

# Development of Intranasal Chitosan-Based Drug Delivery Containing Meloxicam †

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**Abstract:** Chitosan is getting growing attention to increase the bioavailability of active pharmaceutical ingredients (APIs) and achieve controlled drug delivery. Through the nasal epithelium, the API absorption is rapid, which is beneficial in relieving acute pain, so intranasally administered meloxicam (MEL) could attain a rapid analgesic effect. The aims of our work were to develop spray-dried cross-linked and non-cross-linked chitosan-based drug delivery systems administrated for the intranasal route, and to optimize the spray-drying process parameters and the composition. The appropriate process parameters (inlet air temperature, pump rate) were determined based on the particle size distribution and morphology of drug-free chitosan particles. MEL-containing samples were prepared using different amounts of sodium tripolyphosphate (TPP). The micrometric properties, structural characterization and *in vitro* drug release were studied. Spray drying resulted in micronized chitosan particles regardless of the process parameters. The particle size of API-containing samples suited the requirements of intranasal powders, showed nearly spherical habit and MEL was present in a molecularly dispersed state in them. The highest MEL amount dissolved from the non-cross-linked MEL-containing sample. Our results indicate that spray-dried MEL-containing chitosan microparticles may be recommended for the development of a novel drug delivery system to decrease acute pain or enhance analgesia.

**Keywords:** chitosan; nasal meloxicam; microparticles; spray drying; sodium tripolyphosphate

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## 1. Introduction

In the last decades, polymer-based drug delivery systems have received great attention, as they are suitable for increasing the bioavailability of compounds with poor water solubility. The active pharmaceutical ingredient (API) is often molecularly dispersed in them, which results in faster drug dissolution and absorption [1].

Chitosan is a semi-synthetic cationic polymer, that is biocompatible and is capable of enhancing permeation because of its interaction between the proteins that are associated with the epithelial tight junctions [2]. Chitosan has mucoadhesive properties as well. It forms an ionic bond with the negatively charged surface of the mucus, which can be very useful in the case of nasal drug administration because as a result of the rapid mucociliary clearance, the residence time of the API is short in the nasal cavity [3,4]. Due to its advantageous properties, it is getting growing attention in pharmaceutical technology studies as a matrix-forming material for controlled drug-delivering [5].

Nasal mucosa as an alternative drug delivery route has many therapeutic advantages: because of the large surface and high vascularization of the epithelium, drug absorption is rapid, and it avoids the first-pass hepatic metabolism. It also provides an opportunity to deliver API to the

systemic circulation or the central nervous system in a non-invasive, painless way, and the sterility of the preparations is not required. The use of powder-based formulations in the nasal cavity is more preferred than liquid ones, since—according to the mucociliary clearance- they get cleared slower from the nasal cavity and their physical stability is also better [6].

Meloxicam (MEL) is a nonsteroidal anti-inflammatory poorly water-soluble drug which could be administered intranasally in order to attain an analgesic effect. WHO (World Health Organization) developed the model to guide the management of different pain. NSAIDs are recommended for acute pain therapy or are co-administered with other pain killer as adjuvants to enhance analgesia [7].

The aim of this work was to prepare spray-dried drug-free chitosan particles while optimizing the process parameters and meloxicam-containing particles to determine the appropriate composition of the formulation including the determination of the right amount of cross-linking agent (sodium tripolyphosphate, TPP) to develop a drug delivery system which is suitable for application in the pain therapy.

## 2. Experiments

### 2.1. Materials

Meloxicam (MEL) was from EGIS Ltd. (Budapest, Hungary). Low molecular weight chitosan was obtained from Sigma Aldrich (Sigma Aldrich Co. LLC, St. Louis, MO, USA), TPP was purchased from Alfa Aesar Co. (Alfa Aesar GmbH & Co. KG, Karlsruhe, Germany). Dimethyl sulfoxide was from VWR Chemicals BDH Prolabo and Acetic acid was from Molar Chemicals Ltd. (Budapest, Hungary).

### 2.2. Methods

#### 2.2.1. Preparation of Spray-Dried Products

For optimizing the process parameters, 1% chitosan solution was prepared by using 1% acetic acid solution as solvent. It was spray-dried using Büchi Mini Dryer B-191 (Switzerland). Inlet air temperature and pump rate were varied between 90, 120 and 150 °C and 5, 10 and 15 mL/min (Table 1). Aspirator capacity was 75%. Hereinafter, to optimize the composition of the formulation, 3.75 mL 4% MEL solution using dimethyl sulfoxide (DMSO) as solvent was emulsified with 50 mL of 1% chitosan solution containing either 0, 1 or 2 mL of 1% aqueous solution of TPP (Table 2).

**Table 1.** Spray-drying process parameters.

<b>Inlet air temperature [°C]</b>	90	120	150
<b>Pump rate [mL/min]</b>	5	10	15

**Table 2.** Composition of solutions for spray-drying.

<b>1% chitosan solution [mL]</b>	50	50	50	50	50	50
<b>1% aqueous TPP solution [mL]</b>	-	1	2	-	1	2
<b>4% MEL-DMSO-solution [mL]</b>	-	-	-	3.75	3.75	3.75

#### 2.2.2. Size Distribution by Laser Diffraction

The volume particle-size distribution was measured by laser diffraction (Malvern Mastersizer Sirocco 2000, Malvern Instruments Ltd., UK). Approximately 1 g of spray-dried product was tested in one measurement, and 3 parallel measurements were made each time at 3 bar pressure and 75% frequency measurement parameters. D10, D50 and D90 were determined, these show the maximum diameter of the particles below which 10, 50 and 90% of the sample volume exists.

### 2.2.3. Scanning Electron Microscopy (SEM)

To examine the shape and surface characteristics of the samples, SEM (Hitachi S4700, Hitachi Scientific Ltd., Tokyo, Japan) was used. Under an argon atmosphere, the samples were coated with gold–palladium by using a sputter coating apparatus in a high-vacuum evaporator. The air pressure was 1.3–13 Mpa and the samples were examined at 15 kV and 10  $\mu$ A.

### 2.2.4. Differential Scanning Calorimetry (DSC)

The thermal analysis of the samples were carried out with a Mettler Toledo DSC 821e (Germany) system with the STARe program V9.1 (Mettler Inc., Schwerzenbach, Switzerland). Approximately 2–5 mg of samples were examined in the temperature range between 25 °C and 300 °C. The heating rate was set to 10 °C·min<sup>-1</sup>. Argon was used as carrier gas at a flow rate of 10 L·h<sup>-1</sup> during the DSC investigation. Physical mixtures of chitosan, MEL and TPP in the same mass ratio as used to prepare the spray-dried products were applied as control samples. The components were mixed in a Turbula mixer (Turbula WAB, Systems Schatz, Switzerland) at 50 rpm for 10 min.

### 2.2.5. X-ray Powder Diffraction (XRPD)

The physical state of the MEL in the different samples were evaluated by XRPD with a Bruker D8 Advance diffractometer (Bruker AXS GmbH, Karlsruhe, Germany) system, where the tube anode was Cu with  $K\alpha = 1.5406 \text{ \AA}$ . The samples were scanned with a tube voltage of 40 kV and a tube current of 40 mA. The instrument was calibrated by using Si. Physical mixtures of chitosan, MEL and TPP in the same mass ratio as used to prepare the spray-dried products were applied as control samples, prepared as before.

### 2.2.6. In Vitro Dissolution

The dissolution of MEL was determined according to the European Pharmacopoeia (6th Edition) paddle method (USP dissolution apparatus, type II Pharma Test, Heinburg, Germany). 100 mg samples were dispersed in 50 mL of phosphate buffer solution (pH 5.6  $\pm$  0.1) at 30  $\pm$  0.5 °C, used as a dissolution medium and the rotation speed of the paddles was 100 rpm. At predetermined intervals, the amount of dissolved MEL was determined by spectrophotometry (UNICAM UV/Vis Spectrometer, Germany) at 364 nm.

## 3. Results

### 3.1. Particle Size Distribution

The aim was the spray drying process to be as cost-effective and fast as possible during the sample preparation. Since, the inlet air temperature and pump rate did not have an effect on the size distributions of chitosan particles and they met the size criterion of nasal powders (<40  $\mu$ m) [8] (Table 3), we chose the mild 90 °C inlet air temperature and the relatively quick 10 mL/min pump rate to prepare the MEL- and TPP-containing particles. TPP on its own did not have an effect on the sizes of chitosan particles however, in case of the MEL-containing particles, size increasing was noticeable especially when 2 mL of TPP-solution was added. Overall, the particle size of every sample suited the requirements (<40  $\mu$ m) (Table 4).

**Table 3.** Optimization of the process parameters.

Sample	1	2	3	4	5	6	7	8	9
Inlet air temperature [°C]	90	120	150	90	120	150	90	120	150
Pump rate [mL/min]	5	5	5	10	10	10	15	15	15
Aspirator [%]	75	75	75	75	75	75	75	75	75
D10 [ $\mu$ m]	1.044	1.446	1.529	1.176	1.255	1.241	1.115	1.274	1.369
D50 [ $\mu$ m]	2.374	3.669	3.736	2.466	2.815	2.701	2.263	2.629	2.889

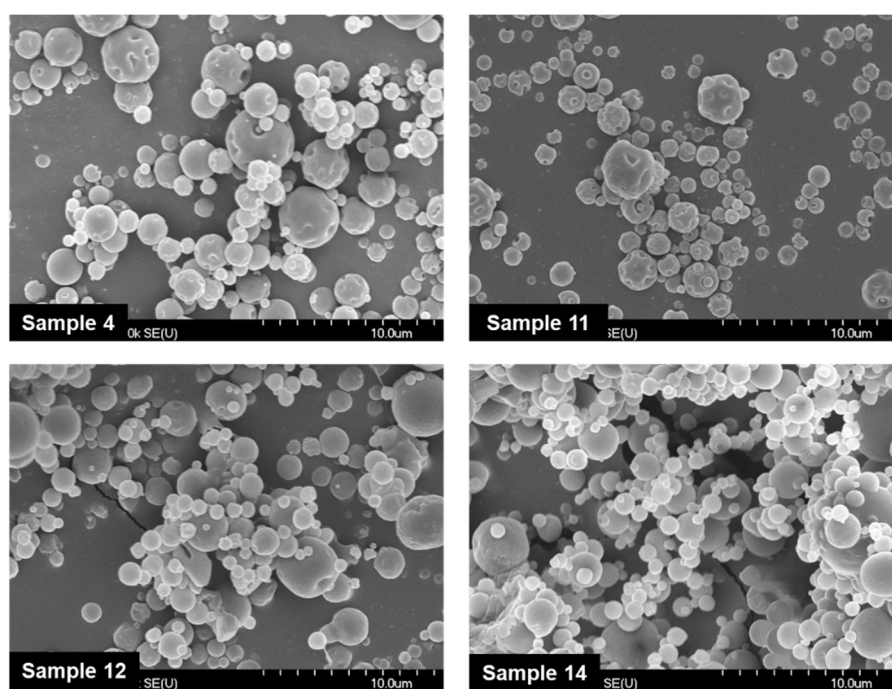
<b>D90 [μm]</b>	5.216	8.535	9.032	5.102	5.903	5.519	4.744	5.195	5.664
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**Table 4.** Optimization of the composition.

<b>Sample</b>	4	10	11	12	13	14
<b>Inlet air temperature [°C]</b>	90	90	90	90	90	90
<b>Pump rate [mL/min]</b>	10	10	10	10	10	10
<b>Aspirator [%]</b>	75	75	75	75	75	75
<b>1% aqueous TPP-solution [mL]</b>	-	1	2	-	1	2
<b>MEL-DMSO-solution [mL]</b>	-	-	-	3.75	3.75	3.75
<b>D10 [μm]</b>	1.176	1.243	1.103	1.269	1.426	1.617
<b>D50 [μm]</b>	2.466	2.595	2.419	2.965	3.757	5.575
<b>D90 [μm]</b>	5.102	5.234	5.138	7.211	9.461	15.995

### 3.2. Morphology of the Samples

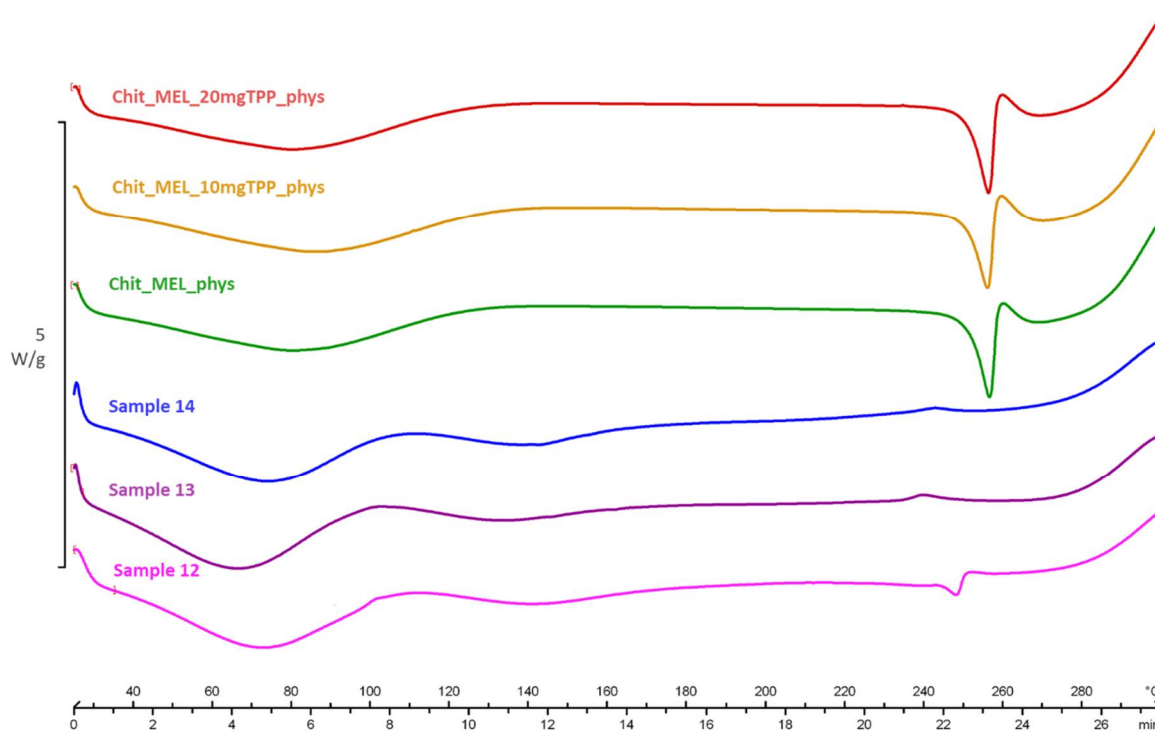
The SEM images provided an indication of the morphology of microparticles. Products formulated without TPP (Sample 4 and 12) were compared with products containing 2 mL of TPP solution (Sample 11 and 14). Drug free particles (Sample 4, 11) had a hollow structure meanwhile, nearly spherical morphology was observed in case of MEL-containing samples (Sample 12, 14) regardless of TPP-content (Figure 1).



**Figure 1.** SEM pictures of spray-dried samples.

### 3.3. Thermoanalytical Behaviors

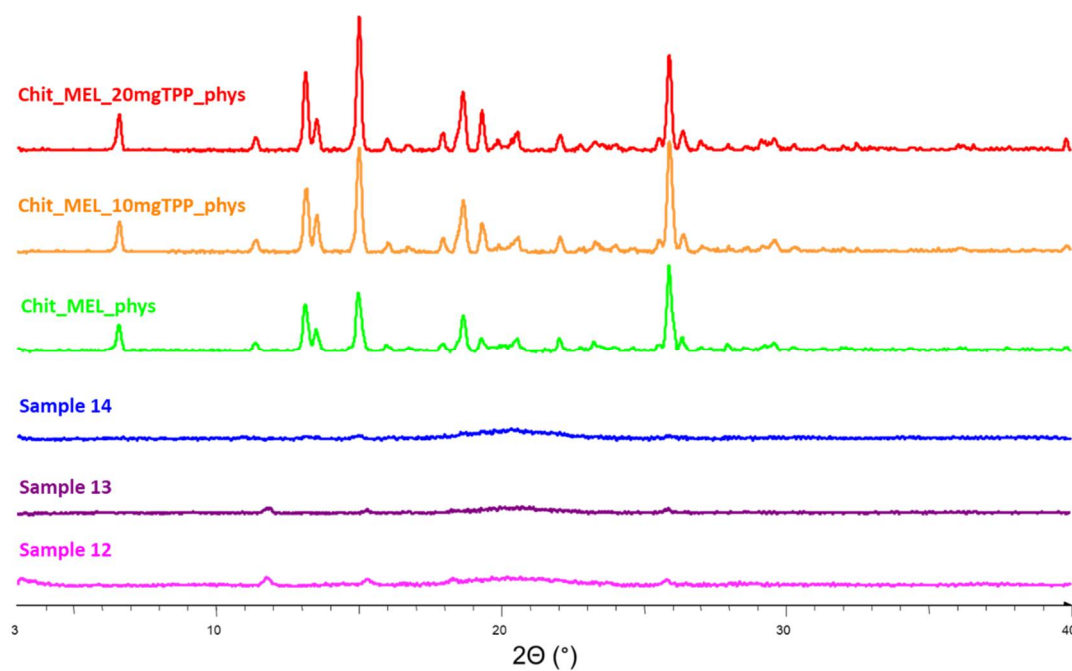
In the DSC curves (Figure 2), sharp melting points could be observed in case of the physical mixtures which indicated that raw MEL was crystalline. The endothermic peaks at around 256 °C corresponded to the melting point of MEL. The characteristic endothermic peaks of crystalline MEL disappeared in case of the spray-dried products except the non-cross-linked sample (Sample 12), in that curve the reduced intensity peak referred to the presence of crystalline fraction of MEL.



**Figure 2.** DSC curves of physical mixtures containing chitosan, MEL and TPP (Chit\_MEL\_20 mgTPP, Chit\_MEL\_10 mgTPP, Chit\_MEL) and spray-dried samples.

### 3.4. Structural Characterization by XRPD

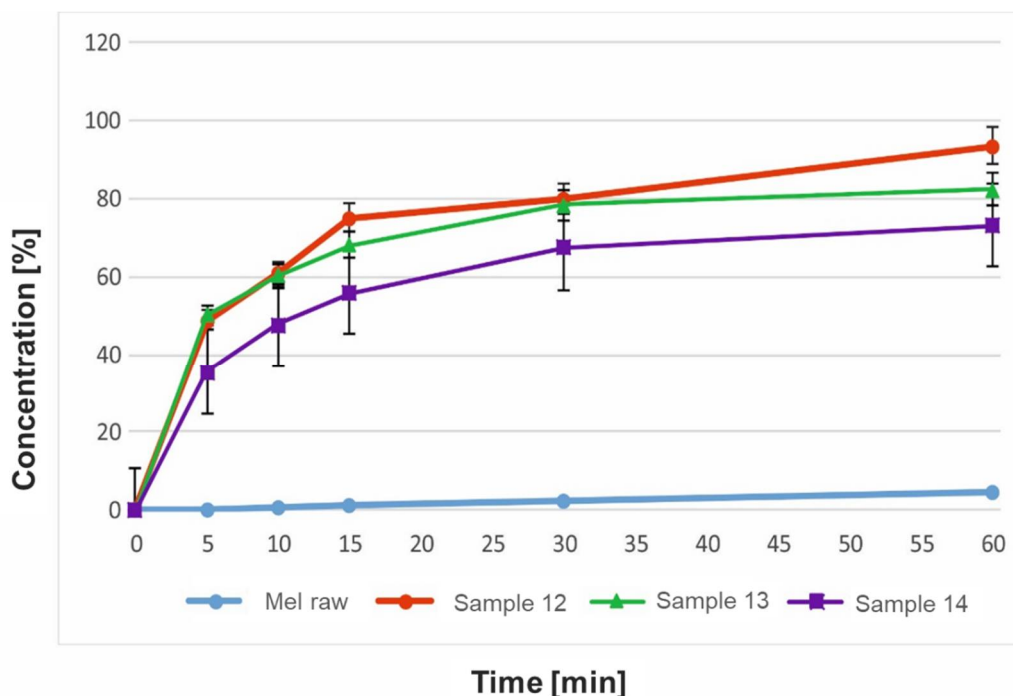
Raw MEL was crystalline in the physical mixtures, characteristic peaks appeared at 13.22, 15.06 and 25.7° (2 $\theta$ ). The diffractograms of the spray-dried samples indicated the presence of some crystalline fraction of MEL with the decrease of TPP concentration (Figure 3).



**Figure 3.** XRPD patterns of physical mixtures and spray-dried samples.

### 3.5. In Vitro Dissolution Study

Minimal drug release was observed in case of the poorly water soluble raw MEL at nasal conditions. Samples revealed controlled drug release with a fast initial dissolution within 15 min. The largest amount of MEL released from the non-cross-linked Sample 12, whereby approximately 95% of MEL dissolved during 1 h. (Figure 4).



**Figure 4.** In vitro dissolution profiles of MEL from different samples.

## 4. Discussion

During this work, spray-dried chitosan microparticles were prepared to study the effect of the spray drying process parameters on the micrometric properties of the particles in the interest of optimizing the inlet air temperature and pump rate. The inlet air temperature and pump rate did not have an effect on the particle size distribution and morphology, therefore 90 °C and 10 mL/min were chosen. Hereinafter, applying these parameters, MEL-containing samples were prepared adding different amounts of TPP solutions and the samples were examined to determine the possibly appropriate composition of a nasal powder intended for pain relieving.

Micrometric properties are important because they have an effect on the deposition of powder in the nasal cavity [6]. Based on the results, the size of spray-dried MEL containing particles increased compared to the drug-free particles, however, they were set according to the requirements of nasal dosage forms and they had a spherical habit.

It can be stated that in the spray-dried samples, MEL was primarily in a molecularly dispersed state, although in case of the non-cross-linked samples a small crystalline fraction of MEL was observed.

According to the in vitro dissolution study, the amount of dissolved MEL was decreased by increasing the concentration of TPP. It can be explained by the formed cross-links so that chitosan retained MEL from dissolution. For all three samples, the initial rapid dissolution was followed by slowing drug release.

## 5. Conclusions

The aim of this research was to optimize the parameters of spray drying and investigate different compositions in order to develop chitosan-based microparticles for nasal application.

MEL-containing drug delivery systems were produced and studied. Thanks to the mucoadhesive and permeability-enhancer features of chitosan and the fast and continuous dissolution of amorphous MEL, developed microparticles prepared by spray drying may be recommended for relieving acute pain or enhance analgesia through the nasal mucosa.

**Author Contributions:** C.B., R.A. and P.S.-R. conceived and designed the experiments; C.B. and P.V. performed the experiments; C.B. and P.V. analyzed the data; P.V., C.B and R.A. wrote the paper. All authors have read and agreed to the published version of the manuscript.

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## Abbreviations

The following abbreviations are used in this manuscript:

API: active pharmaceutical ingredient

MEL: meloxicam

TPP: sodium tripolyphosphate

DMSO: dimethyl sulfoxide

WHO: World Health Organization

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