

# Incorporation of ash during traditional black olive processing: Effects on bioactive compounds and antioxidant activity

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## INTRODUCTION & AIM

Conventina I styles

Alkali brines negatively impact the olive quality

Traditional methods preparation rarely used ( limited data)

Olive table composition is closely related to the applied technique

Aim the effects of incorporation of ash during the olive processing on the bioactive compound and the antioxidant activity of three Algerian olive cultivars.

## METHOD

Three cultivars

Harvest date February 2023

Bejaia Location (Northeast Algeria)

Table: Studied olive samples

	Azeradj	Bouchouk	Chemlal
Fresh olives			
salted olives Process 1			
Treated olives with Ash			

Harvested olives: fresh olives (two methods)

Incorporation of dry salt

Incorporation of ash

400g of fresh olives are Alternated with layers of dry salt (200g). were stored at room temperature for 30 to 50 days

fresh olives (80 g) was immersed in a solution prepared with ash and stored at room temperature for 30 to 50 days

Extracts preparation: solid-liquid extraction (Soufi et al, 2014)

Analytical methods;; colorimetric procedures: specific reactive

Total orthodiphenols

Bioactive compound

Total phenolics

Reducing power

2. Antioxidant activity

DPPH

Iron ferrous activity

Used standards

Orthodiphenols: caffeic acid

PC: Gallic acid

Reducing power: ascorbic acid equivalent

### Statistical study

Three trials were carried out for each test. The statistical study consisted of an analysis of variance (ANOVA) using the Newman Keuls test and STATISTICA 5.5 software. The level of significance is estimated at probability  $p < 0.05$ .

## RESULTS & DISCUSSION

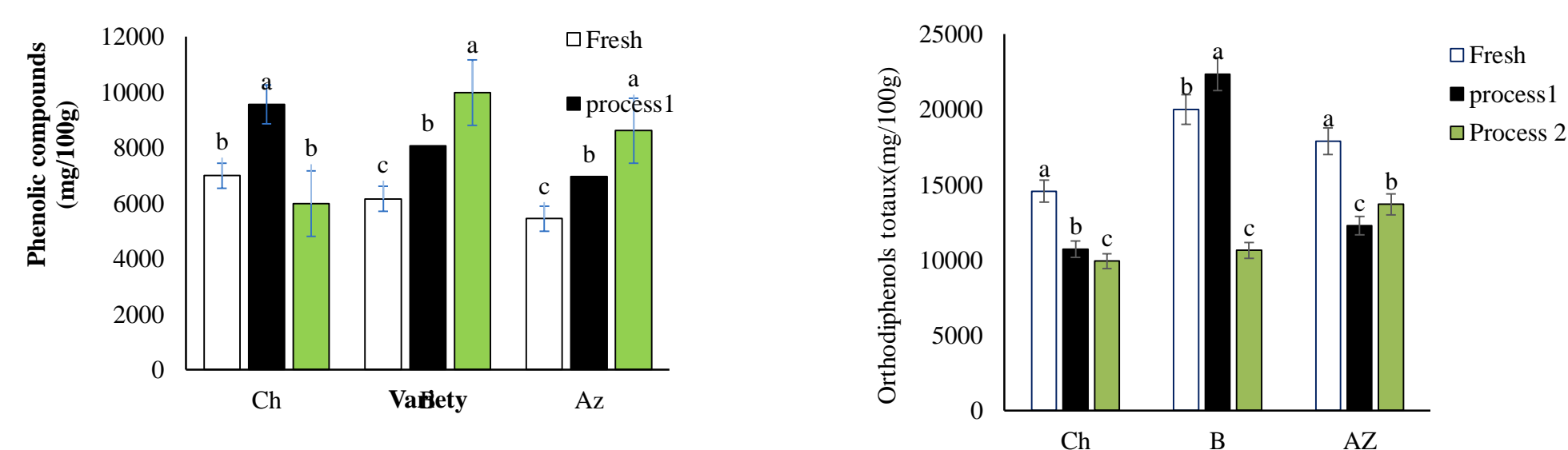


Fig 1 and 2 :Total phenolics and orthodiphenols

Fresh olives: CP= 6991 mg GAA/100g (Ch)

Similar to those of tunisian (Ben Othmane (2009) Mechi et al.,2023

Decrease after elaboration with ash CP(Ch), = 5983 but increase with those treated dry salt 9554

Decrease in RP after elaboration with dry salt PR (Ch)=18800

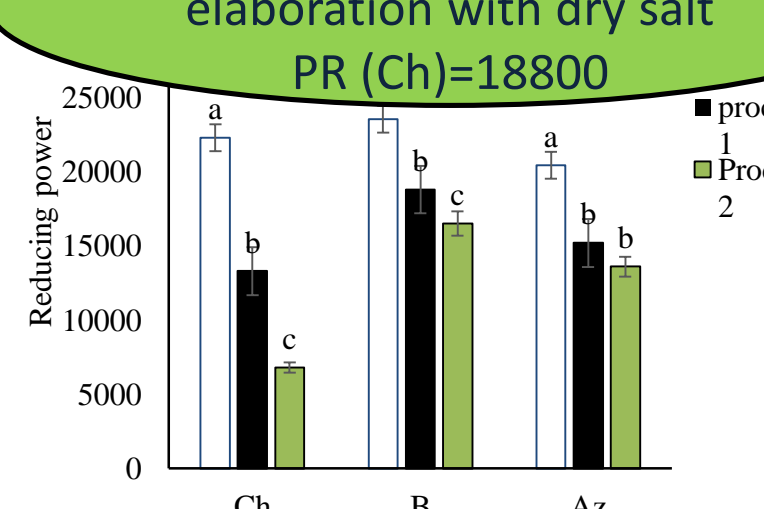


Fig 3 and 4: Reducing power and antiradical activity

FIA= average 70%

Dry Salted olives DPPH= 30% (Ch) and 68% (AZ)

Inhibition percent of olives treated with ash =65% (AZ+C) et 70% (B) while those dry salted= 63% (AZ+B), and 46% (Ch)

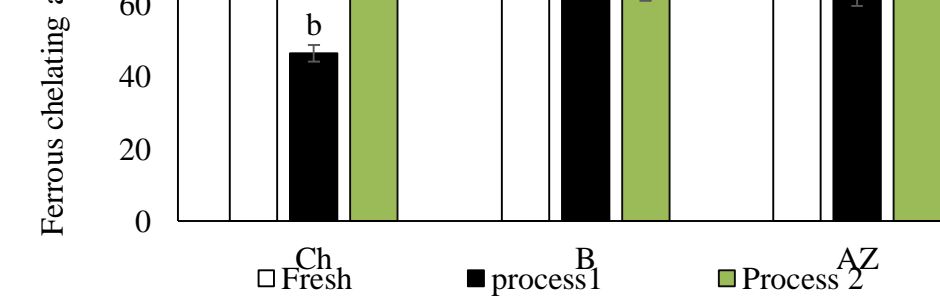


Fig 5: Iron ferrous activity

Elaboration by both methods induced a significant decrease in this activity with values varying according to the treatment applied. Extracts from olives treated with ash have a higher chelating activity than those obtained from olives treated with with dry salt<sup>5</sup>.

Processing has significant effect The method using ashes showed a better yield Bioactive compounds

Antiradical activity: 80%

hydrogen peroxide: 75%

## CONCLUSION

The quality of such products prepared with natural and inexpensive ingredients which preserve their nutritional quality.

## FUTURE WORK / REFERENCES

Ben Othman N., Roblain, D., Chammen, N., Thonart, P. et Hamdi, N. (2009). Antioxidant phenolic compounds loss during the fermentation of Chétoui olives. Food Chemistry, 116, 662–669.  
 Mechi, D.; Baccouri, B.; Martin-Vertedor, D.; Abaza, L. Bioavailability of Phenolic Compounds in Californian-Style Table Olives with Tunisian Aqueous Olive Leaf Extracts. Molecules 2023, 28, 707.  
<https://doi.org/10.3390/molecules28020707>  
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