

TOWARDS BAYESIAN EVALUATION OF SEROPREVALENCE STUDIES

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Abstract: Bayes' Theorem represents a mathematical formalization of the common sense. What we know about the world today is what we knew yesterday plus what the data told us. The lack of understanding of this concept is the source of many errors and wrong judgements in the current COVID-19 pandemic. In this contribution, we show how to use the framework of Bayesian inference to produce a reasonable estimate of seroprevalence from studies that use a single binary test. Bayes' Theorem sometimes produces results that seem counter-intuitive at first sight. It is important to realize that the reality may be different from its image represented by test results. The extent to which these two worlds differ depends on the performance of the test (i.e. its sensitivity and specificity), and the prevalence of the tested condition.

Keywords: Bayesian; seroprevalence; antibodies; false positive; SARS-CoV-2; COVID-19

1. Introduction

In the age of the coronavirus, various testing has become enormously widespread. Unfortunately, what has not become widespread is the understanding of the test results. The most common PCR test is used for the detection of the virus (more precisely its particular fragments) in a sample collected by a nasopharyngeal swab. The number of PCR positive cases can be used to assess the Case Fatality Rate (CFR) of the infection. CFR is the proportion of COVID-19 deaths in the *diagnosed* (i.e. PCR positive) population. However, CFR depends heavily on the testing strategy – any infection may reach the CFR of 100% if only the deceased are tested. Thus, it is more sensible to estimate the Infection Fatality Rate (IFR) which is the proportion of COVID-19 deaths in the *infected* population, regardless whether the infection was detected or not. The IFR is always lower than CFR and it does not depend on the testing strategy. However, apart from the virus itself, IFR also depends on the characteristics of the population, state of health care, etc. To estimate the IFR, one must infer what proportion of the population has already met the virus.

One option to find the proportion of so far infected people is to test for the presence of antibodies against the coronavirus in a representative sample of the population. Many seroprevalence studies have been performed and their results helped to estimate the IFR of COVID-19, e.g. [1], [2], [3]. The meta-study by Ioannides [4] combined 61 larger sero-prevalence studies and reported the median IFR

28 of 0.23%. In people under 70 years, the median IFR reached 0.05%. Both the numbers are likely to be
29 overestimated because an unknown proportion of population defeats the virus on the level of cellular
30 immunity (and probably even become immune) without producing antibodies at all [5]. This seems to
31 be the case especially for children [6].

32 Despite the fundamental importance of various forms of testing, not enough attention has been
33 paid to the correct interpretation of the test results. In this paper, we want to explain this issue in
34 three successive steps of an increasing level of complexity. We use the example of antibody tests here,
35 but the same logic should be used for any test, the results of which are converted to a binary answer
36 (positive–negative). This applies to all antibody tests (laboratory or rapid tests), all PCR tests (full
37 RT-qPCR, antigen testing, etc.), and many more coronavirus unrelated medical tests, or even health
38 unrelated tests (such as AB testing [7]).

39 2. Antibody primer

40 Some explanation of the mechanism of antibodies testing is needed. We use the example of the
41 standard Enzyme-Linked Immunosorbent Assay (ELISA). This is a semiquantitative method which
42 measures the amount of SARS-CoV-2 antibodies in a sample by detecting a color change of the sample
43 resulting from a reaction. The color change is quantified by the optical density of the sample. The
44 optical density is then divided by the optical density of a calibration sample (provided in each kit
45 by the manufacturer) which contains a borderline concentration of the antibodies. The sample is
46 considered positive, if the resulting Optical Density Ratio (OD Ratio) exceeds a threshold set by the
47 manufacturer (1.1 in the case of Euroimmun ELISA kits) and negative, if the OD Ratio falls below a
48 threshold (0.8 in the case of Euroimmun ELISA kits). OD Ratio values between the two thresholds are
49 deemed inconclusive. ELISA assays are usually performed in batches of 96-well plates. Each plate
50 contains one or two calibration samples and a few positive and negative controls.

51 There are several types of antibodies, each with a specific role in fighting the disease and thus
52 each with specific dynamics. The most commonly measured antibodies are immunoglobulins A (IgA)
53 and immunoglobulins G (IgG). The production of IgA antibodies starts 1–2 weeks from the infection
54 and they last for at least several weeks. IgG are produced somewhat later but usually last for several
55 months after the infection. There is considerable debate about the protective role of the antibodies
56 and the possibility of a reinfection [8], [9], [10]. It is probable that some (possibly most) of reported
57 reinfections are due to the false positivity or false negativity of one of the PCR tests. This provides
58 further motivation for thinking clearly about the test results.

59 3. A binary test primer

60 Each test with a binary outcome has a certain accuracy which is never perfect. Let us fix ideas by
61 considering a single test with a binary outcome (positive or negative) for the presence of a specific
62 antibody. In each tested subject, the antibody is either present ($A+$) or absent ($A-$), which we do not
63 know. For each subject, the test may come out either positive ($T+$) or negative ($T-$), which is the
64 observed result. The performance of the test may be significantly different for the $A+$ subjects and
65 for the $A-$ subjects. Therefore, *two numbers* are needed to characterize the performance of any binary
66 test. The *sensitivity* of the test is the accuracy on the $A+$ population, i.e. the probability that the test
67 comes out positive provided the antibodies are, in fact, present. In terms of conditional probability,
68 we can write $sens = p(T+ | A+)$. On the other hand, the accuracy on the $A-$ population is called
69 the *specificity* of the test. The *specificity* of the test is the probability that the test comes out negative
70 provided the antibodies are absent. Thus, $spec = p(T- | A-)$. The *prevalence* of antibodies in the
71 population is denoted by $prev$. It can be interpreted as the probability that the antibodies are present in
72 a randomly chosen subject, i.e. $prev = p(A+)$.

73 In practice, we test a subject and observe the test result, say $T+$. Since neither *sens* nor *spec* are
74 perfect, a positive test result does not necessarily imply that the antibodies are presents (it may be a

75 false positive). Thus, we want to make *inference* about the probability that the antibodies are present,
76 provided the test came out positive. We use the Bayes' Theorem to obtain

$$\begin{aligned} p(A+|T+) &= \frac{p(T+|A+)p(A+)}{p(T+|A+)p(A+) + p(T+|A-)p(A-)} = \\ &= \frac{\text{sens} \times \text{prev}}{\text{sens} \times \text{prev} + (1 - \text{spec}) \times (1 - \text{prev})}. \end{aligned}$$

77 It is important to realize that the *posterior* probability $p(A+|T+)$, i.e. the probability that a
78 positively tested subject indeed has the antibodies, depends not only on the parameters of the test (sens
79 and spec) but also on the prevalence. For example, the Euroimmun ELISA test for IgA anti-SARS-CoV-2
80 antibodies has a declared sensitivity of 98.6% and specificity of 92.0%. If the prevalence is assumed to
81 be around 1% (as it was the case at the very beginning of the pandemic), a positive test result yields the
82 posterior probability $p(A+|T+)$ of approximately 11%. Thus, about 9 out of 10 positive test results
83 are false positives! If the prevalence rises to 10% (a sensible figure after the first wave of the pandemic),
84 the posterior $p(A+|T+)$ increases to about 58%. Once prevalence reaches 30% (only the hardest hit
85 regions may have reached this figure), the posterior grows further to 85%.

86 This example represents the step zero in understanding seroprevalence studies and suggests a
87 careful way of interpreting binary test results is needed: A positive test does not necessarily imply
88 that antibodies are present in the tested subject, it merely increases the probability that it is so. The
89 posterior probability is given by the Bayes' Theorem and it depends on the sensitivity and specificity
90 of the test but also on the prevalence of the antibodies.

91 4. A single test study

In a typical seroprevalence study, the question is how widespread a certain antibody is in a given population. Thus, we want to make inference on the prevalence. A test of known parameters is used and a random sample of N subjects is drawn from the population. The study yields data which consist of K positive test results and $N - K$ negative test results. The Bayes' Theorem – this time written in terms of *probability densities* [11] – states that

$$p(\text{prev}|\text{data}) \propto p(\text{data}|\text{prev})p(\text{prev}). \quad (1)$$

92 The proportional sign (\propto) means that the *posterior density* $p(\text{prev}|\text{data})$ must be normalized to a unit
93 area. The posterior density represents a degree of belief about the prevalence, taking into account all
94 the available data. Some assumption must be made about the prevalence that we want to estimate.
95 This is the first principle of Bayesian inference – *you cannot make inference without assumptions*. It is
96 sensible to model the prior density $p(\text{prev})$ as a beta distribution centered around our prior beliefs.
97 For example, if the study is performed at the very beginning of the pandemic, the prevalence is almost
98 certainly very low, and so $p(\text{prev}) = \text{beta}(1, 10)$ may be a sensible prior (see Figure 1).

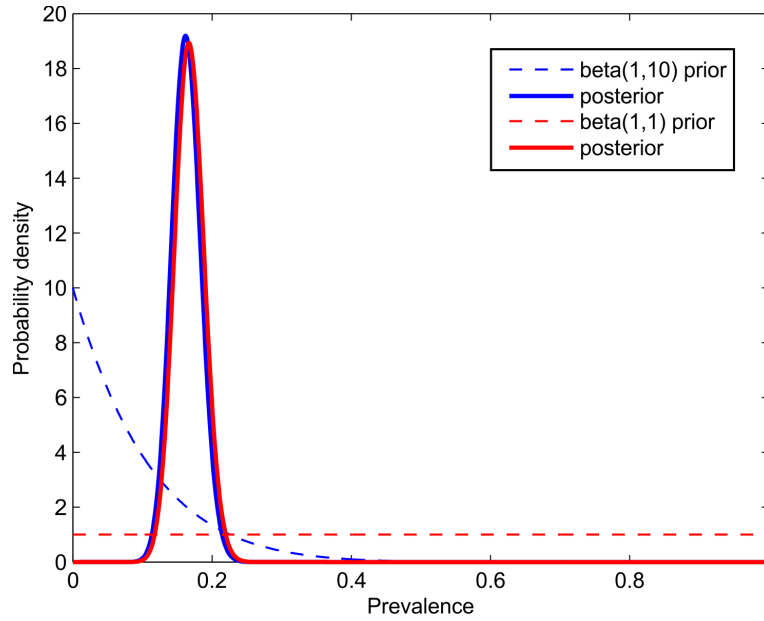


Figure 1. The simulated results of a seroprevalence study with $N = 1000$ subjects, out of whom $K = 200$ came out positive. A single test with the parameters $sens = 0.7$ and $spec = 0.9$ was used. The dashed line represents the prior and the thick line of the same color represents the posterior density. Notice that the prior has a negligible effect on the posterior, if the number of subjects is sufficiently high.

Now let us evaluate the *likelihood*, i.e. $p(\text{data}|\text{prev})$. The likelihood is interpreted as the probability of obtaining the observed data if the true prevalence was known and equal to prev . This is a rather simple calculation because

$$p(\text{data}|\text{prev}) \propto [p(T+|\text{prev})]^K [p(T-|\text{prev})]^{N-K}.$$

99 Both the terms are easy to evaluate:

$$\begin{aligned} p(T+|\text{prev}) &= p(T+|A+, \text{prev})p(A+|\text{prev}) + p(T+|A-, \text{prev})p(A-|\text{prev}) = \\ &= p(T+|A+)p(A+|\text{prev}) + p(T+|A-)p(A-|\text{prev}) = \\ &= sens \times \text{prev} + (1 - spec) \times (1 - \text{prev}). \end{aligned}$$

100 Analogously,

$$\begin{aligned} p(T-|\text{prev}) &= p(T-|A+, \text{prev})p(A+|\text{prev}) + p(T-|A-, \text{prev})p(A-|\text{prev}) = \\ &= p(T-|A+)p(A+|\text{prev}) + p(T-|A-)p(A-|\text{prev}) = \\ &= (1 - sens) \times \text{prev} + spec \times (1 - \text{prev}). \end{aligned}$$

Combining all the above, the likelihood becomes

$$p(\text{data}|\text{prev}) = [sens \times \text{prev} + (1 - spec) \times (1 - \text{prev})]^K [(1 - sens) \times \text{prev} + spec \times (1 - \text{prev})]^{N-K}.$$

101 This is an explicit expression that can directly be evaluated. In practice, the logarithm of the likelihood
102 is evaluated to avoid the problem of multiplying small numbers. Figure 1 shows the results of an
103 artificial example with $N = 1000$ and $K = 200$ for a test with the parameters $sens = 0.7$ and $spec = 0.9$.

104 Now consider the realistic setting of $sens = 0.986$ and $spec = 0.920$ for the anti-SARS-CoV-2 IgA
105 ELISA assay. Let us assume that in a sample of $N = 1000$ subjects, we obtained $K = 100$ positive
106 results. A careless estimate of the seroprevalence would yield $\text{prev} \sim K/N = 10\%$. However, the

107 correct computation (with the $\text{beta}(1, 10)$ prior) reveals that the mean of the posterior is 2.2% – an
108 almost five times lower number. The probability that the true prevalence exceeds 5% is less than
109 0.01, and the probability that the true prevalence exceeds 9% is 10^{-8} , i.e. the careless seroprevalence
110 estimate K/N is all but impossible! This is consistent with the observation of the previous section that
111 in the environment of low prevalence, most of the positive test results are false positives. This shows
112 that seroprevalence studies must be evaluated correctly because the careless estimate of the prevalence
113 by the fraction of positive test results ($\text{prev} \sim K/N$) is usually completely meaningless.

114 5. Conclusions

115 We have shown how to use the framework of Bayesian inference to produce reasonable estimates
116 of seroprevalence from studies that use a single binary test. Although the Bayes' Theorem represents
117 only a formalization of the common sense, it sometimes produces results that seem counter-intuitive
118 at first sight. It is important to realize that the reality may be different from its image represented by
119 test results. The extent to which these two worlds differ depends on the performance of the test (i.e. its
120 sensitivity and specificity), and the prevalence of the tested condition. The Bayes' Theorem provides a
121 logically consistent framework for combining our prior beliefs with all the information obtained from
122 the data.

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