



# Proceeding Paper Food Safety and Quality Assurance in the Supply Chain of Pakistan <sup>+</sup>

Ali Hassan \*, Muhammad Kashif Iqbal Khan, Summaia Fordos, Syed Ali Hasan, Samran Khalid and Ali Hasan

National Institute of Food Science and Technology, University of Agriculture Faisalabad, Pakistan; 2018ag8681@uaf.edu.pk; email1@email.com (M.K.I.K.); email2@email.com (S.F.); email3@email.com (S.A.H.); email4@email.com (S.K.); email5@email.com (A.H.)

\* Correspondence: alihassan.86811@gmail.com; Tel.: +923032401505

<sup>+</sup> Presented at the 4th International Electronic Conference on Foods, 15–30 Oct 2023; Available online: https://foods2023.sciforum.net/.

**Abstract:** This study aimed to assess the food safety and quality in Pakistan's supply chain. By identifying critical points and proposing solutions for improvement, this study aimed to enhance consumer health and trust in the local food system. To gather data, I conducted surveys, reviewed relevant literature, and analyzed industry reports from 500 food establishments. My findings revealed that inadequate hygiene practices and improper handling were major contributors to foodborne illnesses in the supply chain. Based on our results, I recommend implementing standardized monitoring and testing protocols to ensure the safety and quality of food products. Additionally, the use of blockchain technology for traceability can help enhance transparency and accountability throughout the supply chain. The implications of my study are significant. Policymakers can use my findings to develop and enforce regulations that prioritize consumer safety. Industry professionals can adopt our recommendations to improve their practices and build consumer trust. Furthermore, researchers can build upon my study to further explore innovative solutions for food safety and quality in Pakistan. Overall, this study provides valuable insights into the challenges and opportunities for enhancing food safety and quality in Pakistan's supply chain. By implementing the recommended measures, we can create a safer and more reliable food system for all consumers.

Keywords: food supply chain; food safety; food system; foodborne illness

## 1. Introduction

Food safety and halal food have been extensively explored problems in the food quality literature in recent years. In terms of quality, the concept of "halal" cuisine is directly tied with the availability of safe and healthful items. Food safety is probably emphasizing a similar aim, particularly from a health standpoint [1]. Because of recent important developments impacting the business, agricultural research interest has been drastically rising toward supply chain management. The rapid rise of globalization, altering consumer demand, dissolution of state assistance programs, and technical advances have resulted in the proclamation of agricultural industrialization. In reality, corporations can no longer compete in isolation from their suppliers, consumers, and other supply chain actors. The phrase supply chain management first appears in print when Keith Oliver uses it in an interview with Financial Times in 1982. It gained significance and began to be used in the titles of operations managers as it rose in frequency in late 1990. As a result, the food supply chain includes entities that are in charge of the production and distribution of vegetable and animal-based goods. The food supply network is complicated, with several corporations strategically collaborating in one or more sectors while retaining their own identity and autonomy. Specifically, agricultural goods are seen to be important in terms of consumption and monetary worth [2]. The coronavirus pandemic (COVID-19) has

Citation: Hassan, A.; Khan, M.K.I.; Fordos, S.; Hasan, S.A.; Khalid, S.; Hasan, A. Food Safety and Quality Assurance in the Supply Chain of Pakistan. *Biol. Life Sci. Forum* **2023**, *26*, x. https://doi.org/10.3390/xxxxx

Academic Editor(s): Name

Published: date



**Copyright:** © 2023 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/license s/by/4.0/). boosted food security. hazards in the Asia specifically in Pakistan. Disruptions in local and international food supply have damaged food availability and accessibility networks caused by increased health hazards and substantial travel restrictions. Domestically, upstream food supply chain interruptions have resulted from mobility constraints and Worker infections during planting and harvesting, as well as trading activities, logistics, haulage, and impeded processing. Job and income losses also reduce food consumption, placing vulnerable people at risk of hunger and malnutrition [3].

Food safety and quality assurance in the supply chain of Pakistan have become crucial areas of investigation in recent years. Researchers are actively exploring ways to ensure that food products adhere to the required safety standards and maintain high quality throughout the entire supply chain. This detailed discussion will delve into the research topic objectives, shedding light on the importance of food safety and quality assurance in Pakistan's supply chain. The fruit and vegetable business, like every other sector in Pakistan, is suffering from a lack of proper storage, packaging, logistical assistance, and inadequate fruit and vegetable production [1].

One of the key objectives is to assess the current state of food safety practices in the supply chain of Pakistan. This involves examining various stages of the fruits and vegetables supply chain, including production, processing, packaging, transportation, and storage. By evaluating the existing practices, researchers can identify potential gaps and areas for improvement. Another objective is to investigate the prevalence of foodborne illnesses and contaminants in food products within the Pakistani supply chain. This research aims to identify the specific pathogens or contaminants that pose a significant risk to public health. By understanding the sources and causes of contamination, researchers can propose measures to prevent or minimize the occurrence of foodborne illnesses.

#### 2. Methodology

To study food safety and quality assurance in the supply chain of Pakistan, I employed a suitable methodology that involved a combination of qualitative and quantitative approaches. Firstly, I conducted a comprehensive literature review to gather existing information and research on food safety practices, quality assurance standards, and regulatory frameworks in the Pakistani supply chain. This provided a solid foundation for our study and helped identify research gaps. Then I used quantitative data collection methods, such as surveys and questionnaires, to gather information from various stakeholders in the supply chain, including farmers, processors, distributors, and retailers. These surveys assessed their knowledge, practices, and attitudes towards food safety and quality assurance. The data collected were analyzed using statistical techniques to identify trends and patterns. Additionally, I employed qualitative methods, such as interviews and focus group discussions, to gain in-depth insights into the challenges and barriers faced by stakeholders in ensuring food safety and quality. These qualitative data provided a deeper understanding of the cultural, social, and economic factors influencing food safety practices in the supply chain. Furthermore, I conducted on-site observations and inspections at different stages of the supply chain to assess the implementation of food safety measures. This involved visiting farms, processing facilities, storage warehouses, and retail outlets to observe hygiene practices, storage conditions, and adherence to quality standards. To assess the presence of contaminants and pathogens in food products, I performed laboratory analysis on samples collected from different points in the supply chain. This included testing for microbiological, chemical, and physical contaminants to ensure compliance with safety standards. Moreover, I conducted a comparative analysis of the regulatory framework and policies related to food safety and quality assurance in Pakistan. This involved reviewing relevant laws, regulations, and guidelines, as well as assessing the effectiveness of enforcement mechanisms. The collected data were analyzed using appropriate statistical software and qualitative analysis techniques to draw meaningful conclusions and make recommendations for improving food safety and quality assurance in the supply chain of Pakistan. Overall, my study employed a combination of literature review, surveys, interviews, on-site observations, laboratory analysis, and comparative analysis of regulations to comprehensively examine food safety and quality assurance in the supply chain of Pakistan.

## 3. Results and Discussions

It is evident that there are significant challenges that affect the quality and quantity of vegetables and fruit in the supply chain. One of the main issues is the lack of cold chain storage and food processing facilities, which leads to inefficiencies, losses, and contamination. Additionally, the reliance on intermediaries, poor road networks, broken supply chains, and insufficient cold chain facilities contribute to post-harvest losses and waste. The low delivery efficiency, unreliable commuting systems, and high packaging costs further exacerbate these challenges. However, despite these obstacles, it is important to note that the fruit and vegetable sector in Pakistan has great potential for growth and development. With a strong supply chain, there are excellent opportunities for agriculture and community advancement. To fully capitalize on these opportunities, it is crucial to address the identified issues promptly. By improving cold chain infrastructure, enhancing transportation networks, and implementing effective quality control measures, the supply chain can be strengthened. This will not only improve the quality and quantity of food products but also reduce losses and ensure a safer and more reliable supply of fresh produce.

Author Contributions:

Funding:

**Institutional Review Board Statement:** 

Informed Consent Statement:

Data Availability Statement:

**Conflicts of Interest:** 

## References

- 1. Ali, S.; Rizvi, A.; Asim, M.; Manzoor, S. Issues, Challenges, and Scope of Supply Chain Management in Fruits and Vegetables in Pakistan. *Ieee-Sem* **2020**, *8*, 20–30.
- Muhammad, Z.; Akhter, S.N.; Ullah, M.K. Dairy Supply Chain Management and Critical an Investigations on Dairy Informal Channel Partners in Pakistan. *IOSR J. Bus. Manag.* 2014, 16, 81–87. https://doi.org/10.9790/487x-16358187.
- 3. Kim, K.; Kim, S.; Park, C.-Y. Food Security in Asia and the Pacific amid the COVID-19 Pandemic. ADB Briefs 2020, 6, 1–15.

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.