

Foods
2020

**1st International Electronic Conference
on Food Science and Functional Foods**

CYTOTOXIC EFFECT OF CHOLESTEROL METABOLITES ON HUMAN COLONIC TUMOR (CACO-2) AND NON-TUMOR (CCD-18CO) CELLS AND THEIR POTENTIAL IMPLICATION IN COLORECTAL CARCINOGENESIS

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BIONUTEST research group

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❑ INTRODUCTION

- Cholesterol metabolism by colonic microbiota
- Cholesterol metabolites and colorectal cancer

❑ OBJECTIVE

❑ MATERIAL AND METHODS

❑ RESULTS

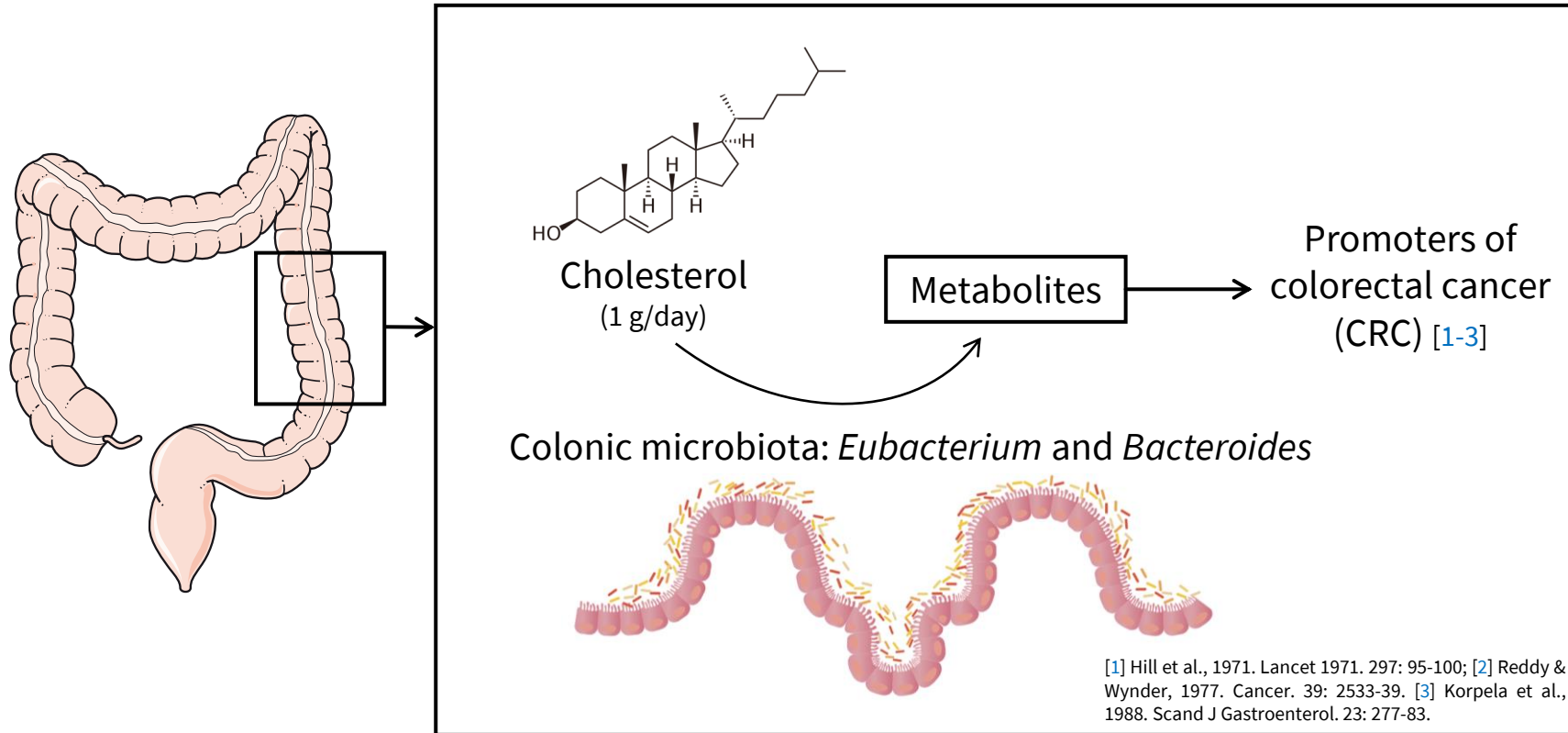
- Coprostanol
- Cholestanol
- Coprostanone
- Cholestenone
- 5-Fluorouracil

❑ DISCUSSION

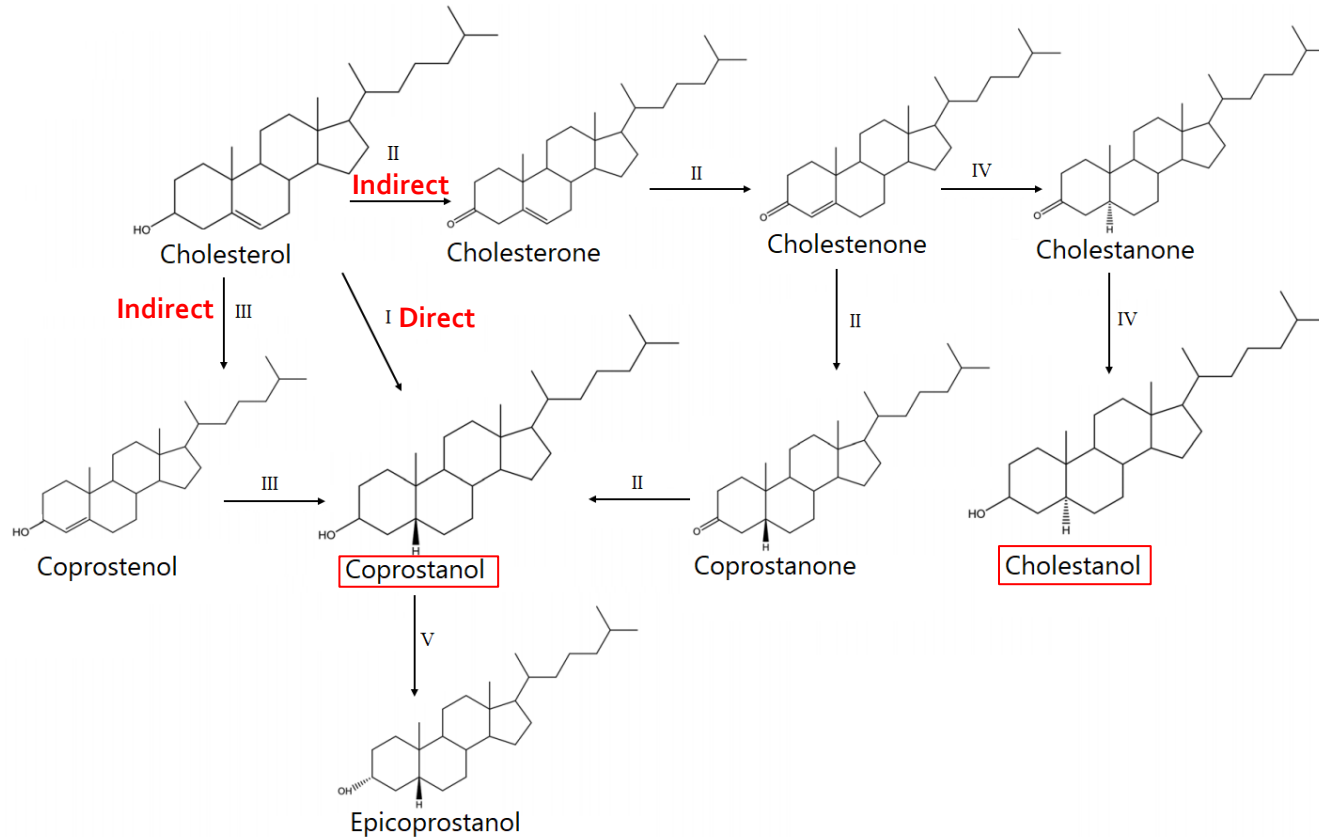
- Cytotoxicity of cholesterol metabolites
- Compensatory response
- Cell line response

❑ CONCLUSIONS

CHOLESTEROL METABOLISM BY COLONIC MICROBIOTA



CHOLESTEROL METABOLISM BY COLONIC MICROBIOTA



CHOLESTEROL METABOLITES AND COLORECTAL CANCER

Metabolite	Conditions	Fecal vs. control (mg/g dry or wet* feces)	Referencia
Coprostanol	CRC	14.2-26.4 vs. 6.8-14.7	[1-4]
	Ulcerative colitis	19.9-26.6 vs. 6.7-12.9	[5, 6]
	Adenomatous polyps	19.7 vs. 12.4	[3]
	Western diet vs. rich vegetables	3.7-6.6 vs. 1.2-1.4*	[7, 8]
Coprostanone	CRC	3.1-3.6 vs. 4.2-2.1	[3, 4]
	Ulcerative colitis	3.4 vs. 2	[6]
	Adenomatous polyps	4.2 vs. 2.1	[6]
	Western diet vs. rich vegetables	2.1-3.4 vs. 0.2-2 / 0.65 vs. 0.12*	[3, 9]/[8]
Cholestanol	CRC	0.6 vs. 0.4	[10]

[1] Reddy et al., 1975. Cancer Res. 35: 3403-06; [2] Reddy et al., 1977. Cancer. 39: 1815-19; [3] Reddy & Wynder, 1977. Cancer. 39: 2533-39; [4] Peuchant et al., 1984. Clin Chim Acta. 141:151-68; [5] Reddy et al., 1977. Cancer Res. 37: 1697-701; [6] Reddy & Wynder, 1973. J Natl Cancer Inst. 50: 1437-42; [7] van Faassen et al., 1987. Am J Clin Nutr. 45: 962-7; [8] Hill et al., 1971. Lancet. 297: 95-10; [9] Reddy et al., 1978. Cancer Lett. 4: 217-22; [10] Kanazawa et al., 1996. Cancer. 77: 1701-06.

CHOLESTEROL METABOLITES AND COLORECTAL CANCER

Animal studies

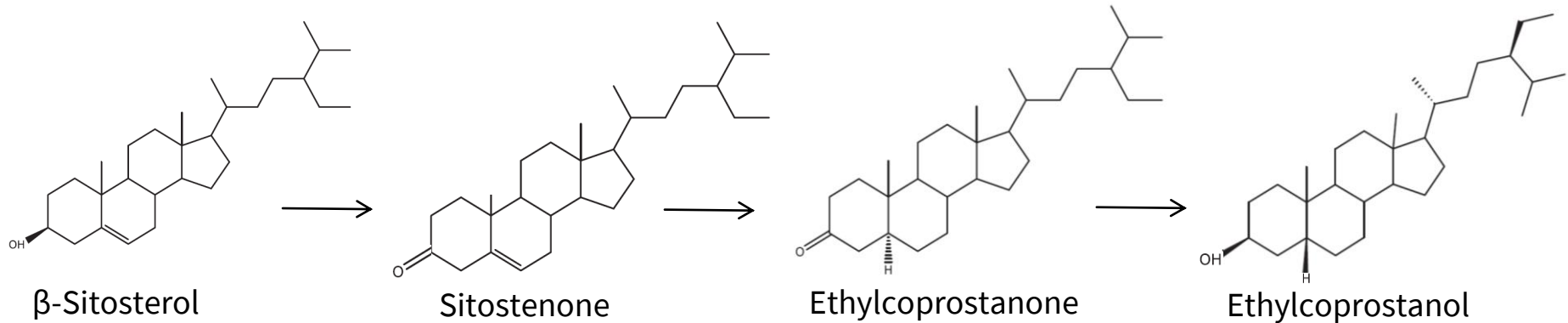
- ↓ [LDL-C], ↑ [metabolites] in feces and No. of **chemoinduced large intestine** tumors in rats with a diet rich in unsaturated fat vs. saturated fat [1]
- **Cholestanone** and **cholestenone** → nuclear aberrations in mice colonic epithelium [2]
- **Cholestenone** → sister chromatid exchange in mice colonic epithelium [3]
- ↑ Incidence of **chemoinduced large intestine** tumors in rats with a diet rich in unsaturated fat + neomycin + cholesterol (vs. basal diet) [4]
 - ↳ Inhibitor of intestinal cholesterol absorption

CHOLESTEROL METABOLITES AND COLORECTAL CANCER

Plant sterols lower the risk of CRC



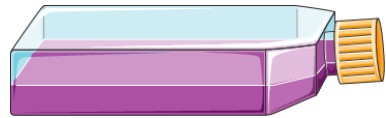
By reducing the biotransformation of cholesterol by the colonic microbiota



OBJECTIVE

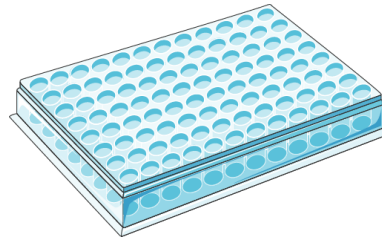
To evaluate the cytotoxic activity of the main cholesterol-derived metabolites (coprostanol, cholestanol, coprostanone, and cholestenone) at physiologically relevant concentrations on tumoral (Caco-2) and non-tumoral (CCD-18Co) human colon cells.

• CELL CULTURE AND TREATMENT



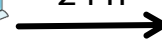
Caco-2 and CCD-18Co cells
cultured in 75 cm² Falcon
flasks

Seeded



96-well plates at
25,000 cells/well

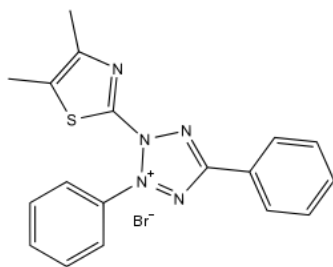
24 h



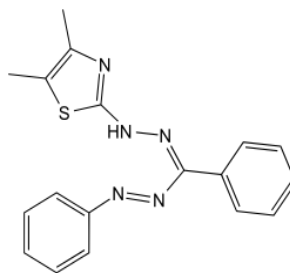
TREATMENT

- Cholesterol metabolites (commercially available)
- 9.4-300 μM [1, 2]
- 24-72 h
- D-MEM with ethanol 1.4% (v/v)
(control)
- 5-Fluorouracil (25 μM):
chemotherapeutic drug for CRC [3]

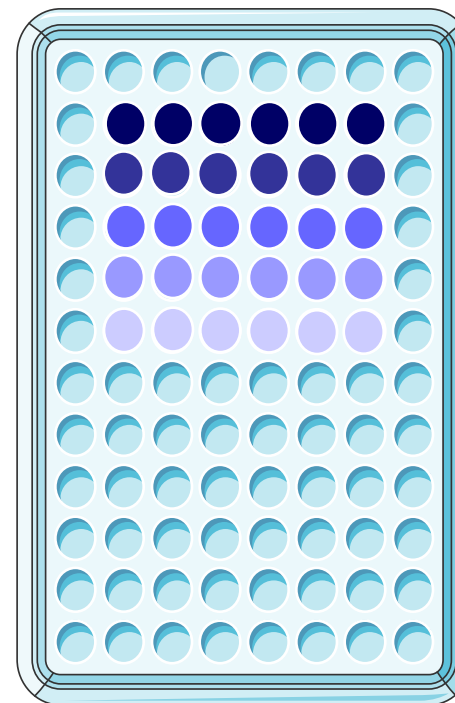
• CYTOTOXICITY ASSAY (MTT)



Mitochondrial
reductases

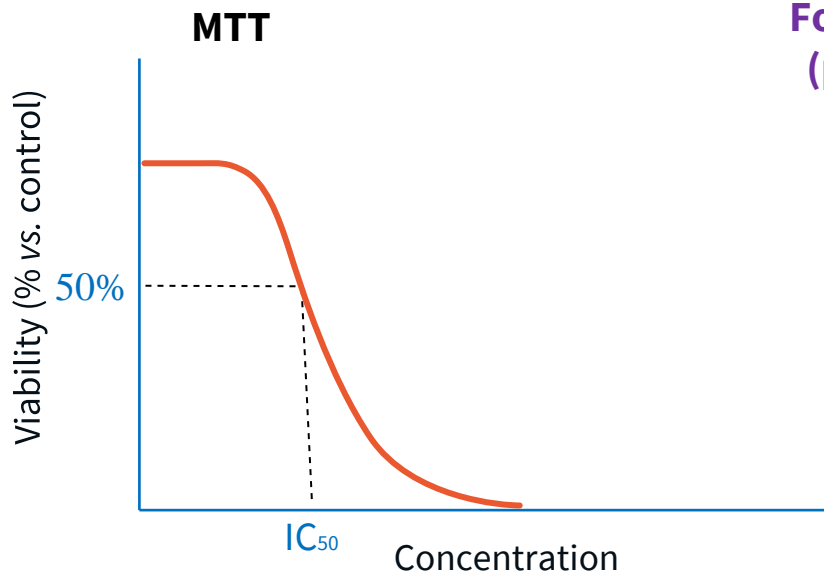


Formazan
(purple)

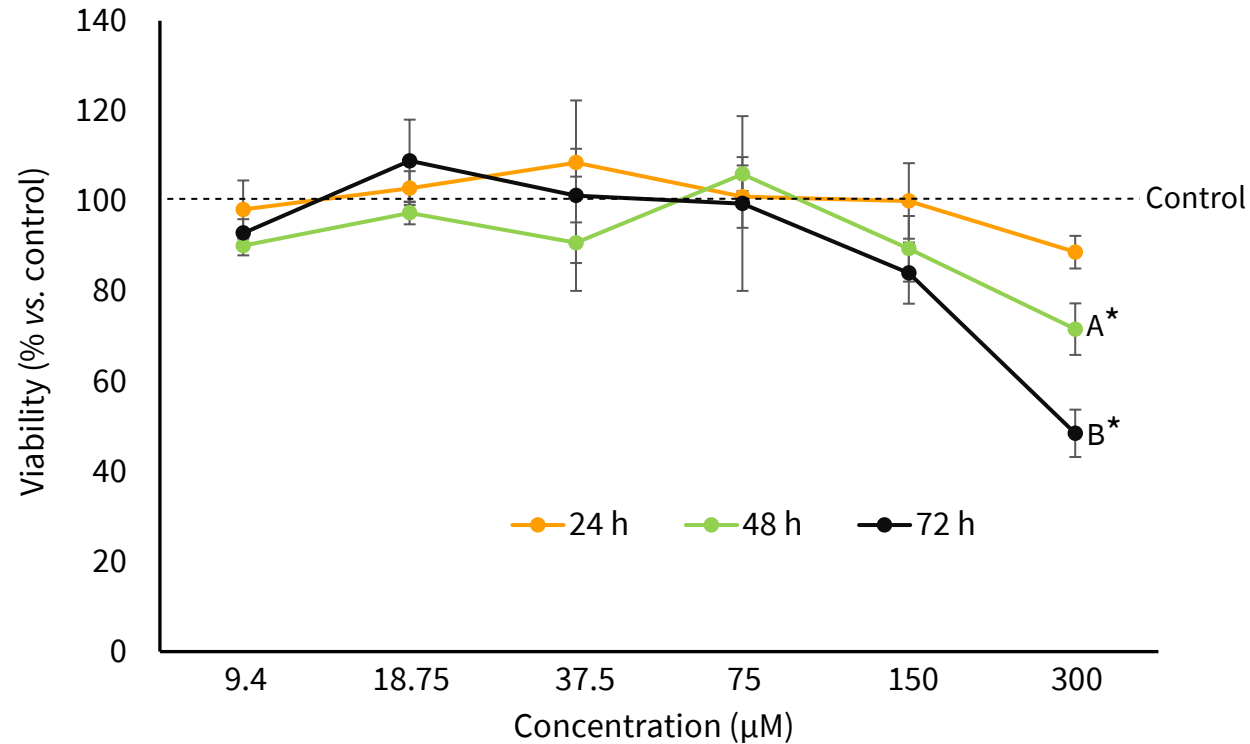


-
[Toxic]

+
↓

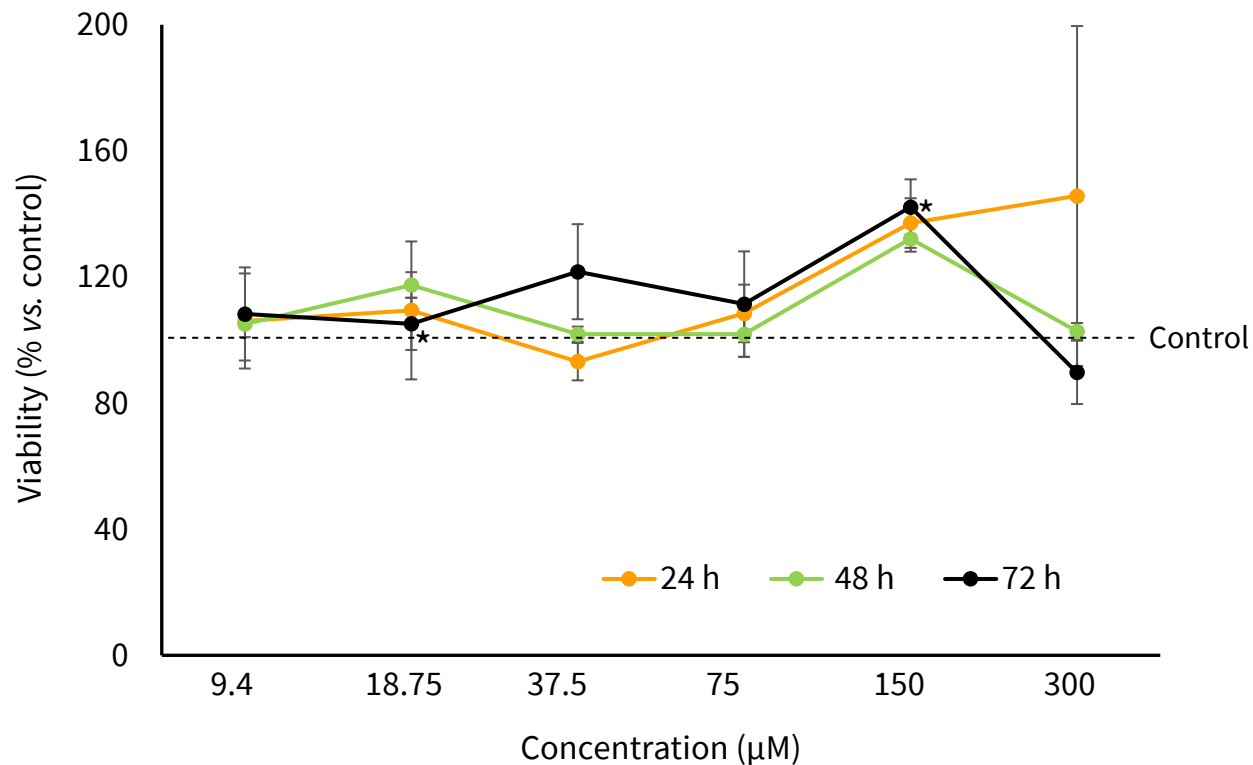


- COPROSTANOL IN CCD-18CO CELLS (NON-TUMORAL)**



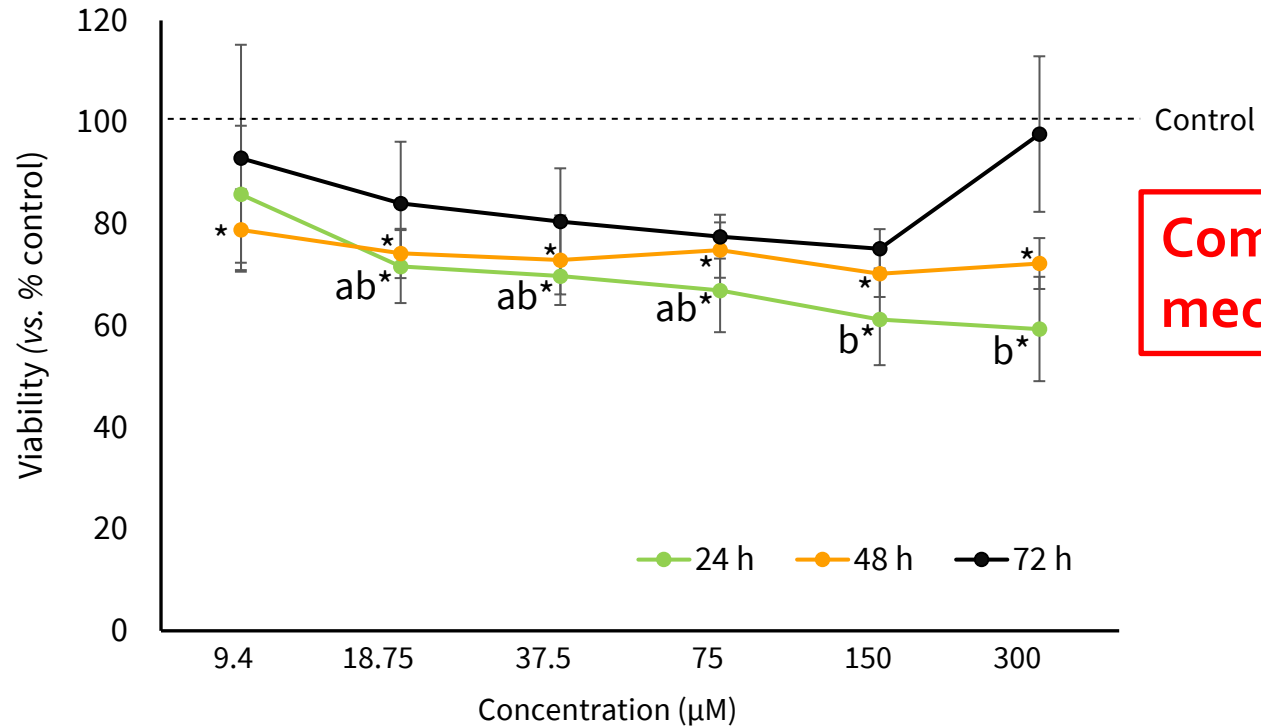
The * indicates statistically significant differences ($p < 0.05$) between the treatments and the control. Different uppercase letters (A-B) indicate statistically significant differences ($p < 0.05$) at different times at the same concentration

- COPROSTANOL IN CACO-2 CELLS (TUMORAL)**



The * indicates statistically significant differences ($p < 0.05$) between the treatments and the control

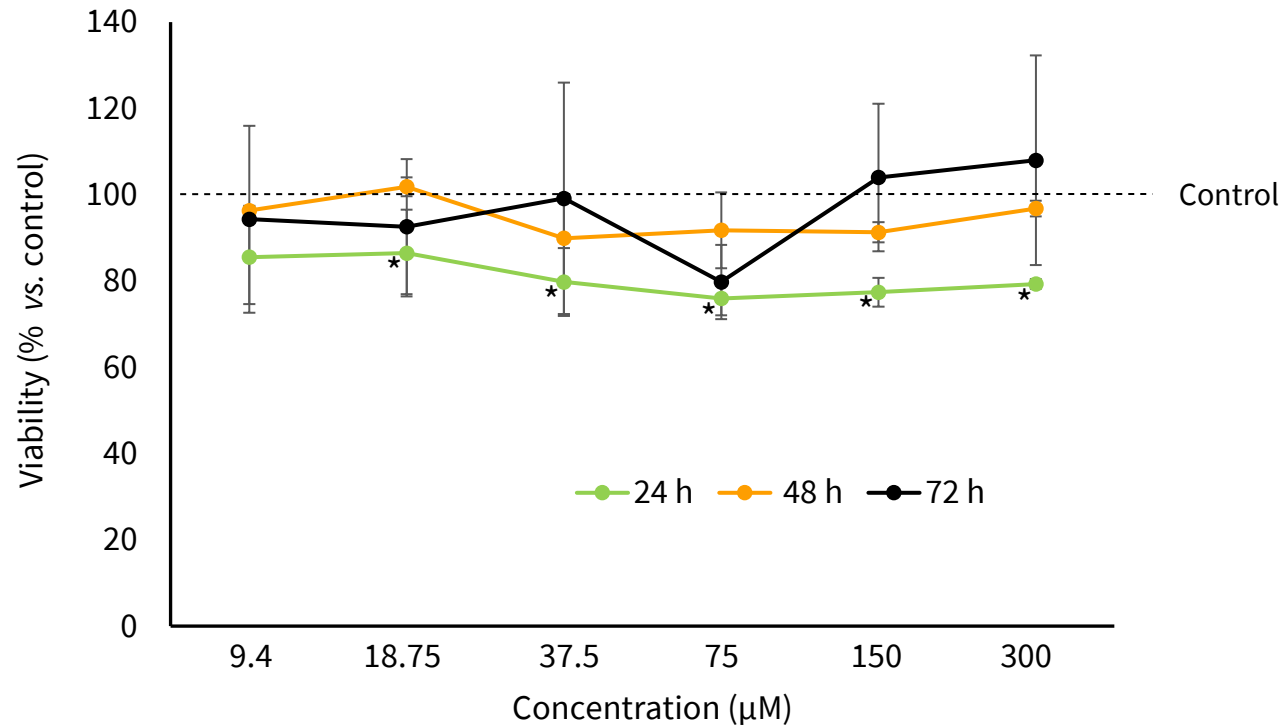
• CHOLESTANOL IN CCD-18CO CELLS (NON-TUMORAL)



Compensation mechanisms?

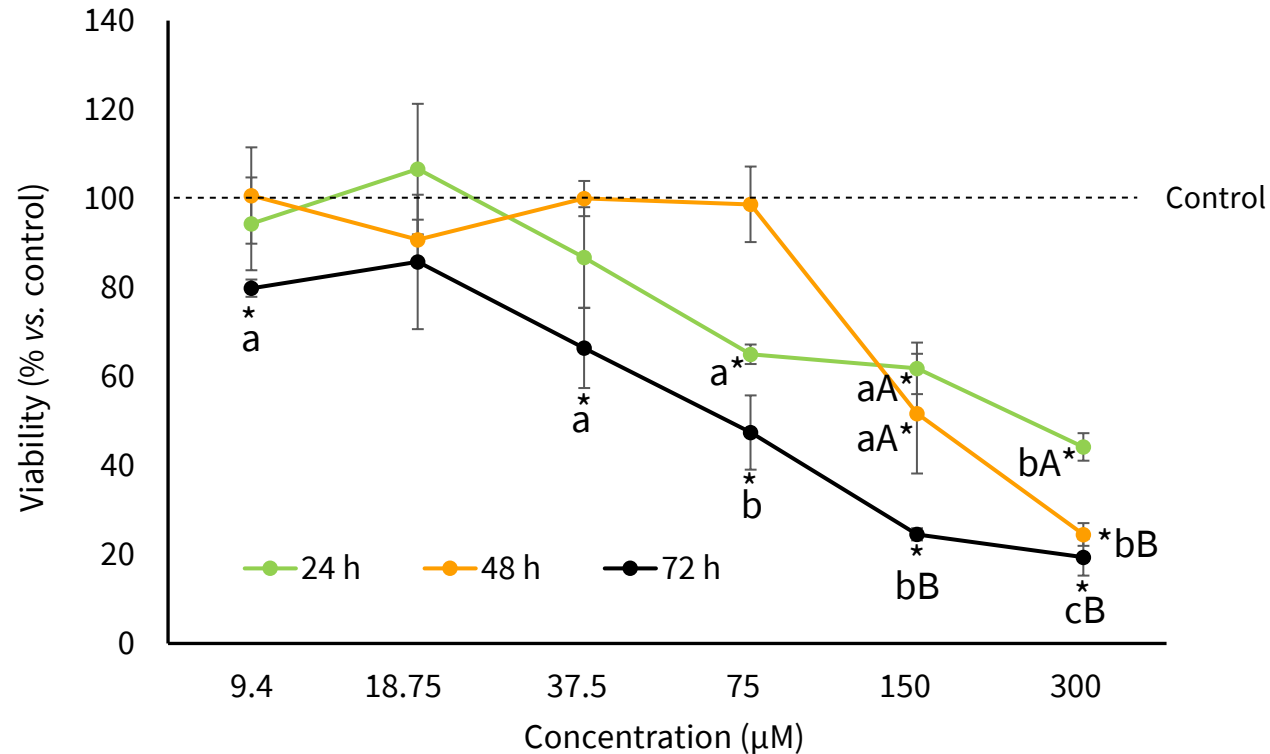
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• CHOLESTANOL IN CACO-2 CELLS (TUMORAL)



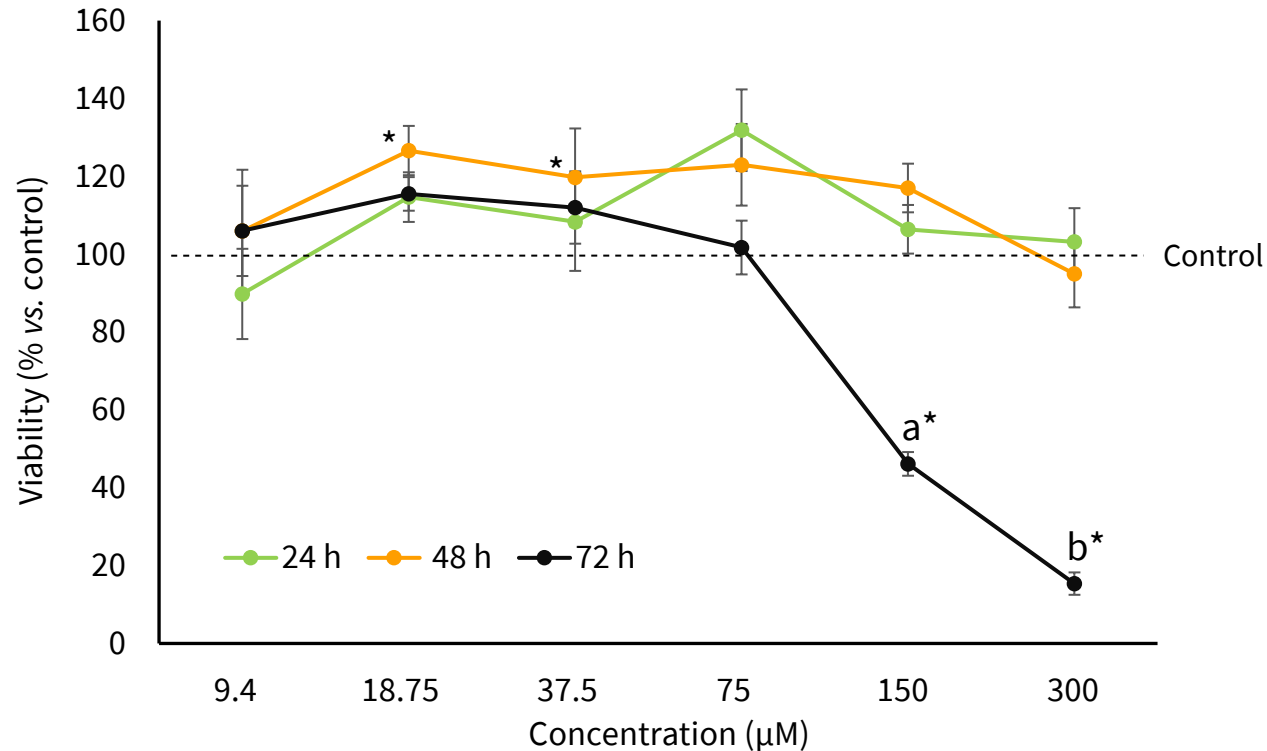
The * indicates statistically significant differences ($p < 0.05$) between the treatments and the control

• COPROSTANONE IN CCD-18CO CELLS (NON-TUMORAL)



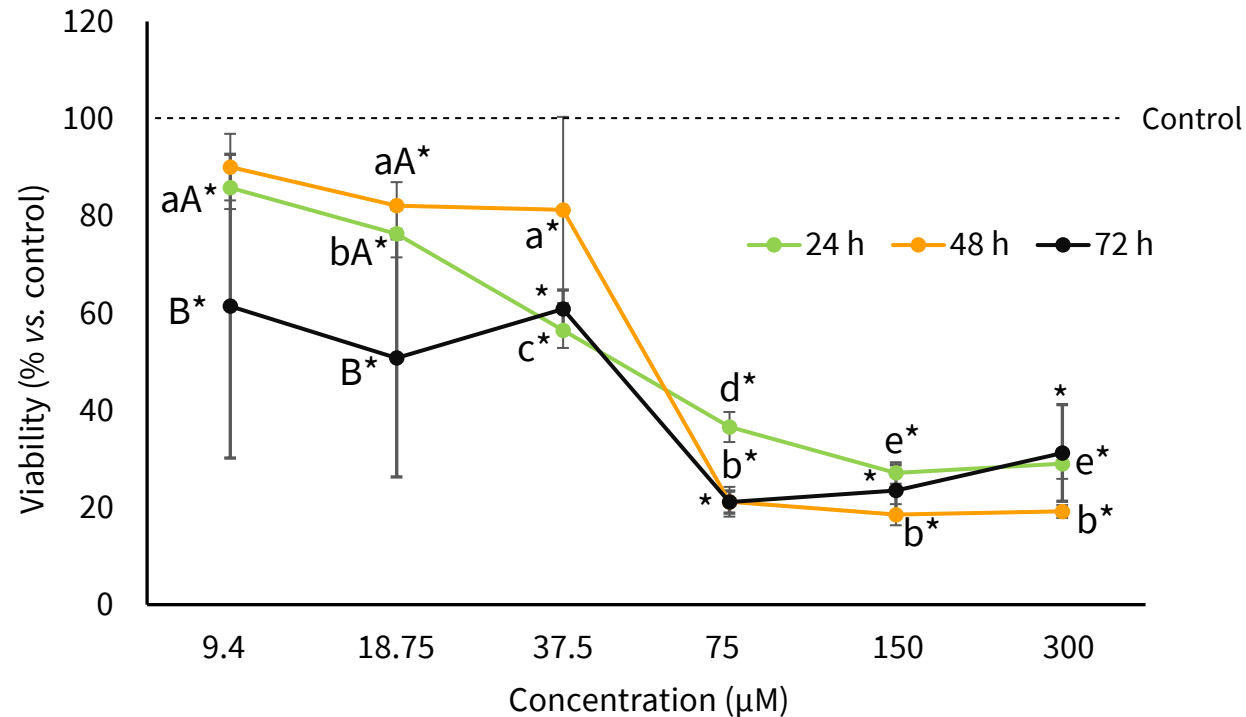
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• COPROSTANONE IN CACO-2 CELLS (TUMORAL)



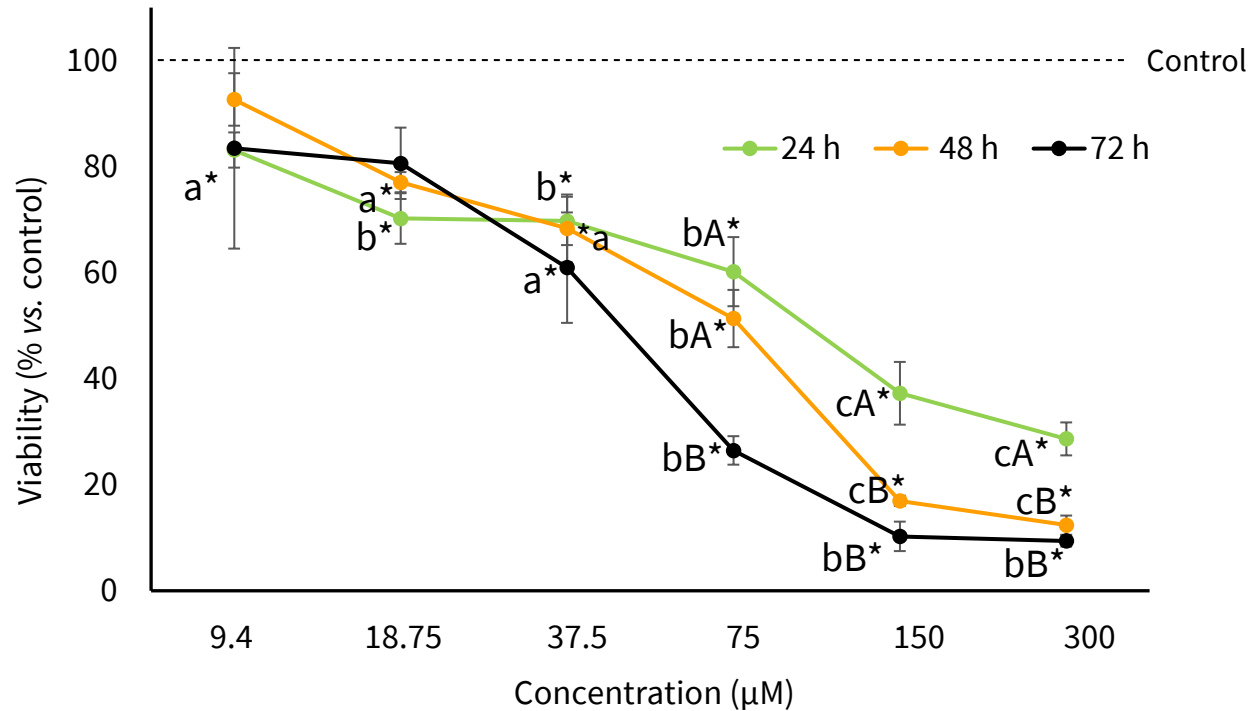
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• CHOLESTENONE IN CCD-18CO CELLS (NON-TUMORAL)



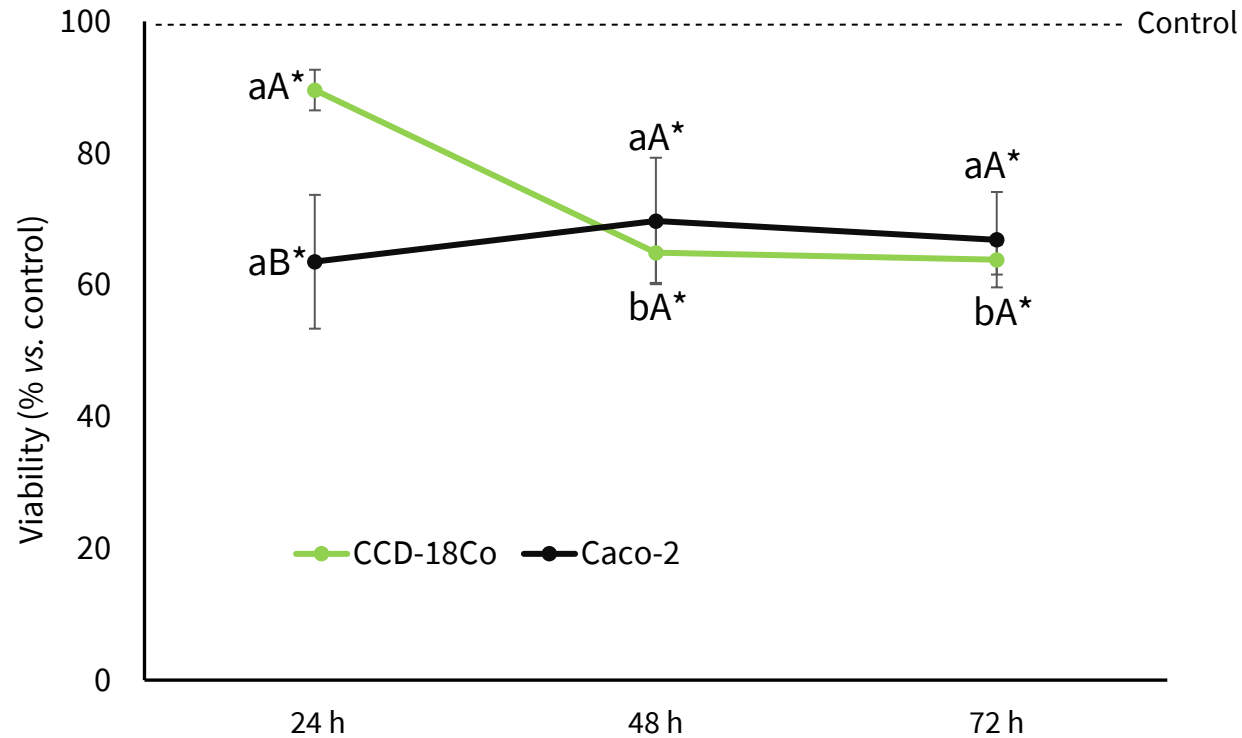
The * indicates statistically significant differences ($p < 0.05$) between the treatments and the control. Different lowercase letters (a-e) indicate statistically significant differences ($p < 0.05$) at different concentrations at the same time. Different uppercase letters (A-B) indicate statistically significant differences ($p < 0.05$) at different times at the same concentration.

• CHOLESTENONE IN CACO-2 CELLS (TUMORAL)



The * indicates statistically significant differences ($p < 0.05$) between the treatments and the control. Different lowercase letters (a-c) indicate statistically significant differences ($p < 0.05$) at different concentrations at the same time. Different uppercase letters (A-B) indicate statistically significant differences ($p < 0.05$) at different times at the same concentration.

- **5-FU (25 μ M)**



The asterisk indicates statistically significant differences ($p < 0.05$) between the treatments and the control. Different lowercase letters (a-b) indicate statistically significant differences ($p < 0.05$) between the different times for a cell line. Different uppercase letters (A-B) indicate statistically significant differences ($p < 0.05$) between the two cell lines for the same time

• CYTOTOXICITY OF CHOLESTEROL METABOLITES

		IC ₅₀ (μM)	
		CCD-18Co	Caco-2
Coprostanol	24 h	>300 ^{aA}	>300 ^{aA}
	48 h	>300 ^{aA}	>300 ^{aA}
	72 h	156 ± 17 ^{*cA}	>300 ^{aA}
Cholestanol	24 h	>300 ^{aA}	>300 ^{aA}
	48 h	>300 ^{aA}	>300 ^{aA}
	72 h	>300 ^{aB}	>300 ^{aA}
Coprostanone	24 h	59 ± 7 ^{*aB}	>300 ^{aA}
	48 h	136 ± 8 ^{*bB}	>300 ^{aA}
	72 h	41 ± 4 ^{*cC}	121 ± 7 ^{bB}
Cholestenone	24 h	27 ± 1 ^{*aC}	37 ± 4 ^{aB}
	48 h	46 ± 3 ^{bC}	50 ± 3 ^{bB}
	72 h	13 ± 3 ^{*cD}	38 ± 3 ^{aC}

The * indicates statistically significant difference (p < 0.05) vs. Caco-2 in the same time. Different lowercase letters (a-c) indicate statistically significant differences (p < 0.05) at different times for the same metabolite and cell line. Different uppercase letters (A-D) indicate statistically significant differences (p < 0.05) in different metabolites for the same time and cell line.

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The most cytotoxic

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The most vulnerable ←

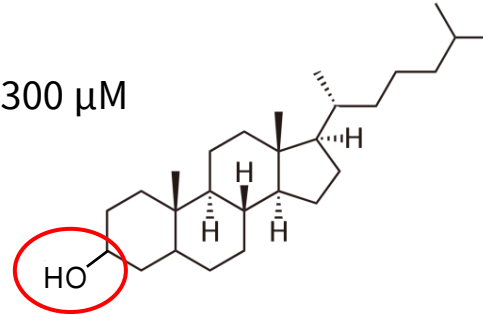
The most cytotoxic {

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• CYTOTOXICITY OF CHOLESTEROL METABOLITES

Coprostanol and cholestanol: $IC_{50} > 300 \mu M$

Low uptake by the colonocyte



Equatorial
Position

Cholestenone and coprostanone → Relationship between hydrophobicity and cytotoxicity

The most cytotoxic: IC_{50} (CCD-18Co - 72 h): $5 \pm 1 \mu g / mL$

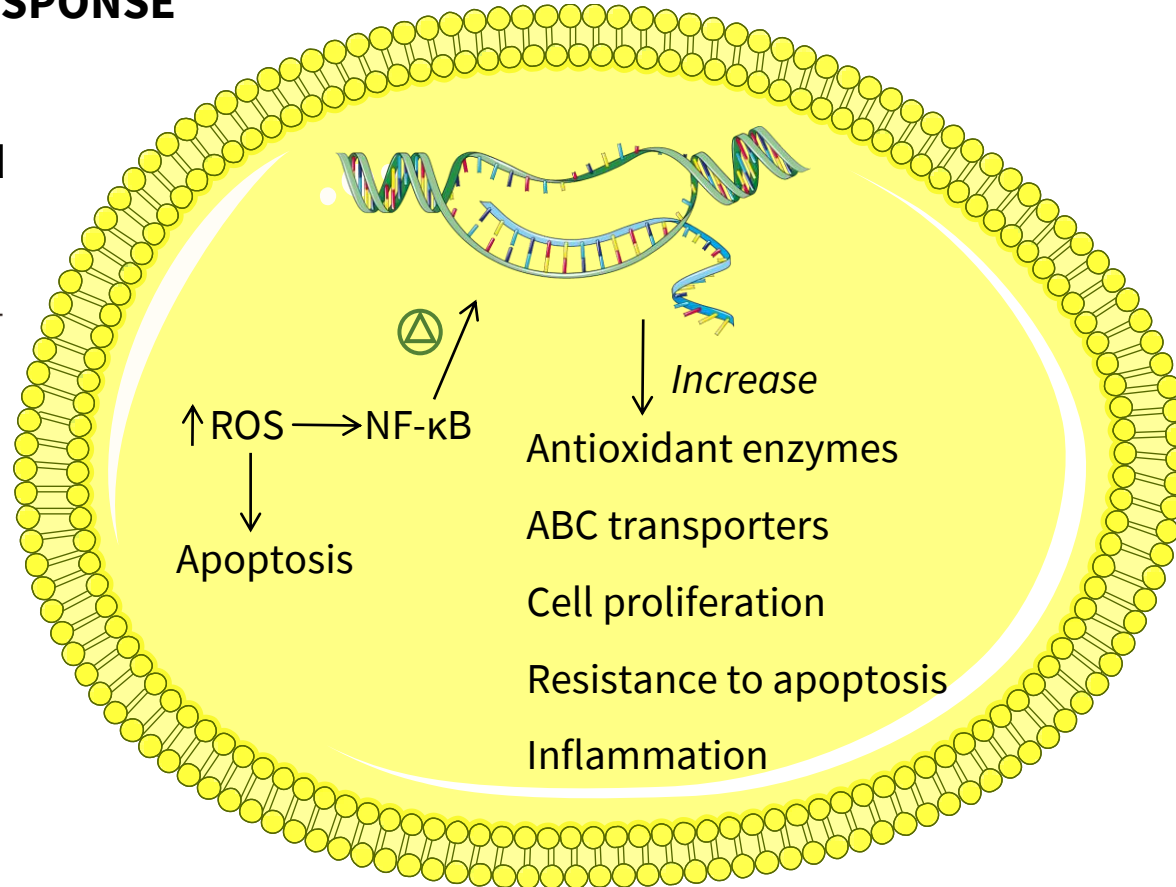
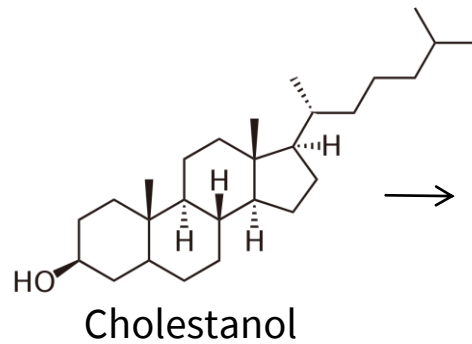
Accepted cytotoxic values
 IC_{50} (48-72 h) $< 4 \mu g / mL$ [1]

Nuclear aberrations [2] and sister chromatid exchange [3] in the colon of mice

The metabolite with the greatest capacity to promote CRC

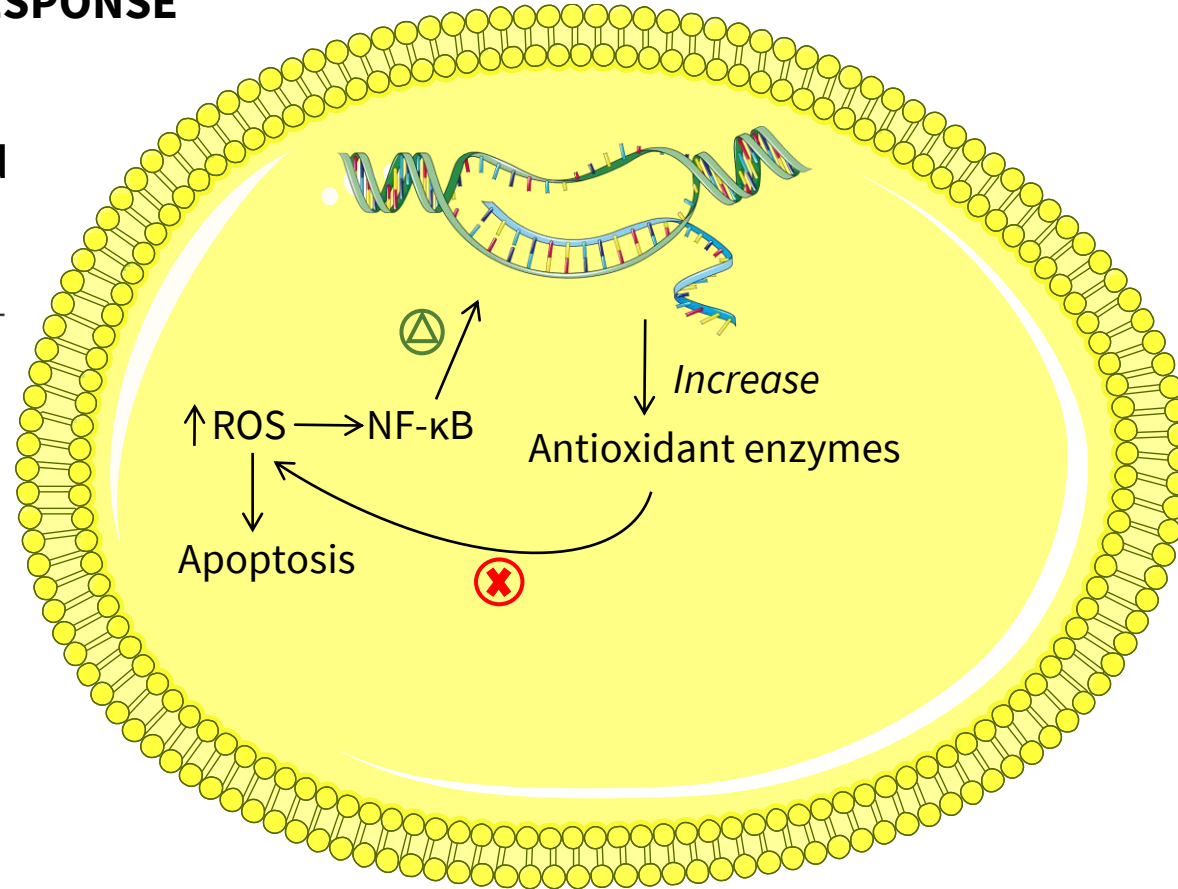
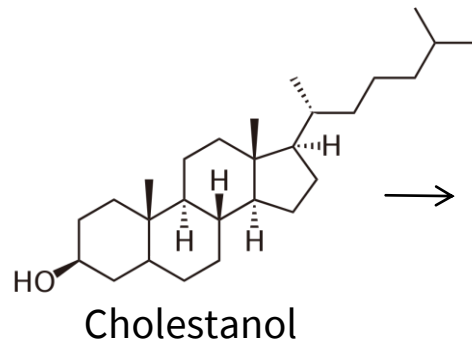
• COMPENSATORY RESPONSE

Secondary bile acid
mimetic action?



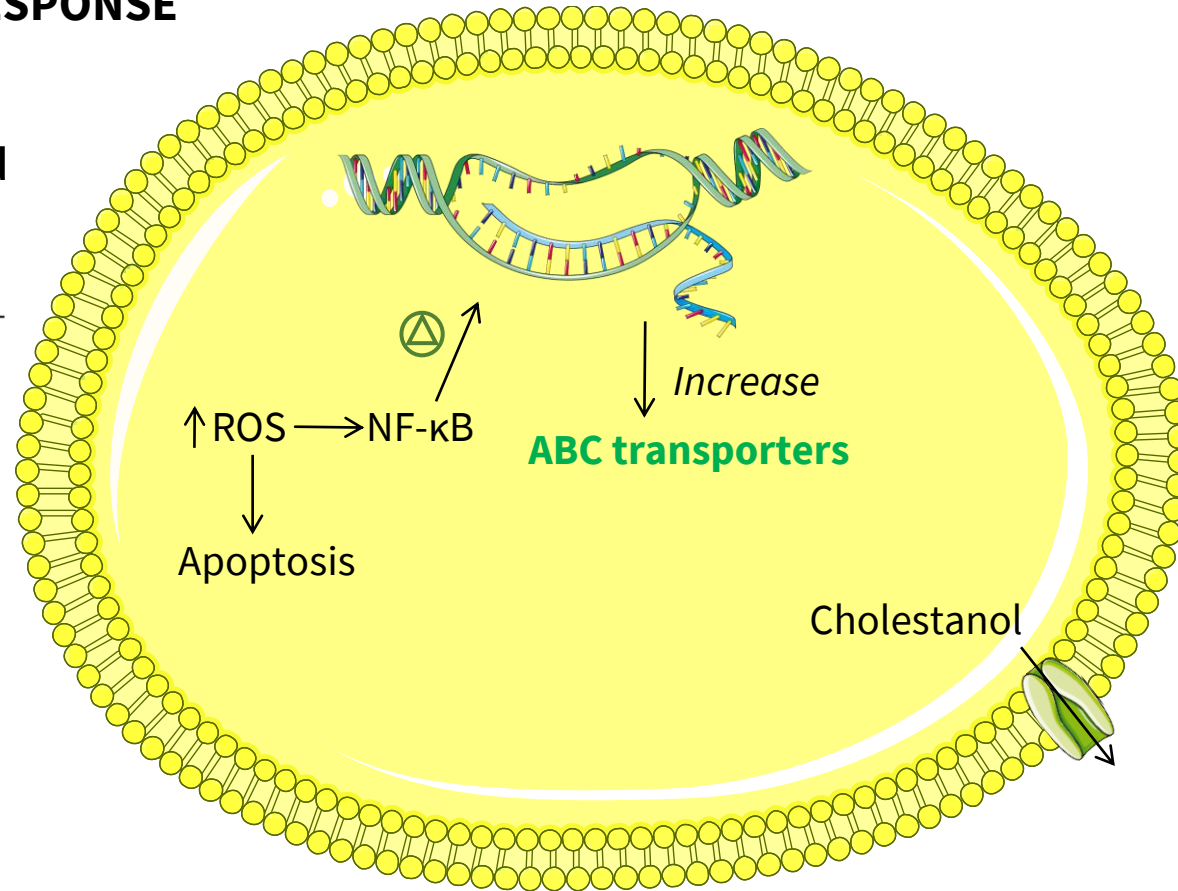
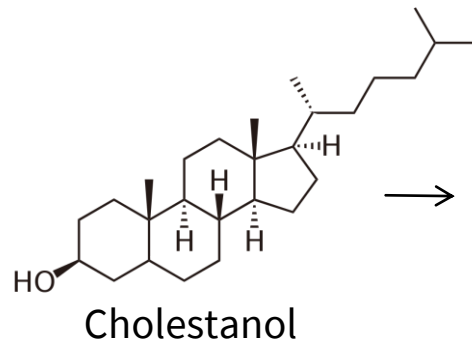
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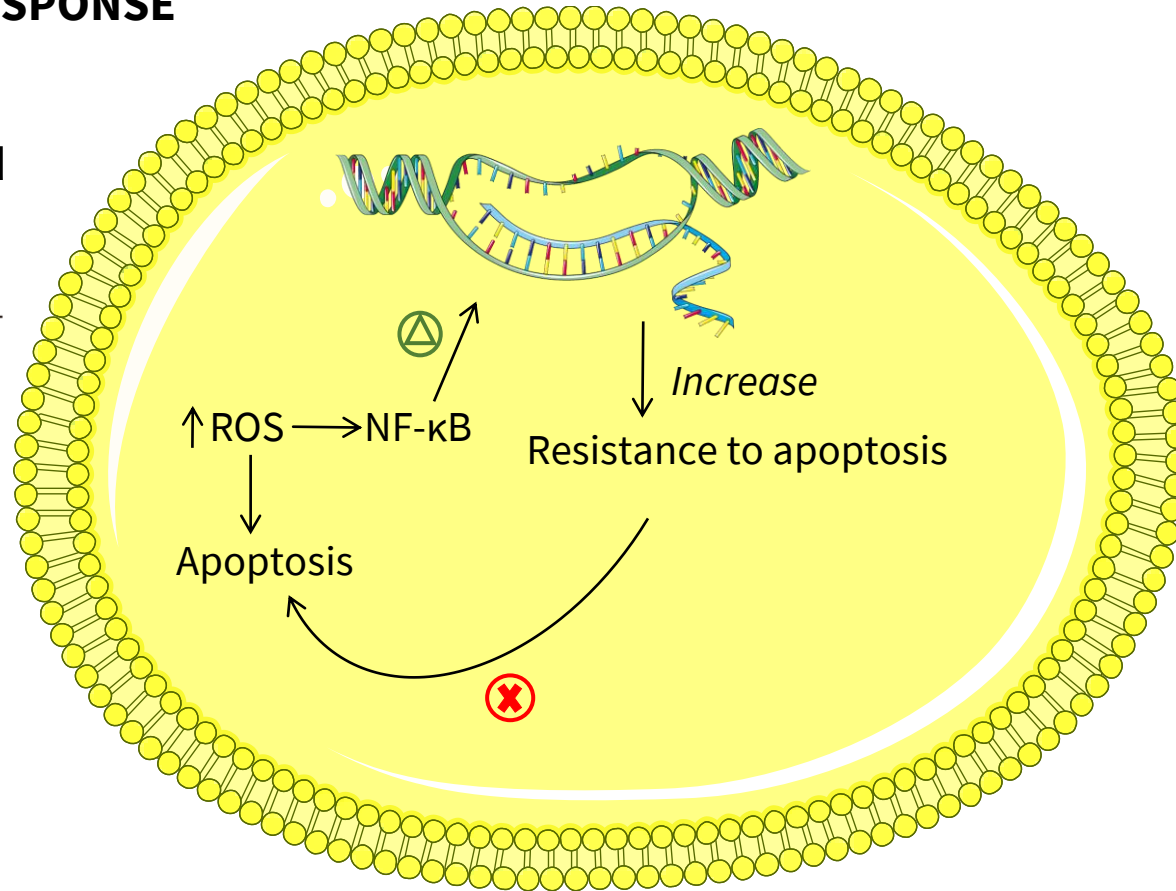
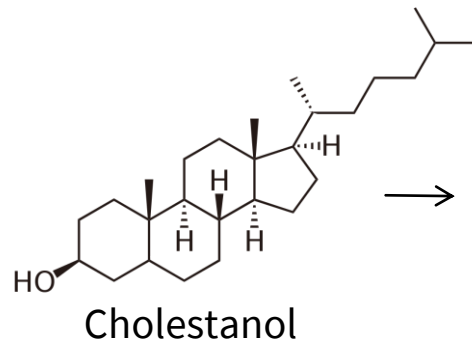
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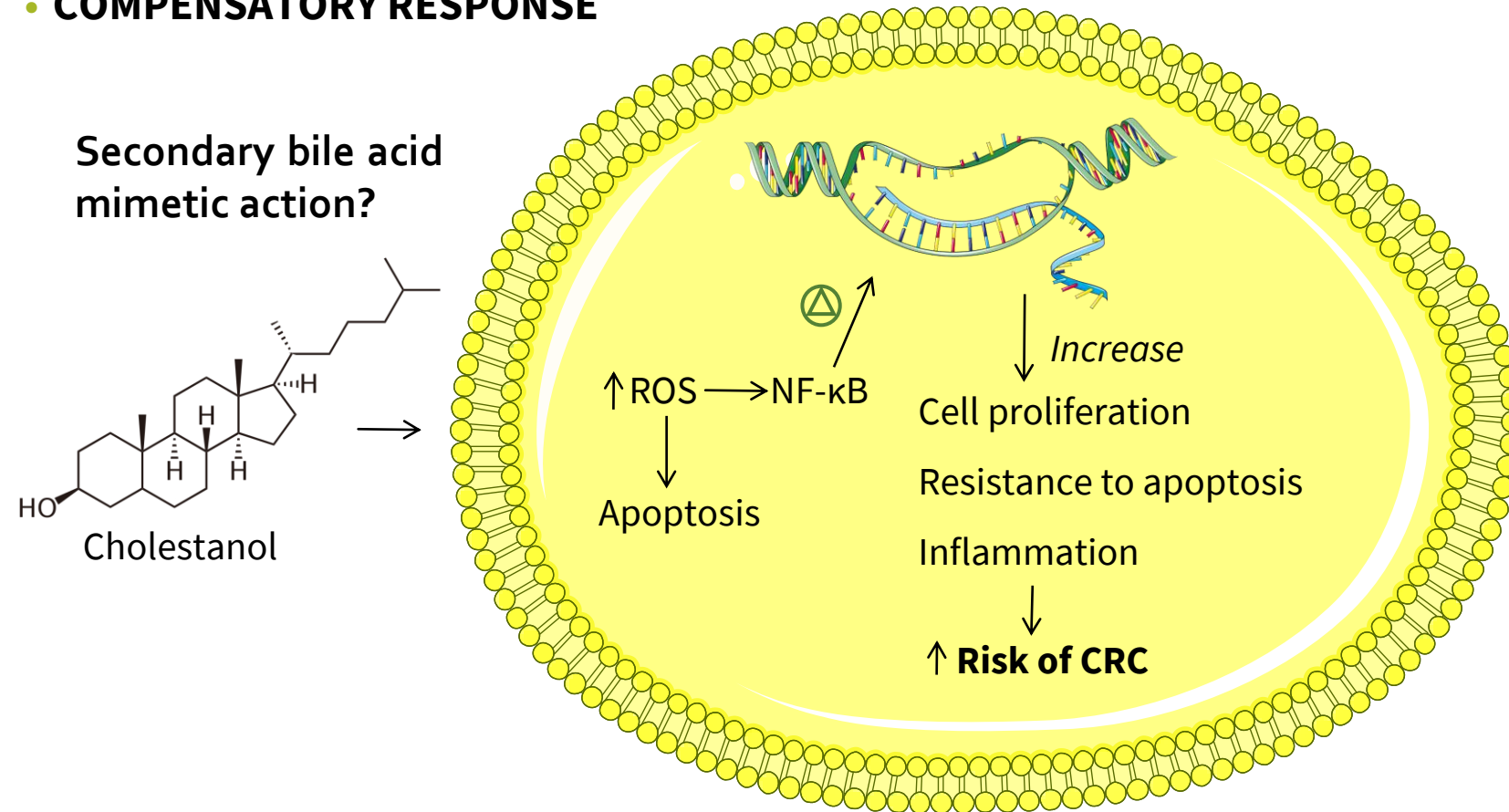


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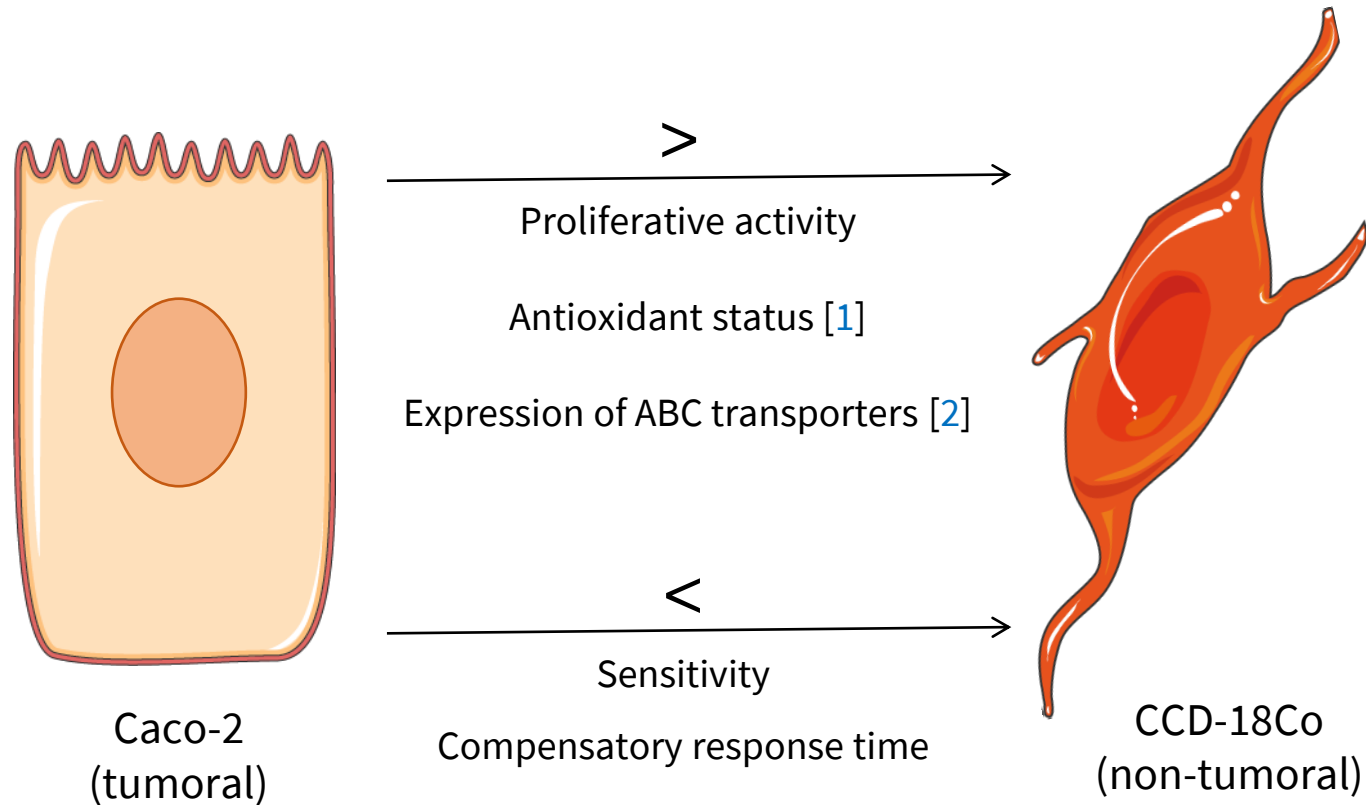
Secondary bile acid
mimetic action?



• COMPENSATORY RESPONSE



- CELL LINE RESPONSE

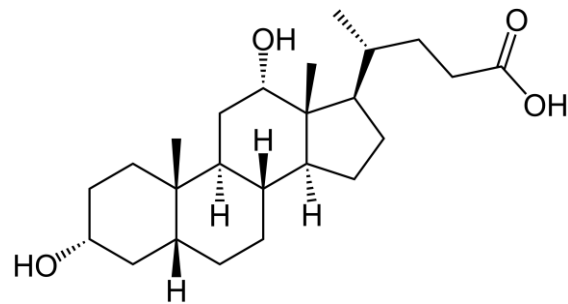


• LIMITATIONS OF STUDY

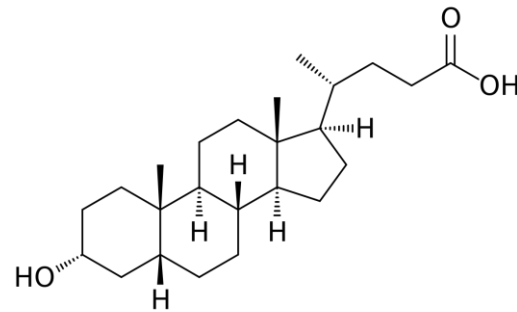
- Preliminary study → A greater number of analytical repetitions is needed
- Molecular mechanisms have not been studied → Cell death and cell cycle progression
- **Hypothesis on compensatory response** and cellular sensitivity without experimental support

↓ Based

Structural similarity to secondary bile acids (same activity?)



Deoxycholic acid



Lithocholic acid

1. Metabolites produced by intestinal bacteria from cholesterol, mainly those of a hydrophobic nature (cholestenone and coprostanone), could be involved in colorectal carcinogenesis through their cytotoxic activity.
2. Further studies are needed to determine the molecular mechanisms that mediate the cytotoxicity of cholesterol metabolites, and to define the selectivity of this effect.
3. The study of pathways involved in the compensatory response is needed, since this could contribute to the development of CRC.

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THANKS FOR YOUR ATTENTION

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