

*SUPTM 2026: 3rd Conference
on Future Challenges in
Sustainable Urban Planning &
Territorial Management*



Analysis of Urban Heat Islands in São Paulo: Development of a Statistical Model for Mitigation and Sustainable Planning

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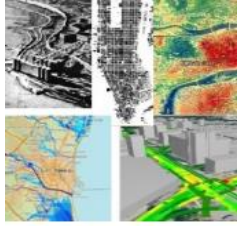
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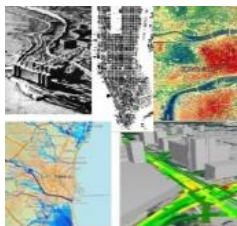


Introduction

- Accelerated urbanization has intensified the **Urban Heat Island (UHI)** phenomenon in large metropolitan areas.
- In São Paulo, this process increases thermal discomfort and socio-spatial inequalities.
- A statistical understanding of environmental variables associated with air temperature is essential for **sustainable urban planning**.

Objective

- To develop and validate a **Multiple Linear Regression (MLR) model** to analyze the influence of environmental variables on the UHI phenomenon in São Paulo.



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Study Area

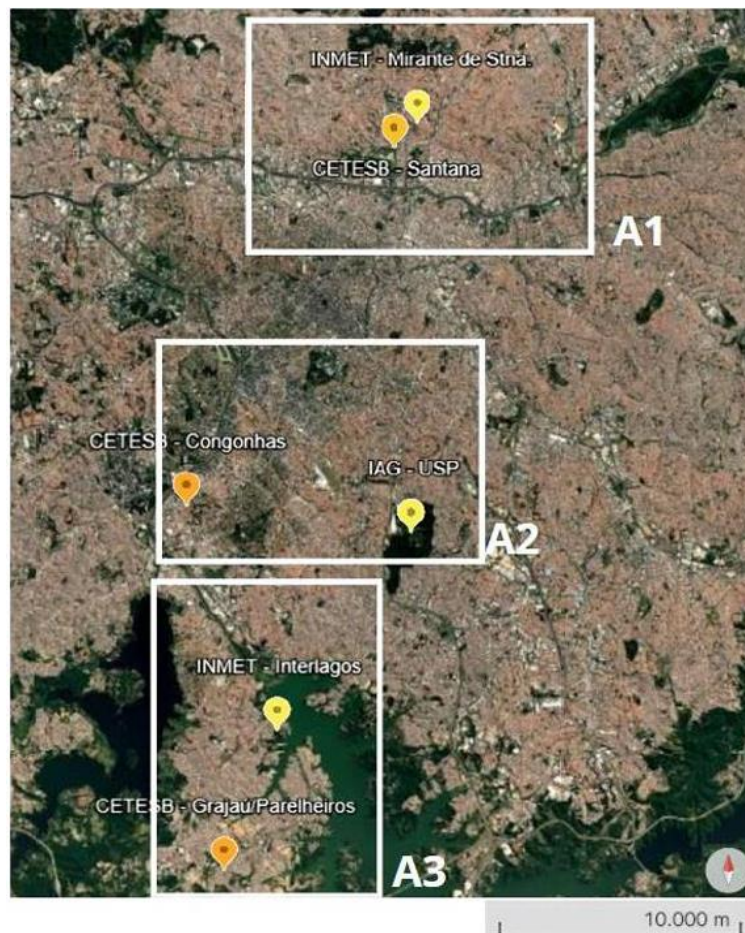
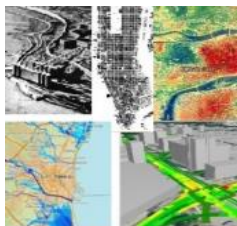


Figure 1. Location of the study areas.



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Methodology

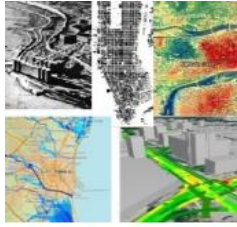
Study period: 2019–2023 (monthly averages)

Variables

- **Dependent variable:** Monthly average air temperature (°C)
- **Independent variables:**
 - Monthly average relative humidity (%)
 - PM2.5 concentration ($\mu\text{g}/\text{m}^3$)
 - Monthly precipitation (mm)

Procedures

- Data cleaning and standardization (Excel®)
- Statistical modeling using **Multiple Linear Regression (OLS method)** in EViews®
- Model validation through:
 - F-test
 - Adjusted R^2
 - White Test (homoscedasticity)
 - Jarque–Bera test (normality of residuals)
 - Multicollinearity analysis



Results

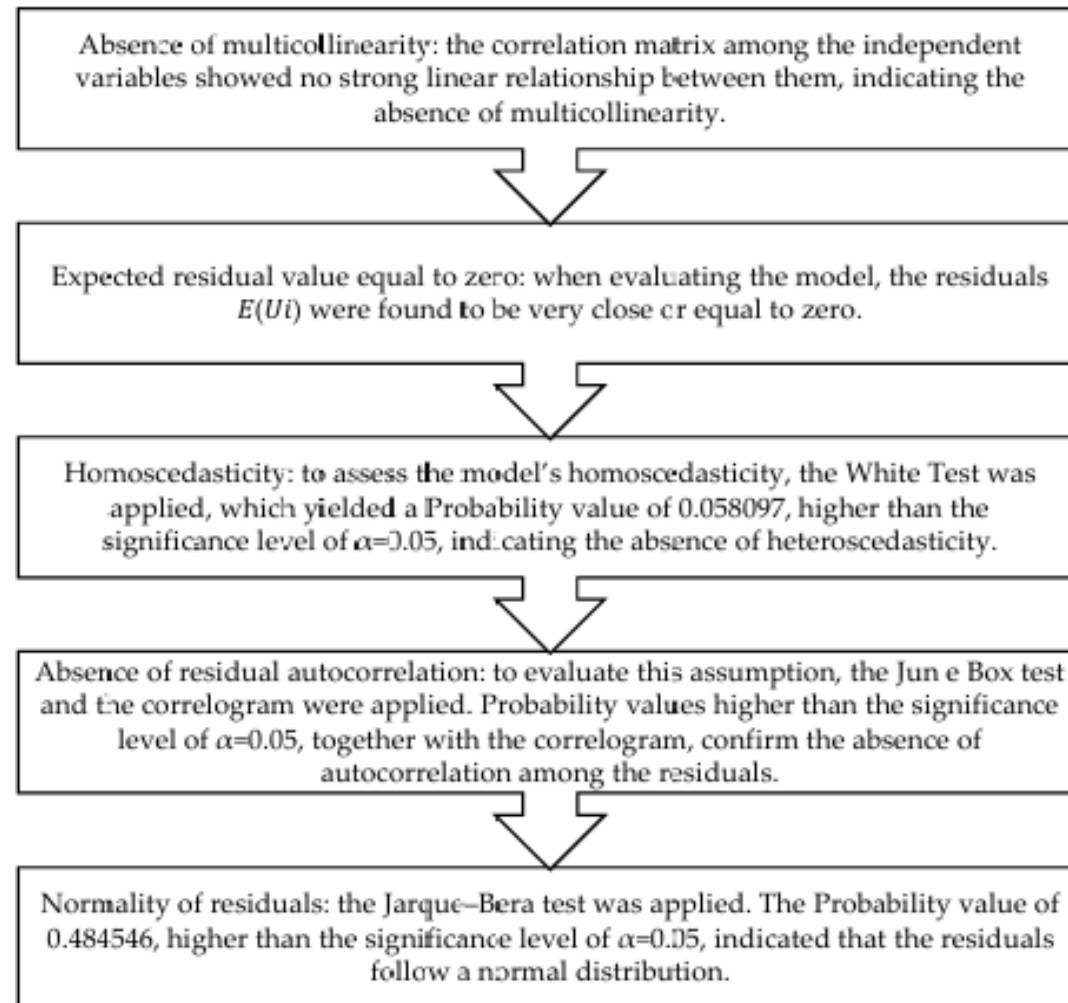
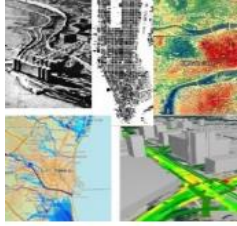


Figure 2. Results of the statistical model validation tests.

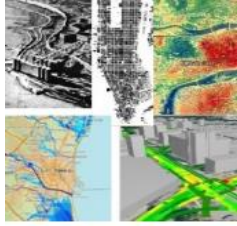


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Discussion and Conclusions

- The results confirm the relevance of atmospheric and pollution-related variables in UHI dynamics.
- The model supports evidence-based decision-making in urban planning and climate adaptation.
- Although the explanatory power is moderate, it is consistent with the complexity of urban climate systems.
- The proposed MLR model effectively identified key environmental drivers of the Urban Heat Island phenomenon in São Paulo.
- The methodology is replicable and suitable for sustainable territorial management.
- Future studies may expand the model by incorporating land-use variables, vegetation cover, and socio-economic indicators.



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Thanks!