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D- α -tocopherol-Based Polymeric Micelles for Successful Improving Encapsulation of Retinoic Acid

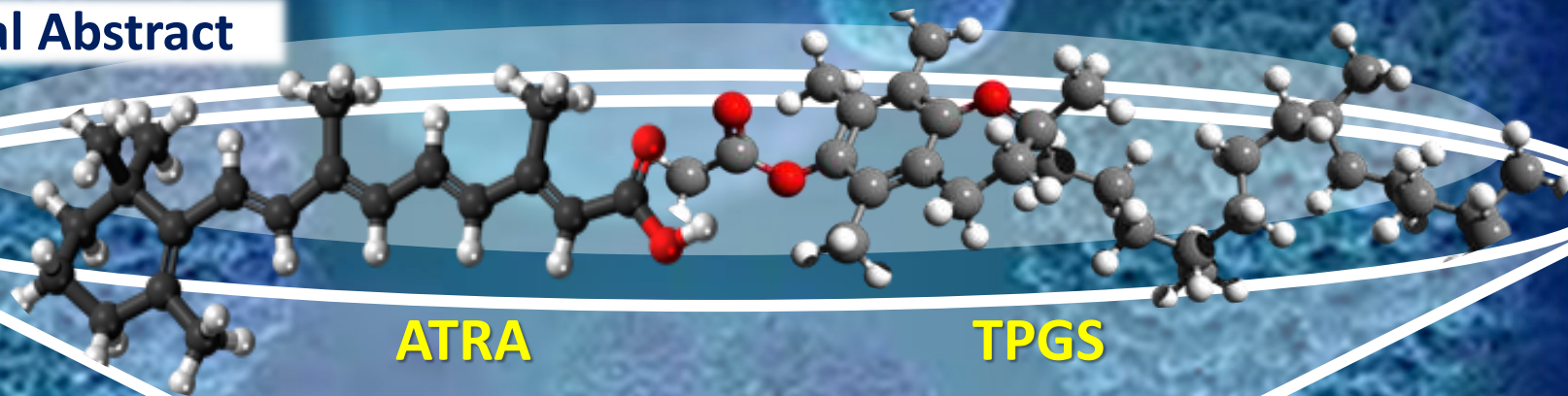
Guendalina Zuccari^{1,*}, Sara Baldassari¹, Alice Atturo¹, Silvana Alfei¹, Giorgia Ailuno¹, Leonardo Marchitto², and Gabriele Caviglioli¹

¹ Department of Pharmacy (DiFAR), University of Genoa, Viale Cembrano 4, I-16148, Genova, Italy;

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D- α -tocopherol-Based Polymeric Micelles for Successful Improving Encapsulation of Retinoic Acid

Graphical Abstract

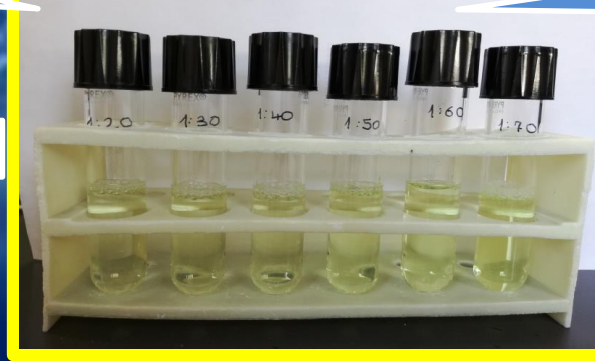


11-20 nm

EE=36-79%

Low PDI

$\zeta = 0.5-4$ mV



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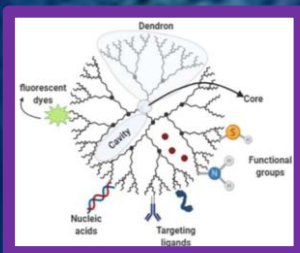
Abstract: From decades, all-trans-retinoic acid (ATRA) has been the first-choice treatment for several skin diseases, including epithelial skin cancer and acne, but its efficacy is strongly limited by its low water solubility and high instability. Different ATRA formulations are commercially available, but their prolonged use leads to loss of effectiveness and causes cutaneous side effects like redness and peeling of the skin. In this work, we studied the capability of D- α -tocopheryl polyethylene glycol succinate (TPGS), a water-soluble derivative of vitamin E able to self-assemble in core-shell nano-aggregates, to encapsulate ATRA, with the aim of overcoming the issues associated with ATRA clinical use. Firstly, this study reports a solubility study based on the equilibrium method, which explored TPGS capability to interact with the host, then ATRA-loaded polymeric micelles (ATRA-TPGSs) were prepared by solvent casting method starting from different TPGS amounts in the preparative mixture. ATRA-TPGSs showed small sizes (11-20 nm), low polydispersity, quite neutral Z potential, and proved good encapsulation efficiency, also confirmed by the FTIR spectra handled by the principal component analysis chemometric tool. The loaded micelles were stable in solution during storage at 25 °C, without the tendency to flocculate or form sediments and proved suitability for freeze-drying. ATRA-TPGSs gel formulations were obtained using Carbopol® as gelling agent and showed a non-Newtonian plastic flow. Further analyses are ongoing to evaluate ATRA-TPGSs skin permeation, and their in vitro cytotoxic effects on melanoma cell lines.

Keywords: ATRA-loaded TPGS-based micelles; enhanced solubility; improved stability; nanosized formulations; low polydispersity.

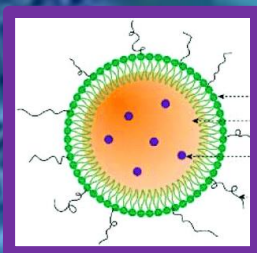


Introduction

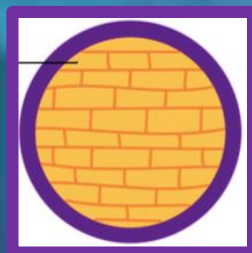
DRUG DELIVERY SYSTEMS



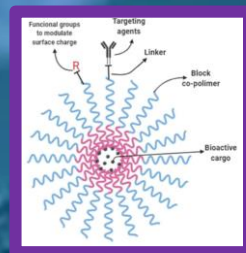
Dendrimer



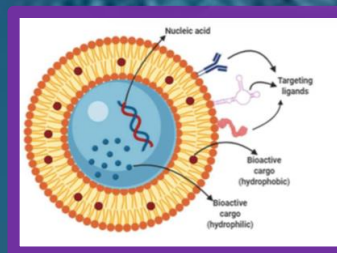
Lipid-Polymer Hybrid Nanoparticle



Solid Lipid Nanoparticle



Polymeric Micelle



Liposome



Nanostructured Lipid Carrier

GOAL

Modulation of the pharmacokinetics of an active ingredient

GOAL

Improvement of physicochemical stability of the drug to environmental agents

- Light
- High temperature
- Moisture
- Oxygen

Improvement of the therapeutic efficiency

Increased shelf life



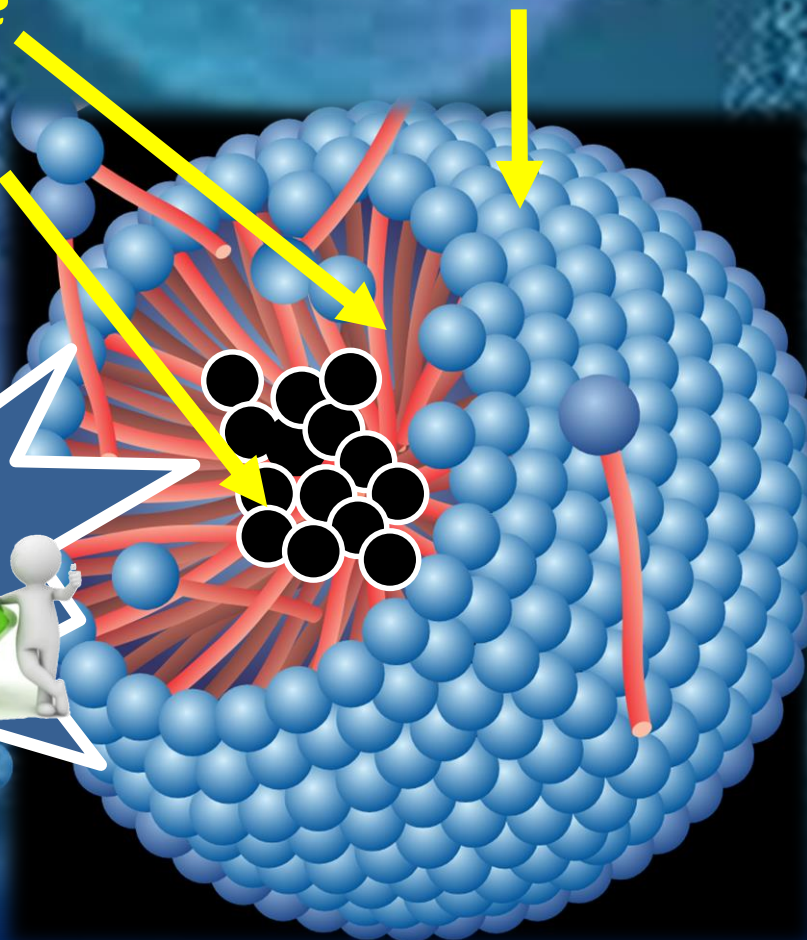


POLYMERIC MICELLES

Hydrophobic core
Entrapped
Hydrophobic drug

Hydrophilic shell

Improved
drug
solubility
stability
availability



- Low CMC
- Reduced size (10-200 nm)
- High drug loading (DL%)
- High drug retention
- High reproducibility
- Biocompatibility

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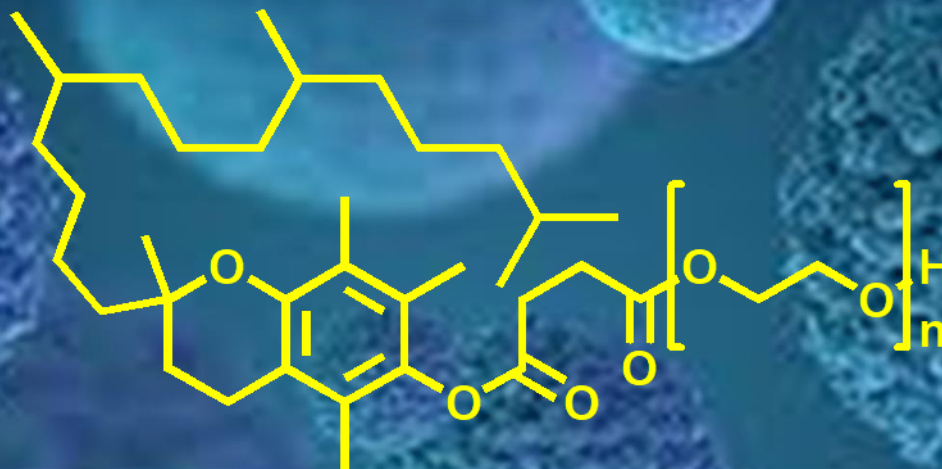
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VITAMIN E TPGS



Vitamin E TPGS (*D-α-Tocopheryl polyethylene glycol 1000 succinate*)

- 
- Synthetic derivative of Vitamin E
 - Amphiphilic molecule
 - Critical micellar concentration: 0,02 wt%



Uses

- Absorption promoter, drug solubilizer
- Plasticizer or binder
- Vitamin E source

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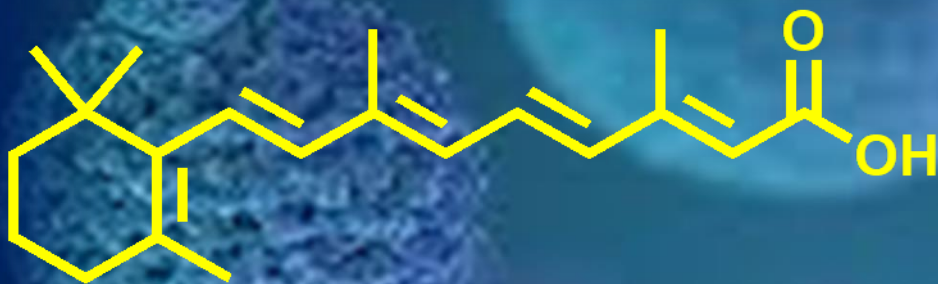
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RETINOIC ACID



All-trans-retinoic acid (ATRA)



Marketed Formulations

- Tretinoin Same[®] cream 0.05%
- Aiol[®] cream 0,05%
- Aiol[®] cutaneous solution 0,05%



Topical clinical applications

- *Acne vulgaris*
- Photodamage
- Hyperpigmentation
- Keloid scars and stretch marks
- Psoriasis



Pharmacological Properties

- Epidermal proliferation and cell turnover
- Comedolysis promotion
- Collagen synthesis
- Melanin Reduction

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RESTRAIN OF ATRA DRAWBACKS



Adverse reactions

- Erythema
- Burning
- Photosensitization



Poor water solubility ($6,3 \times 10^{-4}$ mM)
Chemical instability

- Photodecomposition
- Oxidation
- Thermal Instability



- Reduction of Cutaneous Irritation
- Improvement of patient *compliance*
- Enhancement of absorption and skin retention



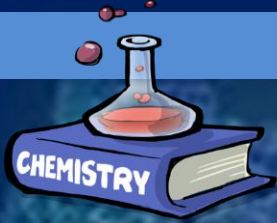
DRUG DELIVERY SYSTEMS



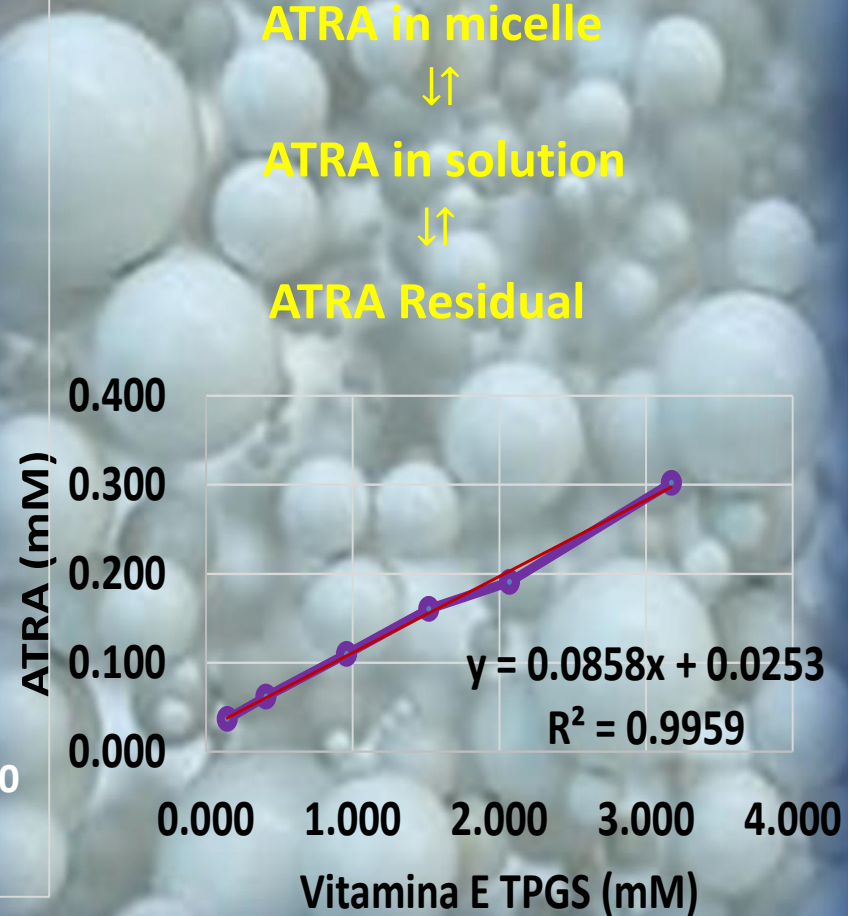
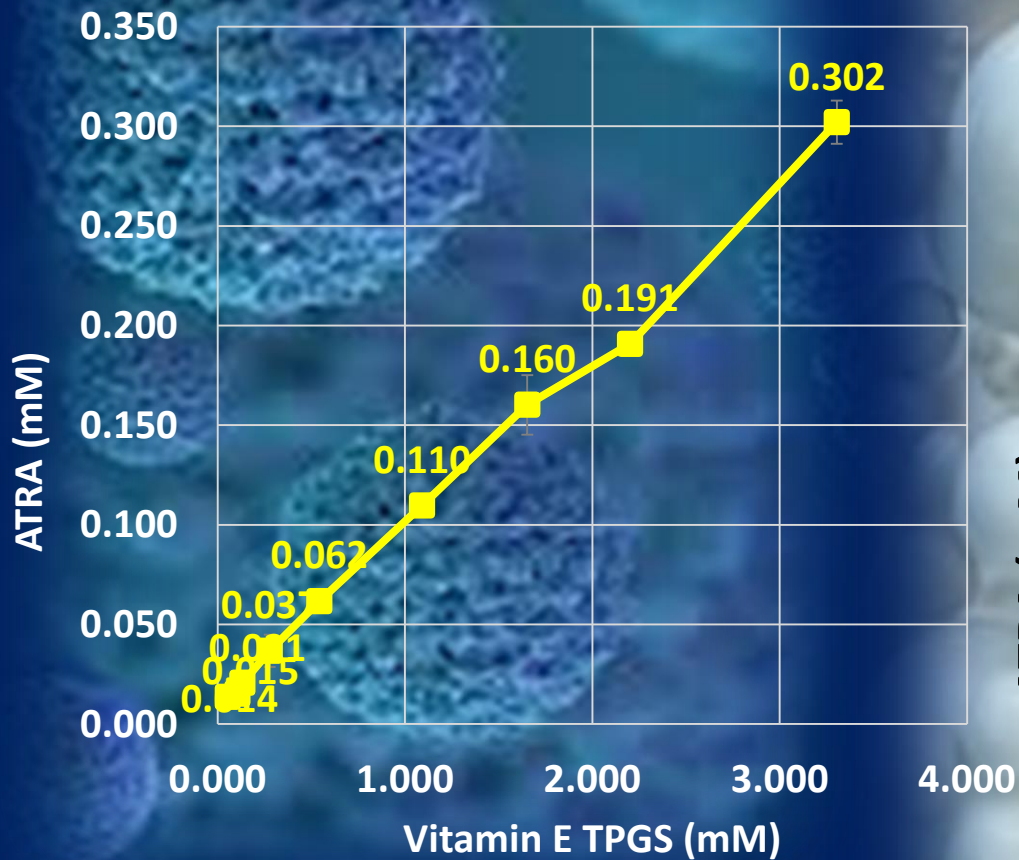
- Improvement of solubility
- Protection from chemical degradation
- Enhancement of shelf life



PHASE SOLUBILITY STUDIES



Shake-flask Method



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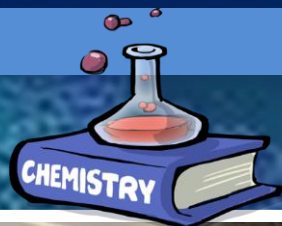
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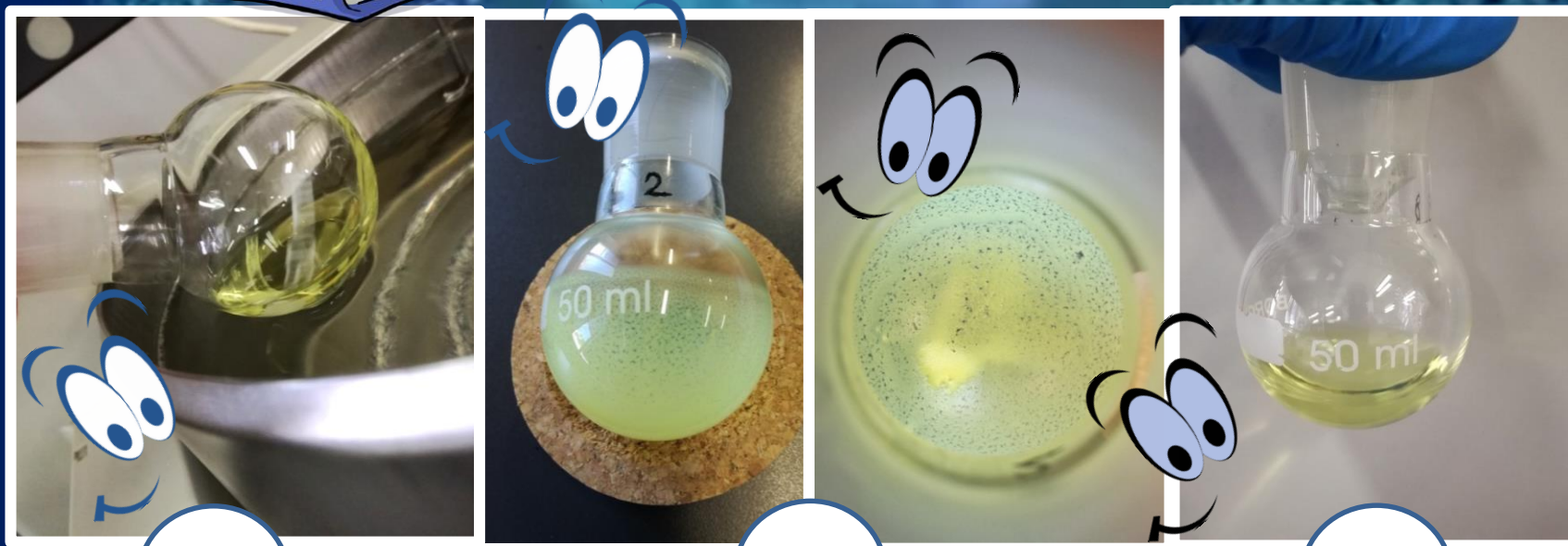


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PREPARATION OF THE MICELLES



Solvent Casting Method



1

ATRA and
Vitamin E TPGS
Solution in
Ethanol

Solvent
removal

2

Formation of
the thin layer

Hydratation

3

Micellar
Suspension

1)Filtration
2)Analysis

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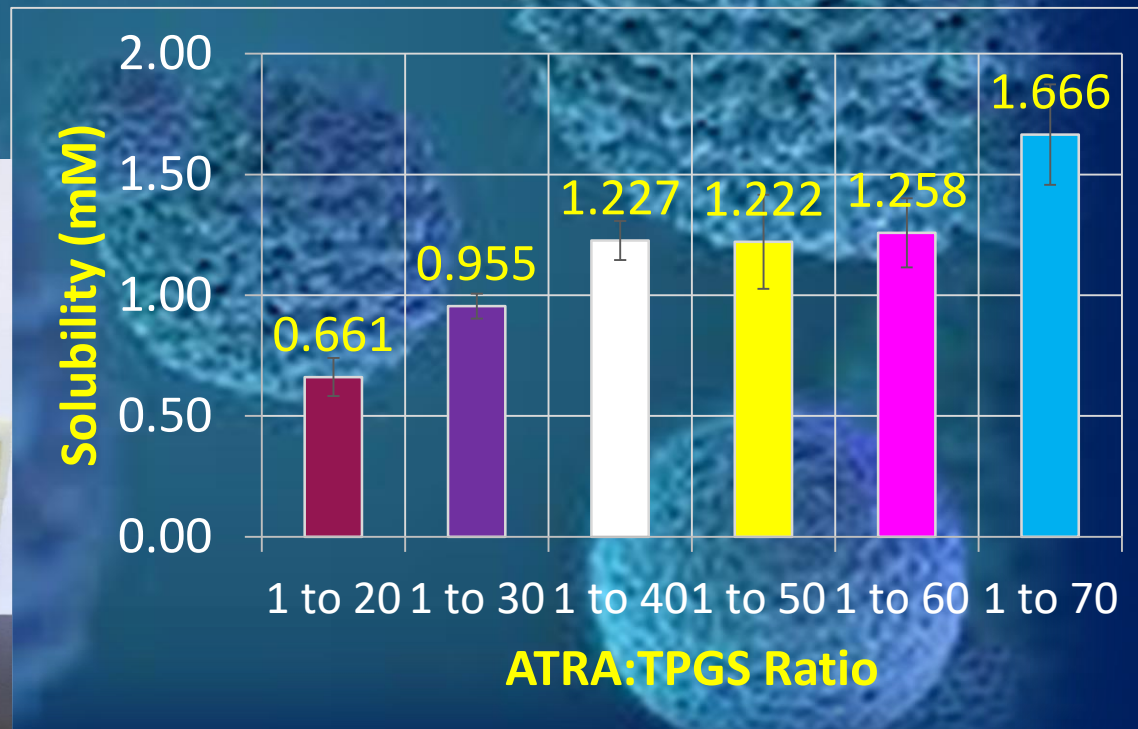
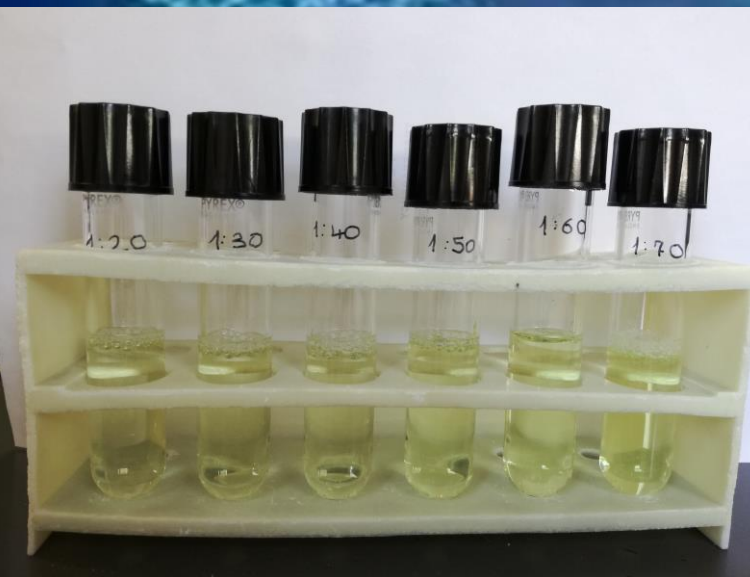
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ATRA:TPGS RATIO OPTIMIZATION



ATRA:TPGS in the preparative Mixture

1:20, 1:30, 1:40,
1:50, 1:60, 1:70



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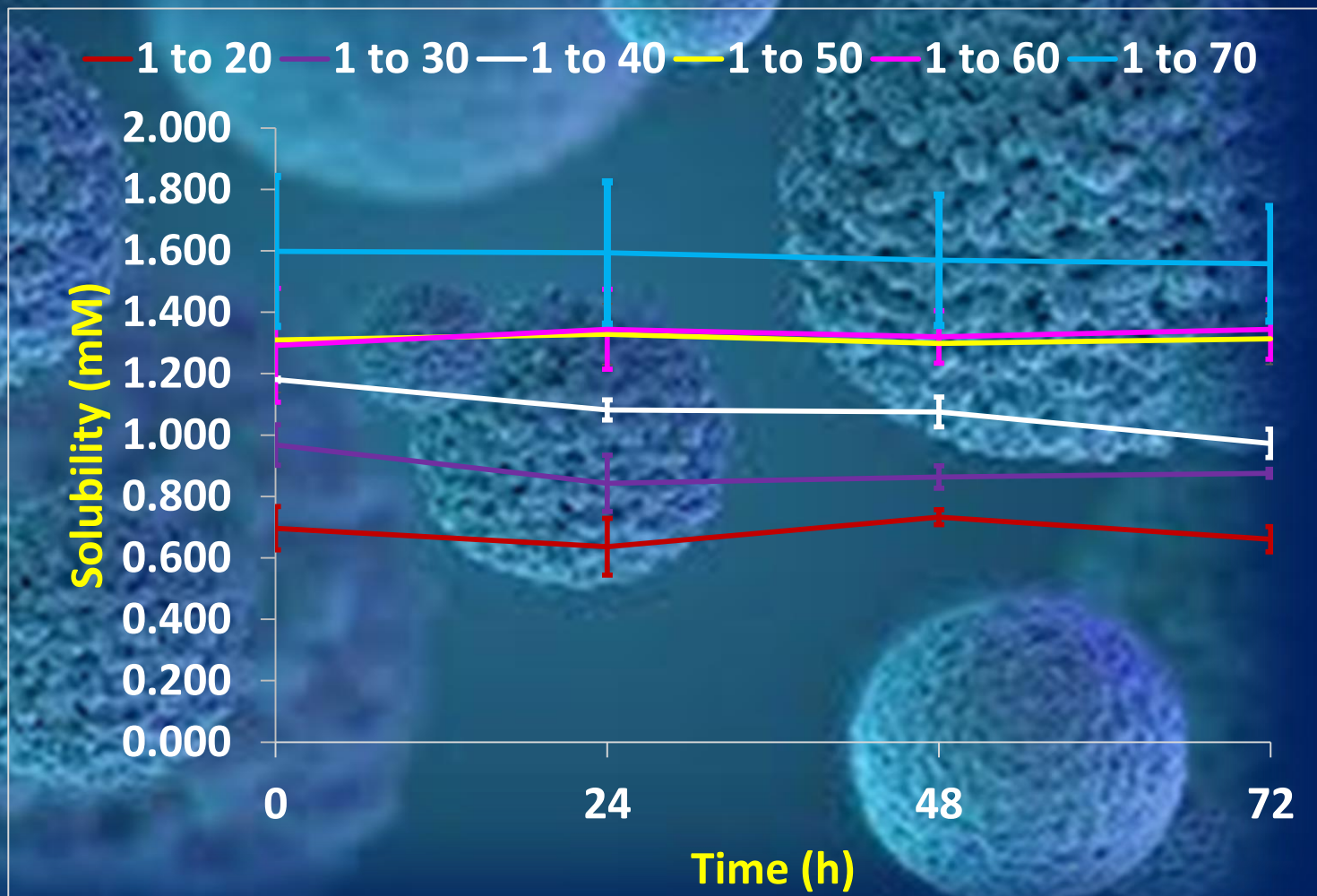
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STABILITY STUDIES

- Micellar solutions in Incubator at 25°C
- Analysis at 0, 24, 48 e 72 h
- Filtration with 0,45 µm membrane
- Absorbance measueres at 345 nm



Best Preparative Mixture 1:50

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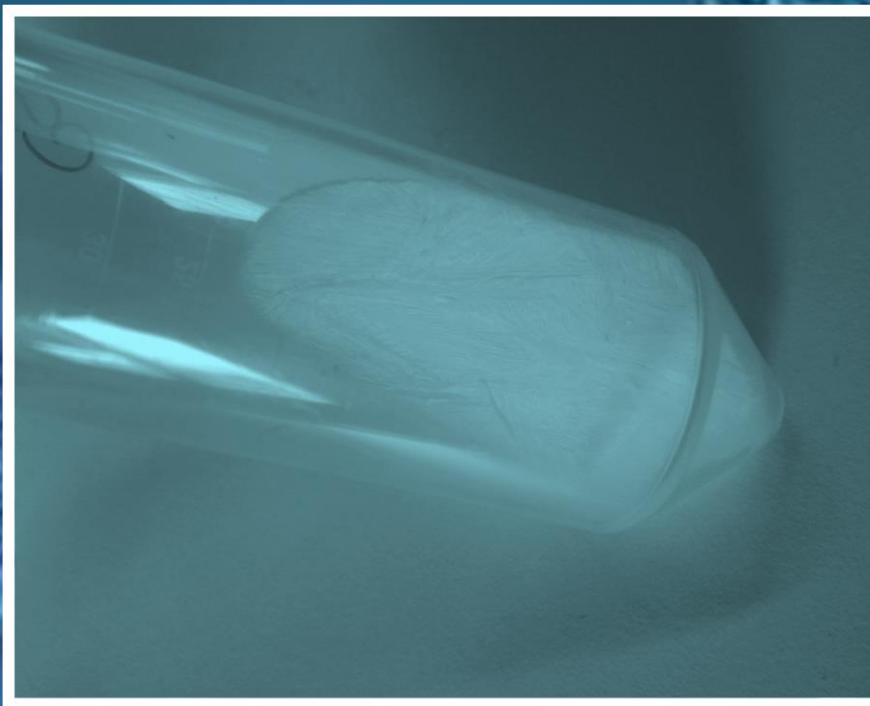
FREEZE-DRYING

1 Flute beak pre-freezing
in a freezer at -20°C

2 Cooling at
 -30°C in the
freeze-drying
chamber

3 Primary drying
at 20×10^{-3} mBar
for 48 h

4 Secondary drying
at 25°C for 1 h



Pale yellow spongy solid easily resuspendable

ADVANTAGES

- ✓ Drug stabilization inside the micelle
- ✓ Extended shelf life
- ✓ Dimensions of the micelles unchanged after reconstitution of the powder

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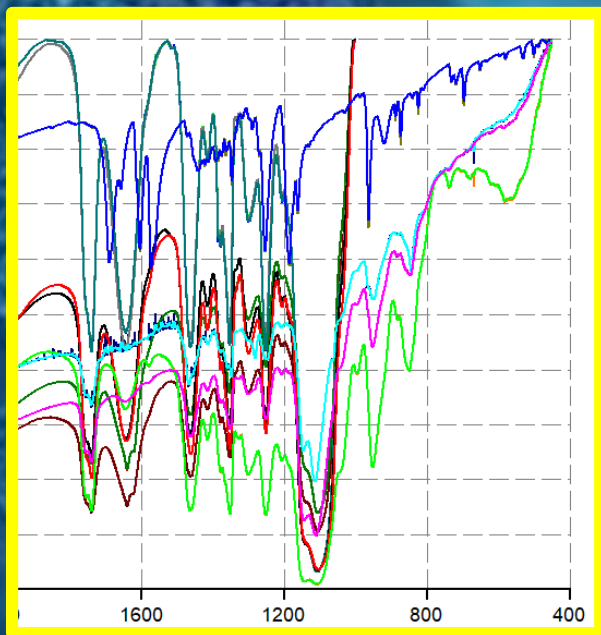
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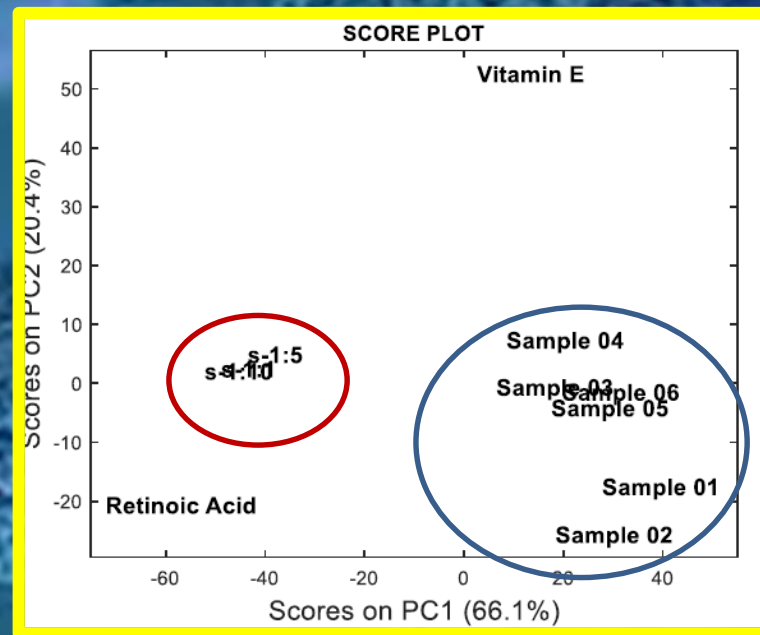
FTIR PCA-ASSISTED ASSESSMENT OF THE SUCCESSFUL ENCAPSULATION

Transmittance %



cm⁻¹

Significant bands of FTIR spectra of samples of the micelles of this study and of three additional ones having a high content of ATRA prepared as reference (1:1, 1:5, 1:10)



Score Plot of PCA on the FTIR data of all samples, ATRA and Vitamin E TPGS

FTIR spectra were considered in absorbance scale

Data were processed after Standard Normal Variate Transform (SNV) and column centering

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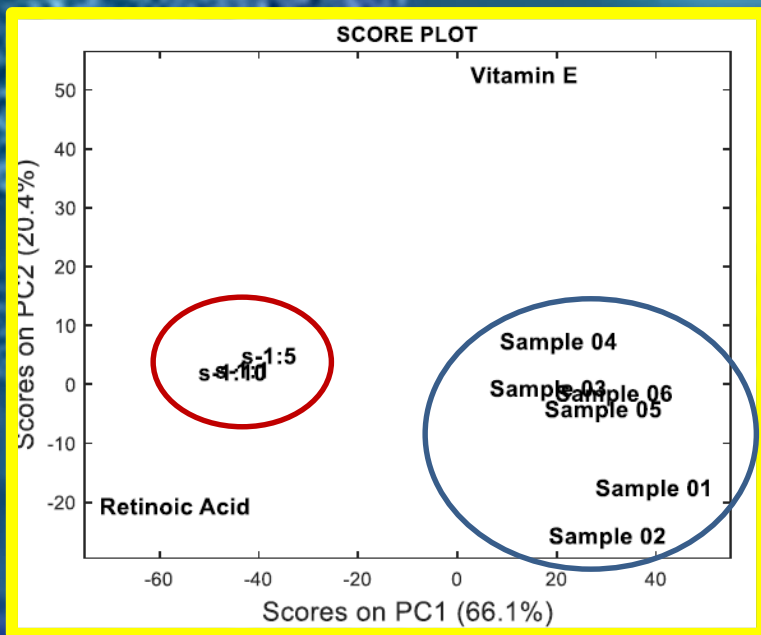
PCA (absorbance scale, SVN, column centering)

Micelles samples, ATRA and Vitamin E TPGS appeared well separated on PC2

The location of all samples close to ATRA rather than to Vitamin E TPGS confirmed the presence of ATRA inside the complexes

The total samples population appeared furtherly separated on PC1


The location of samples circled in red closer to ATRA than those circled in blue confirmed their higher content in ATRA (1:1, 1:5, 1:10) in respect of samples 01-06 of the present work (1:20, 1:30, 1:40, 1:50, 1:60, 1:70)



ENCAPSULATION EFFICIENCY AND DRUG LOADING


$$EE\% = \frac{Wt}{Wi} * 100$$


It expresses the quantity of drug encapsulated by the nanocarrier in respect to that used in the preparative mixture



ATRA:TPGS	EE%
1 to 20	35,5 ± 2,2
1 to 30	47,4 ± 3,3
1 to 40	58,6 ± 0,2
1 to 50	64,8 ± 8,0
1 to 60	64,3 ± 9,4
1 to 70	79,1 ± 11,3

$$DL\% = \frac{Wt}{Wn} * 100$$

It expresses the quantity of drug encapsulated by the nanocarrier in respect to the mass of the ATRA-TPGS complex



ATRA:TPGS	DL%
1 to 20	3,80 ± 0,04
1 to 30	3,74 ± 0,87
1 to 40	3,71 ± 1,12
1 to 50	3,75 ± 0,67
1 to 60	3,47 ± 0,73
1 to 70	4,22 ± 0,30

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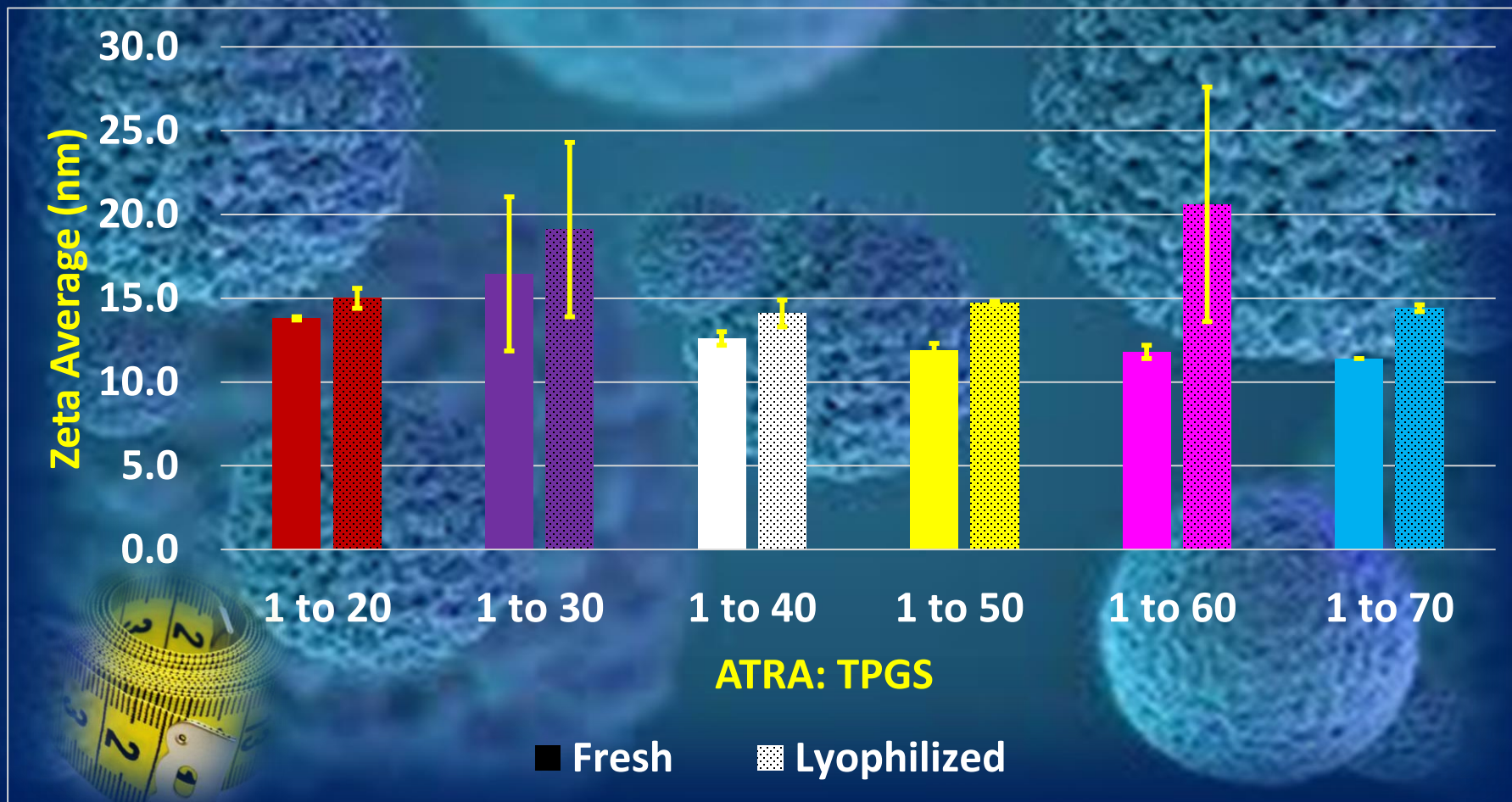
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DIMENSIONAL ANALYSIS BY DYNAMIC LIGHT SCATTERING (1)



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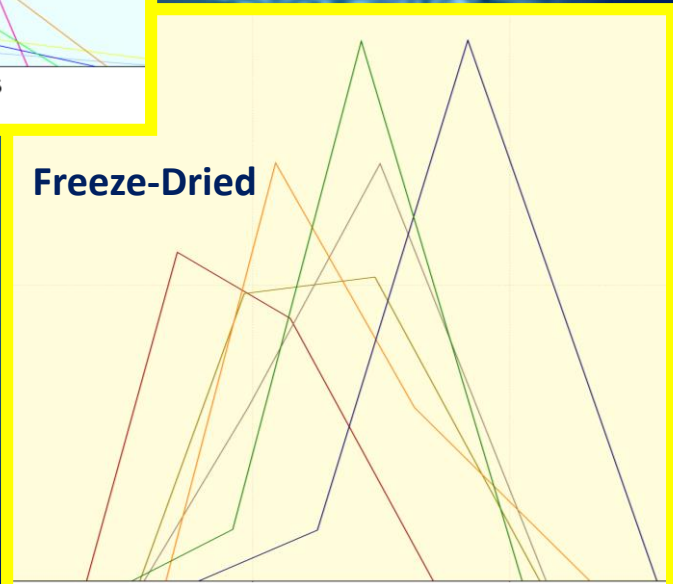
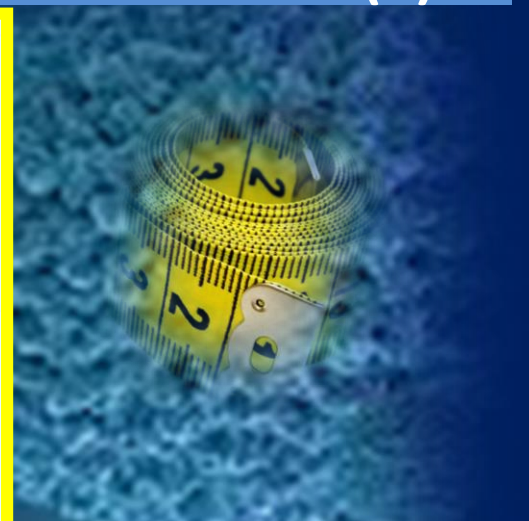
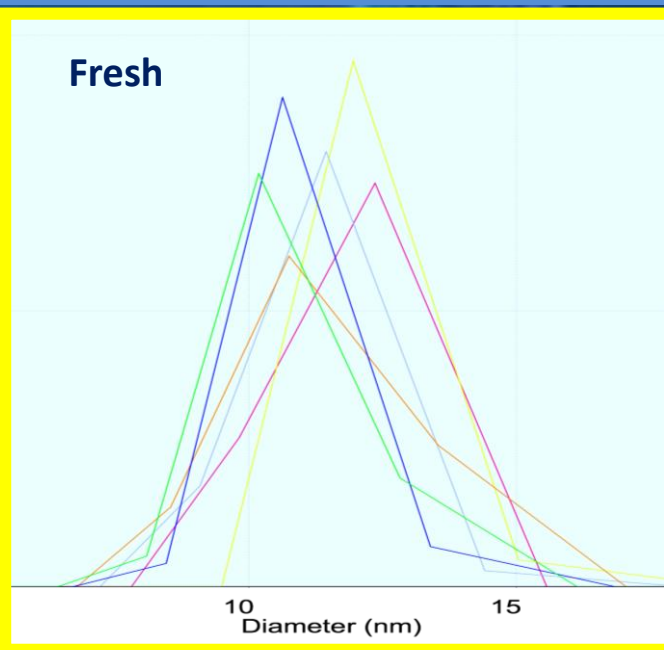
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DIMENSIONAL ANALYSIS BY DYNAMIC LIGHT SCATTERING (2)



ATRA:TPGS	PDI Fresh Micelles	PDI Freeze-Dried Micelles
1 to 20	0,238	0,324
1 to 30	0,273	0,314
1 to 40	0,167	0,213
1 to 50	0,126	0,212
1 to 60	0,137	0,364
1 to 70	0,114	0,193





ZETA POTENTIAL (ζ)

ATRA:TPGS	1 to 20	1 to 30	1 to 40	1 to 50	1 to 60	1 to 70
ζ	-7,2	-9,3	-12,6	-10,8	-13,2	-10,1

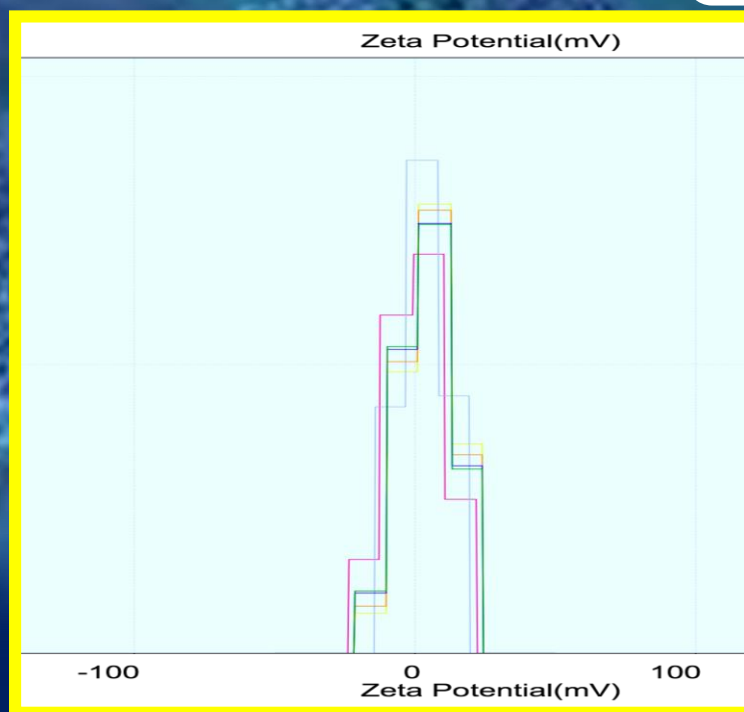
ζ (H₂O mQ)
Mean Value = -10,5 mV

↳ Shelf life

ATRA:TPGS	1 to 20	1 to 30	1 to 40	1 to 50	1 to 60	1 to 70
ζ	-0,5	5,1	-0,4	5,0	4,1	4,0

ζ (HEPES Buffer 5mM)
Mean Value = 2,9 mV

↳ Stability in vivo



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GEL PREPARATION

1

Addition of increasing amounts of Carbopol[®] 980 NF to the colloidal solution ATRA:TPGS

1:50

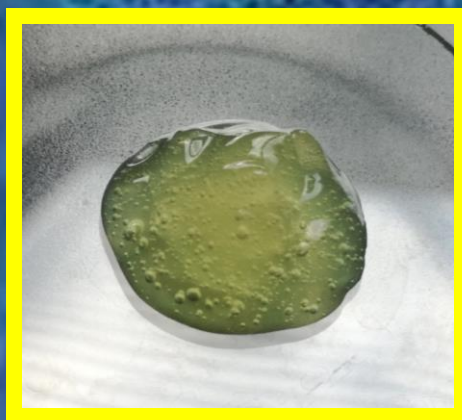
- 0,5%
- 1,0%
- 1,5%

2

Carbopol hydration for 120 min

3

Neutralization with tryethanolamine



Carbopol [®] (%)	pH
0,5 %	5,8
1,0 %	5,1
1,5 %	5,0

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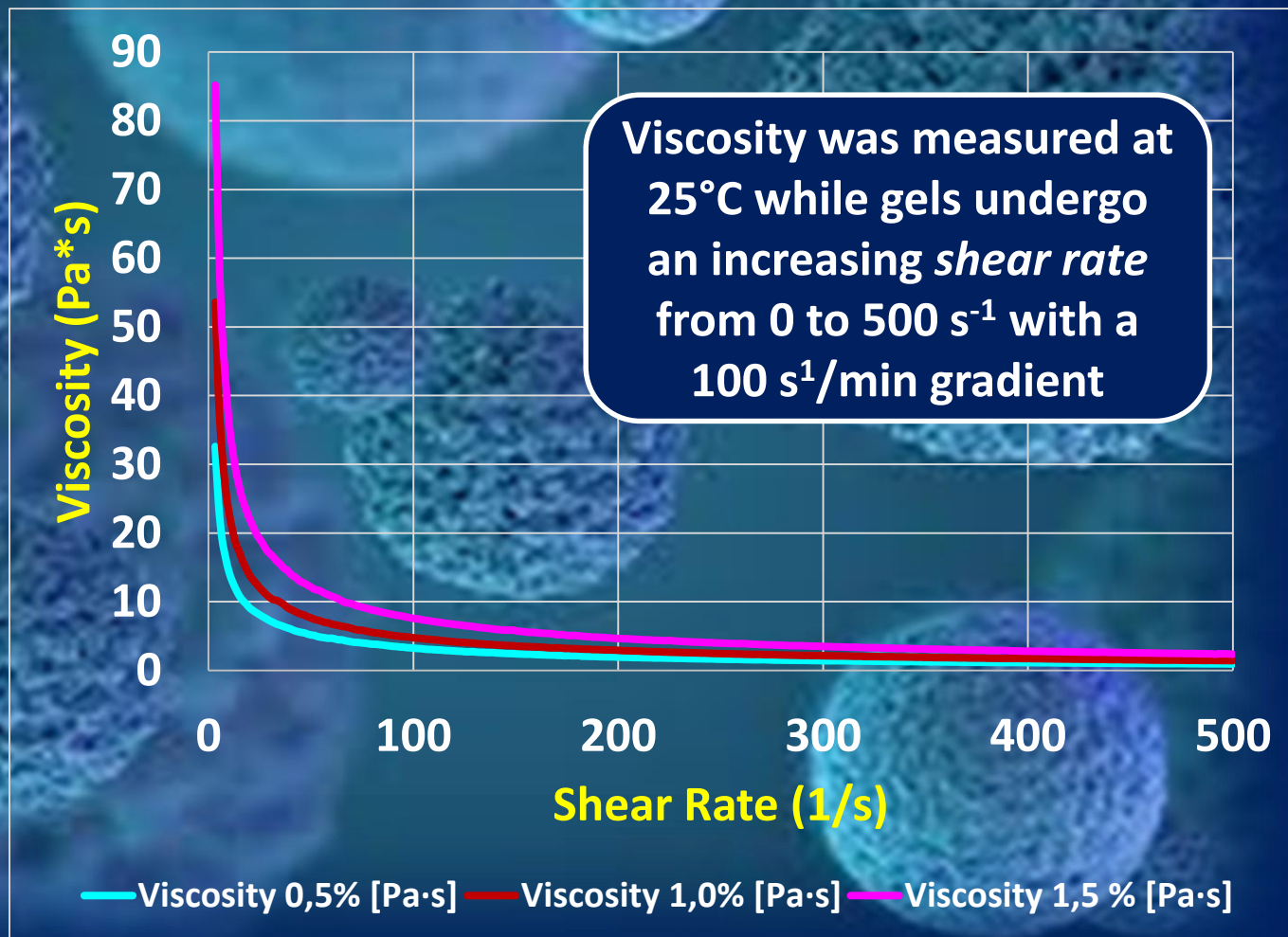


STUDY OF GELS RHEOLOGICAL PROPERTIES (1)

Viscosity varied as a function of the Shear Rate

Fluids with a SHEAR THINNING behaviour

Viscosity increased with the improvement of the concentration of the gelling agent



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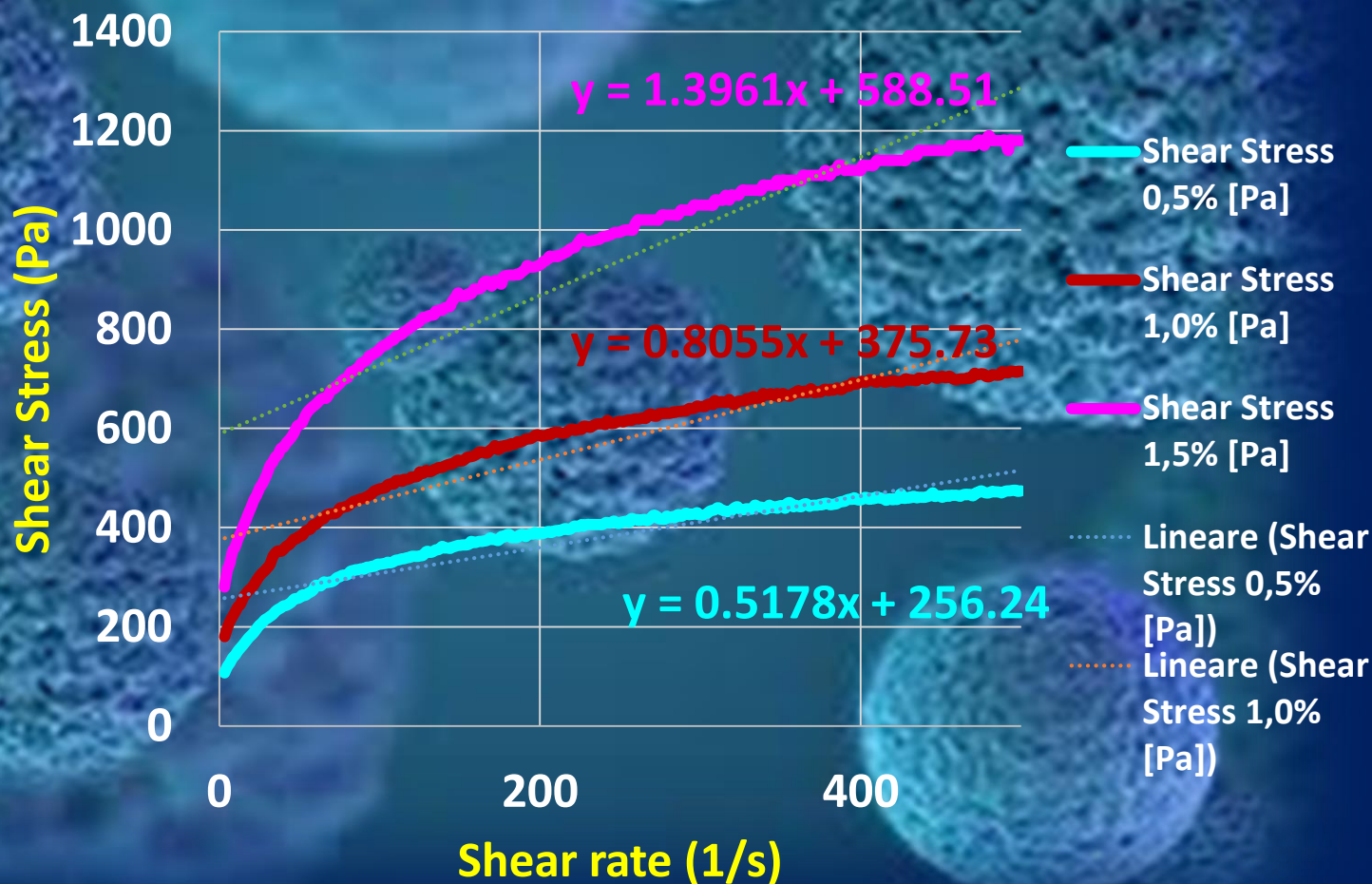
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STUDY OF THE GELS RHEOLOGICAL PROPERTIES (2)

The slip started after a certain shear stress value (yield value)

PLASTIC FLUIDS

Different Yield values on the base of the concentration of the gelling agent (Bingham Model)



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CONCLUSIONS



SOLUBILITY

ATRA solubility was increased from $6,3 \times 10^{-4}$ mM to 1,22 mM



SIZE

Micelles with low size (16-20 nm) and low polydispersity (PDI < 0,3) were achieved



STABILITY

Good stability was obtained
No aggregates or residuals formation was observed after 72 h
Materials suitable for freeze drying processes were prepared



GELS

Not Newtonian gels with plastic behaviour and isoeppidermic pH were obtained

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FUTURE PERSPECTIVE



DEGRADATION

Studies concerning ATRA stability and determination of its possible degradation products by HPLC analysis



PERMEATION

Studies concerning ATRA release and skin permeation using an in vitro model (Franz cell)



BIOACTIVITY

Studies to establish the cytotoxic effects of ATRA-loaded micelles on melanoma cells lines

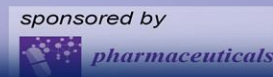




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The End
Thank you!
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