to safely and effectively target the antigen-specific immune response in autoimmune disorders. Additionally, it has been shown that OCA nanoemulsion can control the liver's antitumor immunity and the CXCR6/CXCL16-dependent increase of NKT cells.

**Author Contributions:** Conceptualization, D.P. and J.P.; resources, M.P.; data curation, J.P. and T.G.; writing—original draft preparation, K.P.; writing—review and editing, D.P. and M.P.; visualization, D.P.; supervision, J.P.; All authors have read and agreed to the published version of the manuscript.

**Funding:** This review received no external funding.

**Institutional Review Board Statement:** Not applicable.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** Not applicable.

**Acknowledgments:** All authors would like to convey our obligation to Management and Principal, P.S.G.V.P. Mandal's College of Pharmacy, Shahada, Dist. Nandurbar, for furnishing all the essential facilities to accomplish this review work.

**Conflicts of Interest:** The authors declare no conflict of interest.

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