

Abstract

# Chemical composition and anti-hemolytic activity of Algerian honey samples

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**Abstract:** The use of natural substances for medical purposes is associated with the earlier times of humankind. The present study compared the phenolic profiles and anti-hemolytic properties of two honey samples. The total phenolic content and the total flavonoid content were determined spectrophotometrically. The anti-hemolytic activity was tested in-vitro using human erythrocytes pre-treated separately with honey samples and ascorbic acid in the presence of aluminium. Five different treatment groups were considered: untreated erythrocytes (negative control), aluminium treated erythrocytes (positive control), honey 1 + aluminium treated erythrocytes, honey 2 + aluminium treated erythrocytes, and ascorbic acid + aluminium treated erythrocytes. Samples were then evaluated by simultaneous measurement of cellular turbidity and hemoglobin. The results showed that Honey 2 contained the highest phenolic content with mean value of  $1.55 \pm 0.04$  mg GAE/g while honey 1 showed a concentration of  $0.63 \pm 0.03$  mg GAE/g. As with the phenolic content, honey 2 showed the highest levels of flavonoid content ( $0.17 \pm 0.003$  mg QE/g) when compared to honey 1 ( $0.075 \pm 0.005$  QE/g). Erythrocytes suspensions treated with honey samples, particularly honey 2 presented highest cell and hemoglobin values compared to that of ascorbic acid and positive control, whereas, ascorbic acid exhibited a prooxidant effect on cell and hemoglobin. The results of this study demonstrated a protective effect of honey against Al-induced erythrocytes hemolysis and hemoglobin degradation.

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