

Proceedings

# Innovative multipolymer-based electrochemical biosensor built on a Sonogel-Carbon electrode aiming for continuous and real time lactate determination in physiological samples: a new scenario to exploit additive printing<sup>†</sup>

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**Abstract:** In this work; an amperometric biosensor for lactate determination based on a Sonogel-Carbon transducer has been developed and evaluated using the lactate oxidase enzyme coated with a multipolymer layer as a bioreceptor. The biosensor obtained had adequate sensitivity ( $4.16 \times 10^{-8}$  A mM<sup>-1</sup>) and a wide linear working range (0.2-20 mM) that allowed the determination of lactate at high concentrations without showing enzyme saturation phenomena. The selectivity of the biosensor was also verified using interferents commonly observed in physiological samples. Moreover; a microfluidic cell was designed and fabricated to allow the determination of lactate with the proposed biosensor in a continuous regime. In the end; the viability of the biosensor was tested with the proposed flow system using synthetic samples; obtaining excellent results

**Keywords:** Lactate biosensor; Sonogel-Carbon; Gold sono-nanoparticles; Microfluidic cell; 3D printing

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## 1. Introduction

In recent years, there has been an increasing interest in lactate determination due to the fundamental role it plays in many areas. High lactate levels in the human body can occur because of various pathological diseases [1]. Due to this fact, lactate quantification could be essential to the diagnosis of these pathologies, prognosis of patient survival and the evaluation of the success of the treatment. Therefore, there is a need for a reliable, real-time determination method in the biomedical field. In general, traditional methods of lactate detection and quantification are complex, require long analysis times, specialized personnel and/or the use of expensive instrumentation. Therefore, their integration in the field of biomedicine is very challenging, making it necessary to develop faster, more efficient, cheaper and easier to implement methodologies [2, 3].

Biosensors, in particular those using an enzyme as a bioreceptor, can overcome these limitations and offer an advantageous alternative to conventional techniques. These devices combine the high sensitivity and specificity of biological components with physico-chemical transducers to provide complex analytical measurements in simple and easy-to-use formats [4]. In addition, they offer the possibility of discrete or continuous

measurements, providing fast and reliable results. For continuous determination, the use of microfluidic cells is recommended, where the sample volume required for analysis is much smaller than for batch measurements. One of the options for building microfluidic cells is to print them using additive technology [5,6].

In this work, handmade ceramic Sonogel-Carbon electrodes have been prepared and modified with several layers of Prussian Blue, lactate oxidase with gold nanoparticles, and protective polymers to obtain a lactate biosensor. This device has been tested in the determination of lactate in both, batch and continuous mode. The repeatability, reproducibility, stability of the signal and lifetime of the biosensor has been studied as well. Finally, the biosensor has been applied successfully in the monitoring of lactate in complex synthetic samples.

## 2. Materials and Methods

### 2.1. Preparation of Sonogel-Carbon electrode

The Sonogel-Carbon (SNGC) electrodes were prepared as reported elsewhere [7]. Briefly, a reaction mixture was prepared from 100  $\mu\text{L}$  of a 0.2 M hydrochloric acid solution and 500  $\mu\text{L}$  of the methylmethoxysilane (MTMOS) precursor. The mixture was sonicated for 10 s, by using a high-power ultrasound probe at 40% of amplitude. Then, 500 mg of spectroscopic grade graphite were added and homogeneously mixed into a paste. Afterwards, the fabrication of the electrodes was done by filling capillary tubes with the prepared material. The electrodes (geometric area:  $1.04 \times 10^{-2} \text{ cm}^2$ ) were ready to be used after a gentle polishing of the surface with P1200 emery paper (Struers, Germany) and establishing electrical contact by inserting a copper wire.

Before being used, the working SNGC electrodes were electrochemically activated in 0.1 M  $\text{H}_2\text{SO}_4$  aqueous solution by two polarization steps at  $-0.7 \text{ V}$  for 10 s, and at  $+1.8 \text{ V}$  for 10 s, respectively. This electrochemical procedure was repeated four times.

### 2.2. Synthesis of gold sononanoparticles

Gold sononanoparticles were synthesized following the method described previously [8]. In the first place, 1.25 mL of 1.5 mM  $\text{KAuCl}_4$  aqueous solution was placed in a cylindrical glass vessel and sonicated with a high-power ultrasound generator at 13% of amplitude. After 1.5 min of sonication, 250  $\mu\text{L}$  of 38.8 mM sodium citrate aqueous solution was added to the vessel. The colour of the solution turns into dark red wine after 4 min, indicative of the formation of AuSNPs. The sample vessel was maintained during the 5.5 min of the process in a water bath at ambient temperature to prevent local heating produced by the sonication.

### 2.3. Fabrication of the lactate biosensor

The lactate biosensor was prepared using a layer-by-layer modification method. Firstly, a mediator layer of Prussian Blue (PB) was drop-casted into the Sonogel-Carbon electrode surface by mixing 2  $\mu\text{L}$  of a 0.1 M KCl, 0.1 M  $\text{FeCl}_3$  and 0.01M HCl solution and 2  $\mu\text{L}$  of a 0.1 M KCl, 0.1 M  $\text{K}_3\text{Fe}(\text{CN})_6$  and 0.01M HCl solution. The mixture was removed after 20 min. Then, the electrode was rinsed with 0.01 M HCl and Milli-Q grade water and subsequently annealed in the oven at  $100^\circ\text{C}$  for 1 h.

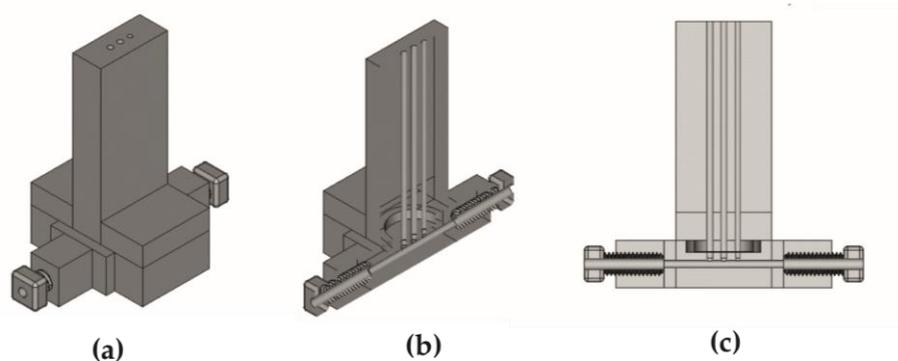
Secondly, the enzyme layer was prepared by drop-casting 5.5  $\mu\text{L}$  of a mixture containing 2.2 mg of lactate oxidase in 260  $\mu\text{L}$  of AuSNPs solution. This layer was dried for 3 h. Afterwards, the diffusion membrane was prepared by assembling several polymeric layers. For the first one, 4  $\mu\text{L}$  of a 1% w/v chitosan in 0.1 M acetic acid (pH 4.5) solution was drop-casted and dried for 2 h. Then, 1  $\mu\text{L}$  of a solution of 10 mg/mL PVC in tetrahydrofuran was drop-casted twice and dried in a few minutes. Finally, 0.5  $\mu\text{L}$  of 1% Nafion solution in ethanol (pH 7.5) was drop-casted and dried for 2 h. All the drying steps were performed at room temperature and in darkness.

#### 2.4. Analytical performance of the biosensor in batch mode

The electrochemical performance of the prepared device was characterized in an electrochemical cell constituted by the lactate biosensor as working electrode, an Ag/AgCl/KCl 3 M electrode as reference electrode and a platinum electrode as auxiliary electrode. Chronoamperometry technique was selected for the measurements applying 0.20 V, whereas 0.1 M  $\text{K}_2\text{HPO}_4$  and 0.1 M  $\text{KH}_2\text{PO}_4$  buffer solution (PBS) with pH 7.4 was used due to similarity with physiological medium. Calibration of the biosensor in presence of lactate was performed using concentrations ranging from 0.2 to 20 mM by adding adequate volumes from 1000 and 100 mM lactate stock solutions in PBS. Signal stability was recorded in buffer solution for 8 h and lifetime was recorded in 2 mM lactate solution up to 21 days.

#### 2.5. Analysis in continuous mode

A 3D microfluidic cell was designed for the application of the lactate biosensor in continuous mode by using FreeCAD software. This cell was printed with a 3D printer Original Prusa MINI+ (Prusa, Czech Republic) using polyethylene terephthalate glycol (PETG) as polymeric filament. The structure of the designed piece is shown in Fig. 1.



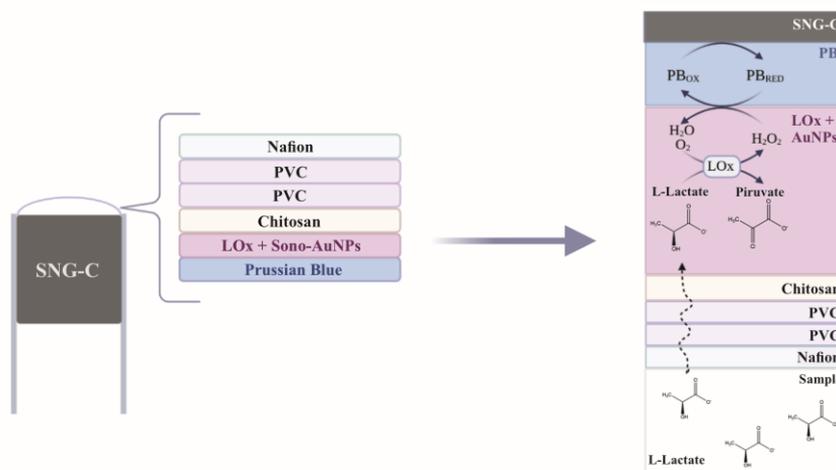
**Figure 1.** Microfluidic cell design images: a) isometric view; b) isometric view with cut in plane Y; c) lateral view with cut in plane Y.

This electrochemical cell was constituted by the lactate biosensor as working electrode, a bare SNG-C electrode as auxiliary electrode and a silver rod with polyvinyl butyral and polyurethane protection as reference electrode. The solution was pushed to the cell with a peristaltic pump working at 0.4 mL/min flow. A working potential of 0.02 V was used with the chronoamperometric technique, whereas the calibration of the biosensor in presence of lactate was performed using stock solutions with concentrations ranging from 0.2 to 20 mM in PBS. Finally, synthetic samples were prepared by imitating an artificial interstitial fluid (105 mM NaCl, 26 mM  $\text{NaHCO}_3$ , 4 mM KCl, 1.7 mM  $\text{Na}_2\text{HPO}_4$ , 1.2 mM  $\text{CaCl}_2$ , 4.7 mM Glucose, 2.5 mM Urea and 0.1% Albumin) and adding adequate amount of 100 mM lactate stock solution to reach 2 and 4 mM of lactate.

### 3. Results and discussion

The layers disposition in the lactate biosensor developed and their theoretical performance is shown in Fig. 2. Briefly, lactate in media diffuses through the semipermeable membrane composed of several layers of polymers. The amount of lactate is restrained by this diffusion membrane to avoid enzyme saturation phenomena of the biosensor and extend the working linear range until 20 mM. Lactate reduction to pyruvate is selectively promoted by the lactate oxidize enzyme in the next layer, boosted by the gold sononano-particles while being protected by the chitosan layer. Finally, an excess of PB reduces all the  $\text{H}_2\text{O}_2$  produced by the oxidation of lactate, whereas the amount of analyte can be

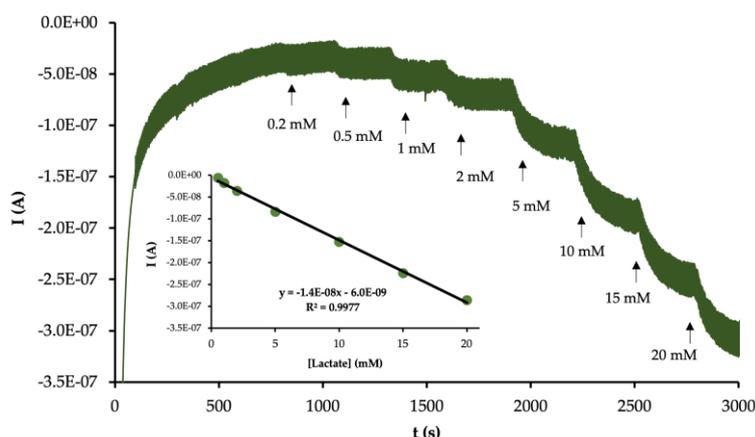
estimated by the subsequent reduction of PB at a low working potential (0.02 – 0.2 V). The developed biosensor has been named as SNGC-PB-LOxAuNPs-Chit-PVC-Naf.



**Figure 2.** Scheme of the layers configurations in the lactate biosensor developed and the proposed electrochemical reaction mechanism.

### 3.1. Assert the electroanalytical performance of the biosensor

The biosensor electroanalytical performance was first tested in batch mode to verify their applicability. The calibration with lactate was carried out in the concentration range 0.2 – 20 mM, higher concentration found in human blood, as described in the experimental section 2.4. The signal recorded with the developed device drops with each addition, as can be observed in Fig.3. As shown in the inset of this figure a great linear relationship was established between the current intensity fall and lactate concentration, with an excellent correlation coefficient ( $R^2$ ) of 0.9977. The sensitivity was calculated as the slope of the calibration curve. The average sensitivity of the developed biosensor was  $4.16 \times 10^{-8} \text{ A mM}^{-1}$ , whereas the limit of detection was 0.057 mM calculated as three times the standard deviation of the blank divided by the slope. Thus, this device can be applied to the determination of lactate in a wide linear range with great sensitivity.



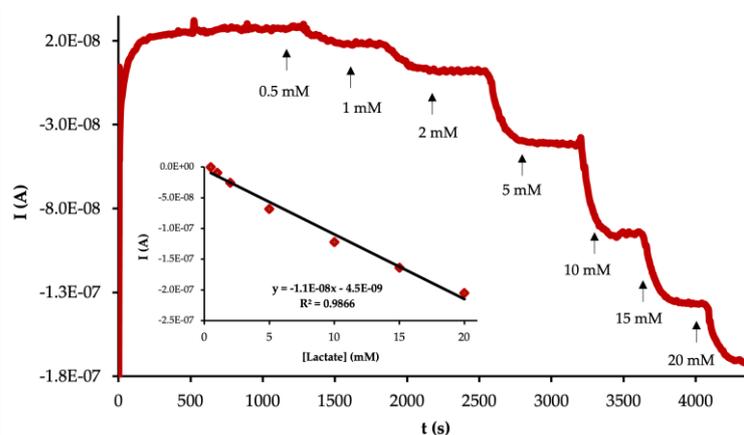
**Figure 3.** Chronoamperogram recorded with an SNGC-PB-LOxAuNPs-Chit-PVC-Naf biosensor in batch mode in presence of different concentrations of lactate: 0.2; 0.5; 1; 2; 5; 10; 15 and 20 mM. The inset displays the calibration plot obtained.

Furthermore, the repeatability and reproductivity of the developed device were also calculated by measuring a solution with 2 mM of lactate with three biosensors several times. Hence, the relative standard deviation (RSD) of the repeatability was 3.17%,

whereas the RSD for reproductivity was 6.36%. The stability of the signal of the biosensor was also studied by recording it during 8 h and any significant change was observed. Finally, the lifetime of the device was tracked for 21 days while keeping it in PBS in darkness and cold. The signal was measured in 2 mM lactate solution and the obtained current intensity was almost invariable for 15 days, which suggests a degradation of the layers of the biosensors after more than two weeks. All these results suggest the robustness of this device in the determination of lactate.

### 3.2. Applicability of the biosensor in the monitoring of lactate

The next step was to test the biosensor in a continuous mode to determine their applicability in the monitoring of lactate in the human body. A microfluidic cell for the application of the biosensor in continuous mode was designed to be fabricated by 3D impression. The tailoring process aided to create a specific cell to fulfil the requirements of the size of the electrodes as well as minimize the volume of the sample at the same time. The entry and exit of the cell had connected polytetrafluoroethylene tubes to flow the working solutions by using a peristaltic pump, as described in experimental section 2.5. The signal with PBS was stable and the calibration with several stock solutions of lactate was carried out. The intensity of the signal falls with each stock solution, as can be observed in Fig. 4. Moreover, the linear relationship was great as shown in the inset of the figure, with a correlation coefficient ( $R^2$ ) of 0.9866. As expected, the sensitivity calculated in this mode was lower than the one obtained in batch mode due to less exposure time between the biosensor and the working solution [9]. These results validate the use of the designed microfluidic cell and the use of the biosensor for continuous monitoring of lactate.



**Figure 4.** Chronoamperogram recorded with an SNGC-PB-LOxAuNPs-Chit-PVC-Naf biosensor in a microfluidic cell in presence of different concentrations of lactate: 0.5; 1; 2; 5; 10; 15 and 20 mM. The inset displays the calibration plot obtained.

Finally, the developed device was applied in the continuous determination of lactate in synthetic samples. This sample simulates the matrix of a biological sample of interstitial fluid to study the applicability of the biosensor in this complex medium. Two samples with lactate concentrations of 2 and 4 mM were prepared and measured. The recovery factor for the samples, calculated as the lactate concentration determined divided by lactate concentration spiked, was  $103 \pm 2\%$  for the 2 mM sample and  $95 \pm 5\%$  for the 4 mM sample. These excellent results suggest a nearly negligible effect of the matrix in the lactate determination and potential applicability of the developed biosensor in the analysis of human biological real samples.

## 4. Conclusions

In this work, a new lactate biosensor has been prepared by a layer-by-layer modification of a handmade ceramic electrode with a redox mediator, an enzyme and nanoparticles amplifier, and several polymers as diffusion membrane. This configuration has been an appropriate design to reach high lactate concentration (20 mM) without enzyme saturation phenomena obtaining also great sensitivity and limit of detection values. Moreover, a cheap and versatile microfluidic cell has been prepared by 3D impression and the applicability of the biosensor in the continuous monitoring of lactate in complex samples has been proved. These excellent results give us hope to apply them in the successful monitoring of lactate in human bodies.

**Supplementary Materials:** Not applicable.

**Author Contributions:** Conceptualization, D.B.M. and L.C.A.; methodology, J.G.G.; software, J.G.G.; validation, J.P.S. and D.B.M.; formal analysis, L.B.D.; investigation, A.S.P. and L.B.D.; resources, J.G.G.; data curation, L.B.D.; writing—original draft preparation, A.S.P.; writing—review and editing, J.G.G. and D.B.M.; visualization, J.P.S.; supervision, D.B.M.; project administration, L.C.A.; funding acquisition, J.P.S. All authors have read and agreed to the published version of the manuscript.

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