

# Lyophilized garambullo juice concentrate has endothelium-independent vasodilator effects on isolated thoracic rings from rats with metabolic syndrome-associated hypertension

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## INTRODUCTION & AIM

Metabolic syndrome (MS), which increases cardiovascular risk, is constituted by abdominal obesity, dyslipidemia, insulin resistance, and hypertension (HTN). Genetic and environmental factors, such as sedentary lifestyle and high-calorie diet, play an essential role and contribute to the increased mortality rate.

Garambullo, the fruit of *Myrtillocactus geometrizans*, contains betalains and flavonoids, but its effect on vascular function has not been elucidated.

This study evaluated the vasodilator effect of a freeze-dried garambullo juice concentrate (CJG<sub>L</sub>) on the thoracic aortic rings of Wistar rats with MS and high-fat-diet-induced HTN.

## METHOD

Lyophilized Garambullo Juice Concentrate (CJG<sub>L</sub>)

Total content (TC) and antioxidant capacity

Betacianin (Bc) Flavonoids (F) FRAP  
Betaxanthins (Bx) Polifenols (P) ORAC

MS model  
Male Wistar rats

Standar Diet  
(LabDiet 5001)

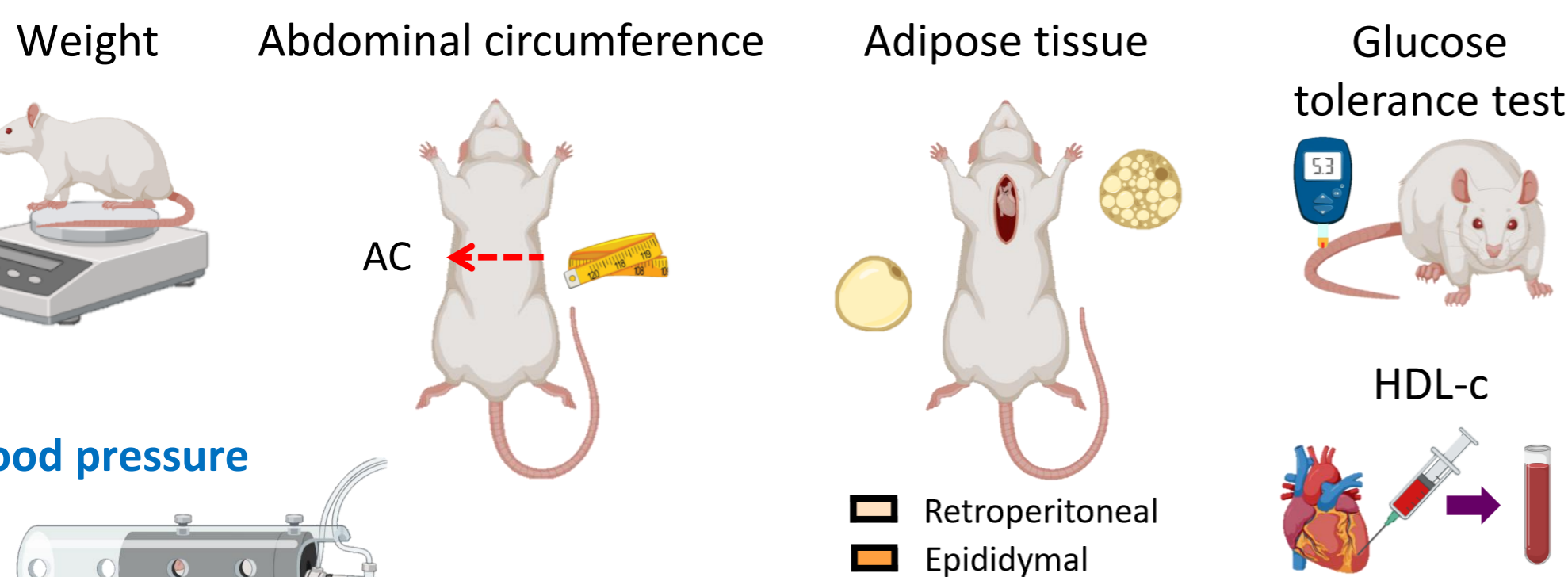
Control (C)  
n = 10

High fat diet  
(41%)

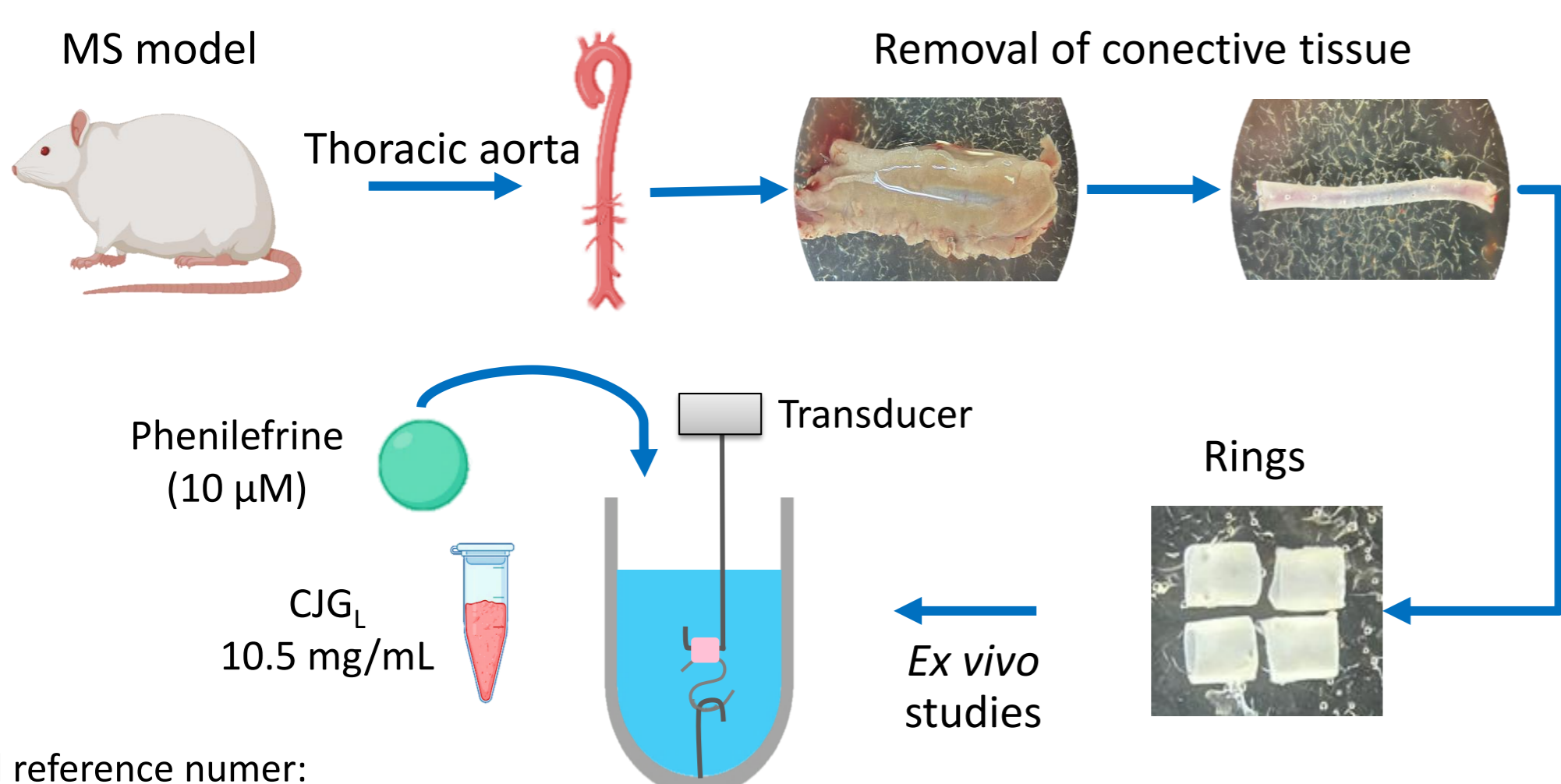
MS  
n = 8

SM + HTN  
n = 11

Somatic and biochemical parameters



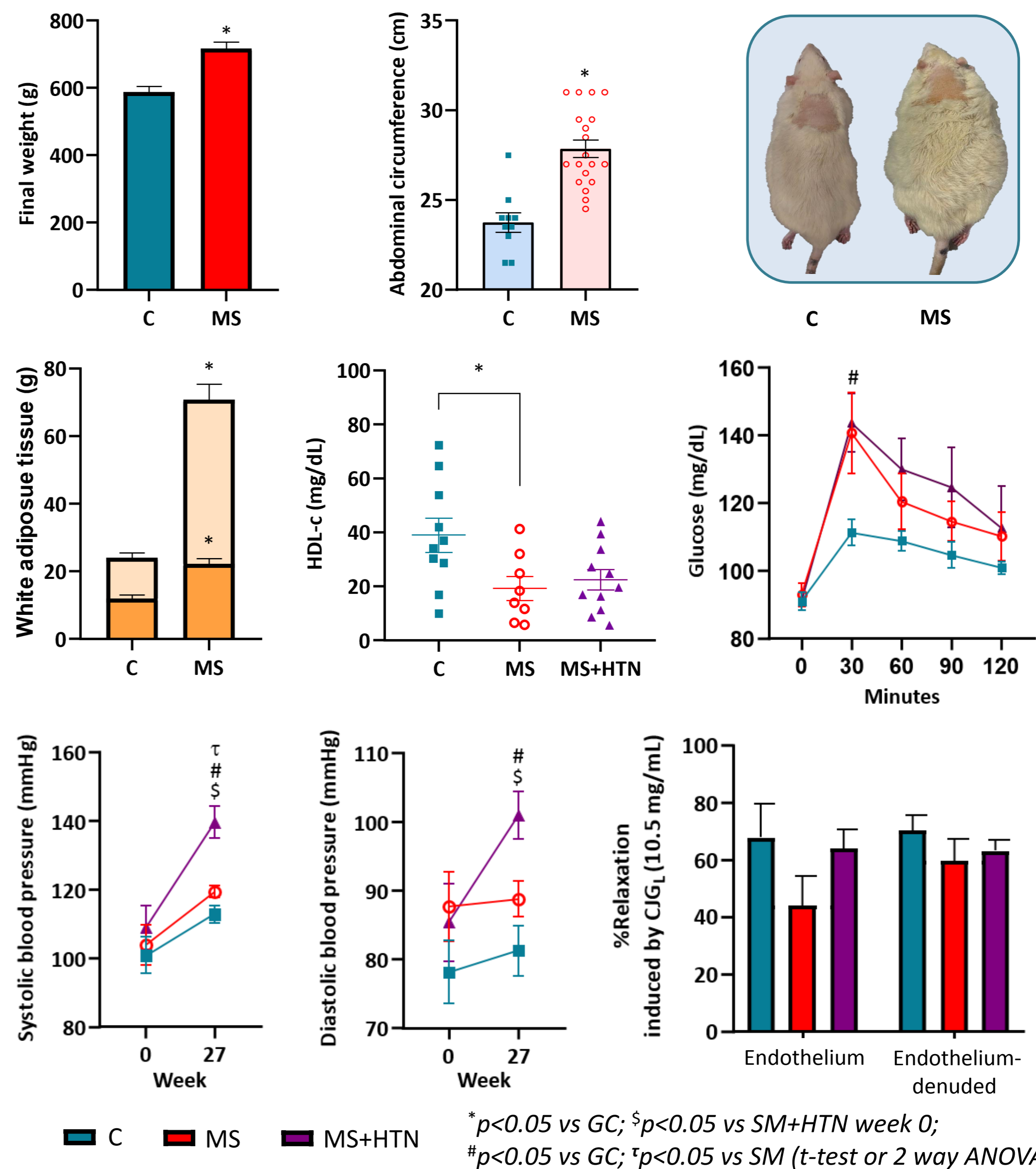
Isometric stress studies



## RESULTS & DISCUSSION

Content per 100 mL of Edible fraction

Sample	TBcC (mg/L)	TBx C (mg/L)	TFC (mgCaE/L)	TPC (mgGAE/L)	FRAP (Trolox eq/g)	ORAC (Trolox eq/g)
CJG <sub>L</sub>	54.8 ± 0.8	21 ± 0.5	61.5 ± 4.1	235 ± 25.2	17.7 ± 3.74	15.7 ± 2.1



- Betalains and polyphenols are associated with a high antioxidant capacity, which may reduce vascular risk associated with MS.
- MS comorbidities lead to endothelial dysfunction, increasing reactive oxygen species and decreasing nitric oxide, contributing to HTN.
- The vasodilator effect of CJG<sub>L</sub> is endothelium-independent and may involve blocking Ca<sup>2+</sup> or K<sup>+</sup> channels in smooth muscle cells.

## CONCLUSION

The CJG<sub>L</sub> show a vasodilator effect endothelium-independent in the thoracic aorta of rats with MS+HTN, likely attributable to its rich content of secondary metabolites.

## FUTURE WORK / REFERENCES

It is necessary to identify the secondary metabolites responsible for the vasodilator effect. Additionally, the effect of its administration will be studied in an *in vivo* rat model of MS.

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