

## A CUP OF TEA: TRANSFER OF MYCOTOXINS FROM SPIKED MATRIX INTO INFUSION

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Mycotoxin

AFL B1

AFL B2

AFL G1

AFL G2

STC

OTA

MPA

ZEA

FB1

FB2

T-2

ALT

TTX

AOH

AME

ENN BDW

ENN A

HT-2

DONNMW

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Camellia sinensis and herbal tea are daily basic food products. In general, their consumption depends on traditions, occupation and age. Turkey, Libya, Morocco, Ν Ireland and the UK demonstrate the highest per capita consumption, China, the Russian Federation, Japan and India are in the list of the most important consuming Т countries [1]. Estimates of average chronic daily intake per capita are: 446 mL (C. sinensis black tea; all population; the RF) [2]; 124 mL (C. sinensis tea) and 61 mL R ("herbal and other non-tea infusions"; all adults; the EU) [3].

0 Recent surveys reveal occurrence of AFLs, and STC up to dozens of  $\mu g/kg$ ; OTA, ZEA and FBs – up to hundreds  $\mu g/kg$ ; DON, MPA and Alternaria toxins – up to D several mg/kg in these kinds of foods [4-12]. Regulations concern mainly AFLs and OTA: maximum level (ML) was set in the RF for AFL B1 in tea (5 µg/kg), in Argentina for AFL B1 and AFLs (5 and 20 µg/kg correspondingly), in Japan, China, Sri Lanka and India in the category "all foods" [13]. AFLs and OTA are regulated by U the EU in ginger, liquorice root and extracts. MLs for AFLs in herbal drugs were set by European Pharmacopeia, while herbal teas and food supplements are not C subjected to control (except mentioned above selected species) [12]. Risk assessments for mycotoxins in beverages are traditionally carried out basing on their concentration in dry matrix. Meanwhile, input is due to infusion only. The present study was aimed at evaluation of transfer rate of mycotoxins.

Ι

R

E

S

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Τ

S

Model: two grams of spiked C. sinensis green tea "clean" matrix were infused with 100 mL of water heated to 99.9°C for 30 minutes

**Studied factors**: mycotoxins chemical and physical properties; water characteristics (hardness and pH)

| E      | Micromycetes                                                                                                           | Mycotoxins/spiking level, µg/kg:                                                                          | Water            | TDS*, mg/L                 | . pH                                     | Detection                                                                                                                               |
|--------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|------------------|----------------------------|------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| T      | Aspergillus spp.<br>Penicillium spp.                                                                                   | AFLs (B1, B2, G1, G2), OTA – 80;<br>STC -200; MPA – 6,000;<br>DON – 10,000; ZEA – 1,000; T-2, HT-2 – 800; | Distilled (DW    | () 4.4                     | 3-9<br>(8 points<br>with a<br>unit step) | HPLC-MS/MS with HESI+<br><u>DON, ENNs and BEA</u><br>Titan C18, 100 × 2.1 mm, 1.9 μm<br>ACN gradient<br><u>Other studied mycotoxins</u> |
| H      |                                                                                                                        |                                                                                                           | Deep-well (DW-W) | W-W) 155                   |                                          |                                                                                                                                         |
| O<br>D | <i>Fusarium</i> spp.                                                                                                   | FB1, FB2* – 400;<br>ENN B. ENN A. BEA – 2.000:                                                            |                  | eral<br>238                |                                          |                                                                                                                                         |
| S      | <i>Alternaria</i> spp. TTX – 200; ALT – 1,000; AOH, AME – 2,000<br>* - may be produced by <i>Aspergillus</i> spp. also |                                                                                                           | * - water hard   | '<br>dness: total dissolve | d solids                                 | Ascentis Express F5, 100 × 3.0 mm<br>2.7 μm; MeOH gradient                                                                              |

**Details**: sample preparation: centrifugation of infusion; three replicates for each point (TDS, pH), quantification using "matrix-matched" calibration

## Water characteristics: TDS and pH\*



## **Mycotoxins characteristics**: acidic/basic properties and polarity





| BEA | neutral | 18.8 <sup>2</sup> | 8.4   | <5** |
|-----|---------|-------------------|-------|------|
|     |         |                   | • • - | -    |

[1] PubChem DataBase (for neutral molecules); [2] Lauwers M., et al. DOI: 10.3390/toxins11030171; [3] Tolgyesi A., et al. DOI: 10.1080/19440049.2015.1072644; \* - transfer is pH-dependent; \*\* - was not quantified in infusions (maximum transfer evaluated using LOQ).

Highlighted blue - transfer is pH-dependent; green – TDS affects transfer rate; all others – polarity is decisive factor

Transfer from naturally contaminated herbal tea samples: STC – 7-13%, OTA – 83%, MPA – 23-96%, ZEA – 30%, TTX – 59-84%; AOH – 28-61%, AME – 11%, ENN A, ENN B < 0.03%, BEA – 0.3-0.4% [14]

| CONCLUSIONS   | polarity                                                                                                    | Transfer, % > 60% 30-50% <20% pH-dependent                   |
|---------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| within the    | $\frac{\text{transfer}}{\text{rate \%}} = f\{ \text{ infusion pH} (\text{compounds with} - \text{COOH}) \}$ | Mycotoxins DON, T-2, HT-2, AFLs ZEA, STC, AOH, OTA, MPA, FB2 |
| studied model | TDS (not significant for the most of studied mycotoxins)                                                    | ALT, TTX, FB1 AME, ENNS, BEA                                 |

References: [1] FAO, 2018. CCP:TE 18/2, Emerging trends in tea consumption among Russian population (in Russian). Voprosi pitanija, 2005. 74(3): p. 42-46; [3] EFSA: Comprehensive European Food Consumption Database; [4] Mannani N., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [5] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [7] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [7] Pakshir K., et al., DOI: 10.1016/j.foodcont.2019.106882; [7] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [7] Pakshir K., et al., DOI: 10.1155/2020/2456210; [6] Cui P., et al., DOI: 10.1016/j.foodcont.2019.106882; [7] Pakshir K., et al., Pakshir K., 10.1016/j.fct.2020.111830; [7] Ye Z., et al., DOI: 10.1016/j.envpol.2020.114180; [8] Reinholds I., et al., DOI: 10.21668/health.risk/2020.1.04.eng; [10] Qin Lu et al., DOI: 10.1080/21501203.2020.1727578; [11] Chen L., et al., DOI: 10.3390/toxins12010030; [12] Altyn I., et al., DOI: 10.3390/toxins12030182; [13] Uarte S.C., et al., DOI: 10.3390/toxins12030182; [13] Sedova I., et al., DOI: 10.3390/toxins10110444; [14] Kiseleva M., et al., Mycotoxins in herbal tea: transfer into the infusion., 2021, WMJ, in press