

1 Abstract

2 **Sex hormone-binding globulin (SHBG) enhances mitochon-**  
3 **drial dynamics and biogenesis while attenuating inflammation**  
4 **in adipose-derived mesenchymal stem cells (ASCs) derived**  
5 **from equine metabolic syndrome (EMS)-affected horses †**

6 Nabila Bourebaba <sup>1</sup> and Krzysztof Marycz <sup>1</sup>

7 <sup>1</sup> Department of Experimental Biology, Faculty of Biology and Animal Science, Wrocław University of  
8 Environmental and Life Sciences, Norwida 27B, 50-375 Wrocław, Poland; [nabila.bourebaba@upwr.edu.pl](mailto:nabila.bourebaba@upwr.edu.pl).  
9 [krzysztof.marycz@upwr.edu.pl](mailto:krzysztof.marycz@upwr.edu.pl).

10 \* Correspondence: [nabila.bourebaba@upwr.edu.pl](mailto:nabila.bourebaba@upwr.edu.pl); Tel.: +48 71 320 5248.

11 † Presented at The 9th International Electronic Conference on Medicinal Chemistry, On-line, 1–30 November  
12 2023.

13  
14 **Abstract:** Equine metabolic syndrome (EMS), in related to the onset of chronic low-grade inflammation, as well  
15 as dysregulations in the mitochondrial dynamics and metabolism, and predisposition to laminitis. In fact,  
16 EMS is a critical endocrine disorder among the most prevalent conditions affecting horses from different  
17 breeds. According to the most recent research, low human sex hormone-binding globulin (SHBG) serum lev-  
18 els correlate with an increased risk of obesity, insulin resistance and diabetes, and may contribute to overall  
19 metabolic dysregulations. This study aimed to test whether exogenous SHBG could protect EMS affected  
20 adipose-derived stromal stem cells (EqASCEMS) from the mitochondria dysfunction and inflammation.  
21 EqASCEMS wells were treated with 50 nM of exogenous SHBG, whose biocompatibility was tested after 24  
22 of incubation. Several parameters including cell viability, mitochondria dynamics, metabolism and biogenesis  
23 were assayed; as well as inflammatory and anti-inflammatory markers expression were analyzed. Obtained  
24 data demonstrated that exogenous SHBG treatment significantly enhanced the mitochondrial biogenesis by  
improving the expression of MFN, PARKIN, PINK and Cytochrome C at both genes and proteins levels;  
furthermore, the SHBG exogenous treatment displayed same effect regarding the expression of the genes  
related to mitoribosomes and the mitochondrial oxidative phosphorylation (OXPHOS) system (NDUFA9,  
COX4L1, COX4L2, MTERF4 and OX1AL). Furthermore, SHBG alleviated the inflammation caused by EMS;  
thus, via the reduction of the gene expression of cytokines such as IL-1 $\beta$ , IL-6 and TNF- $\alpha$  and by enhancing  
the gene expression of anti-inflammatory markers (IL-4, IL-10 and IL-13). Our study suggests that the SHBG  
is endowed with crucial beneficial effects on ASC metabolic activities and could serve as a valuable therapeu-  
tic target for the development of efficient EMS treatment protocols.

25  
26 **Citation:** Lastname, F.; Lastname, F.  
27 Lastname, F. Title. *Med. Sci. Forum*  
28 **2023**, *2*, x.  
29 <https://doi.org/10.3390/xxxxx>

30 Academic Editor: Firstname Last-  
31 name

32 Published: date

33  
34 **Publisher's Note:** MDPI stays neu-  
35 tral with regard to jurisdictional  
36 claims in published maps and insti-  
tutional affiliations.



37  
38  
39 **Copyright:** © 2023 by the author  
40 Submitted for possible open access  
41 publication under the terms and  
42 conditions of the Creative Commons  
Attribution (CC BY) license  
(<https://creativecommons.org/licenses/by/4.0/>).

**Keywords:** EMS; SHBG; mitochondria; OXPHOS; Inflammation

**Supplementary Materials:**

**Author Contributions:** Conceptualization, N.B. and K.M.; methodology, N.B.; validation, K.M.; formal analysis, N.B.; investigation, N.B.; resources, N.B.; data curation, N.B.; writing—original draft preparation, N.B. and K.M.; writing—review and editing, N.B. and K.M.; supervision, N.B. and K.M.; project administration, K.M.; funding acquisition, K.M. All authors have read and agreed to the published version of the manuscript.”

**Funding:** The work was supported by two grants financed by the National Science Centre in Poland over the course of the realization of the project: "Exploring the role and therapeutic potential of sex hormone binding globulin (SHBG) in the course of insulin resistance, inflammation, lipotoxicity in adipose stem progenitor cells and adipocytes in equine metabolic syndrome (EMS) mares" (No 2019/35/B/NZ7/03651).

**Institutional Review Board Statement:** "Not applicable"

**Informed Consent Statement:** "Not applicable"

**Data Availability Statement:** The data that support the findings of this study are available from the corresponding author, upon reasonable request.

**Acknowledgments:** "Not applicable"

**Conflicts of Interest:** The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.