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Cryptosporidium spp. FREQUENCY IDENTIFIED THROUGH ZN STAIN
IN LAMBS FROM MICHOACÁN, MÉXICO

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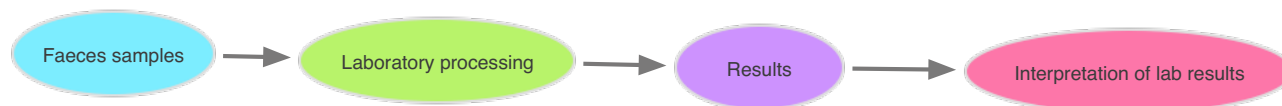
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Cryptosporidium spp. is a protozoan frequently observed in mammals, with worldwide distribution, that may cause disease in the respiratory and/or digestive tract, with economic loss. In order to find the frequency of *Cryptosporidium spp.* in lambs aging 0-60 days, four communities in Tlalpujahuá, Michoacán, México, were sampled. One hundred and twenty two faeces samples were taken directly from the anus. Samples were processed and stained using ZN for parasite identification. Chi-square test was calculated according to location, age, sex, breed and farm's type of production. A frequency of 90-100% was obtained, with no statistical difference in variables. It is concluded that high frequency (90-100%) of *Cryptosporidium spp.* was found using ZN stain in lambs aging 0-60 days in Tlalpujahuá, Michoacán, with no difference regarding location, age, sex, breed and production system.

Keywords: *Cryptosporidium spp.*; lambs; 0-60 days; ZN stain; location, age; sex; farm's type of production system

Graphical Abstract: <<Insert a figure to summarize your work, mandatory>>



Introduction:

In 1907 Tyzzer described a protozoan frequently observed in lab mice, which was named *Cryptosporidium* (hidden oocysts), establishing its characteristics in 1910 as well as its biological cycle. By 1984 it had already been identified in 20 different species (Tzipori, 1985). It can cause diarrhea in mammals such as beef, sheep, goats, horses and humans as primary agent provoking intestinal and respiratory infection with important economic loss (Robertson *et al.*, 2014). The first human case was reported in 1976, with few cases reported afterwards until it became important in HIV and immunosuppressed patients. *Cryptosporidium* are small rounded or oval oocysts, with an average of 5 μm (Fayer and Ungar 1986). It is an opportunistic organism which infects the respiratory or digestive tract or both causing asymptomatic infections with anorexia to depression with or without diarrhea (Tzipori, 1985). Infection occurs even with a small number of oocysts. It can infect a large number of animals and can be found in several organs of the host, such as alveoli, bronchioles and trachea, suggesting variable and complex symptoms (Zu *et al.*, 1992). Transmission occurs through oral-faecal route. Oocysts excreted in faeces are sporulated, therefore they are immediately infectious. The average incubation period is four days (Merck, 2007). Some experiments have shown that only 10 oocysts may cause infection. In large intestine, sporozoites are released and infect the epithelium where they cause diffuse moderate atrophy in the villi and hyperplasia in the yeyunum (Zu *et al.*, 1992). Experimental infections in laboratory animals show that *Cryptosporidium spp.* is transmitted through oocyst ingestion that pass from the host to the environment (Ernest *et al.*, 1986). Infective forms are resistant to common disinfectants and

can survive for several months. 50% Ammonia and 30% formaldehyde for 30 minutes are capable of destroying *Cryptosporidium* oocysts (Fayer and Ungar, 1986).

Four representative species were described: one isolated from mammals (*Cryptosporidium muris*), one from birds (*Cryptosporidium meleagridis*), one from reptiles (*Cryptosporidium croieli*) and one from fish (*Cryptosporidium nesorum*), when not enough information was available. *Cryptosporidium parvum* was included afterwards (Clark and Sears, 1996). It was thought that the parasite was species specific, until cross transmission infections were reported (Xiao, 2004). OIE Manual (2016) includes 26 valid *Cryptosporidium* species, from which *C. parvum*, *C. andersoni*, *C. baileyi*, *C. meleagridis* and *C. galli* have caused morbidity and outbreaks in herds.

Cryptosporidium spp. causes a self-limiting enterocolitis worldwide. It is common in young ruminants specially in calves and lambs, causing weight loss and watery diarrhea (Merck, 2007). Diarrhea has been observed in animals from 5 to 15 days of age, in which other pathogens such as rotavirus, coronavirus, *Clostridium perfringens* or enterotoxigenic *Escherichia coli* may be involved, and a high mortality rate has been observed in calves when extreme low environmental temperature occur. Intestinal malabsorption and fluid loss due to the infection, avoids the absorption of nutrients from diet (Fayer and Ungar, 1986). Natural or experimental infection show changes in the mucosa, with villi atrophy, crypt hyperplasia and cellular inflammation. Diarrhea is caused by impaired digestion provoked by membrane loss in the superior large intestine, reducing the ileon's absorption capacity. Some research studies mention that *Cryptosporidium* in pigs,

cats and dogs may cause subclinical infections, as well as in goats and sheep (Tzipori, 1985). Attention has been focused on pathogenesis studies to understand the severity of the disease (Zu *et al.*, 1992). Prepatent period lasts 3 to 5 days, where death is rarely present. Generally, the animals show spontaneous recovery (Fayer and Ungar, 1986). Lambs aging 1 to 3 weeks seem to be at highest risk. They show anorexia, weight loss, diarrhea and tenesmus. Nevertheless, cryptosporidiosis may be present without any clinical signs. Distal large intestine is the most affected (Merck, 2007).

Faecal oocyst elimination is correlated to the intensity of the infection, which progressively decreases up to the third week. This may indicate that animals might develop resistance (Pollok *et al.*, 2001).

Treatment

There is no effective treatment for cryptosporidiosis, but it is a self-limiting infection, where supportive treatment including oral and parenteral rehydration is suggested (Merck, 2007). There are several drugs which have been proven in human and animals with unfavorable results (Fayer and Ungar, 1986). Halofuginone and sulfamides are partially effective in neonates (Cordero *et al.*, 2002).

Prevention and control

Cryptosporidium oocysts may remain viable for a year in aqueous solution, without direct sunlight and environmental temperature between 15 to 35 °C (Merck, 2007). It is also resistant to commercial disinfectants. These are the reasons why it is difficult to eliminate from the environment (Fayer and Ungar, 1986). Water consumption should be avoided in order to control its propagation when there is suspicion of water contamination (Whirmire and Harp, 1991). *Cryptosporidium* oocysts may be destroyed in the environment using 5% ammonia (Monis, King and Keegan, 2014).

Materials and Methods: Sample recollection was performed from November 2014 to April 2015, by taking faeces directly from the anus of lambs aging 1 to 60 days in farms from four communities of Tlalpujahuá, Michoacán, located at 2,337 metres over sea level, with warm climate and rainfall during summer. It has an annual rainfall of 1,003 mm and temperatures of

6.1 to 22.7 °C (INEGI, 2011). Samples were identified and refrigerated until processed in CIESA-FMVZ-UAEM.

Positivity rate was established using modified Ziehl Neelsen stain (Henriksen and Polenz, 1981), where positive animals had more than three oocysts per field.

Sample processing

Distilled sterile water was added to faeces, filtered through gauze and centrifuged at 1500 rpm for 5 minutes. Liquid was decanted and sediment preserved using 5% potassium dichromate until stained with Ziehl-Neelsen for microscopical identification (100X). A positive control was used per smear.

The number of samples was determined using finite population formula (Herrera, 2014), with a final calculation of 122 samples.

Statistical differences were calculated using chi-square test (Petrie and Watson, 2013).

Results and Discussion: In the majority of the farms which were sampled, there was no defined management programme. In all of them animals were maintained together: female and male with different ages, without a hygiene or reproductive control programme, representing a risk factor for *Cryptosporidium* spp. in the herds.

Ziehl-Neelsen stain is rapid, economical and differential, used for identification of Apicomplexans (intestinal coccidia) (Vohra, Shaura and Chaudhary, 2012).

Regarding *Cryptosporidium* spp. frequency, the highest was found in San Rafael (100%) (Table 1). In this municipality, the weather is warm with rainfall during summer. Annual rainfall is 1,003 mm with temperatures ranging from 6.1 to 22.7°C (INEGI, 2011). According to Cordero (2002), it has a worldwide distribution infecting domestic and wild animals including mammals, birds, reptiles and fish. *Cryptosporidium* oocysts are infective as soon as they are excreted through faeces and are perfectly adapted for survival in the environment, resistant to variable conditions except for desiccation and freezing. Xiao *et al.*, (1994) reported a prevalence of *Cryptosporidium parvum* del 100% in newborn diarrhaeic lambs and 78.3% in lambs 2 to 3 weeks of age in warm-cold weather with constant rainfall.

Table 1 shows a high positivity percentage to *Cryptosporidium* spp in lambs, ranging from 90

to 100 %. In Mexico García and Lara (2000) found a prevalence of 29.9% in lambs; Alonso (2007), 34.33%; and Medina and Medina (2007), 51.82%. Causapé (2002) found in Spain 59%.

There are no reports of *Cryptosporidium* spp in Tlalpujahua Michoacán municipality. In this study the frequency found was related to different conditions that could represent a risk factor in sheep herds such as: location, age, sex, breed and production system.

Regarding age, table 2 shows high *Cryptosporidium* spp. positivity rate, higher than 90% in all ages. All groups showed a frequency over 90%; nevertheless, the group with the highest frequency was the one aging 16-30 days with 97% (Table 2). These results are different from the ones reported by Alonso *et al.*, (2005) who found a general prevalence of 34.33% in asymptomatic lambs, same characteristic as the ones sampled in this study. Asymptomatic carriers represent an important risk factor because they can turn into an infection source for the herd. According to Cordero, (2002) the main clinical sign in sheep with cryptosporidiosis is diarrhea, its severity will depend in factors such as age, immune system and environmental conditions among others.

Table 3 shows *Cryptosporidium* spp. frequency according to sex, where there is no difference in gender (higher than 90%). Frequency in females was 98% and 92% in males (Table 3), which are considered high. Valenzuela *et al.*, (1991) reported a prevalence of 66.6% in lambs aging 7 days or more, without relation to sex in infected animals.

Table 4 shows *Cryptosporidium* spp. in lambs according to breed, where a positivity of more than 90% exists, similar to the other factors that were analysed. Predominant breeds in

Tlalpujahua municipality were Suffolk and Criolla. They had a frequency of 93 and 96% respectively (Table 4). Romero *et al.* (2016) found a prevalence of 60-75% in different breeds.

Table 5 shows *Cryptosporidium* spp percentage according to production system, with similar results in extensive and semi-intensive systems.

We found a frequency of 90% of *Cryptosporidium* spp in semi-intensive productive systems and 96% in the extensive (Table 5). This frequency was probably influenced by inadequate hygiene conditions in the farms. In both systems lambs are in direct contact with ewes, which might act as reservoir. Alonso *et al.*, (2005) found a prevalence of 34% in ewes from family production farms in the State of Mexico.

Almost all the farms in Tlalpujahua, Michoacán municipality are classified as extensive. Partida *et al.*, (2013) describes their characteristics: grazing in native vegetation, with almost no food supplements and parturitions during autumn and winter, rustic facilities of wood mainly and soil floor with almost no hygiene programmes, where faeces remain as bed material. Delafosse *et al.*, (2006) found a high prevalence (44%) in farms with soil floor.

Alonso, (2007) concluded that risk factors are herd size and grazing place (≤ 100 and >100 animals) (OR=2.6, IC_{95%} 1.8-3.6) and (OR = 1.467, CI_{95%} 1.102-1.951), respectively.

It is important to denote that no statistical differences were found between the different risks analysed.

Table 1. *Cryptosporidium* spp. frequency in lambs aging 15 to 90 days in four communities in Tlalpujahua, Michoacán.

COMMUNITY	No. OF SAMPLES	FREQUENCY	
		POSITIVE	PERCENTAGE
EL CAPULIN	46	44	95 ^a
CERRO PRIETO	30	27	90 ^a
SAN RAFAEL	22	22	100 ^a
LAS CANTERAS	25	24	96 ^a
TOTAL	123	117	

Source: original data; p>0.05

Table 2. *Cryptosporidium* spp. frequency in lambs according to age in Tlalpujahuá, Michoacán.

AGE /DAYS	No. OF SAMPLES	FREQUENCY	
		POSITIVE	PERCENTAGE
1 – 15	45	43	95 ^a
16 – 30	47	46	97 ^a
31 – 45	21	19	90 ^a
46 – 60	10	9	90 ^a
TOTAL	123	117	

Source: original data; p>0.05

Table 3. *Cryptosporidium* spp. frequency according to sex in lambs aging 15 to 60 days in Tlalpujahuá, Michoacán.

SEX	No. OF SAMPLES	FREQUENCY	
		POSITIVE	PERCENTAGE
FEMALE	57	56	98 ^a
MALE	66	61	92 ^a
TOTAL	123	117	

Source: original data; p>0.05

Table 4. *Cryptosporidium* spp. frequency according to breed in lambs aging 15 to 60 days in Tlalpujahuá, Michoacán.

BREED	No. OF SAMPLES	FREQUENCY	
		POSITIVE	PERCENTAGE
SUFFOLK	45	42	93 ^a
CRIOLO	78	75	96 ^a
TOTAL	123	117	

Source: original data; p>0.05

Table 5. *Cryptosporidium* spp frequency according to production system in lambs aging 15 to 60 days in Tlalpujahuá, Michoacán

PRODUCTION SYSTEM	NO. OF SAMPLES	FREQUENCY	
		POSITIVE	PERCENTAGE
SEMI-INTENSIVE	30	27	90 ^a
EXTENSIVE	93	90	96 ^a
TOTAL	123	117	

Source: original data; p>0.05

Conclusions: A high frequency (90-100%) of *Cryptosporidium* spp. identified using ZN stain was found in lambs aging 0-60 days in Tlalpujahuá, Michoacán, where no difference was found regarding location, age, sex, breed and production system.

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Conflicts of Interest

The authors declare no conflict of interest.

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