

The 12th International Electronic Conference on Sensors and Applications



12-14 November 2025 | Online

EMG Sensor-based Evaluation for Joint Position of Assistive Chopsticks in Food-Serving Task

Kodai Kitagawa^{1*} and Sena Imaizumi¹

¹National Institute of Technology, Hachinohe College, Hachinohe, Japan

INTRODUCTION & AIM

Assistive Chopsticks for Disabled and Beginner



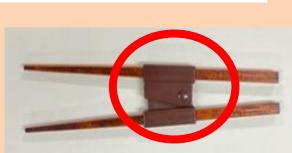
Suitable joint position was not investigated.

Aim of this study was to investigate the effects of joint positions (top and grip) on food-serving tasks to find suitable joint positions.

METHOD

Chopsticks for Comparison







Control

Grip Joint

Top Joint

Experiment

Participants: 10 young males



Food-Serving Task:

10 boiled soybeans were moved to adjacent dishes.

Measurement

Electromyography (EMG):

→ Muscle Load for Grasping (flexor digitorum superficialis muscles)



- **⇒**Sampling rate was 500 Hz.
- → Mean values of each trial were normalized by maximum voluntary contraction (MVC).

Visual Analog Scale (VAS):

- **→**Comfort of Grasping Operations
- ⇒ Higher value show comfort.

Trigiler value	Show Common.	
0mm		100mm
Discomfort		Comfort
	VAS	

Required Time for Task:

→Performance of Food-Serving Task

RESULTS & DISCUSSION

Results

Electromyography (EMG)

- → Values of participant E were detected and removed as outlier by Smirnov Grubbs test.
- → Muscle activity of control was highest in 6 people.
 (A, B, C, F, G, and J)

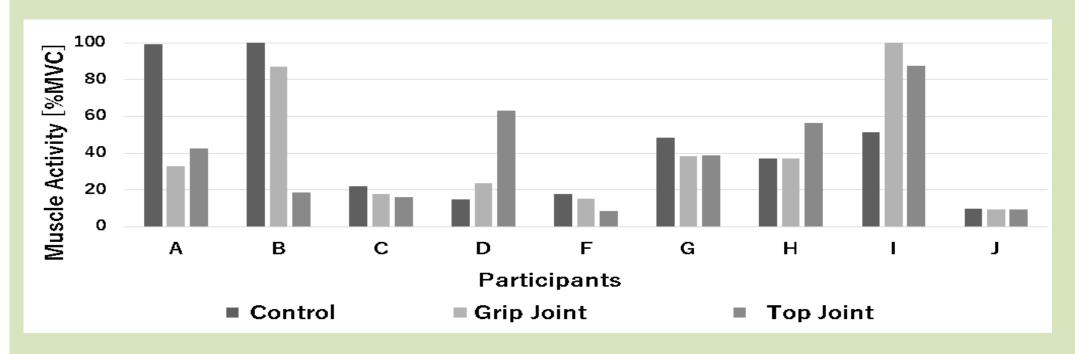


Fig.1 Muscle Activity of Food-Serving Task

Visual Analog Scale (VAS)

→ Comfort of grip joint was lowest in 7 people. (A, C, D, E, G, H and I)

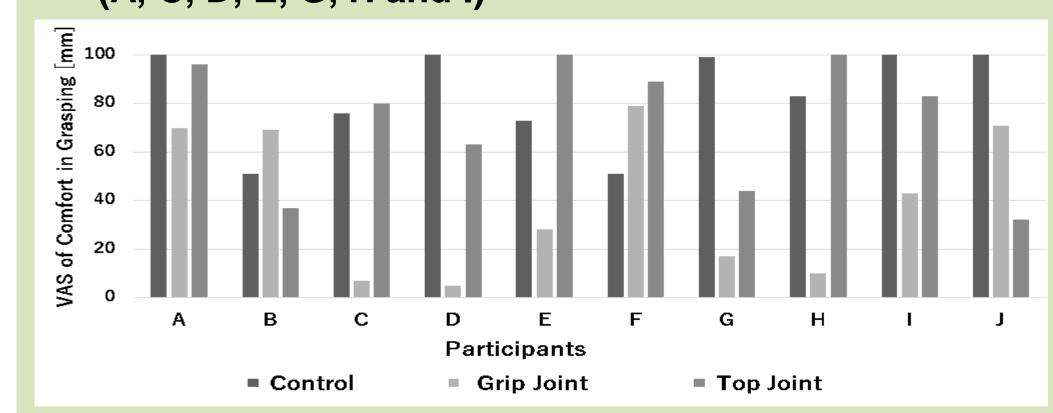


Fig.2 VAS for Comfort of Grasping in Food-Serving Task

Required Time for Task:

→There was no trend.

Discussion

Muscle Load: Grip & Top Joint < Control

Comfort: Grip Joint < Top Joint & Control



Top joint is suitable for food-serving task using assistive chopsticks.

CONCLUSION

This study investigated the effects of joint positions of assistive chopsticks on muscle load, comfort, and performance in food-serving task.

The results showed that top is suitable position for joint of assistive chopsticks.

Conflict of Interest: The authors declare no conflict of interest.