

1 *Conference Proceedings Paper*

2 **Projecting Northern Hemisphere Flow Regime** 3 **Transitions: The Use of Integrated Enstrophy**

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8 Received: 10 November 2020; Accepted: date; Published: date

9 **Abstract:** Integrated enstrophy (IE) is the square of vorticity integrated over an entire hemisphere
10 at a particular level in the atmosphere. Previous work has shown this quantity is correlated to the
11 positive Lyapunov Exponent for hemispheric flow, and as such is a measure of flow stability or
12 predictability. In this study, IE is calculated at 500-hPa over an area that encompasses 0° to 70°
13 in the Northern Hemisphere. The data sets used were the 500-hPa initial and forecast fields for the
14 Global Ensemble Forecasting System (GEFS) (on a 1o x 1o latitude-longitude grid) provided by the
15 National Oceanic and Atmospheric Administration (NOAA) Weather Prediction Center (WPC) and
16 the National Centers for Environmental Prediction / NOAA reanalyses (on a 2.5o x 2.5o latitude-
17 longitude grid) archived in Boulder, CO. The GEFS forecast fields were provided every 24-h out to
18 240-h. By examining these forecasts over a year, it was found here that significant changes in IE
19 values are a good predictor of flow regime transition, and several cases were found. We also found
20 that the IE forecasts identified these regime transitions reliably out to about four days, however, the
21 probability of detection and the skill decreased significantly after this time. Additionally, this work
22 demonstrates that the changes in large-scale flow identified by IE can also signal large changes in
23 the local weather and climate conditions.

24 **Keywords:** keyword 1; Integrated Enstrophy; weather prediction; models; dynamics; verification.

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